

EXONICA

Frank Desmedt



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“Human life on earth is conditioned and unfree,
and when man recognizes this limitation and makes himself dependent
upon the harmonious and beneficent forces of the cosmos,
he achieves success.

By cultivating in himself an attitude of compliance and voluntary dependence,
man acquires clarity and finds his place in the world.”

Hexagram 30
I Ching

Alignment
Synchronicity
Attunement

Opening Comment

More than 25 years ago, I queried the I Ching, an age-old Chinese oracle (first published in the 9th century BCE):

* Should I share Exonical knowledge for free? *

The straightforward answer was: Hexagram 14, “Possession in Great Measure,” or *Ta Yu*, which, boiled-down to contemporary English, means:

“Acting in accordance with our Life Purpose leads to well-being and abundance. This highlights the idea that true success is determined by the positive impact on others and through selflessness, as well as the prospect of achieving inner peace and prosperity through balance and generosity.”

The Hexagram also suggests that Exonica, *ad verbatim*, “holds the keys to personal growth, spiritual development, and the achievement of success and prosperity.” Likewise, it speaks about how its teachings can lead us to receive all that the universe has to offer us;

“[Exonica] provides profound wisdom for self-improvement, personal growth, enlightenment, and awakening. This isn’t just an academic exercise; it’s a practical journey into integrating timeless wisdom into our modern-day lives, by fostering deep transformation and a richer understanding of our personal journey.”

Line 3 of this Hexagram suggests: “Discover why true success isn’t about material wealth or power, but about the positive impact on others and selflessness. In this way you can expect supreme success.”

In other words, “contemplate the ethical implications of wealth and power, exploring how true abundance comes from a sense of inner fulfillment and a commitment to using one’s natural abilities, for your benefit and that of others.”

This is why the present work is free.

My overall well-being, considering all aspects of my life, has been significantly enhanced by the practical application of the concepts and methods presented in this work. I invite others, each one in their particular way, to also benefit from the timeless and wonderful, ever-evolving energy-forces, freely at our disposition. Welcome.

Acknowledgments

I want to thank Araceli (Cheli) Consolani, without whose loving care, understanding, and enthusiasm, this work might never have taken form.

I also want to give thanks to my parents, Maria and Gustave, for their guidance, kindness, and love, which spared me from ideological contamination.

Special thanks to my two sons, David and Adrian, for their continuous support and inspiration.

Thanks to my mentors and good friends Tim, Herminio, Felicio, and Ri. Their wise counsel and advice was crucial for this project to take form.

Many thanks to Olimpia Sorrentino, professional Musicologist, for her outstanding help with the original Spanish version of this book, and to all who in so many ways contributed to the preparation of this work.

Thank you, one and all.

Frank Desmedt

March 2026

Exonica



EXONICA

Introduction

*We call “nothing” the “something”
that’s beyond the scope of our conscious awareness.
This “something” is what influences the “everything”
we call “life”*

Frank Desmedt (1944 -)
Author of Exonica

Exonica is a new, non-traditional protoscience, a contemporary technique. It’s a modern-day tool or system that monitors the unseen *but very real* astrophysical events that influence everything on Earth. Its main objective is to identify, decipher, and help us benefit from the impact these forces have on our daily lives. Exonica will be found to be, among other things, a more daring form of Chronobiology (the study of the effect natural rhythms and cycles have on living beings. Physiology Nobel Prize winner, 2017).

To explain the effect of the diverse astrophysical phenomena (which I’ll name and describe further ahead), I coined the term **exocause**, from the Greek prefix *exo-* which means “external, outside, outer,” and the Latin term *cause*, which means “an action that produces something.”

Natural cycles are important because all human affairs, unobtrusive but rigorously follow them. Cycles refer to a series of events that happen in a recurrent sequence, always characterized by a complete round or interval of time. Keep in mind that acting in sync with natural cycles can invigorate or attenuate the essential workings of our being, be they physical, mental, or subliminal. The to-and-fro change of focus: increment - decrease - increment, is what constitutes a cycle, and the way all natural occurrences work.

When we become aware of these cycles and the way they influences our existence, instead of living seemingly inconclusive and random events, our lives begin to take on structure and purpose, and our successful progress becomes possible. It’s when we start to “flow with the rhythm of the universe.”

The fundamental aim of Exonica is to facilitate the alignment of our thoughts, feelings, and activities with the conditions and trends awakened by the influence of imperceptible yet unavoidable energy-forces that reach our planet, in order to benefit from their ever-changing influence *in real-time*.

Be assured that Exonica will help you follow the course traced by the ongoing processes of the Cosmos. This will be especially useful to bring forth and express your true potential, as you gradually become who you truly are, in accordance with your own inborn attributes and tendencies.

Exonica

Exonica's suggestions will not try to convert you into an ideal person, but they *will* help you uncover who you truly are, by making you aware of what is already there, in your own essential and indelible blueprint.

The aim is to put you in front of a mirror that truthfully shows you who you *really* are, to help you transcend the "avatar," that is, the virtual-reality image of who you *think* or *have been led to believe* you are, or who, still worse, *you're expected to be*.

Important: The primary objective of Exonica is not to try to control or alter the natural forces that shape our existence, which is, in fact, ultimately impossible. Instead, its purpose is to facilitate our awareness and synchronization with these impartial forces in real-time, allowing us to adapt to and harness their influence, in a conscious and beneficial manner.

Said in other words, Exonica's proprietary algorithms are aimed at finding out how and when the one Life or Creative Force of the universe, branches out to nurture the diverse facets that comprise each of us, in accordance with our singular intrinsic framework.

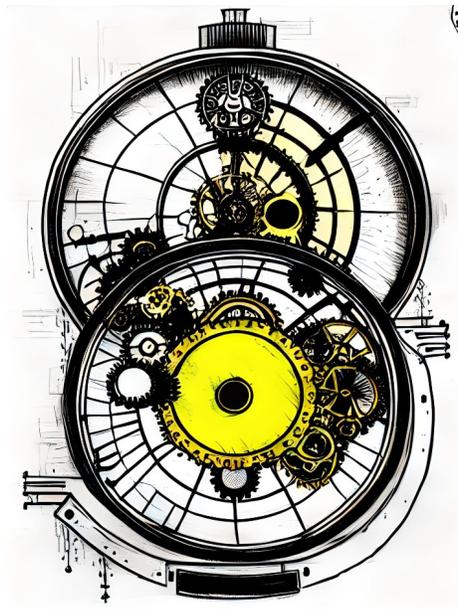
It's important to clarify that the method set forth in this work is not associated with any specific philosophical, religious, scientific, or mystical ideology (although I'll delve into their notions and use them as needed). Nor is it a spin-off of classic Astrology, as you'll soon see for yourself.

Exonica, in its own way, is closely aligned with contemporary disciplines such as Chronobiology, Quantum Physics (Physics Nobel Prize, 2022), Epigenetics (the relationship between genetic and environmental influences that ultimately define an individual. They are changes that do not alter the DNA sequence, although influence their action), the effect Space Weather has on our environment and integral being, and other related sciences.

"Nothing occurs outside of its proper time, as it is part of a sequence in the Great Cosmic Cycle that unfolds the Grand Design of Existence."

James DeKorne (1936 -), *English teacher and author.*

PRESENTATION



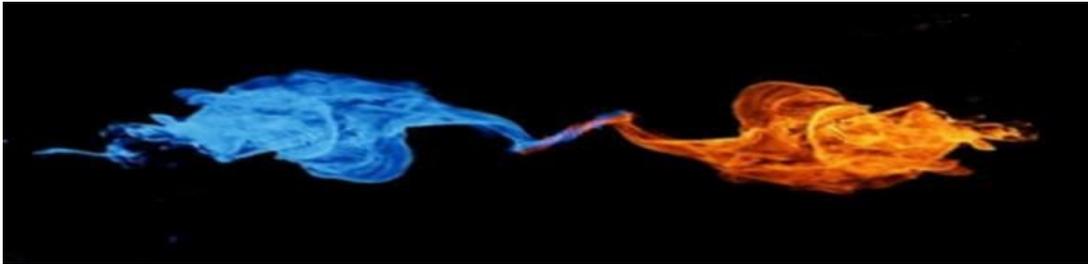
In this first part, I present the way Exonica discerns our foremost human constitution, what we can count on to progress in life, along with our inherent attributes.

Essence and Persona

*To be yourself in a world that is constantly trying to make you
something else is a great accomplishment*

Ralph Waldo Emerson (1803 - 1882)

American essayist, lecturer, philosopher, abolitionist, and poet.



I take for granted that we are, arguably, the product of a higher, ubiquitous, impalpable, and perhaps unknowable Universal Source, all of which is part of a vast topic I'm not going to address in depth, because it's beyond the scope of this work.

Let me begin this chapter by stating that, for Exonica, our foundational being (which I'll be calling our **integral being**) consists of two basic components: our **Essence** and our **Persona**. I clarify that they are not two separate entities nor are they opposites, but rather interwoven, fully integrated, and complementary facets of our being that constantly interact with each other. So to speak, they are the "two sides of the same coin." Together, they configure the holographic, multidimensional quantum being we are. It's the symbiosis of Spirit and Matter, the "Rebis," that olden Alchemy called the "Philosopher's Stone."

Think of it as a tacit partnership whose aim is to express, together, as a whole, in the best possible way, the quota of Life Force that has been allotted to each of us. However, bear in mind that there is a hierarchical difference between them. Essence, like the Taoist *yang*, ranks higher than Persona, which is equivalent to *yin*.

Our Essence, also called our Higher Mind, Higher or Inner Self, our True or Subconscious Being, and the likes, is the purest version of ourselves, the quintessential and unique design that is, figuratively speaking, branded or hardwired into our being. It's an archetypal pattern that transcends all societal programming and acquired conditioning. It's our authentic self, free from doubts, cravings, mistaken notions, and limiting beliefs.

Exonica's *Essence* is comparable to the Gnostic *Self*, the Vedic *Atman*, the Chinese *Qi* or *Chi*, as well as the Amerindian and Christian *Spirit*, the Kabbalah's *Adam Kadmon*, the *Nagual* of the Toltecs, and the Platonic / Aristotelian *Daimos*, as they all represent the underlying essentiality that connects us to a higher transcendental order. I chose the word 'Essence' because I wanted a clean slate to define its attributes from an Exonical viewpoint, not subjecting or limiting it to what the above terms imply, although it shares some of the attributes ascribed to the above cited entities.

Our Essence handles all the non-conscious, imperceptible, and autonomous functions of our integral being. It functions in a totally natural, unselfish, unbiased, and ecological way, for it's in constant

harmony with the highest forces and laws of Creation. It's the part of ourselves that acts in perfect accordance with the way things truly are, free from personal interpretations, motives, and beliefs. It's action is not bound by our incomplete notions of time and space.

On the other hand, our Persona is our Ego / Conscious Self / Outer Being / Willful Mind —the identity each of us calls “I” or “Me”. It consists of the collection of learned concepts and beliefs, coached behavior, and acquired tastes that come from our upbringing, education, and life experiences, which becomes the framework through which we ‘filter, blend, and project’ the superior expression of our Essence and the occurrences of our daily lives. It's also the part of ourselves that controls our self-determination and manages our free will to choose and decide, which, as I'll demonstrate, is a double-edged sword.

The term “Persona” comes from the Etruscan word *phersu* meaning “mask,” much like the disguise worn by an actor. It's the time-space “clothing, attire, or avatar” through which our Essence expresses itself in our perceptible, every-day world.

Persona acts according to a subjective, humanized, and ego-centric version of the objective reality taken into consideration by our Essence. This produces a ‘virtual reality’ based on each individual's characteristics, interests, beliefs, and understanding, where some parts of this custom-made construct, to a point, concur with the impartial underlying ‘true reality.’ Needless to say, the more the opinions and behavior of Persona coincide with the framework upheld by Essence, the greater the individual's effectiveness in life.

Our Essence can be likened to a complex and dynamic ethereal energy structure that normally lies beyond the scope of our sensorial, emotional, and intellectual reach, but that can partake in the phenomenal expression and behavior of our Persona.

Although, of course, our being is undividable, throughout the book I'll use the *virtual duality* Essence / Persona to ensure that what is being said clearly refers to one or the other.

What we call ‘our’ Essence is, then, a portion, a specialization, a localized ‘condensation,’ or individualized manifestation of the Universal Force of Creation / Life Force (i.e., the Overarching Essence) that continuously engenders, keeps generated, and governs everything, whose expression through mankind is ‘molded’ or ‘channeled’ by the inborn qualities and characteristics of each being.

Our integral being, thanks to the functions of our Essence, is permanently and inexorably linked to the workings of the microcosm, our perceptible realm, and the macrocosm, which is why it constantly detects and adapts our subconscious, non-voluntary processes to their ever-changing conditions. This individual ‘inner compass’ maps-out, for each of us, a trajectory in life that always takes into consideration our inborn attributes and individual existential conditions, in sync with the effects brought on by the ongoing exocausers. We, at our Persona level, should willingly strive to follow this trajectory... you'll soon see why.

The powers of our Essence are literally boundless, as it can ‘see’ through unlimited (quantum) space and time, while the capacity of our Persona is constricted by what we believe, think, and feel, being especially subjected to what we fear and to what we deem possible. Our Persona too often acts as an unwanted damper or filter that limits the effective expression of our Essence, which can keep us from fully embracing our true strengths and potential.

Exonica

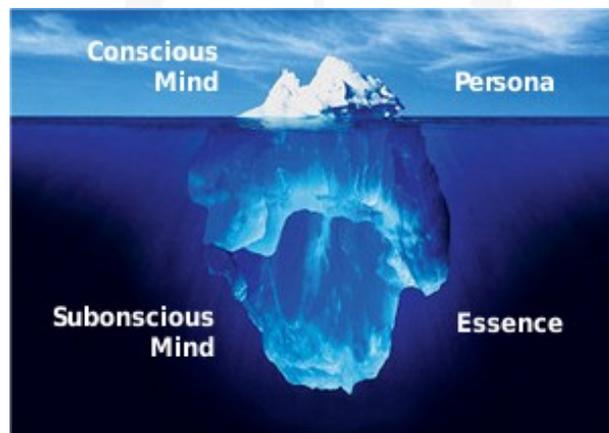
Our Essence, given time and the proper Exonical conditions, can help us find and implement whatever we need to take on any task, obstacle, or challenge, if it is beneficial to our evolution. And it will do so by highlighting elegant solutions that are intuitively passed on to our Persona, at the right moment and in the most convenient way. In any case, should the faculties of our Essence momentarily prove to be insufficient, it can reach up to ‘higher instances’ (call it God, if you will) to gain the needed resources. It’s very comforting to know that we can count on its built-in help, in any and all situations.

On the other hand, our Persona usually lives by its own particular (and often mistaken) standards, anxieties, and whims, taking care only of itself in its own *self*-ish way, and is (usually) unaware of the surrounding exocauses and their effect. This means that our Persona, thanks to our inherent free will, can take into consideration (or not) our Essence’s effective advice. But, it cannot change the natural drive of our Essence.

Our Essence acts in a self-governed and usually undetected way to spontaneously help us by adapting its assistance to our true needs, inborn attributes, worldly circumstances, and prevailing exocauses. This is when the Exonical algorithms take on their forecasting role, to help us determine the tendencies and timing of the different exocauses, along with their advantageous *real-time use*.

One of the main tasks of our Essence is to transform “raw” exocausal energy into refined subconscious action, by means of processes that are deep-seated into the different levels of our being.

An example. The constitution of our primordial being is like that of an iceberg: our Conscious Mind (Persona), the most discernible part, is only a small portion of our Total Mind. Most of it, our Subconscious Mind (Essence), is imperceptible, just like the submerged part of the iceberg.



Luckily, many exocauses are *recurrent* (periodical or cyclical) influences that are naturally abided by our Essence. Thus, if we, at our Persona level, become aware of their action timetable, we can either discern the present day’s Exonical conditions, or foresee the arrival of future situations. This would allow us to take into account their effect, to then adjust our thoughts and actions, in the most convenient way, to act in accordance with our Essence and benefit from the tendencies they awaken.

When we are in a state of balance, our Persona and Essence are in harmony, and we’re able to access both our rational (perceptible) and creative (indiscernible) potential. However, when we become too engrossed with our Persona’s interests, we can lose touch with our Essence.

Unfortunately, as I mentioned above, our Persona is ordinarily oblivious of the invisible exocauses that surround us and tends to act based only on its ingrained habits, feelings, and reasoning (or, even worse,

on the untimely and often mistaken opinion of other people). This behavior, which most of the time is *not* in step with exocausal cycles, often hampers (or even stops) the effective action of our Essence. One of the main goals of this work is that you learn to become aware of and use—in real-time—the effect of the exocauses, as they refer to *you*.

And, thankfully, our Essence can do most of its work without our Persona's aid. But we, as individuals, would suffer less and be more successful if we aligned our thoughts and actions with “the flow of the universe,” just like our Essence automatically does.

I recently found a YouTube® video that may help you visualize the Essence-Persona topic. To view it, please [click/tap here](#) (credit: Soul Alchemy).

Having faith in “something” mightier and more sublime than the powers (and limitations) of our Persona, is one way of indirectly endorsing the actions of our Essence. We could say that our Essence is the presence—the avatar—of God within each of us.

Our Essence is our connection to “the influence of God, the saints, and the angels;” it's our link to “the ways of God, whose Divine Will regulates the workings of Heaven and Earth.” This is how a more religious-minded person would express the above Exonical notions.

One way of interpreting the Christian adage, “Thy will be done, and not mine...” is “Let the way of my Essence, and not that of my Persona prevail in me.”

A Quick Dive into Chromosomes and DNA

Today's Molecular Biology tells us that the human genetic apparatus consists of two basic varieties of genes. The first type, making up only 3 to 5% of our total gene “pool,” manages the initial physical and mental formation of an individual, according to the hereditary factors involved. Whereas, the second type of genes, spanning the other, vastly dominant 95 to 97%, are in charge of all the autonomous and subconscious functions that keep us alive. This changes what most of us were taught about genes, that their main role was to give form to a new entity. Not so.

Although Essence and Persona share an interdependent relationship within our being, it's as if they spoke two different languages. The first speaks the non-standard *lingua franca* of DNA, the Cosmos, and Nature; the second one uses the language of our society, education, and beliefs.

However, it has been scientifically proven that Persona can talk to Essence (mentally or orally) in their native language, e.g., English, Spanish, Korean, etc., and that the latter will somehow take into consideration what was said or suggested by the former. This is probably the basis of the effectiveness of prayer, chants, positive thinking, and the power of the spoken word. It has also been shown that fears, pessimism, and negative thoughts hinder or block our Essence's powerful action.

The *Wave Genetics Theory* of the late Professor Piotr Gariaev (Russian Biophysicist and Molecular Biologist, nominated for the 2021 Nobel Prize in Medicine) suggests that DNA operates on a language-like basis. According to him, “Words hold sway over the genetic code that's tucked away within our DNA. Our genes have their own ‘words, phrases, and sentences’ to ‘talk’ among themselves.” He also said that our genes imperceptibly connect us with those of other persons, despite the physical distance that separates them. This is something to ponder on, right?

On this topic, the Russian Academy of Biophysics recently said:

“... our DNA isn’t just responsible for building our bodies; it’s also a data bank and a communication hub. Their genetic ‘script’ follows the same rules of our spoken languages. There’s syntax, semantics, and grammar right there in our genes.

Every little molecular signal of our body can be translated into an extent of frequencies that are nestled snugly between 20 and 20000 Hz. That’s the same frequency range as the human voice. It’s as if our spoken or mental words could ‘chat’ with our cells.

So, it turns out that affirmations, hypnosis, and the verbal expression of good intentions *are not just mind-games*. Our words ‘dance’ with our biology, right down to the DNA level.”

Strategy and Hidden Powers

As Exonica, up to a certain point, has learned to ‘decode’ Essence’s natural language, it can provide the means to identify and understand many of the conditions brought forth by the action of past and present exocausers. This ‘translation’ of our Essence’s non-standard language into the language that our Persona understands (e.g., the one you’re reading now), can help us to become aware of *future* exocausal influences, so that we can plan ahead and benefit from them, by helping us to act in accordance with the forces of the Universe.

Consider that the only *guaranteed* way of effectively progressing in life is for our Persona to acknowledge our inborn attributes and voluntarily conform to the self-directed proceedings of our Essence, that is, in step with exocausal conditions.

Furthermore, our Essence is a relentless goal-oriented ‘strategist’ that always takes into consideration either our Ideal Occupation or our Life Purpose, depending on our age at a given moment (which I’ll dive deeper into further ahead). To achieve either of these two important undertakings, our Essence makes good use of a score of attributes, qualities, and talents that are inherent to our primordial and individual design, *if our Persona believes in and accepts the manifestation of its powerful action*.

Consider that our Essence has many hidden powers, which it won’t use *unless they’re absolutely needed*. Troublesome times and situations that appear now and then in our lives are actually hurdles our Persona must overcome (physically, emotionally, and rationally), that is, believe that can be solved, for they restrain or even block the effective action of our Essence. Once we understand and accept this, our fears and anxieties begin to simmer down, and our Essence can then unleash its awe-inspiring powers in our behalf. So the next time you’re confronted by a problematic situation, remember that you can count on your Essence—the divine Spark within yourself—to help you solve it. This is the hidden benefit of problems and challenges: to help you upgrade your Persona by making it work in sync with your Essence.

It’s all about developing an attitude of knowing, of feeling that deep within us we have a resource that can help us deal with and resolve any challenge that may appear in our lives. And of allowing a flicker of curiosity to materialize in midst of troubled times. Consider the following: if our evolution in life is to survive, in an ecological, progressive, and positive way, what’s the point of reaching an insolvable situation? None whatsoever, right? This being an axiom of life, it tacitly points to the fact that our Essence *always* has access to the solution of these seemingly unresolvable ordeals. So, what blocks the arrival of the solution? Bluntly put, the fears, mental objections, and disbelief of our Persona, which is, concisely, what has to be changed.

Our Essence is a relentless ‘purpose-driven mechanism’ formed by innumerable years of experience and evolution, a hidden ‘inner compass’ that can help us achieve our goals. Our extensive genetic database: our ancestor’s DNA (which resides deep within our being), plus that of our parents and our own, is used by our Essence to infer and show us (Persona) the right path, help us make the most convenient decisions, and apply the best action that can be taken in every situation. I’ll tell you in advance that there are certain Exonical conditions that boost this ability.

It’s reassuring to know that our Essence does its job in an impartial and automatic manner, which is the way our immune system, metabolism, homeostasis, hormones, etc. function. They do their respective work —marvelously— without having to be coaxed or ordered to because it’s their natural inclination. All of this is built-in, spontaneous, and for our benefit.

Also keep in mind that when you pray for something, the petition first reaches your Essence, your Maker’s ‘avatar’ within yourself, who will endeavor to comply with the request, thanks to the power and self-sufficiency allotted to it by our Creator.

An individual’s primordial design defines their true nature and even their destiny, that is, the ideal line of action each of us should follow in life, according to our inborn characteristics and skills.

Thankfully, Exonica’s algorithms can provide information regarding our Life Purpose, as well as shed light on the tendencies of our other inherent features and abilities.

However, just as a magnet only attracts iron, our Essence is mainly drawn to our Life Purpose and to anything that’ll help us achieve it.

After we get to know our innate attributes, which is the major purpose of this book, we should strive to accept, develop, and express each of them, always in step with the conditions and trends activated by the prevailing exocauses.

The line of action that I referred to as our ‘destiny’ is the path our Essence will spontaneously try to help us find and follow in life, once again, in accordance with the attributes of our integral being and the ongoing exocauses.

Naturally, your free will allows you to choose how to respond to these tendencies, if at all, but experience shows that you should always take into consideration the path they point out for you.

However, if we decide to reject this course of action, we’ll have to pay the consequences, because we’ll constantly clash with the unswerving processes of our Essence and the conditions of our surroundings.

But if we choose to accept this ideal teleonomical path and learn to move in stride with the flow of the invisible exocausal energy-forces, just like our Essence does, we’ll inevitably be successful, healthy, and blessed in life.

To do this we must come to realize and accept that the effect exocauses have on us is natural, constant, and *inescapable*. And that this effect, quietly but firmly, regulates the pace and style of our evolution, as well as our day-to-day advance in life.

The cosmos’ intangible energies constitute the infrastructure —the very foundation— of what produces, nourishes, and gives presence to the Exonical Cycles that continuously influence our daily lives, *even if we’re not aware of it or don’t quite understand how it happens*.

Tao and Rta (both Oriental), and Örlog (Scandinavian. See the *Örlog and Wyrð* chapter) —different words, different cultures / religions / philosophies— all refer to the same thing: the natural Law or Principle that governs the Universe, which establishes the Way our Essence acts. This is the Path that our Persona (our willful ego) should follow.

Dynamic Balance

Homeostasis (from Greek, *homoios*: “equal, similar” and *stasis*: “balanced state, equilibrium, stability”) is the self-governed process that constantly adapts a system’s components and settings to the conditions of our surroundings. In other words, homeostasis is the state of dynamic equilibrium that strives to maintain balanced all parts of a structure, by adapting them to the constantly changing conditions of our lives.

The term has been mostly used in biology, in reference to the adaptation of a living organism’s components regarding the conditions of the environment it lives in. But it can also be used in relation to other types of organizations or configurations, such as, for example, finance, a country’s (or worldwide) economy, the ‘market,’ etc.

And it’s Essence, which acts through the Persona of the billions of people involved in those organizations, what strives to keep the homeostasis, or dynamic balance, between all their interrelated parts.

The stage is mainly set by the inflexible exocausas, our inborn features, the availability (abundance or scarcity) of natural resources, the climatic and seasonal conditions, and so forth.

But our Essence must also take into consideration the sometimes illogical reasoning and egoistical yearns of our Persona, which, unfortunately, too many times act against Nature’s ecological balance.

All the ill-timed, senseless, and impractical governmental regulations, corporate decisions, and general public activities present the other stressful conditions that our Essence must deal with to regain a convenient and productive homeostasis.

Luckily, our Essence has the means to help us solve any imbalance produced by man’s unrealistic actions. And it will do so in step with the conditions brought forth by the current exocausas, and through the action of persons who listen to the inspiration given by their Essence.

Further ahead, you’ll see how the Exonical Cycles set the pace and type of action applied by our Essence to again restore homeostasis, as it has always done.

Lastly, the more our Persona learns to align itself with what the Exonical Cycles reveal, the more it can act in step with the tendencies of our Essence, at a given moment in time, in real life. The more we practice this, the better we become at joining and benefiting from the powerful action of our Inner Self.

Addendum

Using a bit of computer jargon, we see that our Essence is similar to a computer’s Operating System (OS), only infinitely better and more powerful. And that our Persona is like an app (program) that runs in the computer/smartphone, thanks to the help of the OS.

Also consider that, just like Artificial Intelligence’s LLMs (*Large Language Models*, which are software applications that use deep-learning techniques to produce new readable content) must be

‘trained’ by processing vast amounts of data, our Persona also has to learn from experiencing all kinds of situations, both enjoyable and displeasing ones, to finally acknowledge and believe that our Essence can pull us through any situation we may come across. We learn from every experience we undergo so that in the future, with the help of our Essence, we can avoid harmful conditions and recognize the safe ones.

This is similar to how our Immune System deals with new virus and germs that it must learn to control, both for the present safety of our organism and to update its own workings, in order to become a more powerful and effective defense mechanism. It’s how it evolves and perfects its response to future threats.

Think about this the next time you lash out at situations and problems life exposes you to. We must remember that it’s owed to these pleasant or uncomfortable situations that, in the long run, we learn to let our Essence provide us a custom-tailored solution to *any* inconvenient circumstance. So, don’t block its action by having emotional tantrums, fears, or irrational beliefs (as we have all done). Instead, accept your glitches in life, recall that you’re learning to accept that your Essence can and will get you out of any unsafe situation.

Luck or Synchronicity?

Some people’s thoughts and actions are more unconsciously bonded (joined, fused, meshed, in sync—choose your own term) with the reflex tendencies of their Essence and, thus, many times act in unison with it. These people, as a rule, are always healthy, successful, and happy in life. Others, probably due to their upbringing or conditioning, have not been able to attain this prized concurrence and live a drab, unsatisfactory life. Still, many persons of the second group, if they make the required effort, can change their current negative status and switch-over to the first group. This is basically done by becoming who their inner, indelible blueprint—their Essence—says they *really* are.

Our Inborn Attributes

*Stay away from people who try to belittle your ambitions.
Small people always do that, but the really great ones
make you feel that you too can become great.*

Mark Twain (1835 - 1910)

American writer, humorist, essayist, entrepreneur,
publisher, and lecturer.



There's an old biological expression that says, "Structure determines Function."

All beings (and perhaps everything) have a basic, innermost design, an intangible infrastructure of characteristics and proclivities that guide the constant flow of the force of creation. This incorporeal template guides the subtle yet unstoppable primordial formative energies from a state of total abstraction to one of complete formation. It controls the upsurge of life forces, by channeling it through an underlying pattern that, step by step, from the formless realm of all possibilities to a concrete state of defined individuation. It's the framework of qualities and faculties that shapes our particular and unique integral being.

Our innermost structure comes from an archetypal design that cannot be modified by our Persona; it's the most perfect expression of human nature, an intangible template from which all humans are shaped. In some traditions, this archetype is believed to be created in the image of the divine, meaning it reflects the qualities or essence of a higher, more ethereal framework [of ourselves], often associated with balance, harmony, and the unity of body, mind, and spirit.

For Exonica, the human basic structure derives from a fixed set of functions that are present in every individual, such as, for example, memory, awareness, survival instincts personality, etc. Each of these functions constitutes a **marker**, that is, one of a person's fixed inborn attributes, characteristics, or features.

Each of these markers defines a particular attribute or function of man's integral being, a 'hardwired' quality that remains with the individual throughout their life.

Said differently, all humans have a common, invariable template that's comprises a set of markers, which is *genetically "imprinted"* in all of us, but that every person is to express in their own way, through or within a particular aspect, topic, or field of life. The final expression of each marker is *dynamically and unavoidably customized* by the exocausas that prevailed on the date and place an individual was born. Modern epigenetic research confirms this.

The mentioned template consists of 15 distinct marker/attributes, whose individual expression will always tend to appear in our daily comportment. They are the original, natural, and unbiased structural patterns that bypass our personal wants and opinions, just like the color of our eyes, our fingerprints, or our blood type does.

I emphasize that the attributes energized by said markers are totally *natural* and *objective tendencies*, through which the expression of our Creative Energy or Life Force tends to flow.

Although the overall framework is deterministic, we, at our Persona level are *not compelled* to express them in any particular way. Owed to our inherent free will, the choice is totally ours. However, as you'll soon come to realize, it's in our best interest to accept, develop, and express them, each in our own way.

Personally, I believe that our main objective in life is to discover our particular markers, to then embrace their qualities, and use/express them in efficient and productive ways.

Not only the body but also the soul is a product of powers, which shaped the body of man in the image of the divine Primal [Archetypal] Man, and animated each with their own psychical forces: these are the attributes, appetites, and passions of natural man, each of which stems from and corresponds to one of the forces [exocauses] and all of which, together, make up the 'astral soul of man,' his psyche - **H. Jonas**, *The Gnostic Religion*

Our inherent framework of markers consists of our:

- ~ The way we best fit in and adhere to the **Overall Cosmic Environs** in which we are to thrive and progress.
- ~ **Life Purpose**, Main Objective, or Specific Function in life. This is the most important goal of our existence.
- ~ Particular type of **Awareness**: What we spontaneously pay more attention to.
- ~ **Ideal Occupation**: Our most marketable aptitude; the type of activity we can best make a living with.
- ~ **Character**: The way we handle our concerns and objectives. Our basic Behavior.
- ~ **Susceptibility** or Suggestibility: The type of involuntary reaction that's easiest to imprint or inculcate in a person's mind.
- ~ **Willpower** and **Persistence**: The elements that sustain our drive and dynamism, when we take a firm decision and vow to maintain it until it yields the desired result.
- ~ Type of **Inner Guidance**. How we orient ourselves in life: what we should "listen to" in this respect.
- ~ **Intuition**: The aspect of life or field in which we best see the true, objective, and impartial workings of reality.
- ~ **Imagination**: The mental workings through which we can bring forth the objectives we're meant to discover or create.

~ **Sociability** or **Social Compatibility**: The kind of friends and associates we naturally prefer.

~ **Mental Agility**: The ability to quickly and easily change direction, speed, or position in response to changing circumstances.

~ **Basic Instincts** and **Sexual Inclinations**. Our involuntary, congenital reactions, almost impossible to change. They are autonomic, built-in, natural processes meant to protect our singular being and assure the propagation of our species (which comes into play when selecting our type of soul-mate).

~ Our **Archetypal Evolution** Factor: it shows us the elements, functions, or aspects of Mankind (i.e., the Human Framework) we're to help evolve.

This collection of faculties and tendencies gives form to the archetypal model toward which our Essence automatically gravitates and aspires to express. I repeat that this indelible *set of markers* is the same for all human beings, but the combination of how each of us is to express them makes every individual unique and unrepeatable.

Each marker and their combined usage establishes an itinerary that our Essence spontaneously drifts toward, through the everyday situations that appear in our individual lives, and in sync with the ongoing exocausas. This means that every one of these markers has a *predefined* field, aspect of life, or subject matter in which it can best be used.

Exonical algorithms act like a GPS that knows how to “listen and reveal” the successful course that our Essence will tend to take, which, in order to navigate successfully through life, must be “heard and abided” by our Persona.

Still, as human beings, we have the freedom to accept and express any or all (or none) of these inherent tendencies as we see fit. In other words, the intangible template within our integral being embodies the inbuilt inclinations of our being, but they do not impose themselves to dominate the course of our lives. We are not obliged to accept or apply them.

We become the best versions of ourselves when we embrace and cultivate our natural positive attributes and use them to uplift ourselves and others, contributing to an environment in which everyone can freely pursue their spiritual and earthly goals.

Syama Allard, Staff Writer - *Hindu American Foundation (HAF)*

In a metaphorical sense, the unique combination of innate traits and tendencies that define each person is akin to a newly constructed house, perfectly aligned with its original blueprints. However, as time goes by and both entities accumulate experiences and perspectives, their original configuration undergoes changes that make it challenging to identify their initial design. Yet, just as the underlying structure of a house remains unchanged, the authentic core of a person's being, often referred to as their Essence, continuously tries to manifest their inherent qualities and characteristics throughout their life.

The following is another example of how a person's inborn attributes act and connect with each other: suppose you were a type of cell (indicated by your Life Purpose), within a particular organ (say, the liver or an eye, indicated by the marker that determines their best Overall Cosmic Environs), by attending to what their Awareness points out on a given date. The cell should also function as its Ideal Occupation states, led by its Inner Guidance, associating with other cells as its Sociability suggests,

through the relentless drive energized by its Willpower, applying the insight provided by its Intuition and Creative Imagination, by also paying attention to mankind's Archetypal Evolution and proceeding as its inborn Behavior and Agility incite, as well as controlling the reactions spurred by its Susceptibilities and Primal Instincts. This is what our Essence impeccably does every instant of our lives. Amazing, right?

And then, to truly grasp the number of alternatives a human being has, we'd have to consider that each of our 14 markers can be expressed in 12 different ways. And that each of these 12 ways is subdivided into 6 distinct application areas, which are again sectioned into 6 different specializations.

This gives us the formula: $14 \times 12 \times 6 \times 6 = 6048$ elements, which produces the following permutation: 7.327×10^{20246} , that is, 7.327 times 10, followed by 20 thousand 246 zeros—a truly astronomical, mind-boggling number! *Trivia*: this number is called a Googolplex (which is where the renown *Google* gets its name from).

In order to complete the formula, we'd have to take into account each person's many inherent hereditary factors, along with the effect of all the exocauses that Exonica monitors (plus those that it's not yet aware of). To then multiply this result by the number of people in existence, times the circumstances that interrelate them, and... wow!

Even in identical twins, a one second difference in the time of birth (which is actually impossible, because, in reality, several minutes are needed between one birth and another) produces an ever-so-slight variation of exocauses, which, nevertheless, can produce a deep change in a person's gene expression (action). Note that, at a gene's molecular scale of reality, one second is a long time. Millions (if not trillions) of quantum changes happen in this seemingly minuscule period of time, all of which, in turn, produces changes in an individual's overall constitution and behavior.

So, you do the math, what are the probabilities of finding two identical persons?

Exonica



Exonica's "Crown Jewel" is a personalized Report that describes the markers listed above, for anyone born between 1900 and the current year.

It's a comprehensive list of the traits and faculties that describes a person's roots, in order for them to know and make use of their basic qualities. The knowledge and application of these inborn attributes will allow you to express your maximum potential.

The report is called "Exonical [or Exographic] Profile" (XPro) and is prepared by proprietary algorithms that can analyze the exocauses that predominated on the date and place of a person's birth, to then determine the effect they had on their essential design.

It's a procedure that uses real astrophysical data that has been stored over the years in the databases of several space agencies around the world.

My experience with other people has shown me that just by becoming aware of their true attributes, that is, by reading about them, caused the beginning of a deep change in their lives. I surmise that it's because, maybe for the first time in their lives, their Persona's thoughts matched what their Essence inherently knows about their true nature.

However, please note that the information given in an XPro is not designed to gratify the petitioner. What's described is more like a medical diagnosis, which is not made to please the patient but to give them reliable and useful information. Consider what was explained in the previous example of the "original blueprints" of the house and the individual. It's possible that an individual's life experiences have changed them so much that it's difficult for them to recognize their own psychographic makeup.

Still, of the numerous people who over the years have gotten their XPro, the vast majority approved and were satisfied with its contents. Actually, many said it reflected the image they had of themselves.

Here are some of the benefits of knowing your true attributes (markers):

- *Increased self-awareness:* When you understand your strengths and weaknesses, you can make better decisions concerning your life.
- *Improved relationships:* When you know how you tick, you can build stronger relationships with others.
- *Greater fulfillment:* When you live in accordance with your true nature, you're more likely to feel happy and fulfilled.

Further ahead, I'll give you an Internet link that'll allow you to get a free XPro for yourself and your family and friends. And for those of you who'd like to research the attributes and qualities of historical figures (from 1755 onward), or those of their own ancestors, I'll also provide the corresponding link.

Criterion

*The Universe is full of information.
But, it is man's responsibility to learn how to read it.*

Dr. Wayne Batteau, M.I.T.



The sum of conditions produced by all the exocauses present at any particular moment generates a unique and unrepeatable effect: a transitory condition of the cosmos.

This complex mixture of forces will leave a lifelong imprint on every cell of whoever is born at that precise moment, thus modifying the expression of this individual's inborn genetic pattern.

The momentary effect of the exocauses will not only make a lasting impression on their physical body (at a molecular and cellular level), but will also customize the functions of other parts and levels of this person's integral being, such as their emotions, reasoning powers, intuition, as well as their higher processes. All this comes together to give form to a distinctive, inimitable individual.

When we consolidate the natal markers that produce an XPro we're putting together a large part of a person's primordial design. When this "jigsaw puzzle" is completed, the composition thus generated will show the medley of attributes, qualities, and characteristics that prevail in this person's most elemental nature.

I reiterate that the attributes and traits described in our XPro come from the action of objective and subconscious forces that are managed by the functions of our Essence. Some of these qualities are plainly recognized and accepted by our Persona, but others are not. And yet, the questioned features are just as important and a part of the total sum of qualities as the better-known and approved ones.

I clarify this because sometimes certain attributes presented in an XPro are debated and have even been rejected by the person implicated., But keep in mind that our Essence is *infallible*, whereas Persona's opinion is wrong too many times. Still My 35+ years of experience have taught me that it's best for a person to accept the disputed attribute(s).

The subconscious components of all living entities have a tendency to adapt themselves to the conditions produced by the astrophysical effects (exocauses) that constantly permeate and circulate in their environment. This is a natural, impartial, and totally spontaneous tendency; it's also relentless, unavoidable, and unstoppable. However, these forces should not be regarded as some kind of inescapable "supernal decree" —at least not for us human beings— because they don't compel us to submit our free will to an inflexible determinism.

Only man seems to have the free will to live as he chooses, disregarding or even ignoring the impulses generated by the prevailing exocausas. However, if we fall prey to this practice (be it through laxity, arrogance, inexperience, or fear), we'll lose our place in life—a very high price to pay, indeed!

Note that our Persona is usually driven by learned attitudes, beliefs, opinions, and conditioning that pretty much determine our behavior. In a way, each of us is a victim of our own mechanical reactions, as well as of the inappropriate “programming” implanted in us by our social environment, which unfortunately has lost its bearing. Which is why, probably without knowing it and surely without meaning to, we sometimes botch the results of our Essence’s very effective action.

Hence, we, at Persona’s level, can ignore what our Essence *must* do, to then occupy ourselves with whatever we choose to do. This decision is entirely up to each of us. And, if it helps you feel any better, rest assured that no “angry God” will punish your disobedience. Whatever painful or ominous results come from not making the best of our inborn attributes, or from not adapting ourselves properly to the prevailing exocausas, will be induced by this noncompliance. Can we blame the wall for bruising us, if we insist on crashing into it?

If the people that influenced our childhood (parents, family, teachers, and friends) for some reason or other did not approve of one (or more) of our inborn tendencies or attributes, they probably did their best to discourage their expression. This is one of the main reasons why later in life, certain innate aptitudes are not part of our personal *repertoire*.

Nevertheless, the eclipsed attribute(s) will always be there as a *latent possibility*—an unexpressed potential— *that could still come forth*. This implies that if a certain natal quality or talent hasn’t appeared in our day-to-day expression, we must diligently proceed to dig it out from under a lifetime of obstructions and conflicts that have kept it stonewalled.

Sometimes certain ethnic, local, or family customs kept alive from one generation to the next don’t allow their members to manifest certain qualities or to participate in some activities. If someone with the natural inclination to express any of these “taboo” abilities is born into such a group, surely its manifestation will be discouraged as soon as it’s detected.



For example, if in a “macho” society a young boy shows a penchant for ballet dancing, cooking, or sewing, its practice will probably be dissuaded by the painful jeering of his peers and the undeserved punishment inflicted by his elders. And thus, instead of allowing the world to enjoy a graceful dancer, a valuable chef, or a distinguished fashion designer, it’ll have to put up with yet another unhappy, frustrated, and mediocre human being.

It’s obvious that every attribute or ability can be used in one or more activities and that certain skills are more suitable than others for a given task. Some skills are almost useless when it comes to carrying out

Exonica

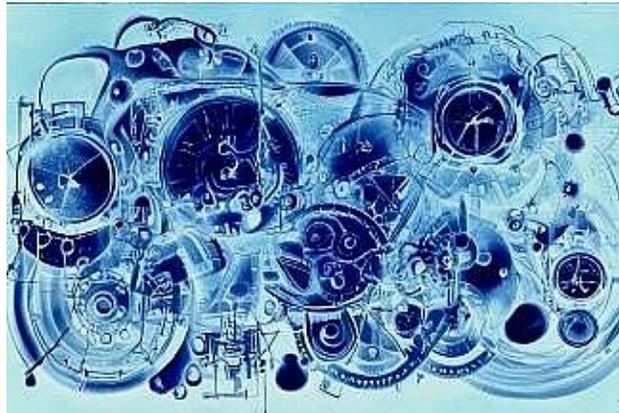
certain jobs, while others will be found to be indispensable for those same jobs. In some situations, our talents prosper and are fully put to work; while in others, these same abilities asphyxiate and shrivel due to a lack of use.

Once you get to know your natal attributes and tendencies, you still have to learn to accept and make use of them fully and without reserve, keeping in mind that there are no negative or bad traits, although they can, of course, be used in an improper way.

It's only natural to carry on the development and excellence of your inborn attributes, until they become the staunch pillars that sustain your success in life. Keep in mind that Providence (a.k.a. your Essence) can only help you by placing you in situations that require the use of your inborn aptitudes.



THE INVISIBLE THEATER



In this section, I provide a description of the imperceptible energy network that underlies, persistently influences, and gives presence to our every-day observable reality.

The purpose of this section is to offer a new and coherent view of the “Scenery” made up from time, imperceptible particles, and electromagnetic waves that form the basic building blocks of the environment in which we all exist. It’s meant to convey an understanding of the perpetual “Theater” in which people and variable exocausas constantly interact.

Transvibrals, Quadrants, Covibrals, Pentals, and Gradals are some of the neologisms that I’ll create, define, and use to describe a cosmos that shuns Euclidean geometry, thus freeing the reader’s mind from the confinement imposed by the present limiting notion of a four-dimensional space-time.

Chronicles

*The only way of discovering the limits of the possible
is to venture a little way past them into the impossible.*

Arthur C. Clarke (1917 - 2008)
British writer and scientist.

Since the beginning of time, man has believed that in one way or another, the heavenly bodies influence his life. And though his intuition (from Latin *in-*, meaning “within” or “inwardly”, and *tueri*, meaning “to see” or “to perceive” —the guidance that comes from within) has constantly insisted that this influence is real, his intellect hasn’t always been up to par to help him understand how these effects occur, or how to make the best of them.



We must all admire the remarkable effort made by the celestial observers of old and should praise their formidable dedication, especially that of the Assyrian and Chaldean astronomer-priests, who perched on top of their magnificent *ziggurats* —buildings called “mountains”— dedicated their lives to the careful observation of the ever-changing relationship between the fixed stars and the mobile celestial bodies.

To illustrate the erratic movement of the planets, the ancient Middle East stargazers called them *bibbus*, “jumping mountain goats,” and the Greeks called them “wanderers,” which gave us the word *planets*.

Those long-forgotten observers, with only their plain eyesight (or that of their younger assistants), and perhaps with the aid of a few simple instruments, methodically gathered astronomical data, far into the dark, cool Middle East nights.

After having collected their astronomical data, the astronomer-priests then tried to figure out the meaning of this or that celestial arrangement, by applying norms whose origins had already been lost in time.

I believe that the basic idea of trying to give meaning to the position of heavenly bodies is valid, but that the method used by those venerable observers *was not correct*. This made them many times have to guess their meaning, for what else could they do if they had to work with data mostly based on *what seemed to be* and not according to true facts.

Should there be any doubt about this, please recall that during the best part of the last 2000 years, the postulates of Cosmogony (the theory of the origin of the Universe) and the principles of Cosmology (its general structure and evolution) that were accepted by academia, the Church, and by common man, were those established by the Platonic / Aristotelian / Ptolemaic celestial system. This Earth-centered astronomical arrangement blatantly proclaimed that our planet was “the unquestionable center of Creation” and that, therefore, the entire firmament meekly had to revolve around it —yes, even the mighty Sun! That’s right, this was the standard submissively accepted by almost everyone *for more than 18 centuries*.

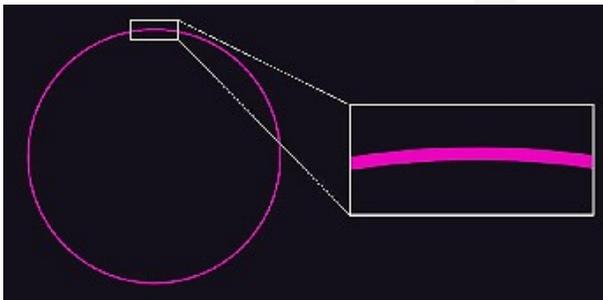
Nevertheless, as time went by and medieval man’s intellect matured, European civilizations were eventually forced to let go of the deceitful idea of being “the dwellers of the center of the Universe.” That belief fell apart when men the caliber of Nicholas Copernicus (Polish), Tycho Brahe (Danish), Johannes Kepler (German), Galileo Galilei (Italian), and others, painstakingly began to uncover the truth.

They proved what (almost) everybody believes today, should it need to be said: that the Earth is *not* the center of the Universe and that the other celestial bodies (except for the Moon) *do not* revolve around our planet. In other words, the time had come to stop believing in the devious *geocentrism* to begin to accept and work with the new *heliocentrism*, the astronomical arrangement that places the Sun where it truly is, at the center of its planetary system.

Linear versus Cyclical Time

It was during the years of the Renaissance that the Judaeo-Christian concept of a “linear time” that advanced like an arrow came to be accepted as an academic standard. From there on, for most European societies, time came to be considered “a linear progression from the past to the present to the future.” This automatically implied that the sequence must have started at some remote moment and that, consequently, it would end at some future instance. Still, please bear in mind that no matter how logical this may seem —because we’ve gotten so used to the idea— that it’s merely *a supposition, an educated guess, that has not been completely proven.*

Owing to the acceptance of the “linear time” concept, we, in most of our present Western societies, don’t know how to deal with the notion of living within a “cyclical time” model. Still, this is the real basis of time.



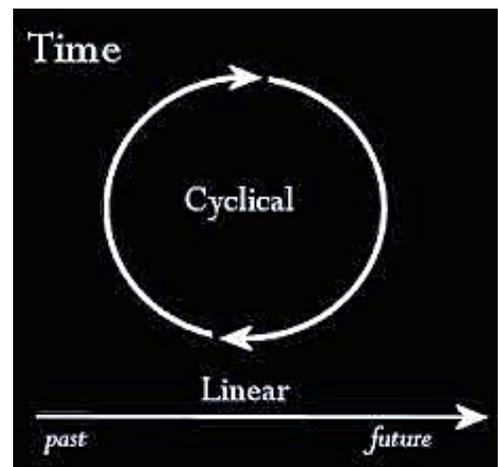
Actually, “linear time” is but a mental illusion produced by looking at a very short segment of an immense helical spiral, and thus, owing to the shortsightedness of the observer, he is deceived into believing that time advances in a straight line.

This linear way of sensing time, sadly, has affected our present way of thinking, transforming it into an unreal and misleading way of perceiving reality.

This distorted notion, which has been ingrained into our behavior and the way we plan our activities, is what often makes us clash with the forces of life.

This happens because these forces act in step with the natural “cyclical time” pattern and not according to the unreal “linear time” notion. This belief often makes us act contrary to the cyclical and rhythmical tendencies that make up the multidimensional environment that includes us all.

This misconception of living within a “linear time” model has brought on a gross misunderstanding of essential values, which itself has caused great anxiety, disorientation, and distress to a large part of mankind, not to mention the damage produced in the material, mental, and spiritual aspects of our lives.



Confusion and disorientation is the price we have all had to pay for having strayed from the way things *really* work.

However, as you'll soon notice, if you're willing to make an effort, you can learn to adapt your actions to a cyclic timetable that will help you live better.

We must also keep in mind that the influence of natural rhythms is not sudden or explosive, and that they cannot be stopped or altered. Actually, they make small, gradual changes every day, for the better. Even if these recurrent events seem trivial, their constant and cumulative effect is what drives our evolution.

Success has to do with applying the right effort, at the right time and place. Moving in step with the natural tides of life is known to bring happiness, health, and abundance.

“Time does not pass; it is we who pass through time”

For the past 30+ years, I've analyzed a vast array of theories, opinions, and superstitions related to “Cosmic Influences,” many of which, unfortunately, are still embraced by the unsuspecting general public.

In numerous instances, these assertions originated as bold proclamations that were to be accepted de facto, simply because they had been decreed and ingrained—too often through the use of fear or force—by some self-proclaimed “authority” of the past. Or because those declarations had been around for so long that at some point they began to be taken for granted.

But what has been most astonishing to me is that many of these presumptuous declarations—which have never been adequately assessed, let alone substantiated—continue to form part of today's scientific dogma, social convictions, religious beliefs, and philosophical postulates, which the unwary populace has passively and traditionally embraced.

To establish new, legitimate, and irrefutable information, I explored modern astrophysics, quantum fields, universal field theories, Chronobiology, and other related disciplines. I also researched the latest discoveries concerning subatomic particles, energy fields, and the effect that ions and natural ELF waves have on the molecular, organic, and mental processes of our being.

In this work, I make use of some of the most recent contributions that come from visible-wave (photic) astronomy, astrometry, non-visible wave (non-photic) astronomy, and Cyclology, all of which are sciences that can help us gain a new appreciation of the timeless subject of “Cosmic Influences.”

Our chromosomes are antennae that receive information from our surrounding Cosmos.
We're an open system, so we're constantly receiving information from space.
Prof. **Pyotr Gariaev** (1995)

... new astronomical and biomedical information prove that human life is and has always been connected to the invisible (non-photic) forces of the universe - **Halberg** (2004)

To fully grasp the information given herein, you'll first have to accept that the human being is a complex multi-dimensional energy structure. In my opinion, we're entities submerged in an ocean of highly organized and profoundly interacting, albeit very subtle and mostly unknown forces.

... it has been discovered that human physiological rhythms are closely bound to invisible terrestrial, lunar, and solar cycles - **A. R. Liboff** (2014)

I envision this work evolving and blossoming alongside the ground-breaking research of future generations of scientists.

Why Exonica Works

Nature does not hurry, yet it gets everything done

Lao Tzu (~571 BCE)
Chinese Taoist philosopher.

In this chapter, I'll explain several fundamental Exonical concepts that I believe will make it easier for you to understand the upcoming explanations.

The sum of all the exocauses, together, form a vast energy field that pervades and influences all the components of the Solar System. From here on, I'll be referring to this field as the **Exonet**.

There are several recurrent exocauses that continuously affect us. Each of them produces its own Exonical Cycle and each Cycle has a particular effect on us. Together, they form a dynamic web of intangible and uncontrollable—but measurable and usable—influences that constantly modify everything within and around us.

Looking at another angle of Exonica's knowledge base, we see that almost all human cells contain **Genes**, and that each of these cells has a complete and identical set of genetic material. It's important to look into these biological facts, in order to understand how we're inexorably linked to the exocauses that surround us. I'll try to explain it in the least technical way possible.

It's a well-established fact that we're the result of the genes we inherited from our parents, that is, from the genetic material contained in their DNA.

A **Gene** is a biochemical directive that either [1] generates and controls the initial formation of one of the many parts and characteristics that make up an organism (as noted before, they constitute from ~3 to 5% of the total genetic pool; we'll be calling them *alpha genes*), or [2] regulates the action of other genes, which in turn manage all the subconscious and organic functions of the newly-formed being (these comprise ~95 to 97% of its total genetic collection; we'll call them *omega genes*).

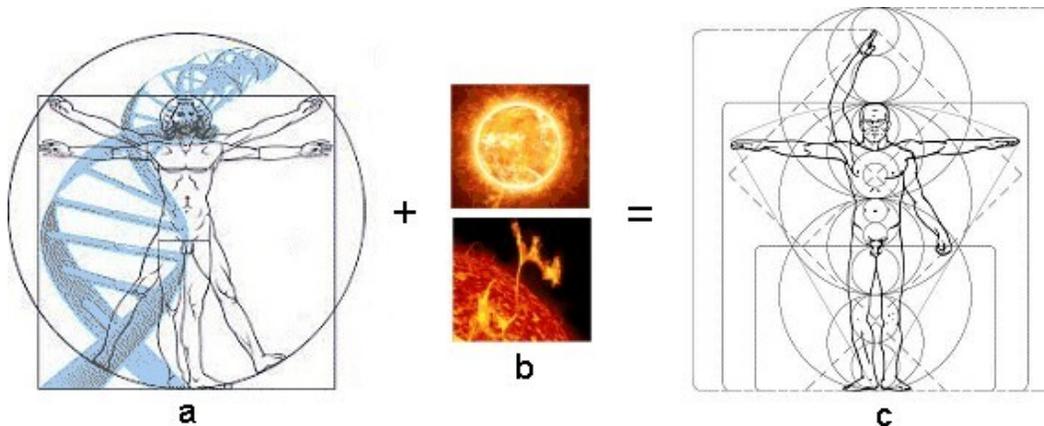
Thus, we have that alpha genes are in charge of an entity's first formation, its gestation and, at the moment of its birth, these genes pass the responsibility of further development and survival on to the omega genes.

Consider that all genes are *teleonomical directives*, that is, molecular 'entities' that endeavor to accomplish their particular objective. They are energy structures, patterns, or processes, that seem to have a life of their own as they labor to attain their purpose. *Teleonomy* is the natural tendency of an object, system, or living being to attain a specific purpose, based on its essential design. It's an unbiased, goal-directed propensity that does not stem from a self-chosen commitment or a 'god-issued command,' as older Aristotelian *teleology* implies. The term derives from two Greek words, *telos* (end, goal, purpose) and *nomos* (law).

A **Genome** is the encoded blueprint that defines the fundamental characteristics—the basic design and behavior—of a particular species, such as a bird, a tree, or a human being. It's the archetype or primary model of a distinct type of entity, through whose particular attributes its life-force wills to express and evolve itself in an ecological, harmonious, and creative way.

Moving on toward the progressive configuration of a living being, we find the **Genotype**, which refers to *the individual configuration* produced by a particular Genome, but now more specialized because its design not only carries the characteristics of its species, but also includes some of the attributes inherited from its parents and ancestors, as well as particularities of racial, cultural, and historical heritage, all of which produces a unique entity of its species.

Presently, owed to scientific research, we know that a Genotype's features (**a**, left-side of the next image), such as an individual's physical attributes, mental qualities, behavior, etc., *are always 'customized' by environmental influences*. And that a large part of these influences come from the impact of the exocauses (**b**, central image) that were present at the place and date of the individual's birth. This action transforms the Genotype into a **Phenotype** (**c**, right-side image), that is, the final genetic arrangement that'll give form to a distinct and unique entity, like you or me.



Environmental factors *significantly* influence the development of inherited traits ... It's important to remember that phenotypes are sometimes more influenced by environmental effects than by genetic effects - **National Human Genome Research Institute**

A new science called "Wave Genetics" has proved that gene expression [activity] can be changed, activated, or deactivated, by exposing them to certain *environmental* electromagnetic [exocausal] waves - Prof. **Pyotr Gariaev**

Hence, a person's Phenotype includes all the inherited qualities, traits, and characteristics contained in their Genotype (the species' genes plus those of an individual's parents), along with the modifications caused by diverse environmental factors, many of which derive from the action of exocauses.

In sum, we could say that a person's qualities, skills, and talents come from their Genotype, while the theme, field, or aspect of life where they can best be used or applied is indicated by their Phenotype. This is an experimental thesis set forth by Exonica.

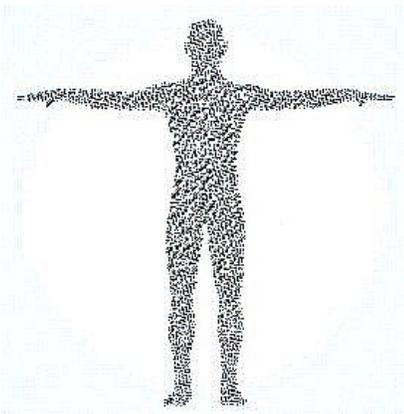
One of Exonica's main objectives is to determine the exocauses that helped to shape an individual's Phenotype, so that they can better know how their natural attributes and skills can be used. This knowledge will help them embrace their true colors, to confidently use their inborn talents, and to find where they shine brightest on life's stage.

Furthermore, I believe that an individual's initial Phenotype, the underlying energy pattern at the moment of birth, also determines the introductory neural pathways of his/her brain, which

automatically determines the person's foremost behavior and inclinations. Notice that this first design is produced by both the individual's impersonal genetic structure and the prevailing conditions of the birth day, thus becoming the inborn pattern toward which a person's Essence will always gravitate and express. It will always define the way the individual thinks, feels, and acts. Even if obliged by later external factors to move away from this intrinsic design, which gradually modifies their brain's neuroplastic constitution, the original innate pattern will always try to reappear, in order to recover the individual's original design.

Our individual design (Phenotype) is also the essential template that determines how each of us is to ideally integrate and coexist with the complex and non-stop action of the Exonet.

Put differently, our individual deep-set blueprint defines the exclusive, indelible, and unrepeatable combination of features that were scripted into our DNA, all of which indicates how our life force will autonomously strive to express itself in life. This is what Exonica endeavors to point out.



Keep in mind that almost every cell of our body contains an exact copy of our DNA. The image on the left is an artistic rendition of a human figure, supposing that we could only see its genes.

Indeed, the image is quite similar to what we normally perceive. Perhaps this is the configuration detected by extra-sensitive people (serious mystics, spiritualists, and others), giving form to what has been called a person's "Etheric or Astral Body."

As we travel through life, the subsequent exocauses that impact our geographical location, wherever that may be, and our being leave their mark, in a cumulative manner, on the way the functions of our Phenotype operate.

Special genes, called **Oscillatory Genes**, act like 'maestros' that conduct the orchestra formed by our other genes. Those genes don't build us, but they do influence the way our other genes function, while they constantly adapt their action to the rhythms and cycles of the ongoing exocauses. Think of them as 'fine-tuning knobs,' always adjusting their workings to the ever-changing exocauses that reach our environment. In other words, these genes don't participate in our initial formation, but they do help regulate the countless processes of our other genes, which are the ones that manage most of our subconscious functions. This will be further explained in the next chapter.

According to Prof. Pyotr Gariaev, "our chromosomes act like components of a quantum bio-computers that collect and use environmental wave-form information [some of which are the electromagnetic frequencies produced by exocauses] that alters the behavior of our cells. And this, undoubtedly, as a chain-reaction, modifies our physical, emotional, rational, and higher processes."

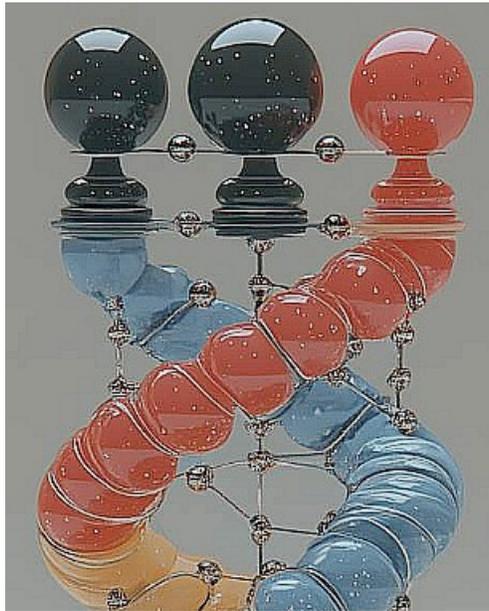
The Russian scientist went beyond seeing DNA as simply a genetic code 'handler.' He envisioned it as a powerful solitonic holography (as he called it), the 'hardware' of a vast 'cellular internet' that interconnects all the cells of our body (intrapersonal linkage). But that wasn't all, he also believed that the workings of this organic network could extend beyond our physical body, enabling our DNA to 'talk' to that of other beings (interpersonal linkage), regardless of distance or environmental conditions.

From his viewpoint, **we are all invisibly interconnected to one another and to the Cosmos, by the action of our DNA.**

Our Oscillatory Genes

*So divinely is the world organized
that every one of us, in our own place and time,
is in balance with everything else.*

Johann Wolfgang von Goethe (1749 - 1832)
German dramatist, novelist, poet, & scientist.



Our **Oscillatory Genes** (OsGen) belong to the 95 to 97% of our total gene pool, the ones that are not directly involved in the formation of a new being, those that manage the subconscious functions that keep us alive.

The most remarkable feature of the OsGen is that they do their job in step with *natural recurrent patterns* or *periodic cycles*, many of which are originated by the exocauses that impact our environment.

It has been suggested that while an unborn infant is within its mother, it's her genetic makeup what monitors the child's formation and upkeep. This means that the infant's genetic framework is subject to that of the mother until it is born. From here on, the child's own functions take over everything. This is when the OsGen kick in, take the first "snapshot" of the exocauses that are acting on the local environment, and start the transformation of the newborn's Genotype into a Phenotype, which will be the original blueprint that'll accompany this being for the rest of its life.

Figuratively speaking, before it's born the child is hooked up to the mother's WiFi, but after birth it hooks up with the universe's WiFi, thanks to its own OsGen.

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A series of experimental and computational studies, made by applying a new analysis strategy and a number of alternative algorithms, identify a baseline circadian oscillation in almost 100% of all genes - **Andrey A Ptitsyn**, Colorado State University (2007)

These genes are part of the “regulatory elements” of our genetic system, which means they control the action of other genes.

These other genes, in turn, regulate the way our cells, tissues, and organs behave, which then influences our physical actions, attitude, the way we think, and even our higher functions.

This is a simple way of addressing a very complex ‘chain of command,’ a cascading effect that generates and sustains the diverse workings of our integral being.

Oscillatory genes, those with a cyclic or periodic action, have been shown to play a pivotal role in almost all of our biological processes - **Luisa Cutillo**, University of Leeds, Leeds, UK.

Imagine your Oscillatory Genes as tiny scanners, each one tuned to a specific ‘extra-terrestrial channel.’ These genes form networks or colonies of detectors, with each group ‘listening’ to a particular signal of the cosmos. Think of it as several radios, each one picking up a different station. But instead of music, the signals perceived are the subtle energy fluctuations produced by the different exocauses that reach the Earth. All these detectors, together, form a powerful, multi-frequency antenna that connects every part of our being with the cosmos.

Each OsGen group is phase-locked to the signal it monitors, acting in step with its periodicity. These signals are linked to cosmological cycles (exocauses) such as: the Sun’s periodic and sporadic activity, the Moon’s tidal effect, the Earth’s orbital position, etc. Thus, our OsGen act like tiny sensors that listen to “The Symphony of the Universe” and pass these signals on to other types of genes.

In other words, each set of OsGen perceives and acts in accordance with the variation of the ELF waves (*Extremely Low Frequency* waves) and ions produced by the solitonic (quantum) effect induced by *one particular type* of exocause, as it reaches our terrestrial environment.

Consider that a quantum element is an energy unit whose existence starts out as a long-frequency wave that is progressively shortened until it folds onto itself, producing a tightly-wound packet, which to our senses seems like a particle. It has been suggested that this wave-enfoldment determines the essential characteristics of each quantum element, a kind of ‘signature’ it carries —like an ID— that can be ‘read’ by the OsGen designed to perceive it. Which, again, identifies the exocause and Exonical Cycle it belongs to.

The oscillatory genes [OsGen] are the molecular components that maintain the synchrony of our entire integral being with the diverse forces and rhythms of the Universe.

We’re connected to “the stars and the heavens” through our Oscillatory Genes!

Another important type of gene —let’s call them Directive Genes (DirGen)— receive the OsGen’s signals and relay them to a host of still other genes, which are the ones that actually manage the diverse functions of our being. Thus, each kind of DirGen is coupled to a specific OsGen, whose rhythmic influence either activates, intensifies, reduces, or stops the action of its related DirGen, all in step with the conditions of the Exonical Cycle (exocause) followed by the associated OsGen.

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This means that the OsGen can detect and distinguish the different energies and frequencies stimulated by the position of the focal point of a particular Exonical Cycle. The OsGen, then, act like a slide-switch that can set in motion, speed up, reduce, or shut down the action of the DirGen they're connected to, and these, in turn, modify the action of the genes that actually control our being's functions.

This is how a given Exonical Cycle's effect is channeled toward specific functions or attributes of our being. In other words, the OsGen is what determines which Exonical Cycle stimulates a particular DirGen.

The diverse OsGen/DirGen groups continuously perceive and conform to the vibrations of all the different exocausas at the same time, each group changing its conditions in sync with the varying space-based events. If you can imagine this in one-go, then you'll be experiencing the wavering influence that our integral being processes *immediately and incessantly*, during our entire lives... without us being aware of it! Mind-blowing, right?

A misalignment with our Oscillatory Genes can lead to anomalies, such as obesity, hypertension, and mood disorders, as well as cognitive and immunological dysfunctions.

Jacqueline M. Lane, Center for Genomic Medicine, Critical Care and Pain Medicine, Harvard Medical School, Boston, MA, USA

Chronobiology and related molecular sciences explain this process in their own way, in a much more technical language. Unfortunately, their investigators only deal with some of the circadian cycles, probably because, for now, they're unaware of the other Exonical Cycles. Also, in my opinion, they give way too much importance to sensorial stimuli (environmental light, sound, smell, etc.) as being what triggers molecular and cellular responses, not recognizing (yet) the action of the quantum-like Exonical effects.

By the way, the term 'circadian' comes from Latin, *circa* "close to, approximately" and *diem*, "day," and was coined by the Romanian-born scientist Dr. Franz Halberg (1919 - 2013), head of Chronobiology, University of Minnesota, U.S.A. Between Dr. Halberg and his life-long colleague, Prof. Germaine Cornelissen, of Belgian origin, they established the Halberg Chronobiology Center, one of the most prestigious institutes of this modern science.

In conclusion, the Oscillatory Genes of every cell detect (usually by resonance) and respond to the subtle energy fluctuations of the exocausal influences that impact our environment, helping our being adapt and respond accordingly.

This is how the effect of the macrocosm merges with the functional microcosmic world. It's the way the universe expresses itself through us —how it *becomes* each of us.

To close this chapter, I'd like invite you to watch a short YouTube video, to actually see how the exocausas influence us, at an infinitely small molecular level (Credit: Drew Berry and Etsuko Uno, wehi.tv). It shows what goes on within our bodies every second of our lives, beyond our conscious awareness. Absolutely fascinating!

[DNA Animation](#)

Topics Covered by Exonica

Great works are performed not by strength but by perseverance.

Samuel Johnson (1709 - 1784)

English writer, poet, playwright, essayist, moralist,
literary critic, editor, and lexicographer.



To fully understand and make use of Exonica's knowledge-base and apps, it becomes necessary to explain the basic structure of our all-inclusive reality, as well as of the energy-forces that deeply and unavoidably influence our day-to-day lives. The following is a list of what you'll get to know better:

- The multidimensional vibratory continuum in which we exist: Transvibra and Covibra. Our Quantum-like integral being and reality.
- Our Inherent Energy Structure: Essence and Persona. What they are and how their interaction is crucial for our existence.
- The Galactic, Solar, Planetary, Terrestrial, and Lunar energy fields we live in, as well as the influence each one has on our daily lives.
- How we're connected to the non-stop action of the astrophysical events (exocauses) that regulate our lives. The way Ions, natural ELF Waves, and Quantum Elements provide this connection. How our Genes make this possible.
- The physical location of the Sun within our Galaxy: the reasons why it changes, and how this influences us.
- The *outward-* and *inward-bound* phases of the various Exonical Cycles we're subject to, what causes them, and what is the specific effect each one has on us.
- The four Basic Elements of Antiquity: Air, Water, Earth, and Fire: what they *really* stand for and each one's precise influence. How the Jungian - Myers/Briggs (MBTI Personality Test) hooks up and agrees with it.
- The Solar Cycles: the influence they had on our natal design, as well as their crucial effect on our past, present, and future lives.
- The diverse tendencies and conditions produced by our Earth-Moon binary system.
- The Earth's Magnetosphere and the way it's unsettled by the "solar wind": how it constantly changing energy makeup influences our behavior and physical health. What is "Space Weather" and what are its main effects.

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- The *Servos* that make up our integral being: what they are, how many do we have, and what is each one's specialized function.
- The aspect, quality, or attribute of our integral being and of our everyday life that's activated by each Planetary Cycle.
- The Extra-Long Cosmic Cycles we're subject to and how they influenced Humanity in the past, still do, and always will.



Reality

*The Astronomer knows where the clock is,
but doesn't know how to read the time.
The Astrologer thinks he knows how to read the time,
but hasn't been able to find the clock.
The predicament is solved with Exonica.*

Frank Desmedt (1944 -)
Exonica's author.

“Why don't things happen the way I want them to?”

The answer to this and similar questions is that our actions are usually not in sync with the settings of the invisible web of energy-forces that underlies our more perceptible reality. And, as we're generally unaware of its existence, we blindly collide with the conditions that this natural and impartial network of impalpable forces produces in our local ambiance.

To remedy this, we must learn to enmesh our daily activities with the tendencies of the highly variable, intangible, and absolutely unavoidable energy field that contains us. And in order to do this, we must first find a reliable way to identify the settings that prevail in the intangible web at a given moment, to then learn how to take them into consideration and act in accordance with them.



Everything in this vast field proceeds in perfect harmony with the multiple energy levels, cycles, and rhythms that constitute our reality. Everything —except man— for he's the only living entity (as far as we know) that has the liberty and ability to proceed according to his own free will. And, as he's usually unaware of the grand structure of energy-forces that surrounds him, it's mostly by coincidence that he sometimes moves in step with its tendencies.

Nothing occurs outside of its time, as it is part of a sequence in the great cycle that unfolds the Grand Design of Existence. Many do not perceive this law and become impatient, and even lose faith when Providence seems to be holding back.

Z.B.S. Halevi, *Kabbalah and Exodus*

We could say that man seems to be the only entity who can act freely, *but not without consequences*, within a grand, automatic, and marvelous energy structure, a complex system of whose workings, for now, we only perceive and understand a very small part.

Every human being, according to their individual intrinsic design, has a Life Purpose or Specific Function to accomplish within the complicated “clockwork” of humanity. Consequently, every person is an important “part” of this “machinery.” The size and shape of each “component” indicate where it fits in order to function properly, both for its own benefit and for that of the entire system. Obviously, for everything to operate well each “part” must assume and carry out its particular task, for only then can it integrate itself, in a productive way, with the other “components” that give form to the overall assembly.

As I mentioned before, Exonica is modern man’s effort to detect, identify, understand, and make good use of the influences produced by the diverse exocausas that are active at a given moment and place.

The two main goals of Exonica are: (1) to find, interpret, and disclose the effect of the astrophysical events that can help determine an individual’s primordial design (their Life Purpose + inborn Traits and Aptitudes), and (2) to monitor and use—in real-time—the influence of those ongoing events. This includes the effects caused by the “Space Weather,” as modern science calls it.



Note that NASA (U.S.A.), ESA (Europe), CNSA (China), JAXA (Japan), and other space agencies have a “Space Weather” section that constantly monitors the conditions of the cosmos that surrounds us, as well as how the diverse ongoing astrophysical events influence our local environment. Some of these space agencies kindly provide the technical data used by Exonica’s algorithms.

So then, in order to better understand and make use of the information provided by Exonica, we’ll have to carefully examine the ties that link man’s everyday world with the reverberations of the impartial, ever-present, and quite unavoidable cosmological energy field that contains him. We’ll also have to examine how and why the organic processes of all living beings, from bacteria to humans, are sensitive and compliant to these extremely subtle influences.

Joseph Campbell, in his book *The Hero of a Thousand Faces* (1949, Pantheon Books), tells us:

“... universal doctrine states that all visible structures of the world—all things and all beings—are the effects of an ubiquitous power out of which they rise. This is the power known to science as *Energy*, to the Melanesian as *Manna*, to the Sioux Indians as *Wakonda*, to the Hindu as *Shakti*, and to the Christians as the *Power of God*. Its expression in the psyche is termed *Libido* by psychoanalysts. And its manifestation in the cosmos is the structure and flux of the universe itself.”

Science has always suspected and is now gradually proving (mostly thanks to the progress of Chronobiology and related disciplines) that for every rhythm and frequency of Galactic, Solar, Planetary, Lunar, and Terrestrial energy there’s a natural, subconscious, and imperceptible process within man’s nature that endeavors to make good use of it, whether the person is aware of it, believes it, or not.

Today’s scientists, probably without meaning to, are slowly but surely confirming that our microcosm—our local day-to-day environment and our integral being—is indeed influenced by macrocosmic events—the energy-forces that reach the Earth. As proof of this assertion, we have but to look at the

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recent interest shown by medical doctors in *heliotropic diseases* and *circadian rhythms*. The term ‘circadian’ comes from the Latin *circa* “near, almost” and *diem*, “day,” and was coined by Dr. Franz Halbert (1919 - 2013), director of Chronobiology at the University of Minnesota, USA.

Even the famous Louis Pasteur (1822 - 1895), the “Father of Modern Immunology,” had something to say about cosmic influences. In his *Letter to Raulin* (1871), he wrote:

“You know that I believe in an asymmetric influence that naturally and constantly presides over the molecular organization of the essential principles of life, and that, in consequence, all species, in their structure, in their form, and in the disposition of their tissues, are intimately related to the conditions of the universe.”



Exocauses

*It's much better to understand the universe as it really is
than persisting in an illusion, no matter how satisfying and reassuring it may be.*

Carl Sagan (1934-1996)

American astronomer, planetary scientist, and science communicator.

As I formerly explained, exocauses are cosmological events that impact our planet, our immediate environment, and our integral being —nothing escapes their influence.

All exocauses produce what I'll call **exons** —throbbing, vibro-pulsating energy knots— that are the basic building blocks of everything that exists. They are akin to quantum packets (which I'll address a bit further on), inasmuch as they simultaneously exist on all energy levels of our surroundings, and of our integral being. More on this in the next chapter.

The exons originated by the various exocauses that continuously impact the Earth, have an impalpable yet unavoidable effect on all the components of our being. This effect produces diverse **endoreplies** that cause changes in our physical health, attitude, intellectual abilities, and even in our higher faculties. The word “endoreply” comes from the Greek prefix *endon-* which means “inside, within, inner,” and *reply*, meaning “response or reaction.”

The exocauses that surround our planet are generated by diverse types of energy manifestations of our Galaxy and Solar System. They've been found to produce different kinds of electromagnetic waves that surround the Earth and connect all living beings, promote the presence of certain subatomic particles, and cause a variety of quantum phenomena in our immediate environment. They are invisible subliminal undercurrents that greatly and constantly influence our lives, *without us knowing it*.

To a greater or lesser extent, the exocauses imperceptibly alter many of the subconscious and autonomous functions we depend on. They can modify, for example, the expression (specific action) of genes that are responsible for a healthy metabolism, and the way that our immune, neurological, circulatory (and other) systems work. I'm specifically referring to genes that are not implicated in hereditary processes.

In other words, exocauses can change our physical reactions, our feelings and moods, the way we think, and even the higher functions of our being. And all this has a clear impact on our appreciation of life, how we handle our everyday responsibilities, achieve our goals, manage our love life, as well as the efficiency of our work. These are but a few of the reasons why we should become aware of them and adapt ourselves to their unavoidable influence.

The group action of exocauses never remains the same. It's like the Greek pre-Socratic philosopher Heraclitus (500 BCE) said, “Everything is in flux, everything is an ongoing process of change. There is no ‘being’, only ‘becoming’.” He also said that the universe is ‘a two-story structure.’ One is the everyday material world we perceive, and the other is the nonphysical realm of energy-forces that underlies it. Exonica strives to determine the universal principles that govern and connect both.

The following is a list of the recurrent exocauses presently and continuously monitored by Exonica:

Name of the Cycle	Produced by
TriSolar	Tidal torque of planets on the Sun.
Helios	The position of the Sun regarding the center of the Galaxy.
Terra	The orbital position of the Earth.
Gea	The position of the Sun with respect to a terrestrial geographic location.
Selene	The orbital position of the Moon.
Lilith	The position of the Moon with respect to a terrestrial geographic location.
Planetary	The heliocentric position of each planet on its respective orbit.
Sporadic or Occasional	The various intermittent astrophysical events that make up the Local Space Environment (LSE) that surrounds the Earth.

Each of the named Cycles will be explained in detail in its own chapter.

Moving along another line of thought, I'd like to share a recent experience with you.

While searching for something on the Internet, I came upon a forum entry that was explaining the way the diverse elements of Space Weather affected the person's physical health and lifestyle. This person, for many years, has been suffering from natural solar and lunar phenomena, causing stressful, painful, and on-and-off migraines, tinnitus, insomnia, anxieties, and so forth, which he had tracked down to changes in the Sun, such as CMEs, magnetic field increments (Bt) and polarity changes (Bz), Kp index surges, and the likes. He and other participants in the chat used the term "heliosensitive", which, to my astonishment, was the first time I heard it! The point is that up to that moment, although I suspected it, I had not found a specific group of people who were so strongly affected by exocauses.

They had all consulted a barrage of medical doctors and therapists about their heliosensitive anomalies, many of them being considered a bit "loco" because of their certainty that their maladies were due to solar/lunar phenomena.

Sadly, the person in charge of the forum, after hundreds of scientifically-backed and very patient entries, after being bullied and exasperated by "normal" (i.e, people who blindly follow the conventional, iron-cast, and non-evolving 'norms') and blatantly obnoxious persons, who were totally unaware of the new sciences that take astrophysical effects into consideration, he closed down his site.

To him, I say "welcome to the club of those who dare to uphold new, valid findings!" and "Open up a new place on the Internet, to let others know that, indeed, their discomfort is produced by Space Weather conditions and not by their imagination." We need all the well-spoken, well-informed persons that can help others in their exocause-triggered conditions.

And for you, my dear reader, I've prepared a small extract of the above mentioned forum. To read it online, please [click/tap here](#). Thanks for bearing with me.

Exons

*Imperfection is beauty, madness is genius
and it's better to be absolutely ridiculous than absolutely boring.*

Marilyn Monroe (1926-1962)

American actress.

All the components of our body have a quantum constitution.

In Exonica, the equivalent of a quantum is an **exon**, a term that derives indirectly from ‘astrophysical events.’ If a quantum is the basic unit of energy, whose manifestation ranges from being a pure wave to taking on a total particle-state, an exon is *the basic unit of influence* produced by a particular astrophysical event. This influence can affect from our most corporeal parts to our most subliminal and immaterial components, depending on the vibratory state of the exon at a given moment.

This means that every part of our integral being, e.g., a molecular entity (such as our DNA), a sub-cellular component (such as a chromosome), a cellular grouping (such as an eye or the liver), an emotion, a concept, or an intuition, can be influenced by an exon’s action.

Some cellular gatherings are more ‘attuned’ to a particular state of an exon, e.g., the limbic system, which best handles emotional content, the cortical area of our brain, which best manages rational matters, etc.

All parts of our being, at any scale, can detect all the Exonical levels, but some are more specialized in dealing with a specific level.

As you’ll see further on, every point of an Exonical Cycle has a very precise effect on our integral being and our local environment. It’s a potential that only becomes real when we’re at a particular part of the Cycle. The influence that is active at a given moment determines the focal point of the Cycle at a certain instance. This, then, becomes the Exonical Cycle’s Factor.

In the *Oscillatory Genes* chapter, I implied that it are our OsGens what connect us to one Cycle or another, at their own discretion. It seems that exons carry with them a kind of “signature” or “identifier” that associates them with the Exonical Cycle that produces them. This attribute could be deemed as being their ‘color’ or ‘tone,’ which ultimately determines what marker (e.g., Life Purpose, Awareness, Susceptibility, etc.) of our essential being it stimulates. This attribute would determine where it’s to ‘fit’ within our overall context, much like the shape of a piece of a jigsaw puzzle, or a molecule within a protein.

Galaxy

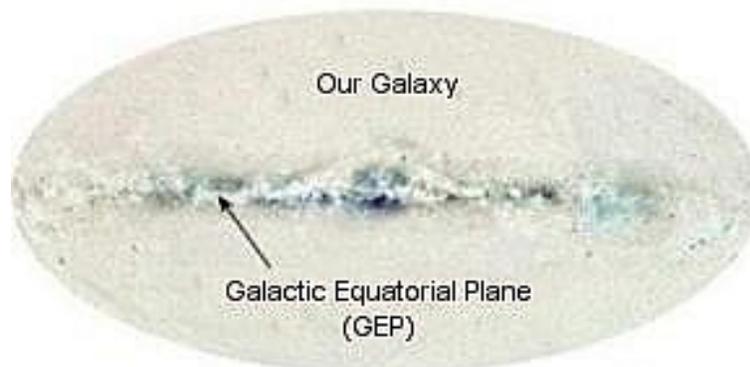
*As a mist, as a vapor,
as a cloud of dust,
thus began Creation.*

From the “**Popol Vuh**”,
the Holy Book of the Maya.

When we raise our eyes toward the nocturnal sky, the stars seem to be attached to a great dome under whose center we stand. And if the bright city lights allow it, you’ll see that this immense canopy is sometimes divided in two by a densely populated band of bright stars.



The ancient Egyptians believed that the enormous celestial formation had been made by their goddess Isis, who gave it the shape of an immense wheat silo—a storage bin that was capable of satisfying all their material needs. Other cultures of yesteryear saw it as a gigantic “Horn of Plenty.” Aristotle thought it was “an incandescent vapor,” and Pythagoras was the first (Greek) to identify it as “a colossal swarm of stars.” European travelers of old called the brightly illuminated strip “The Way of Santiago” (of Compostella: *el Campo Estrellado*, the Field of Stars). Today, in a much less poetic era, the long and narrow band of stars is known to be a cross-section of our Galaxy’s Equatorial Plane (GEP).



We must thank the ancient Greeks for giving us the word “galaxy,” which in their language is *galaktos*, meaning “milky,” hence the name “Milky Way.” By convention, when astronomers refer to our Galaxy,

they write it with a capital “G” and when they refer to any other one, it’s written with a lower-case “g.” I’ll be doing the same.

Careful observations have confirmed that the innumerable stars that form the GEP *are not distributed evenly* between the center and the outer rim of the Galaxy.

In the year 2020, Reinhardt Genzel (Germany) and Andrea Ghez (U.S.A.) shared the Nobel Prize in Physics, for discovering that at the center of our Galaxy there’s a super-massive and ultra-compact so-called “black hole.” The force of gravity there (the cohesion between the elements of that region) is so strong that molecules, atoms, and sub-atomic particles cannot move away from each other. Not even light (photons) can escape this incredible force.

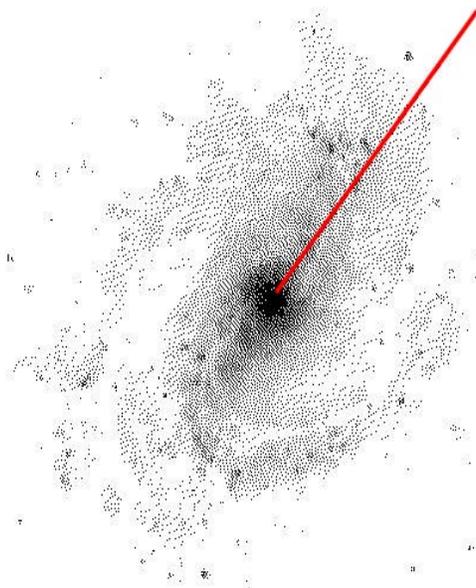
Very close to the Galactic center, there are also several a gigantic molecular structures called the Galactic Cosmic “Snakes”. The largest one, a true stellar nursery, was discovered in 1984. It is 230 light-years long and presently the densest Galactic formation found up to now (see right-hand image).



Furthermore, when astronomers of the University of Michigan, in 1991, examined the weakly illuminated stars of our Galaxy’s *Halo* (the stars that are farthest away from the Galaxy’s center), they found them to contain an extremely low amount of heavy elements (high atomic weight substances, like iron and lead). But when they analyzed the composition of the stars found close to the Galaxy’s nucleus, they detected a surprisingly high presence of these heavy elements.

According to Frederick K. Baganoff, astrophysicist at Pennsylvania State University, “there are a million times more stars at the center of the Galaxy than in any other part of it.” For example, the Arches Cluster, in the Sagittarius constellation, very close to the center of the Galaxy, is the most compact grouping of stars known in the Milky Way. This cluster, discovered in 1995, is so dense that in a region equal to the distance from the Sun to its nearest star, there are over 100000 stars.

All this proves that *the center of the Galaxy is its most compact, dense, and material region.*



If we draw a straight line from any point of the Galaxy’s outer rim to its center (see left image) and move along this (red) line, we’ll notice that as we approach this center, the number of celestial formations (stars, molecular gas clouds, interstellar dust, and such) *gradually and continuously increases*.

A Standing Norm

The progressive variation of matter found between the Galaxy’s center and its outer rim proves one of the most important premises of Exonica: that every astronomical formation, regardless of its size, *concentrates more matter toward its center (core) than toward its periphery*.

Figuratively, the overall design of all astronomical formations resembles a hazy fog, which gradually thickens and condensates toward its center.

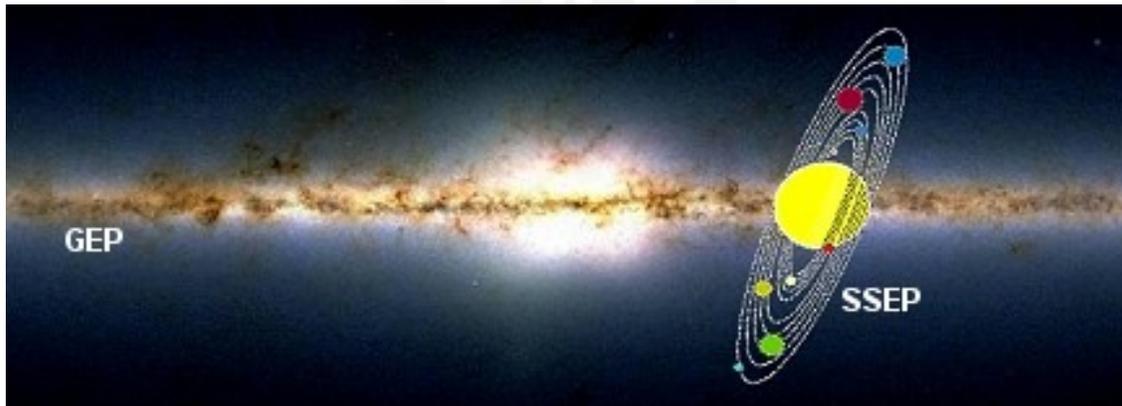
The same condition can be found in the makeup of the Solar System's planets in relation to the Sun: the rocky, more materially denser planets (Mercury, Venus, Earth, and Mars) lie closer to the Sun, while the more vaporous ones (Jupiter, Saturn, etc.) are the most distant ones. Even the bodies of the planets themselves have this characteristic. As we move from a planet's outer layers, from its outer atmosphere (if they have one) to its surface, the subsequent inner, material layers of its body become denser and more compact as we move toward its core.

Another constant pattern found in bodies orbiting a common nub: the closer they are to the orbited center, the faster they revolve around it. For example, the planets that are closest to the Sun move faster along their respective orbits than the more distant ones. This even happens as they approach their perihelium (the point of their orbit that's closest to the Sun): they'll move each time a bit faster along their orbit; or at their aphelium (the farthest from the Sun, slowest orbital speed). The Moon also follows this norm: its fastest orbital speed is at its perigee (closest to Earth) and the slowest at its apogee (farthest away from Earth), as well as the stars around the center of their galaxy, and the electrons around the nucleus of an atom. You'll see the importance of these notions a bit further ahead.

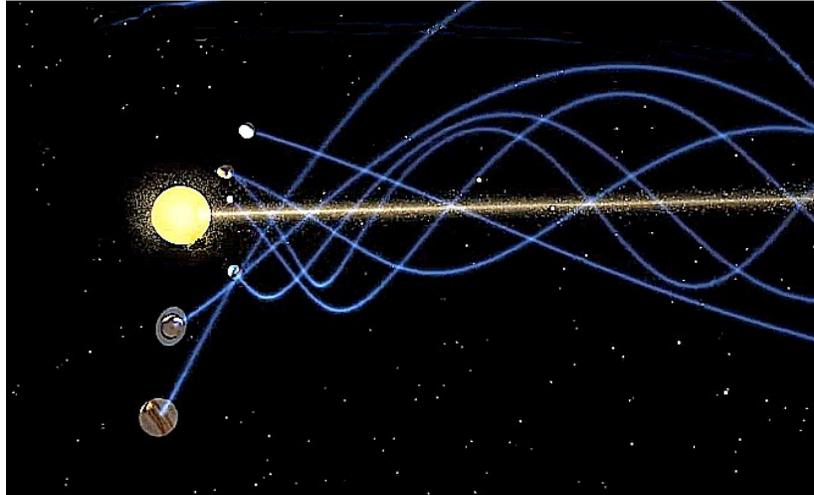
Where Are We?

The next image shows the position of the Solar System relative to the nucleus (the central illuminated area) and the middle plane (the cloudy horizontal line, the GEP) of our Galaxy.

The Solar System's Equatorial Plane (SSEP) is formed by the orbits of our planetary system. Notice that the SSEP lies *sideways* (edge-on) in relation to the center of our Galaxy and that the entire ensemble moves toward the left.

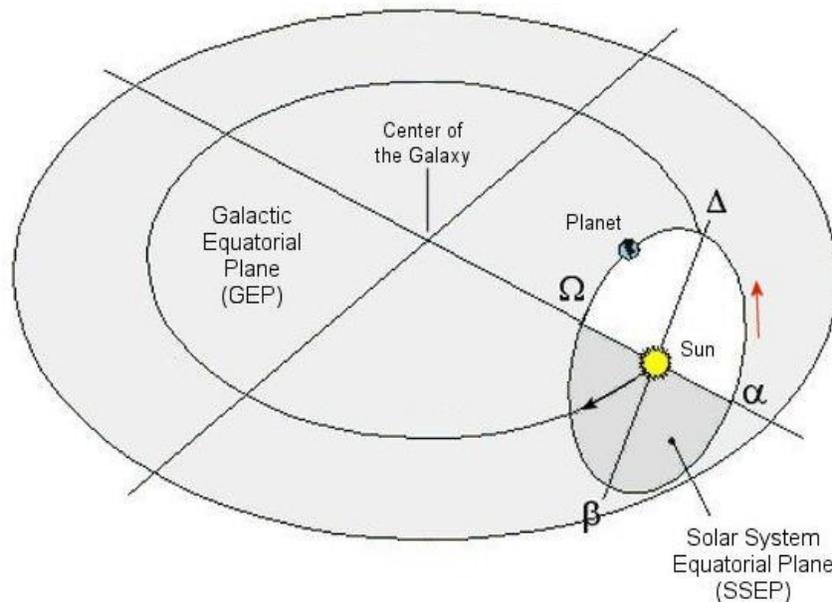


As the Sun advances along its Galactic path, towing along its troupe of planets (next image), their circular orbits become trailing spirals, like corkscrews, as they coil around the axis of the Sun's elliptical course.



Click/tap on the link to see a short video that illustrates the [Helical Solar System](#)

In the following illustration (not to scale), we see a horizontal disc (GEP) intersected at an angle by another smaller one (SSEP). Careful astrometrical observations have shown that the SSEP forms a 62.6-degree angle with the GEP.

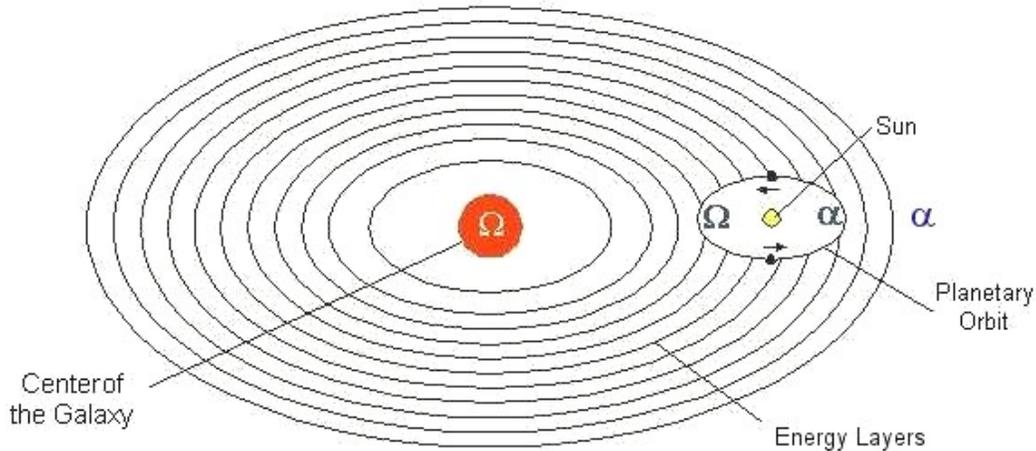


Notice that the line that starts at the center of the Galaxy, reaches the Sun, and continues on to its outer rim, divides the SSEP into two similar halves. The intersection of this line with the planetary orbit determines the position of the **Omega** (Ω) and the **Alpha** (α) points of this orbit. These two points are extremely important for Exonica.

In the same illustration we see that the Omega (Ω) point of the orbit lies toward the center of the Galaxy, thus locating the side of the orbit that is richer in “matter-forming” energies. Conversely, the Alpha point lies toward the Galaxy’s outer rim, hence identifying the side of the orbit that has a higher

concentration of exons that form and influence the more tenuous, immaterial formations. The same happens in all the planetary orbits of the Solar System.

In the following image (not to scale) is very important. It shows the center of the Galaxy (the red central circle with the white Ω), the Sun (the yellow dot), and one of the Solar System's planetary orbits, along with the position of the Alpha (α) and Omega (Ω) Points of the orbit. The blue (α) is at the Galaxy's outer rim.



The ovals around the center of the Galaxy represent some of the infinite number of energy shells or rings of different vibratory frequencies that surround it. Imagine that these rings are arranged like the concentric layers of an onion. The distance between these rings varies according to their radial distance from the Galactic core: the separation decreases as we get closer to this center and increases as we move away from it. Also keep in mind, as I explained earlier, that the closer a star is to the Galactic center, the faster it moves around it. Figuratively speaking, Galactic rings are equivalent to the *orbitals* of an atom.

The edge-on position of the SSEP within the Galaxy (as shown in a former image) makes each planet *progressively approach* the Galactic center, when it moves along the arc that goes from the Alpha (α) to the Omega (Ω) points of its orbit. On the other hand, when the planet moves from Omega back to Alpha it *gradually moves away* from this center.

Because of this distinct feature, while the Earth rotates around the Sun, it spends half of its orbital cycle (6 months) moving little by little into regions of the Galaxy that have *each time more material formations* (when it moves toward the center of the Galaxy). This is evidenced by the progressively increasing number of stars, molecular clouds, dust, etc., found along the way.

Our planet then uses the other half of its orbital cycle (the remaining 6 months of the year) to slowly move into Galactic areas that configure *progressively less material structures* (when it advances toward the Galaxy's outer rim). In subsequent chapters you'll see the importance of this concept.

In sum, while the Earth moves around the Sun, it also *oscillates sideways back and forth* between the center and outer rim of our Galaxy, alternately moving into areas of space whose energies either favor more material formations or more ethereal ones.

Exonica

Note that it's not the *measure* (numerical magnitude) of the distance between the core of the Galaxy and the Sun (which is around 26 thousand light-years), versus the oscillating distance of the Earth, from one side of its orbit to the other, from Alpha to Omega, which is only some 3 million kilometers, what matters. No, it's just the fact that Earth is sometimes closer to or farther away from the Galactic nucleus, sometimes more engulfed by *particle-forming* energies (at Omega) and sometimes more permeated by insubstantial *wave-forming* energies (at Alpha). Obviously, the ratio between both distances is insignificant.

We must also consider that the distance between our Solar System and the center of the Galaxy *is not constant*, because the Sun is sometimes closer to or farther away from this center. And that each planet approaches or draws away from this center during its own "year," that is, at its own tempo.

Very important: I must also emphasize that it's *not* the nucleus of the Galaxy *per se* what influences us. What affects us are the *vibratory properties* of the concentric Galactic energy shells, or rings (the ones outlined in the above image), that our planet crosses during its orbital advance, as it simultaneously approaches or retreats from the center of our Galaxy.

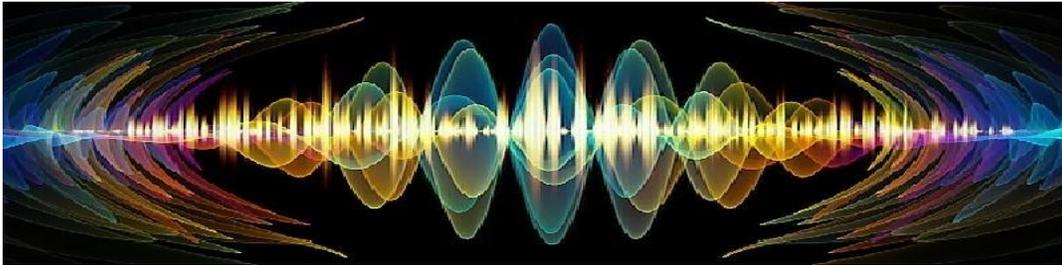


Transvibra

*If you want to find the secrets of the universe,
think in terms of energy, frequency, and vibration.*

Nikola Tesla (1856 - 1943)

Serbian-American inventor, electrical engineer,
mechanical engineer, and futurist.



Tao, as defined by the long-established Taoist philosophy, is “the underlying arrangement of the universe, along with the neutral and impartial forces that rule it,” a process that can “neither be described with words, nor conceived by thought.” This is what our Essence mostly pays attention to.

On the other hand, time-honored Hinduism defines *Maya* as, “the illusory and transitory appearance of the world as perceived through our limited physical senses, emotions, and understanding.” This is what our Persona generally takes into consideration.

Therefore, Tao comprises the impalpable (essential) facet, and Maya makes up the more perceptible (substantial) aspect of the same world. Together, Tao and Maya constitute our entire Reality.

It is my hope that the rationale set forth by Exonica will provide a way to understand and help us relate to the supposedly inscrutable Tao, as we move within the mesmerizing Maya of our sensory world.

Reality consists of a vast, hard-to-imagine, boundless, unlimited, and eternal continuum of **exons**, whose individual manifestation ranges from being a pure wave to becoming a total particle, from a hazy, ethereal energy fog to gradually become a tightly-bundled wave-formation that, to our sensory appreciation, seems to be ‘solid.’

To properly explain Exonica’s conceptual framework, I’m going to take the liberty of coining a new word with which to call this vibratory field: **Transvibra**.

Out of the infinite range of ‘sans-beginning’ and endless vibrations that conform total reality, the portion that a human being can relate to, either with their corporeal endowments, mental abilities, or subconscious faculties, is what Exonica calls Transvibra (or Transvibe, for short). And, as will soon become evident, it’s the type of energy field that contains and constitutes every element of reality, from the largest galaxies, to every star, to the finest speck of inter-planetary dust, to the ubiquitous and imperceptible atom. Please keep this notion on the ‘back-burner’ of your mind.

Evidently, the configuration of every object has three plainly perceptible dimensions: *length, width, and height*. However, it also has a fourth, mostly imperceptible, and very important dimension that we’ll call: **vibratory depth**. This means that every object and living being embodies components that reside

on different vibratory levels of reality *at the same time*. This includes our being, and is the Transvibrational configuration that I refer to when speaking about our ‘integral being,’ with some parts plainly perceptible and others totally subliminal. Thus, we are Transvibrational beings that reside in a Transvibrational ambiance or field. Vibratory depth is what Quantum Physics calls “Superposition.”

Here’s an analogy that might help you better grasp the idea of Transvibra. Total reality is composed of endless, all-pervading vibratory levels; whereas, Transvibra is the range of these vibratory levels that our integral being, our Essence, can interact with, and the part of this range that we can consciously observe is what constitutes our *personal* way of perceiving Transvibra. Recalling this chapter’s introductory paragraphs, Transvibra is, then, equivalent to the Tao handled by Essence, while Persona’s ‘reality’ is tantamount to Maya, i.e., the perceptible part of reality.

In other words, a Transvibrational field is a composite of vibrations that are organized sequentially according to their frequency and wavelength. It’s an uninterrupted series, a continuum, a seamless progression of vibratory energies that includes everything that makes up both the perceptible and the impalpable aspects of reality, along with everything in-between. Therefore, its most relevant feature is that its vibratory constitution *is not homogeneous*, for it’s a graded scale, an unbroken energy range.

Think of it as an unending piano keyboard, which has its keys separated into a series of resonant octaves, each with a pitch higher than the preceding one.

Technically speaking, the vibratory reality we inhabit is limitless, extending far beyond what we can consciously perceive and measure. But what we can consciously perceive and interact with is artificially subdivided by the inherent functions of our integral being. For example, the part of the electromagnetic spectrum we can relate to is delimited by what our physical senses (or the instruments we have made) allow us to distinguish and use; but the energy field itself actually continues far above and below the vibratory rates we can consciously appraise. In fact, like I said, the vibratory field that makes up our reality, is infinite and goes on forever, in all directions and all times.

However, the portion or range of energies that we, as human beings, can relate to (partly with the faculties of our Persona and wholly through the subconscious processes of our Essence) is what demarcates or circumscribes a Transvibrational field. This means that Transvibra is not subdivided *per se*, but, again, that it are the functions of our integral being what ‘sectorize’ it, according to the vibratory range perceived and used by the different parts of our basic constitution.

Exonica has found several Transvibrational ranges, and, as you’ll see in forthcoming chapters, an Exonival Cycle either shares a Transvibrational field with one or more Cycles, or has its own.

Looking at things from another angle, the energy makeup of an object is analogous to that of an exon, or that of a quantum, whose structure seamlessly comprises *all* the intermediate stages between its *wave*-state (when it’s a pure vibration), and its *particle*-state (when it’s a tightly-wound energy-knot, which, owed to its each time higher frequency and shorter wavelength, we perceive as a solid ‘formation’).

Figuratively speaking, Transvibra is like a street that, to our senses, seems to begin as a blurry energy fog that becomes progressively denser, until it ends at a seemingly ‘material’ brick wall. Not many people that live on this ‘street’ know that it’s part of a vast ‘city,’ which is within a larger ‘country’ that’s part of an enormous ‘planet,’ which rotates in infinite space. Most people only perceive the ‘street’ and believe that it’s all that exists.

In a former chapter, I explained that the center of our Galaxy is surrounded by an infinite number of concentric energy shells or layers, some of which are routinely crossed by the components of our Solar System (along with us), as they move through space.

The portion of Galactic concentric energy shells that is crossed by the components of our planetary system is what delineates the range of the Solar System's Transvibrational field. And, as you'll see further on, the extension of this field constantly changes.

Hence, once again, I reiterate that what makes up the Solar System's Transvibrational field is *the energy of the Galaxy*, and not that of the Sun itself.

The Earth and its sister planets always orbit the Sun following the same elliptical paths, each advancing at its own speed. But, sooner or later, they must all complete the 360 degrees of their respective orbits.

However, each planet has to invest only *half* of its orbital cycle (180 arc degrees; from alpha [α] to omega [Ω], or vice-versa) to cross the *entire* Solar System's Transvibra, in one direction. And then use the other half of its orbital cycle (the remaining 180 degrees) to cross it again, in the opposite direction.

This causes every planet, including the Earth, to continuously move back and forth from an area of its orbit that predominantly stimulates the *wave-state* of the planet's exons (at the Alpha Point [α] of its orbit), to the regions that energize its *particle-state* (at the Omega Point [Ω] of the same orbit).

Transvibrational Direction (**TransDir**, as I'll call it from here on) is the movement of a given astronomical formation from [α] to [Ω], or contrariwise, of its corresponding Exonical Cycle.

Please follow me in the following 'mental video.' Picture two elements, one that's a movable body with a Transvibrational structure, and another one that's an ambiance that also has a Transvibrational constitution. Imagine that the first element moves within the second one, first crossing it toward the environs' Alpha side and then toward its Omega side. Let's say that the first element is our integral being, and that the second one is a small extension of the concentric energy shells that surround the center of our Galaxy, specifically, the portion of energy that makes up the Transvibrational field occupied by our Solar System.

Now, let's give this setting some motion. As the Earth advances along its orbit, it also crosses sequentially and continuously from one vibratory region into the next of the Galaxy's Transvibra. And while this happens, the functions of our integral being that are responsive to the vibratory frequencies of the Galactic energy shells being crossed, are *enhanced* or *boosted more* than the other functions of our being.

Note that our movement across the Galactic energy shells is constant, because the astronomical components of our Solar System continually oscillate between the center and outer rim of the Galaxy.

As we move from one range of Galactic frequencies to the next, the functions of our being change the way they work in step with this action. This means that formerly stimulated functions, as the Earth advances along its orbit, return to their median (average) working intensity, and the ones that are sensitive to the new range of Galactic frequencies entered, become more activated. And all this happens within our integral being, in great measure, thanks to our Oscillatory Genes, as we saw in a former chapter.

Allow me to suggest an analogy. Let's take a radio. Supposing that our integral being is the radio's tuning knob (the dial, in old fashioned radios), and that the Galaxy's energy layers are represented by the complete spectrum of radio waves used by each of the different broadcasting stations. As the radio dial is moved from one frequency to the next, different stations are tuned in because their transmission matches

the reception frequency indicated by the dial. When the dial is rotated, the former station's broadcast goes out of range (is deactivated), while the new station's transmission becomes audible (is activated).

This all happens owed to the resonance that takes place between the frequencies of our integral being and those of the concentric energy layers of our Galaxy, while the Earth's ever-changing, non-stop, onward motion marches on. In a forthcoming chapter, we'll look at, the "radio stations" in detail (i.e., the Transvibrational vibratory ranges) perceived by our integral being.

Quantum Underpinnings

A quantum is "the smallest unit of energy that can be considered (absorbed or emitted), by a system."

The quantum concept of energy has profoundly impacted our understanding of the physical world, from the behavior of subatomic particles to the processes of life itself. The historical development of this idea, from Wien and Planck to Einstein, has laid the foundation for modern quantum mechanics and continues to drive advancements in various scientific fields. Understanding the quantum element is essential for exploring the fundamental nature of the universe and the intricate interactions that govern it.

Concensus, Academic Search Engine

The manifestation of a quantum unit progressively changes from wave to particle. From an Exonical viewpoint, what happens is the following:

As formerly explained, Transvibra is the vibratory-layered field in which we and everything else exist. Here's a slow-motion sequence of how a quantum 'particle' is formed. The creation of this basic energy-unit begins its manifestation as a *wave* that 'enters' (appears to our senses) through one end of the Transvibrational spectrum, at (α). As the quantum's manifestation sequentially advances through this vibratory field, its wavelength progressively shortens (which increases its frequency), compressing its inner space, until it 'bunches-up' and 'condenses' into a tight energy-knot that we then perceive as a *particle*. At the opposite end of Transvibra, at (Ω), after having reached its maximum 'compression,' the now tangible configuration exits it and leaves the energy levels we can relate to in our present human form. The now imperceptible quantum probably continues its expression into unknown energy levels, those that lie beyond the black-hole horizon. If this is true, a star is then equivalent to a "White Hole."

You might be wondering "and where does the quantum initially come from?" or "where does it go to?" Well, I believe it 'comes from' and 'goes to' frequency ranges that are above or below the energy levels detected by the functions of our integral being.

As you'll see in a forthcoming chapter, the part of Transvibra that we can perceive with our physical senses is actually *a very small portion of it*. Figuratively speaking, Transvibra is similar to the narrow range of visible light-waves within the total electromagnetic spectrum. Frequencies that are above this scope (from violet upward to ultraviolet) or below it (downward, from red to infrared) are invisible to the naked eye. But, undoubtedly, even if we don't perceive them, they continue to exist.

The notions and formulas of classical physics deal with elements and events that belong to the perceptible and measurable side of *our* reality (that is, the palpable world that surrounds us), while Quantum Physics tackles the *entire* Transvibrational realm, that is, the processes that take into consideration

the “vibratory depth” of what configures *total* reality. This is why some conventional physicists (and the general public) are having a hard time understanding the new quantum perspective.

Presently, most physicists base their notions on only 1/6th of Transvibra, that is, on the material side of reality that we all perceive. It’ll be interesting to see how scientists of the future handle the energy-units and phenomena that take place in the other 5/6^{ths} of reality, *all of which exist at the same time, in the same space, but on different vibratory levels.*

[**Addendum**, 5/10/2025 - The CERN (the European Laboratory for Elementary Particle Physics) Large Hadron Collider (LHC), as well as several quantum computer processors, such as Google’s® *Willow*, China’s *Quantum Processor Z9*, Microsoft’s® *Mejorana 1*, China’s *Zuchongzhi*, etc., have all recently detected, each in its own way, the discrete quantum elements that lie at the border between what is physically perceptible to us (the Planck constant level), and the following, non-material vibratory levels, whose existence, up to now, had been impossible to detect.

Finally science has the instruments to peer into energy levels that transcend our sensory perceptible material reality. This is also the beginning of the scientific community’s formal acceptance of what has been called “higher dimensions,” other “layers of reality,” and “the continuity of our conscious awareness,” of ‘matter’ into more ethereal areas of reality. This obliges a review of all the principles and so-called constants established by Newton’s, Einstein’s, and other scientific notions, and paves the way for science to enter the Transvibrational realm. Great!

However, they have not yet realized that these new ‘fantastic and unknown’ levels of reality have always been perceived and used by the processes and functions of our integral being, those that allow us to benefit from the elements that make up the intangible, yet very real, subliminal levels of reality.

In upcoming chapters, I’ll describe how our integral being is influenced by the **ions** (atoms sans or plus their base amount of electrons) and natural **ELF waves** (Extremely Low Frequency waves) that are generated by exocausers. As of now, please keep in mind that both of these elements are made of quanta, each one being ‘seen’ at a different moment, level, or phase of their wave-to-particle process, as they cross Transvibra, each one producing its own effect on the different aspects of our lives.

I apologize for the very technical nature of this section, but I believe it can throw some light on what keeps our reality (and our selves) generated, from one instant to the next. According to this phenomenon, we all live in a “Continuous Creation.” For more information on this subject, look up Fred Hoyle’s (British astrophysicist) 1940s “Continuous Creation Theory,” which is presently re-surfing in the scientific community.

The universe unfolds from moment to moment, as a function of all the variables leading up to that moment - **Rabbi David Cooper**, *God is Verb*.

α Ω

Alpha and Omega

The imaginary line that connects the Galaxy's center with the Sun, to then continue toward its outer edge, marks the exact position of the Solar System's *Transvibrational Axis*.

When we look toward one end of this Axis, specifically in the direction of our planet's orbital Omega Point, we'll notice that the exons found there stimulate the more physical and tangible parts of our being, that is, those that are detectable by our bodily senses. This is what configures our everyday material world. In the cause-and-effect duality, we're looking toward the *effects*.

While at the opposite end of the same Axis, now looking toward our planet's orbital Alpha Point, we see that the exons found there influence the more immaterial and subliminal infrastructure of our existence. It's what constitutes the ethereal realm of energy-forces that contains the intangible archetypes or patterns that eventually create our perceptible world. We're now looking toward the *causes*.

The middle ranges of Transvibra, those that lie between the Alpha and Omega Points of the planet's orbit/Cycle, are made of exons that are at some intermediate state of their conversion from wave to particle, or contrariwise. These vibratory levels are crossed by our planet (and by ourselves), while it repeatedly oscillates between the Alpha and the Omega Points of its orbit.

Within our integral being, Alpha is the abstract (but very real) vibratory domicile of our innermost self, which lies toward the Primal Cause of our holistic formation. It's what we sense when we move, not forwards or sideways, but "inward." Contrarily, Omega lies in the direction of the more perceptible side of our being, at the end of our Transvibrational 'holographic projection': our physical body. It's what we perceive as "outward," toward the manifestation of our everyday world.

As you'll see further ahead, many of our natural functions and attributes behave differently when exposed to different vibratory frequencies. Some parts of our being are more sensitive to the exons of a certain level of Transvibra, while others detect and respond better to other vibratory ranges; some functions are invigorated and some are attenuated.

AlphaAction / OmegaAction

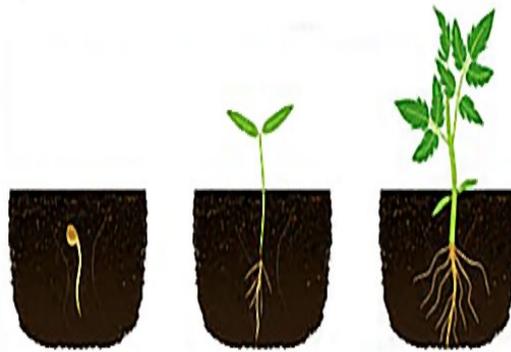
Will my Essence spontaneously show me the way to proceed by placing me in certain situations and/or by providing me needed resources, be they material, motivational, instructive, or intuitive? Or do I have to willfully ask for them? How can I know this?

Well, it all depends on what you desire and when you want it. The 'what' part is resolved by selecting the proper Exonical Factor (Is it a physical activity? Or understanding a new concept? Improving your mood?). The 'when' part is given by the TransDir of this Factor at the moment of your inquiry. The following paragraphs theorize why.

As I formerly explained, the focal point/Factor of every Exonical Cycle gradually and periodically crosses the *entire* Transvibrational field that corresponds to it, first in one direction (say, from Alpha to Omega) and then in the other (from Omega back to Alpha).

While the Exonical Cycle's focal point/Factor progressively moves from Alpha to Omega, its influence stimulates the *gradual awakening and activation* of the psychosomatic functions of all living creatures that are within the range of the Cycle's effect. It also progressively activates whatever helps us *define the basic design, incite the concealed gestation, lay the primordial foundations, begin the first perceptible manifestation, and complete the initial formation* of all elements and beings, as well as of any aim that we're to bring forth. This phase of the Exonical Cycle's influence is called **AlphaAction**. It's the action fueled by the driving force of our Essence, thus defining what it actively and spontaneously tends to do within the world of Persona. It's the force that drives things from their causes toward the effect they produce within the more perceptible side of reality.

We could say that AlphaAction tends to assist *everything that's struggling to attain its initial form*, for example, the awakening of the vital spark within a seed, its foremost hidden underground development (gestation), its first manifestation (sprouting), and the completion of its first growth. In other words, AlphaAction favors whatever is striving to evolve from being an abstract, intangible design, a hidden potential, to progressively become a discernible and functional creation. It's the creative impulse that triggers the formation of new cells. A time for new crops to come forth.



It's also a time to learn something new, to do or deal with something for the first time, to inaugurate, first introduce, or initiate it.

During the predominance of AlphaAction, our Essence 'personalizes' (as in 'adapts to our Persona') its creative drive by shaping and manifesting it through our inborn attributes. It spontaneously does this according to the Exonical Cycle being considered, other ongoing exocauses, and the conditions of our day-to-day existence, so as to help us implement the beginning and first manifestation of whatever benefits our self-realization and well-being.

During this phase of the Cycle, our Essence, impromptu, places us in situations where we must *give, relinquish, or invest* our resources, skills, effort, time, etc., to bring forth a new creation or aim.

Also keep in mind that, as the focal point of the Exonical Cycle progressively moves toward its Alpha Point, it activates each time more primitive processes of our being, from our more human functions (intuitive, rational, and feelings) to our more animal-like (emotional, instinctive, and physical). More on this in forthcoming chapters.

Neuroscience has determined that our brain's neuroplasticity (the ease with which our cerebral neurons connect or re-connect to each other), at certain times, is more inclined to create new (dendritic) pathways, or build new alternatives for existing ones. Exonica has empirically found out that this

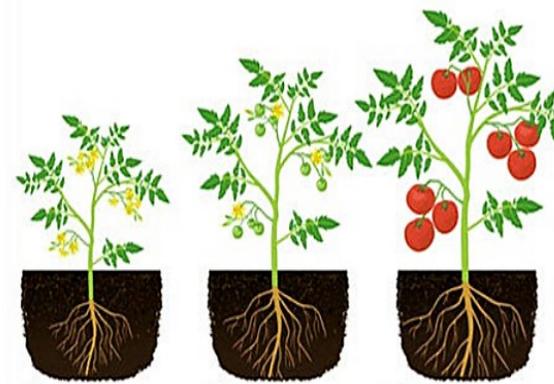
happens with more intensity during the AlphaAction phase of an Exonical Cycle. And that by working in stride with this natural tendency, we can learn new skills or ways of doing things with more ease and effectiveness.

This stage begins at the Cycle's Alpha Point and ends at its Omega Point.

So, this is the time when our Essence voluntarily, unprompted, guides us toward what we should achieve, given certain conditions. Although our free will allows us to choose if we are to accept this spontaneous guidance or not.

Something quite different happens when an Exonical Cycle's focal point/Factor moves in the opposite Transvibrational direction, that is, from the Omega to the Alpha Point of its Transvibrational field.

In this case, our Essence uses the Cycle's influence to help us *continue the development, put into real-life operation or production, bring about the fruition and resulting yield, capitalize on and enjoy the gain, and share the benefits*, all the while *inspecting, evaluating, and calling forth any needed improvements or amendments (if need be)*. At the same time, formerly started and tested productions should be shared and placed at the service of others, so they can benefit from what has been crafted. I emphasize that it's a time to **voluntarily** become aware, acknowledge, and allow our Essence to correct former wrongdoings or mistakes. These are the types of thoughts and actions we should dwell on during the OmegaAction phase of an Exonical Cycle, for it's what will bring well-being into our lives. Figuratively speaking, it's a time to "remove the weeds to provide the needed space and resources for crops to grow and prosper."



The drive caused by this phase of the Exonical Cycle is called **OmegaAction** and is what our Essence is inclined to impromptu do. Again, to benefit from this procedure, we should accept and collaborate with the changes that our Inner Self, always in accordance with higher archetypal patterns, will make each of us become aware of and put into action in our daily lives. OmegaAction is a quiet but relentless, impartial but inexorable thrust to straighten things out, as required by universal standards and archetypes. This is the force that drives things from their perceptible manifestation, the effects they have produced, back to their *causes*, the original designs that brought them forth.

In other words, during this part of the Cycle, what's favored is the *further development or expansion, enhancement, public use, constant assessment and resulting adjustments, and fruition* of what has previously been achieved. And for this, our Essence activates *the comparison, evaluation, and suitable*

correction of what has been implemented. Now's when we can best discern what *should be* versus the *what is*, in accordance with the proper standards of perfection.

Again, it's a time when our Essence uses the Cycle's effect to help us *examine, compare, judge, and rectify* whatever needs to be attuned in our objectives, achievements, behavior, or belongings. The outcome of this assessment and its subsequent adjustments will be included in the formation of the "future seeds."

It's also a time to unlearn, reshape, or boot out whatever requires it, as well as to forgive and forget, to retrain and regenerate, to bring up to date and expand, and so forth.

Regarding our brain's neuroplasticity, what's enhanced is the strengthening of formerly established neuronal pathways; it's our body's natural tendency to fixate and fortify neuronal connections. During OmegaAction time, the repetition of a former experience will 'anchor' itself more. As an example, the best time of the day for a student to learn something new is during AlphaAction (i.e., in the classroom, at school; receiving new lessons), and the best time to go over the topic, to better understand it and memorize it, is during OmegaAction (i.e., when attending to their homework, or during subsequent practice).

This second stage begins at the Cycle's Omega Point and ends at its Alpha Point, after having passed through, degree by degree, the experiences of each vibratory level of Transvibra.

During the second half of the Exonical Cycle, our Essence, again autonomously and spontaneously, places us in circumstances in which we can *reap, receive, or collect* the benefits that come from former realizations and ongoing productions. Many times, if things have been done correctly, this brings unexpected remunerations, good results, and positive solutions. It's a time when the Universe seems to want to show us its boundless generosity, always in sync with the ongoing natural cycles and in accordance with our former actions.

The non-conscious components of all living creatures, including our own, have spontaneously adapted their workings to the ebb and flow, outgoing and incoming cadence, described above. This is the way all things instinctively work in Nature.

Sadly, as most people are unaware of these unprompted natural cycles, 99% of their thoughts, feelings, and actions are out of sync with them, which causes their existence to continuously clash with the underlying energy-forces of reality. An out-of-step action that thwarts the productive and successful flow of their own being.

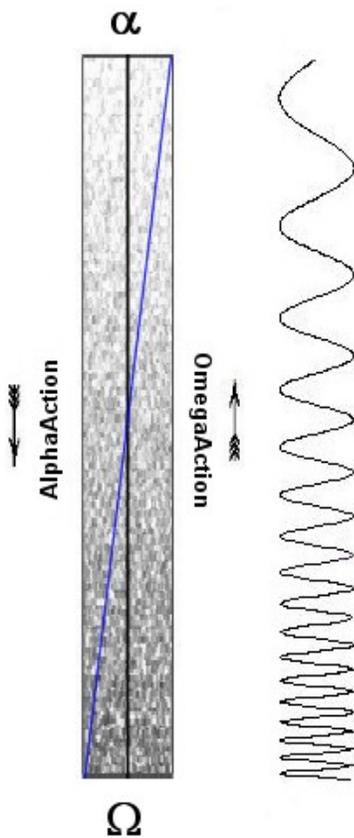
The progressive displacement of a given formation (element, object, being, etc.) from one end of Transvibra to the other was tacitly addressed by Alchemy's *Solve et Coagula*, as well as by Shakespeare's famous "To Be, or not to Be."

Both the *Coagula* and "To Be..." portion of the phrases allusively refer to Exonica's AlphaAction (from abstract to concrete, from subconscious to conscious, from ethereal to corporeal, from perfect design to its possible structure). Conversely, both the *Solve* and the "... not to Be" parts refer to OmegaAction (from what 'is formed' back to its archetypal perfection, to what it 'should be', according to its ideal pattern). Every Exonical Cycle follows this natural transmutation 'beat' —the 'rhythm' of Creation— as it repeats itself in time. It's a process that continuously adapts a system or formation to its constantly changing vibratory environment, an activity that, in the long run, determines the continuity of the fittest arrangement. It's what energizes evolution and fuels the drive toward perfection.

Interestingly, the “receive / request” dichotomy is very well portrayed by the mythology of the renown “World Tree” or “Tree of Life,” upheld by many different civilizations. [Click/Tap here](#) to take a break and read online a short excerpt from my *Cosmic Tree* eBook.

Our one chance in life, to live and evolve gracefully and successfully, is to voluntarily learn, accept, and adapt our ways to the above described rhythmic pattern. We would then take our rightful place in the grand, ever-changing “Symphony of Life”. It’s when we become one with the “Flow of the Universe.”

The Exonical Rectangle



The upright elongated Rectangle of the image graphically and figuratively represents Transvibra and the type of action that every Exonical Cycle applies on our environment, our concerns, and our integral being.

The Rectangle is divided in two by a vertical line, which stands for the Transvibrational Axis of the Cycle. At the top of the rectangle, we find its Alpha (α) Point and at the bottom we see its Omega (Ω) Point.

The Rectangle’s top-to-bottom shading represents the gradual vibratory continuum found between Alpha and Omega. The darker the shade, the more corpuscular, substantial, and perceptible the energy formations found on that Transvibrational level. Whereas, the lighter the shade, the more wave-like, immaterial, and indiscernible the energy structures of that level.

Next to the Rectangle we see, as a reference pattern, a wave whose frequency increases as we move from Alpha to Omega, and vice versa.

The Exonical Rectangle also shows the two modes of complementary action that every Exonical Cycle activates. On its left side, we see a downward-pointed arrow that shows the *outward-bound, innovative, and formative* drive activated by AlphaAction. Conversely, on its right side, we see another arrow that shows the *inward-bound, reformative, and ripening* impulse stimulated by the Cycle’s OmegaAction.

The blue diagonal line divides the Rectangle into two equal and contrary triangles. As you can see, the one on the left starts at Alpha, occupying the Rectangle’s entire upper-side width. As the line continues downward, the left triangle’s width diminishes, until it ends as a point, at the lower left-hand corner, at Omega. At the same time, the contrary happens with the right-hand triangle, which begins at Omega by occupying the rectangle’s total lower-side width and ending as a point, at Alpha. This ‘yin-yang’ relationship indicates that while the power of AlphaAction (based on waves) grows, the energy of OmegaAction (based on particles) decreases, and vice-versa.

The Legendary Axis Mundi

In my opinion, the *Axis Mundi* of yore —the ancestral and mysterious “Axle of the World”— does *not* refer to the imaginary line that connects our planet’s North and South geographical or magnetic poles,

as some esoteric groups sustain. I believe this legendary “Shaft” has always, unknowingly, represented Exonica’s Transvibrational Axis.

Throughout the ages, the Transvibrational Axis has been characterized in many different ways. For example, we find it embodied by the “Tree of Life” of the Jewish Cabbala (*qabbālāh*: “received or traditional lore”), the “Sacrificial Pillar” (the *Yupa* of the Vedic Scriptures, left), as well as by *Yggdrasil* (the giant ash tree of Scandinavian Cosmology) and the *Wakah Chan* (the Mayan “Cosmic Tree”).

It was represented by the “Sacred Pillar” (the *Matzewa*) of the ancestral Hebrews, the “Augural Staff” of the Middle Ages, the *Lituus Staff* of ancient Greece, the Central American Olmec *stelae*, and by the vertical element of all the “Magic Mountains” of mythology and folklore. It’s also the “Hidden Axis” of the Orphic Egg, as well as the *Al-Borj* of the first *Zoroaster* (Zoroaster), and the Korean *Shindansu*. Finally, it’s the esoteric meaning of the vertical beam of all Crosses, including the Christian Cross.



All the “Sacred Obelisks” (right) and “Pillar-Trees” of ancient Egypt, the “Parasol Mast” (the *chattravāla* of certain Hindu constructions), and the “Central Pillar” (the *Yasti*) of the Buddhist *Stupās* also represent it. It was implied by the “Rod of Power” of Viracocha (the Inca’s Supreme God), by “Moses’ Staff,” by the *Verge* of ancient France, by the “Scepter of Authority” used by emperors and kings, and by the Totem Poles of numerous Native American tribes.

In all the cases cited, the highest part of the symbol (the top of the Tree, the peak of the Mountain, the highest part of the Post, Column, or Pillar, etc.) is related to the Spirit, the heavens, the Gods, the Chinese *Yang*, the Japanese *In*, the Tibetan *Yab*, the Cosmos, the stars, and to our intangible and omnipotent Supreme Creator. It’s also related to our imperceptible subconscious processes and, obviously, to the Exonival Cycle’s Alpha Point.

Reciprocally, the lowest part of the same symbol (the roots of the Tree, the base of the Mountain or Obelisk, the foot of the Staff, Column, or Pillar, etc.) is associated with the body, the earth element, the physical senses, the Realm of the Demons, the Chinese *Yin*, the Japanese *Yo*, the Tibetan *Yum*, to all that is perceptible, and to the most tangible and material part of Creation. Evidently, it also refers to the Exonival Cycle’s Omega Point.

As you read on, you’ll come to realize that this topic has many times been distorted, hidden, or destroyed, be it due to the ignorance or apathy of those in charge of its care, or to self-centered interests. Or because the high priests, the liturgy that explained it, or both, were destroyed by wars or barbaric conquests.

Still, as the fundamental concept of Transvibra is etched in man’s archetypal mind and because *it really exists* (as you’ll soon see), it’ll appear time and again, in one way or another, the world over, until it becomes a firmly established notion within our conscious mind.

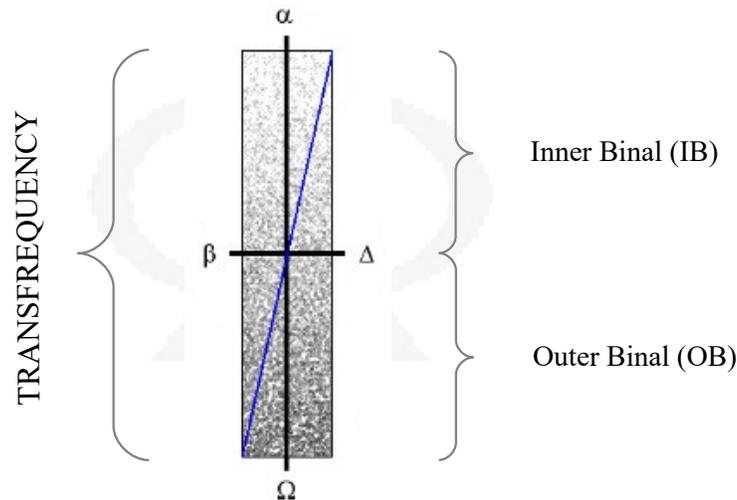
Binals

*The history of the world is the history of the few people
who had faith in themselves.*

Swami Vivekananda

Transvibra is to be considered a vast, continuous, and supreme Totality. As I mentioned earlier, within this unending and eternal vibratory field, the Transvibrational Axis (the imaginary line that joins the Alpha and Omega Points of an Exonical Cycle) splits this unity *vertically*, thus defining the two possible directions in which the focal point/Factor of the Cycle can move.

If we take the Exonical Rectangle designed in a previous chapter and divide it *horizontally* with a line placed at its middle height, we get two other ‘halves.’ At the ends of this new line we find two new important points of the Exonical Cycle: the **Beta** (β) and **Delta** (Δ) Points.



This line also creates two new Transvibrational areas called Binals. The one that spans from the Beta - Delta line up, toward Alpha, is called the **Inner Binal**, and the other one is the **Outer Binal**.

The Inner Binal (IB) comprises the energies, structures, and functions that make up the imperceptible, ethereal vibratory levels of Transvibra, our macrocosmic world. It's the realm of supra-consciousness, Essence (Inner Self), energy, waves, our archetypal "I", our spiritual context, imagination, and intuition, and autonomic action.

The Outer Binal (OB) incorporates the elements and processes of our conscious being, our Persona (External Self, ego), particles, matter, our perceptible "Me", our corporeal being, our expressed form, awareness, and willful action.

Keep in mind that Alpha (α) is at the deepest, innermost energy level of our selves, and Omega (Ω) is at the outermost side of our being. While in stellar space, Alpha (α) is found toward the rim of our Galaxy, its most tenuous region, and Omega (Ω) is at its center, at its most dense part.

When the focal point/Factor of an Exonical Cycle is within a given Binal, it influences the above described items, either to bring forth new instances (AlphaAction) or to modify, benefit from, and improve them (OmegaAction). In order to progress, our ideas, thoughts, and actions should resonate with these tendencies in real-time. Past deeds can also be evaluated, so as to learn from former triumphs and failures; future settings can be prepared for in beforehand, but only actually be dealt with at the moment when the influence of the Factor being appraised is actually present.

The Perception Threshold

The Beta - Delta line marks *the limit of our conscious perception within Transvibra*. Thus, it's the 'horizon' that separates what we can willfully distinguish, that is, everything that's within the Outer Binal, the lower half of the Rectangle (the dominion of the quantum *particle-state*), from what exists but is hidden from our conscious awareness, meaning everything that's within the Inner Binal, the upper half (the quantum's *wave-state*). From here on, I'll be referring to this line/boundary as our **Perception Threshold**.



Beta and Delta

Figuratively, Alpha is where a quantum element is at its pure wave-state and Omega is where it's a total particle. Beta and Delta mark the middle point of this transformation.

At Beta, when moving toward Omega, the Exonical Cycle's influence begins to have a progressively more noticeable effect on the elements and processes we can perceive, first on our cognitive functions, then our emotional context, and finally, to our physical senses. In other words, from Beta on, the Cycle's *outward*-bound effect invigorates each time more observable, tangible, down-to-earth activities and issues, until the Cycle's Factor reaches Omega.

I am the Door of Life,
The passage from the world of ideas
Into the world of form.
Now, as Daleth [the Door],
I present myself as the Portal
Through which life, Eternal and Unbounded,
Entereth the realm of temporal and limited creation.
P. F. Case - *The Book of Tokens*

The Beta Point of an Exonical Cycle can be likened to the moment when cold winter begins to change into pleasant spring, when night becomes a new day (dawn), and when a baby's gestation ends and it makes its first appearance into the world. It's also when previous immaterial planning and designing give way to appearance of the first tangible formation and initial growth.

Whereas, at the Delta Point, OmegaAction gradually reduces the Cycle's effect on the perceptible processes handled by our Persona, to then begin to influence our more subconscious and intangible workings. In this case, our Essence first points out the most convenient and opportune ways to (re)organize our matters, then, if we willfully agree, it improves the way we should use our individual

characteristics and attributes, and finally it gives emphasis to how we ought to enmesh ourselves with the ethereal, more elemental forces of reality, as well as with the Universal Mind that upholds all there is.

Said in other words, starting at Delta, the Cycle's *inward-bound* influence begins to activate functions that are progressively more subconscious, involuntary, and imperceptible to us. This goes on, deeper and deeper into the subliminal areas of our being, until the Cycle's Factor arrives at its Alpha Point.

Crossings

Every Exonical Cycle has four *crossings* or *turning points*. These are: [1] the **Alpha Point**, which is where the Cycle's focal point/Factor stops its imperceptible "*inward-bound*" influence and is "reborn," to then begin its "*outward-bound*" effect; [2] the **Beta Point** is where the Cycle's influence crosses from one Binal to the other, starts to act on the "outer aspect" of our lives and thus, its effect becomes more noticeable to our Persona; [3] the **Omega Point**, where the Cycle's action has its maximum effect on our discernible world; and [4] the **Delta Point**, where the Cycle's Factor again crosses from one Binal to the other, its action stops being observable and begins again its "*inward-bound*" influence, to preferably act on the supraconscious processes of our Essence.

It's important to explain that the speed of the transition that occurs at the Alpha and Omega Points is different from what happens at the Beta and Delta Points. The change of influence that occurs at Alpha and Omega is much slower and therefore takes longer than the change that happens at Beta and Delta, which, in comparison, is much faster.

We could compare the transformation that takes place at Alpha and Omega with what happens during the Solstices, a process that takes about three days to conclude, and the Beta and Delta changes with what happens at the Equinoxes, which, in comparison, lasts only a few hours.

The importance of this will be seen further on, when we look into, for example, the influence of the Exonical solar cycle, the Helios Cycle.

Trinals

*Intellectual instruments,
without which the development of modern technology would have been impossible,
came mainly from observing the stars.*

Albert Einstein

It's time to define a new term: **Trinal**. By dividing Transvibra into three horizontal sections, each one containing two contiguous Covibrals, we obtain the Trinal.

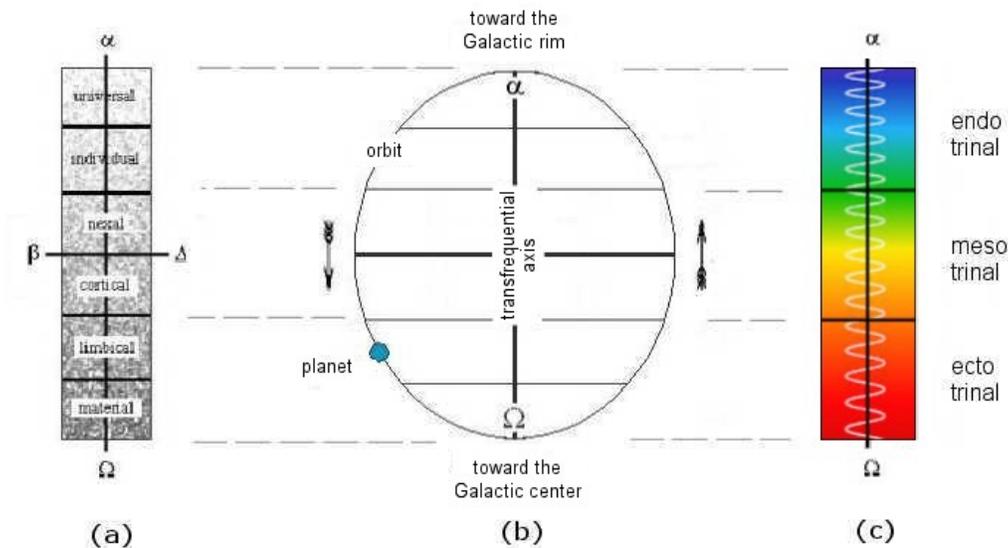
With this new 'sectorization' we achieve another range of meanings and ways of discerning the three environments, or worlds, that from olden times make up our reality.

Traditionally, the human mind has gravitated toward the perception of reality based on three ontological environments: the subconscious, the conscious, and the supraconscious.

By comparing these three environments with the Exonical Covibrals, we see that the most internal one is the supraconscious, which conforms the endoTrinal level. Whereas, the level we manage to perceive, the conscious, configures the mesoTrinal, and the subconscious level constitutes the ectoTrinal stratum.

Triad, trinity, triune, and trinus, are all synonyms of Trinal - three entities united as one.

In the illustration, we see the correspondence between the Transvibra / Covibra scheme (a), the Transvibra / Orbit design (b), and the Transvibra / Trinal diagram (c).



The designs (a) and (b) have already been explained in previous chapters. In the Trinal diagram (c), we see that the ectoTrinal encompasses the Material and Limbical Covibrals (red/orange), the mesoTrinal includes the Cortical and Nexal (orange / green), and the endoTrinal includes the Individual and the

Universal (green / purple). You can also see that the ectoTrinal lies towards the center of the Galaxy (Ω), that the endoTrinal lies towards the Galactic perimeter (α), and that the mesoTrinal is in the middle vibratory environment of Transvibra ($\beta - \Delta$).

The following is another way of appreciating what is encompassed by each Trinal:

EndoTrinal: This section, the highest, vibrationally speaking, includes the Universal and Individual Covibrals. It encompasses functions that base their actions on ideal archetypal patterns. So to speak, it's the channeling of the Global Mind or Essence through each of us. *Affinities:* blue/green, deep (low) sounds, long waves, gases, essential, infrastructure, imperceptible.

In Scandinavian mythology, this region was called *Asgard*, the Kingdom of their Gods. For the ancient Greeks it was *Olympus*, for the Maya it was (and still is) *Tamoanchan*, for the Aztecs it was *Xochitlapan*, for Islam it's *Yanna*, and for Christians it still is *Heaven*.

MesoTrinal: this Transvibrational level encompasses what corresponds to the Cortical and Nexal Covibrals, which were both explained in previous chapters. It's about what we can discern and understand concerning what happens inside and outside of our being, as well as the way things are organized or interact with each other, according to their inherent characteristics. *Affinities:* light green/yellow/light orange, medium-length wave, liquids, structure, semi-perceptible.

Note, however, that this Trinal is sectioned at its mid-height by the $\beta \Delta$ line, the "Perception Threshold." This means that while we can use our reasoning faculties with complete freedom (because the Cortical Covibra is below the aforementioned line), the same cannot be said for the Nexal functions, whose action projects into our discernment as intuition, sudden revelations, visions (epiphanies), and dreams.

For the ancient Scandinavians, it was *Midgard*, the World of Humans, which was between the Realm of the Gods and the underworld Lair of the Demons. For the ancient Greeks it was *Oikoumene* and for the Maya it was *Kab'al*.

EctoTrinal: this is the world we perceive through our corporeal senses and emotions, that is, with the functions of the Material and Limbical Covibrals. It's everything we can experience and emotionally feel in our daily world. It also includes our instincts. *Affinities:* the orange/red, high-pitched sounds, particles, solids, substances, superstructure, tangible.

Analyzing this from another point of view, we have that in traditional Scandinavian (Viking) cosmology, it was *Nifelheim*, in the Amerindian Mayan culture it is *Xibalbá*, it's also the *Uku Pacha* of the Incas, and for Christians it is *Hell* —all environments of the underworld that lies subjacent to our daily world.

A Practical Application

Perhaps the most important use of Trinials can be seen in Exonica's free, online [HealthMeter](#) app, which tentatively bases the propensity of our Immune System on the order followed by a developing embryo.

As stated by science, *Embryo Development:* The three germ layers (ectoderm, mesoderm, and endoderm), as well as the main organs and systems that emerge from the embryonic disc, are formed during the process of embryonic development.

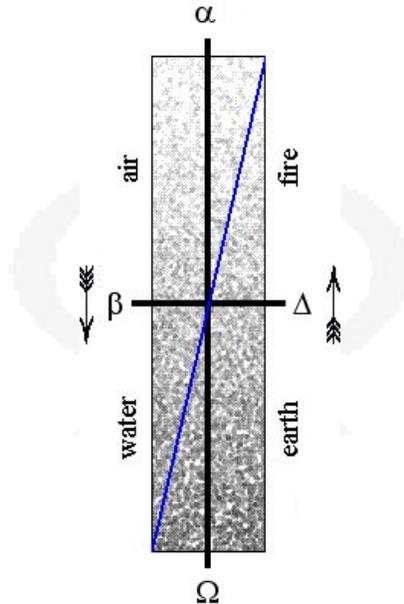
To this, Exonica applied circadian (Gea and Lilth) and other natural rhythms (such as Helios, Terra, and sporadic Space Weather events) to produce a daily, hour-by-hour, therapeutic timetable. Works for any date and geographical location. Try it out!

Quadrants

*The Supreme Maker first created two regions:
high and low, that is, light and heavy,
thus separating what is ethereal from what is dense.
Then, He again divided these two parts:
the ethereal into **air** and **fire**,
and the dense into **water** and **earth**.*

Philo of Alexandria (ca. 20 BCE - 40 CE)
Neo-Platonic philosopher.

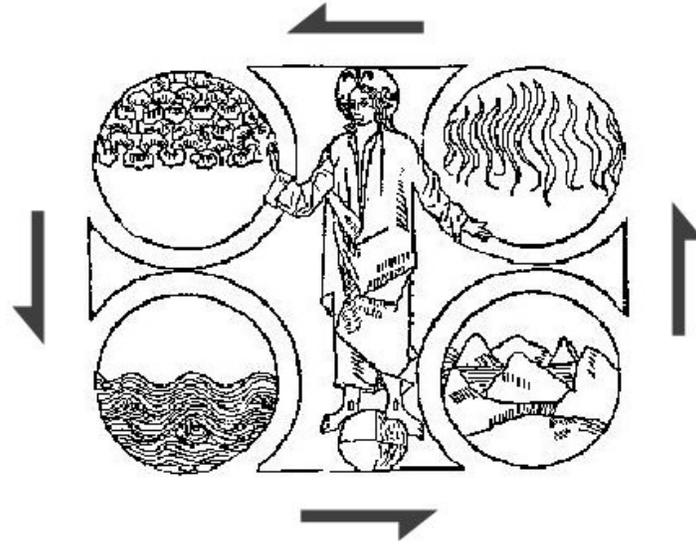
The intersection of the vertical line (the Alpha-Omega line, the Transvibrational Axis) and the horizontal beam (the Beta-Delta line, the “Perception Threshold”) divides Transvibra into four areas. These regions are the four **Quadrants** of an Exonical Cycle.



These Quadrants, two above the “Perception Threshold” and two below it, show us if a given Exonical Factor, at a certain moment of its Cycle, is influencing the elements and situations that we can consciously distinguish, or if it’s energizing some part of our subconscious workings. The arrows of the next image indicate how this Factor moves.

The keen insight of our mystical forefathers made them aware of the unique and unmistakable qualities of each Quadrant. And to quickly recall, use, and communicate these features, they chose four *symbolic* elements (notice that I emphasize that they are *symbols*), one for each Quadrant: **Air**, **Water**, **Earth**, and **Fire**. These four elements were chosen more for the subjective connotations they evoked than for their material properties —a fact greatly overlooked by the eighteenth-century rationalistic scientists, who arrogantly scorned and dismissed the rich emblematic undertones involved.

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The order in which the focal point/Factor of every Exonical Cycle *always* moves through the Quadrants is: **Air** (top left-hand circle of the former image), **Water** (next circle down), **Earth** (bottom right-hand circle), and **Fire** (next circle up), as shown in the former image.

This order has been suggested by many of mankind's sacred books. For example, the *I Ching*, a 3000+ year old Chinese oracle consulted regarding this issue, answered:

“As *water* pours down from heaven [heaven = *air*], so *fire* flames up from the *earth*.”

In Genesis 1 verse 9 of the *Holy Bible*, it says:

And God said, “Let the *waters* under the heavens [heaven = *air*] be gathered into one place...”

Further on, in verse 15, we read:

“... and let there be lights in the firmament of the heavens [lights = stars = *fire*] to illuminate the *earth* below.”

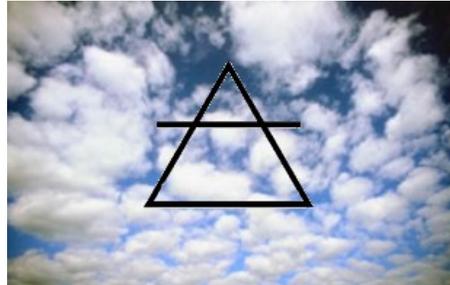
It must be said in beforehand that the influences and tendencies awakened by the energy-forces of the Quadrants are totally impersonal, self-activating, unstoppable, and unchangeable. This means that we have no way of avoiding, modifying, or blocking their action.

Although we cannot alter or stop the tendencies of each Quadrant, we *can* benefit from their action if we adapt the different stages of our projects to their invariable and unavoidable influence.

Much like a successful farmer adjusts his work to the corresponding natural timetable, we must break-down our project into time-periods that are in sync with the appropriate Exonical Cycles. This chapter will give you an idea of what to keep in mind while you lay out the most convenient agenda for your kind of objective.

The following sections describe in detail the influence and type of action that predominate in each Quadrant:

AIR



Defining, Outlining, and Gestating New Goals
Inner Vibratory Activity

In the upper left-hand Quadrant of the Exonical Rectangle, the area found between the Exonical Cycle's Alpha and Beta Points, we find the range of exons whose effect helps establish the basic infrastructure, initial design, and the gestation of all entities, objectives, and projects. This is where AlphaAction begins. Everything that happens in this Quadrant is in the hands of our Essence.

They're influences that act in accordance with higher, non-personal causes, such as (1) the exocausal conditions, (2) the potential, or life-force, that strives to express itself through the true attributes of every entity or thing, and (3) the "line of least resistance, minimum use of resources, and best results" that leads to the well-timed initial implementation of any being or goal.

This Transvibrational region's vibratory influence is undefiled, constant, and diaphanous, much like the wind, whose unceasing action flows, penetrates, and disseminates. This is why the elemental symbol assigned to this Quadrant is AIR.

The vibrations that predominate here awaken our inspiration, intuition, innovative visualization, fertile imagination, as well as the emergence of hunches, dreams, and premonitions that guide us. These are the domains of the "spiritual light" that opens a path through the penumbra that many times confuses our lower nature (our Persona).

The Exonical Factors that move through this Quadrant influence the "awakening of the seeds" that were "planted" around the end of the previous Cycle. It's a time when each entity, product, or service begins its hidden gestation; now's when its vital energy is activated.

The exons of this Quadrant do not produce the tangible materialization of objectives *per se*. Instead, they stimulate the conception and formation of the infrastructure of these projects and goals. Their action is indispensable for *setting up preliminary plans, basic design, and innermost configuration*.

In other words, in this Quadrant we'll find the exons that energize the first conception of an idea, purpose, or project, the preliminary research involved, as well as the design and testing of prototypes that *precede* the actual realization of the desired objective. This effect ends and changes at the Cycle's Beta Point.

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Chinese Taoist philosophy describes this Quadrant as “the place where Man receives orders from his Master,” referring to the inspiration that comes from the Supreme Cause.

Great indeed is the generating power of the Creative, for all beings owe *their beginning* to it - **I Ching**, Hexagram 1, The Creative.

The Celtic Druids compared this Quadrant’s influence to the forces of their annual *Imbolc*, a time when “the life within the new seeds and creatures” began to stir. It’s when creative energy, even if still “underground” (invisible), helps to develop the infrastructure of every purpose, idea, or project.

It’s equivalent to what happens during the winter season: all action still occurs “within,” while outside manifestations are at their lowest level.

WATER



The Drive Toward Perceptible Manifestation Outer Corpuscular Activity

The exons of the lower left-hand Quadrant of the Exonical Rectangle, the vibratory area found between the Beta and Omega Points of the Exonical Cycle, handle the next step of the creative process by invigorating *the first tangible manifestation* of something new (or of its renewal). The “outward-bound and shape-giving” forces of this Quadrant awaken the impulse to give an initial discernible form to the goals we are to realize. The functions implemented by the energy-forces of this Quadrant can and should be willfully used by our Persona.

WATER was the element chosen to allegorically represent the energies of this Quadrant, an element whose incessant downward flow activates faculties that are each time more perceptible and manageable by our Persona.

Here, the AlphaAction of the Exonical Factor that’s crossing this Quadrant will, in its own particular way, assist the foremost implementation and inaugural start-up of new projects. It also provides nourishment and protection for this new beginning. This also holds true for the reactivation or renovation of any long-standing project.

Keep in mind that this Quadrant’s exons only help the initial formation of beings and objectives, not what they generate or produce, because this happens in the next Quadrant. For example, during this time, plants are just beginning to sprout and can’t produce their fruit yet.

Taoism describes this vibratory region as “the place where abstract potential becomes plainly manifest and the spiritual becomes corporeal.” Taoist sages said about this first crystallization: “The clouds pass

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[clouds = *air*, the previous Quadrant], and now rain [rain = *water*, the present Quadrant] does its work, and all individual beings *flow into their initial form.*”

For the Celtic Druids, this type of influence prevailed during the annual season of *Beltane*, a time for each entity to complete its initial formation (gestation), come forth, and begin to grow. Now, beings and goals gradually unfold and become manifest in the perceptible world.

The influence of this Quadrant is similar to that of the spring season: the prevailing action is that of first external, environmental manifestation.

EARTH



Full Usage, Corrections, and Fruition
Outer / Corpuscular Activity

Crossing over to the other side of the Transvibrational Axis, we find the exons of the lower right-hand Quadrant, the vibratory area found between the Omega and Delta Points of the Exonical Cycle, the first of the two Quadrants that are propelled by OmegaAction. The functions of this Quadrant can also be freely and consciously used by the willpower of our Persona.

After the preliminary planning, gestation, and first tangible formation, and initial growth of an objective, all driven by the AlphaAction of the two former Quadrants (Air and Water), the influence of this new vibratory region, now catapulted by OmegaAction, induces the activation of production, profitable usage, modification / improvement, and subsequent enjoyment of what was created during the first half of the Cycle.

The element that identifies this Quadrant is EARTH (the substance, not the planet), basis of all that seeks to complete its growth, improve, flourish, and bear its fruit. Here we find the energy-forces that help to enhance, put into action, and reap the benefits from formerly established objectives and creations, as well as to make its advantages known.

After a period of strong initial growth, as that propelled by the forces of the previous (Water) Quadrant, it may be necessary to evaluate what's been done, to then proceed to “trim the excess branches” and other toxic or unneeded outgrowth, to make room for better components. Our Essence will treat our projects like inconspicuous diamonds-in-the-rough, whose value and beauty cannot be seen until the unnecessary slag has been removed.

This may bring on a time of lack and anguish, especially if we've grown too attached to what needs to be “trimmed” (e.g., wrong objectives, bad habits, harmful relationships, etc.). But it's an experience that

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must be endured, in order for better circumstances to appear. Noxious karma must now be resolved. Note, for example, that Health can only return after pernicious elements are neutralized or done away with.

It's also a time to enjoy the benefits and well being that come from what our objectives have produced; it's a time to reap earnings.

Notice that the development and fruition basically involves what is tangible and plainly observable, that is, the elements and activities of the Outer Binal.

Taoism refers to this Quadrant's effect as "a time when Nature nourishes all things, giving each creation its particular beauty and splendor."

For the Celtic Druids, it was their annual season of *Lughnasadh*, a time for everyone to display their champion products, maximum outcome, or prizewinning fruit. It was also an occasion to celebrate and enjoy the benefits of what each person or enterprise had achieved.

The influence that predominates here is comparable to that of the end of summer: all things and beings reach their full growth and begin their fruition.

FIRE



Evaluation, Refinement, and the Selection of the New Seeds Inner / Vibratory Activity

The upper right-hand Quadrant, FIRE, the vibratory area between the Cycle's Delta and Alpha Points, completes and closes the Transvibrational round followed by every Exonical Factor. The functions that make up this Quadrant, as they're above the "Perception Threshold," are under the control of our Essence.

The vibrations of this Quadrant also activate OmegaAction, but they do so in Transvibrational areas that comprise the elements of our imperceptible and subconscious functions. It's a time when our Persona is to appraise what it has done, comparing it to what our Essence, which bases its actions on paradigms and archetypes, *would* have done. In other words, our Persona is to evaluate and judge what it has accomplished versus what it *should* have done, in order to recognize, rectify, and improve whatever needs it. What should be evaluated are the modes of action, expression of potentials, and synchronization of plans with the ideal patterns sustained by the exemplary standards that our Essence abides. All this aimed at bringing forth in our Persona a more perfect and evolved behavior, which leads to a more successful and joyful life.

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The influence of any Exonical Factor that is moving through this Quadrant will help us judge whether our personal conduct harmonizes (or not) with the tendencies of the cosmos, which invariably determine the line of action of our Essence.

This Quadrant's frequencies awaken the desire to leave behind all selfish interests and assume ever higher values, in order to achieve a better integration with the course followed by our Essence.

At the same time, by "burning the husk" of the "harvest" of the experiences lived during the Exonical Cycle that is about to end, we can "select and plant the seeds of tomorrow's produce." Whoever understands this will achieve the success and prosperity allotted to them, as the forces of the Fire Quadrant provide a way to overcome personal errors and limitations, and, with the help of our Essence, bring forth our true potential.

Figuratively, at the beginning of the Fire Quadrant, at the Cycle's Delta Point, the mythical "Phoenix" begins to perish, consumed by its own flames. It finally dies, but immediately resurrects from its ashes, at the Cycle's Alpha Point, and starts to again become notably beautiful at its Beta Point.

Taoist philosophy describes this vibratory region as "the place where Man reports to his Master what he has done [during the Cycle that is about to end]."

This is the Quadrant that deals with what formal religions call "Judgment Day," a time in which each person is to appraise the quality of what he or she has become or accomplished during the present Cycle. The results of this "judgment" will become the "seeds" of the new Cycle that's about to begin.

Interestingly, in the yearly Terra Cycle (which we'll see in a later chapter), the Jewish religion celebrates *Rosh Hashanah*, their New Year, on which begins a 10-day period of atonement and repentance ("Days of Repentance," reparation for wrong-doings), and ends on *Yom Kippur*, all dates included within this Quadrant. For the followers of this religion, it's a time to evaluate (judge) and repent from their sins, i.e., their "departure from the ways of God," the deviation from "the course of the Heavens," to then realign themselves with the Universal Principles followed by their Essence. The profound insight of this religion's ancient forefathers was absolutely remarkable, as proven by the well-being of its adherents. Other congregations and cultures that have similar junctures are: Hinduism's *Duwali*, Islam's *Muharran*, and the Hawaiian *Makahiki* festival. Unfortunately, Christianity does not have an equivalent ceremony at this time of the year.

For the Celtic Druids, it was the annual period of *Samhain*, a time to conclude the harvest, to bring in the crops, select the new seeds, and "burn the chaff" so that its ashes could line the cradle of tomorrow's new plants, ideas, and creations. It was an occasion to evaluate and remove whatever was restrictive, obsolete, or useless; but, it was also a time to celebrate and rejoice.

The prevailing influence is equivalent to that of the fall season, when the harvest comes to an end. It's a time when projects, markets, and ventures move toward their cyclical low-point, regarding their material manifestation.

Summarizing, the action energized by the four Quadrants is:

- **Air:** A time to design, plan, and implement the essential infrastructure of projects.
- **Water:** A period to start building and giving tangible form to objectives.
- **Earth:** A time to improve, give the best possible use, and profit from what has been made or done before.
- **Fire:** An interval to evaluate the effectiveness, judge the progress, and re-orient projects according to higher standards.

To then restart the Air Quadrant, in the following Cycle. This round goes on perpetually.



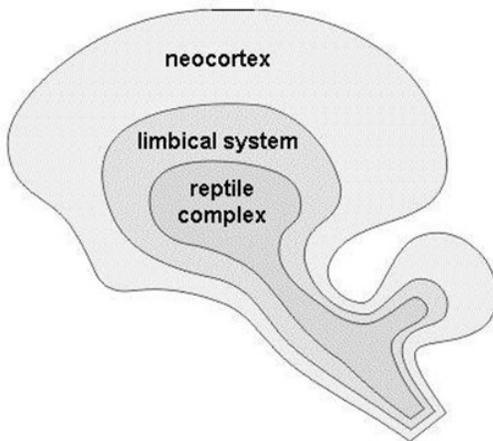
Anthropocentric

*Our soul has one part in the perceptible world,
and another within the intangible.
At one moment it identifies itself with its most perfect part;
at another, it's attracted by its inferior portion,
and at still another, it coalesces with its intermediate range.*

Plotinus (205 - 270 CE)
Roman philosopher.

The term ‘anthropocentric’ refers to the observation, interpretation, and interaction with reality from a human point of view (*anthropos*: man, human being). It describes a scenario that gives us the sensation of being in the middle of a personal universe that others share with us. Now that we’ve begun to examine “reality,” let’s take a closer look at the “tools” we can use for this.

When the evolution of our archaic ancestor’s brain started to develop a new area, it didn’t undo what it had previously made. Because of this, the reptilian *paleocortex* (associated with basic functions such as movement, sensation, and survival instincts) and the primitive mammal *mesocortex* (associated with visceral and emotional functions) still dwell within our cranium, both nested beneath the new human *neocortex* (associated with language, planning, abstract thinking, and consciousness). In fact, owed to the lack of space, Nature built this new cerebral component tightly packed on top and around what it had already formed.



This is why in man, both primeval cerebral areas —the paleocortex and the mesocortex— still have the same structure they had thousands of years ago. Even today, these regions continue to act out the same rigorous, inflexible, and automatic behavior patterns of our primitive ancestors.

The rudimentary mammals received the basis of their behavior from the primitive reptiles of prehistory. These inherited their predispositions and reflexes from the early amphibians and fishes, and so on successively back in time and evolution. This is why our hunger, thirst, fury, and passions are so similar to those of the apes, crocodiles, and sharks.

Under certain conditions, the autonomous functions of the archaic regions of our brain can disregard the orders given by our logical thinking. And if those primitive parts escape the control of our rational mind, then our neocortical functions will end up lending their reasoning power to satisfy the appetites and desires of our two more primitive brains.

Regarding this point, Dr. Paul McLean, neurosurgeon and investigator of the *Brain Evolution Laboratory*, at the National Institute of Mental Health (NIMH), said:

The human brain consists of three independent but interconnected brains, each retaining its own characteristics. This means that each one has its own intelligence, subjectivity, sense of

space-time, memory, and specialized functions. It also means that in each of us coexists the cerebral chemistry of the ancestral reptiles with that of the primitive and modern mammals, together with man's neocortex.

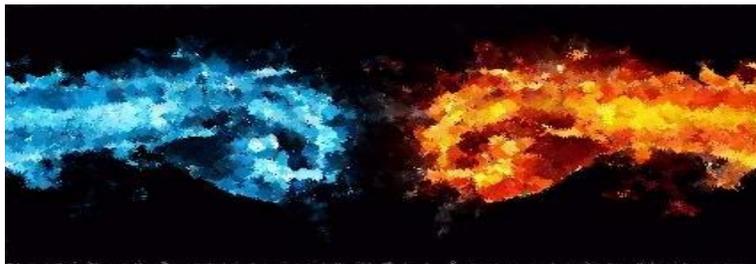
Dr. McLean also said that within the reptilian complex, an area that comprises the cerebellum and brain stem, there are only simple nerve impulses that activate certain automatic reactions, with no emotions or thoughts involved in the process. Its sole interest is that of procuring the basic, primary, and immediate elements needed for the entity and its species to survive. Within this cerebral area, there is no concern for the future, as everything is done for the "here and now." In this region reside the rudimentary "programs" of aggression that control an individual's territorial defense and sexual conduct. We also find herein the "routines" that evoke a strict adherence to ritualistic conduct, such as yielding to the rigid norms of group and social behavior.

Within our cranium, lodged between the archaic reptilian complex and our modern neocortex, we find the limbic system, the neural workings that are responsible for our emotional reactions and feelings. It consists mostly of a spongy nerve tissue, which is very rich in biochemical agents called *neurotransmitters*. We could say that these agents "color" with a particular "emotional tone" the circumstances being lived by an individual. It's within the limbic system of our brain that we find the organic chemistry that sparks our interest, our motivation, and our entire emotional conduct. The emotions thus aroused depend on the ingredients of the neurotransmitter "cocktail" that is circulating through our body at any given instance.

But it's through the neocortical functions that man can express an intelligent behavior, by being able to comprehend what's going on both around him and within himself. In this area resides the "mechanism" that assists the handling of diagrammatic symbols, such as the words and numbers we use to represent and communicate the conceptual structure that we share with the rest of our kind.

Thus, we see that the old "command posts" of our lower brain —relics of our distant past— are still very much alive and functioning within each of us. And that, under certain conditions, their obstinate action can jeopardize the efficiency of our neocortex, the command post of our intellect.

Believe it or not, this is the physical basis of the legendary struggle that all religions have represented as the antagonism that supposedly exists between what is High and what is Low (within ourselves): the eternal strife between Light and Darkness, God versus the Devil, the Deity against the Beast, Good against Evil, etc.



Today, we know that the cosmos' energies are detected in an anthropocentric manner, and that their influence comes from the effects produced by the elements of a heliocentric system. Likewise, it was determined that these influences, in turn, are blanketed and modulated by the conditions produced by our Galactic surroundings

Exonica

We also know that everything we perceive has an intangible and unbiased cause that keeps it generated from one instant to the next. And, although we're only consciously aware of a very small part of total reality, let's not make the mistake of believing that what little we discern is all there is. Nor of thinking that our integral being doesn't have the means to make good use of "what is not beheld by the eye."

Even Professor Alan Guth, a brilliant MIT mathematical physicist and author of the "Inflationary Universe Theory," acknowledges that:

The visible universe is only an infinitesimal fraction of the entire Universe that exists ... it's part of a colossal *multiverse* that we're just beginning to understand."

Undoubtedly, the "multiverse" mentioned by Professor Guth is Exonica's Transvibra.

Added to the above plainly discernible domains, religion, metaphysics, and (serious) spiritualism speak of other 'higher realms' that are not so perceptible. but that have accompanied mankind from the very beginning. The skepticism and disbelief of some has always coexisted with the fervent credulity and certainty of others.

It would seem that along with the formerly described cerebral areas, we have other 'mechanisms' that can deal with these less consciously detectable regions of reality, which give form to all that exists above the "Perception Threshold," that is, everything comprised within the Air and Fire Quadrants.

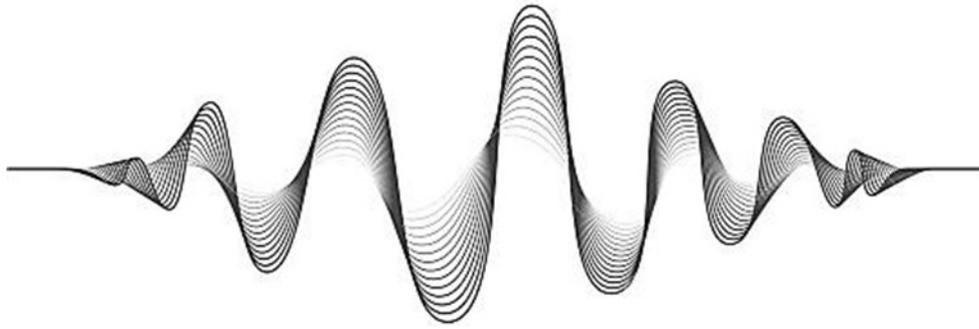
This is the subject-matter of the following chapter.

Covibrals

*To move in harmony with the heavens,
man's true and original nature.*

Richard Wilhelm (1873 - 1930)

German sinologist, theologian, and missionary
(from his translation of the "I Ching").



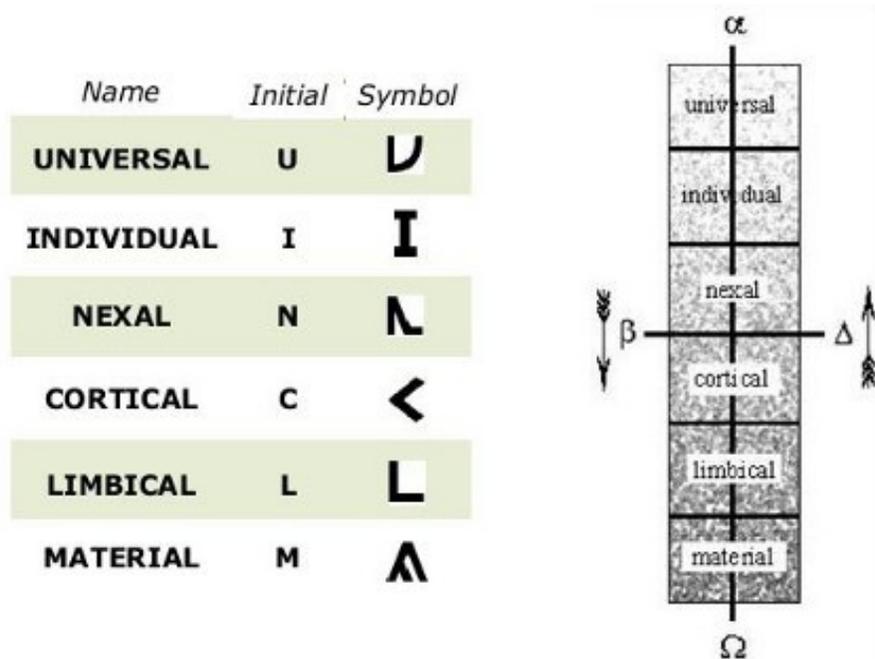
Usually, we're not aware of the connection that exists between our corporeal sensations and our instinctive responses, of the linkage between our emotional functions and our rational thought, or of the bond between our intellect and our intuition. Still, we surmise that in order for us to function properly, there *must* be a profound and unbroken relationship, a continuum, between *all* parts of our being. And thus, knowing that there can be no discontinuity in our Transvibrational structure, we must conclude that the expression of our life-energy seamlessly passes its manifestation from one vibratory medium to another. And that when it does, we feel that it changes into something that *seems* to be different, just because we then perceive it with another part of our integral being. This 'change-over' is what differentiates, for example, a physical sensation from an emotion, or an emotion from a rational thought.

Please recall that an exon is an energy element seen at a certain moment of its transformation from wave to particle. Some exons, at a given instance of this conversion, will be closer to being a pure wave and others to being a total particle, although they could be at any of the infinite energy levels that lie between these two boundaries. Each exon has its own transformation tempo, meaning that some of them share the same pace and others are out of step (asynchronous) with each other.

To make it easier to understand the forthcoming explanations, I'm going to forge another word with which to continue describing Exonica's basic energy setup: **Covibra**.

Our integral being artificially divides the Transvibrational spectrum into *six vibratory ranges*, or spectral bands, each of which is processed by a particular set of functions of our being. I emphasize that Transvibra *per se* is not subdivided, but that our essential nature 'sectorizes' it into energy ambits, tiers, or realms, which are handled by specialized mechanisms of our integral being.

When we divide the Exonical Rectangle that was built in previous chapters into *six equal horizontal sections* (three above and three below the Beta-Delta line), we arrive at its final design. This gives us the following diagram of Transvibra with its six Covibrals:



If Transvibra constitutes the ‘vertical’ vibratory *depth* of everything that constitutes reality, each Covibra comprises a ‘horizontal’ vibratory *level* or *layer* within this spectrum.

Explained differently, each of these energy stratifications contains a dynamic framework of elements and functions that are made out of the type of exon that corresponds to each level of Transvibra. The different parts of our integral being have learned to detect and make use of them, while they produce effects that we perceive as material, emotional, rational, etc., experiences.

All parts of our integral being act in accordance with the energy-forces of these six Covibrals, but some parts are more sensitive to a certain range of exons, while others are more responsive to other ranges, all acting in a harmonious and coordinated manner to ensure the proper functioning of our overall being. Together, they create a seamless, interacting, unified whole.

If we take into consideration, for example, the components of the most sensorial energy level of reality, the Material Covibra, we find that everything is made of elements that have a similar vibratory rate, which give form to atoms, molecules, and materials that have, broadly speaking, analogous properties that can be perceived by our physical senses. Any event happening outside of this energy range (which is determined by what our physical senses or instruments can detect) would seem ‘other-worldly’ or unnatural, pertaining to another time-space or ‘dimension,’ imaginary, paranormal, and the likes. This constitutes the very nearsightedness of classic physics that quantum physics is helping to resolve.

The truth is that every other Covibra has its own essential “energy patterns” or “building blocks,” which are used to configure everything enclosed in the other, more ephemeral Covibrals. However, through the very natural specialized processes of our being, other than our physical senses, our discernment can (and does) become aware of the energy elements and structures present in those other energy levels.

All Covibrals and their components exist in the same space and at the same time, but on different vibratory levels. Each one occupies ~16% of total Transvibra and has its own energy patterns, structures, processes, and laws. Which, by the way, sustains the existence of “Dark Matter”: the other ~84% of the energy of the universe, which although exists cannot be perceived by our senses, but is becoming each time more perceptible by the use of quantum computers and Artificial Intelligence (AI).

Each Covibra’s exons influence a distinct aspect, function, or range of components of our integral being. Thus, a Covibra’s action can be identified *according to the part of our constitution that detects and is influenced by that particular Exonical type*. This detection is probably done by our chromosomes, which, when unraveled and placed end-to-end, have a ~6½ foot (over 2 meter) length, and can act as antennae that perceive different wavelengths.

Similar to how our integral being artificially divides Transvibra into two basic areas (Binals) —one plainly perceptible to our Persona (the part below the “Perception Threshold”), and the other being only evident to our Essence (above said “Threshold”)— each Covibra is also split into two vibratory regions, or Binals: a higher one that, again, is governed by the non-conscious functions of our Essence, and a lower one that’s handled by the conscious processes of our Persona.

The actions that take place in upper half of the three higher Covibrals (Universal, Individual, and Nexal) are completely controlled by our Essence, although our Persona can benefit from them. What occurs in the upper half of the three lower Covibrals (Cortical, Limbical, and Material) is also governed by our Essence, but the functions of their lower half are easily handled by our Persona.

Why Six and not Seven or Nine?

You may have noticed that most Cosmologies divide total reality into seven or nine ontological realms. The main reason for this, from my perspective, is that each of these seven cosmological levels was the ‘kingdom’ of one of the seven visible planets, each one ruled by a particular god (e.g., Zeus/Jupiter, Cronus/Saturn, Ares/Mars, etc.). The societies that upheld the nine-tiered universe added the Sun and the Moon to the seven planets.

This seemed to be very reasonable to the people of yore, but a little outdated by today’s standards.

The six-level ‘division’ of our total vibratory reality (Transvibra) chosen by Exonica comes from extensive empirical and proto-scientific observations, which have demonstrated to be the best practical layout to be used.

The following is a brief outline of the main topic or field influenced by each Covibra, or neural structure of our brain, if you will. Further ahead, each one will be thoroughly explained:

Universal: deals with the amorphous, unstructured creative energy, the potential that underlies every type of formation, as well as with the primordial elements of every aspect of life. Its functions help us act in an autonomous way, but in sync with the dynamic energy structure (the Exonet, the life force) that lies beneath our conscious reality. The exons of this Covibra mostly influence archetypal energy patterns, which are made of pure waves.

Individual: handles the basic features, attributes, and characteristics of every element, entity, or formation.

Nexal: manages the interconnections, relationships, and co-ordinations that link all entities. It ensures that each individual or group receives what they need to subsist, evolve, and be useful.

Cortical: administers everything related to our intellect and rational thought. It influences our cognitive processes, problem-solving abilities, and logical decision-making. This is what makes up our Rational Intelligence.

Limbic: deals with our attitude, feelings, and emotions. It modulates our emotional drive, which determines a large part of our social conduct and is the basis of our emotional intelligence. These are the processes of our Emotional Intelligence.

Material: concerns the way we handle our everyday situations, physical activities, and material objects. It influences our bodily functions, physical perception, and the way we interact with the physical world. The exons of this Covibra are mostly total ‘particles.’

Perhaps the 6-tiered Exonical Covibra layout is what the six Hindu and Buddhist traditions call **Chakras** (energy centers) of the human body. Each Chakra is associated with a specific aspect of human consciousness.

Servos

Exonica posits that each of us, at the deepest level of our integral being, has six basic, coexisting, autonomous ‘managers,’ each one giving form to what I’ll call a **Covibral Servo**. Each of these ‘overseers’ is governed by a shared Essence-Persona control.

They are unthinking (but not incoherent), automatic, natural processes that obey their own laws, those of the Covibral realm they handle. Each Servo has its own type of memory, behavior patterns, ‘metabolism’ (as in the way of ‘digesting’ experiences, to either add something new or remove unneeded or toxic elements), immune system (defense and repair processes), and specific job, which is, concisely, to handle everything related to a particular Covibral level of our Transvibrant makeup. Keep in mind that these Servos are constantly influenced by the diverse Exonical Factors, as the entity they constitute passes through the diverse Exonical Cycles.

Our six self-regulating Servos act in a coordinated way, according to the circumstances we come across. At certain moments, some will lead the action, while at other times others will do so, all in pro of the individual’s well-being and the benefit of the whole. Together, they conform the ecosystem that shapes our integral being.

“One for all, and all for one”

as said by Alexandre Dumas in his 1844 novel *The Three Musketeers*

Notice that each Servo, although independent in nature, is also susceptible to being conditioned, be its resulting action productive or harmful. Each of us, as you’ll discover further along, has a Covibral Servo that’s more prone to be indoctrinated or unconsciously trained than others.

I surmise that each Servo is a certain ‘assemblage’ of interconnected genes that work together in an integrated and self-controlled manner, each ‘group’ taking on a distinct Covibral activity within the framework of our integral being. Thus, each ‘team’ specializes in handling the functions of a particular Covibra, which allows us to interact with the physical, emotional, rational, etc., elements and

experiences that make up our lives. All together, they form the infrastructure that allows us, both at Persona's level of awareness and Essence's scope of action, to successfully relate to the different aspects of reality.

This gives form to the tacit, invisible, and automatic support with which our Essence tries to guides us through life's diverse circumstances. It's basic framework depends on the genetic material passed on to us through the DNA of our parents and ancestors, which brings with it the successful outcome of its journey through time and space. I say 'successful' because otherwise we wouldn't be here. But the most important thing about this is that all this experience and ability (call it 'power,' if you prefer) is at our complete disposition NOW.

Overall, a Servo can be understood to be a sophisticated control 'mechanism', an agent (as AI would presently call it), or manager, that integrates sensors, controllers, actuators, and feedback mechanisms, to regulate and optimize, on its own, the performance of complex Covibrational processes. The following is a short description of each of these key elements:

Sensors: These components detect and measure changes in our environment and within our selves. They provide feedback regarding current conditions, allowing the Servo to make adjustments or produce responses as needed.

Controllers: The controllers process the input signals received from inner- and outer-focused sensors, and determines the appropriate actions to achieve the desired outcome. This regulates our behavior based on the feedback received, ensuring that our being's homeostasis operates efficiently.

Actuators: These are responsible for carrying out the commands or adjustments determined by the controllers. They convert the control signals (i.e., the exocausal influences) into the physical or mental actions that influence our behavior and performance.

Feedback Loops: These loop are the critical components of a Servo that enable continuous monitoring and adjustments based on our being's endoreplies. By providing responses to our actions, the feedback loop helps maintain stability and accuracy to stay alive and achieve our aims.

Seen from Exonica's perspective, there are six different types of Servos, each of them playing a key role in managing and coordinating the various aspects of an individual's attributes and functions. These reflex 'mechanisms' are automatically triggered by recurrent (e.g., Helios, Terra, Lilith, etc. Factors) and sporadic exocauses (like solar CMEs, Sunspots, Coronal Holes, etc.), which means that many of our thought patterns, moods, and physical yearns are awakened by their Covibrational presence, thus influencing our overall behavior and proclivities.

Each Servo, apart from attending to its own Covibra, is also linked to the processes of each *other* Servo. These multiple connections are probably made through quantum non-local entanglements (interrelations), which impalpably join all the Covibrals and allow them to instantly interchange information.

All this produces a powerful, mind-boggling maze, a Transvibrational network that conforms the primordial substratum of our being. However, don't let this complexity bewilder you, for you don't need to deliberately think about its operation —that's your Servos' job.

As a norm, it's best to let your Servos proceed on their own, according to your Essence's higher appreciation of the situation, while you, at Persona level, should provide any cooperation that might be needed.

Don't try to lead the action yourself, let your Essence freely administrate your Servos (as the Beatles said in their 1970s song, *Let It Be*, or as the Chinese *Wu Wei* recommends). If you learn how to do this, it'll be easier for you to recognize the pattern to follow and move in step with the effective strategy that your Essence uses to get things done (naturally, you could take a peek at Exonica's online apps).

And while you're at it, be patient, brave, flexible, and cooperative. But, above all, keep a permanent positive attitude and as much faith as you can muster. No need to worry about the favorable outcome of your Servo's actions. As you can see, they've successfully helped you make it up to here, right?

In the course of life, each human being can secure everything his evolution may need, as well as what the expression of their vital role [Life Purpose] may require, be it material goods, well-being, intellectual clarity, relationships, guidance, health, or power, if they but requests it from the inexhaustible spring that exists within their own being.

I Ching, Hexagram 48, The Well.

The former paragraph is another good advice given by the *I Ching* regarding this topic. I believe it's well worth considering.

If you don't know your basic individual design (your Life Purpose, inborn attributes, abilities, and natural inclinations) and/or are not aware of the ongoing Exonical conditions, the situations and circumstances that appear in your life can seem unsolicited or unexpected. This may cause good opportunities to go unnoticed and therefore, passed by and lost.

Remember that our Essence's functions are the 'spearhead' of our creative powers, but it are the learned concepts, hopes, ambitions, fears, and beliefs of our Persona that either help or hinder the outcome of these powers.

Allow me to once again quote part of the profound wisdom of the *I Ching* as it enlightens us further on this subject:

[Our Essence's] potential does not change: it does not diminish nor increase, for it is inexhaustible. As life itself, it exists for one and for all.

Generations come and go, and they all benefit from its unending abundance. Even though individual disposition, appearance, and education vary, the capacities [of our Essence] that manifest in mankind's realm are within everyone's reach.

From here, we can act with the well-being and happiness that comes from basing ourselves on the firmness of inner strength, which manifests externally with gentleness and grace.

Hexagram 48, The Well.

The confidence we ought to place in the effectiveness of our Essence can be exemplified by what the Renaissance painter Raphael once said to Leonardo da Vinci:

"Master, I have noticed that when one paints, one must not think or doubt. Then everything flows with more agility and grace, as if assisted by a superior force."

The Covibrals Realms

The following sections offer a detailed description of each Covibra's influence. The order used is: top-down, wave- to particle-state, subconscious, imperceptible, and least controllable to progressively more conscious, tangible, and willfully governable.



UNIVERSAL

Not many people know (although they suspect) that underlying the hubbub of our daily lives, lies a transcendental realm formed by impalpable, teleonomical energy structures that engender, give initial shape, and maintain formed all there is.

Even fewer people are aware that the action of these primordial “procreating mechanisms,” which are an intrinsic and functional part of our integral being, are permanently synchronized with the conditions produced by the exocausas that surround us.

The Universal Covibra basically deals with **Archetypes**, a term that derives from Latin *archetypum*, latinization of the Greek *archétypos*, which is a combination of *arché*, “beginning, origin” and *týpos*, which can mean, among other things, “the first pattern or mold.” Thus, it refers to something's or someone's ideal and primordial framework.

They're the dynamic, incorporeal, and timeless fountainheads of all beings and things. They constitute the ideal, intangible patterns that underlie creation, the templates that channel primordial energy toward its initial formation (AlphaAction), or determine the ultimate standard of perfection that someone or something should assume and express. These essential energy patterns, which lie beyond the scope of our sensory, emotional, and analytical reach, are the dynamic, supra-conscious, and objective blueprints followed by the spontaneous and autonomous functions that create and maintain in existence every thing and living being of reality.

These imperceptible foundational templates constitute the framework that guides the initial coalescence of the most subtle and physically formless energies of reality. These ever-present, yet impalpable, initial patterns gently guide the volley of forces that come from our surrounding cosmos: the exocausas. They can be considered to be built-in functions of our integral being that constantly and quietly comply with the diverse exocausas that reach and populate our local environment. These quintessential forces, shaped by this Covibra's models, are the genesis of everything that fills all the other, lower levels of reality, from those that generate and govern all our subconscious processes to the ones that influence our conscious mind and the way we deal with the perceptible world.

In other words, they constitute the abstract models that lead the primal energy-forces toward the creation of each time more discernible formations, which in turn engender still more substantial configurations, as they approach and enter our observable existence. These primeval blueprints have also been called

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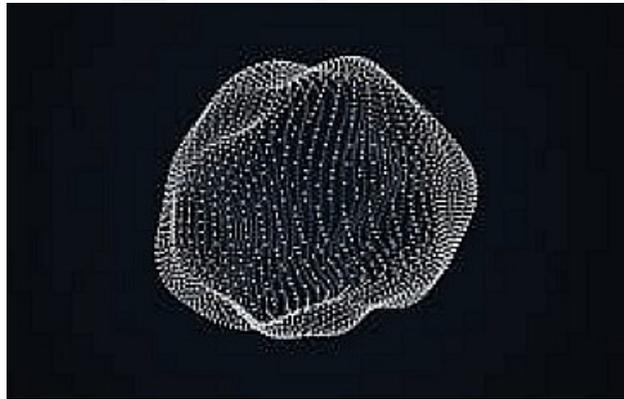
Morphogenetic Units (by Developmental Biology researchers, e.g., Dr. Rupert Sheldrake), *Logos* (by the Stoics), *Pleroma* (by Gnostics), and *Noumenon* (by Integral Philosophy and Metaphysics).

Our Essence artificially subdivides the countless number of archetypes into the six vibratory ranges that our integral being can relate to; they are the basic underpinnings of what exists within each of the six Exonical Covibrals.

Said differently, from this pristine level of pure energy on, ‘downward,’ toward Omega, the archetypal patterns of the Universal Covibra progressively shape the functions and conditions that reside on each of the following Covibrals, all modulated by the forces of both recurrent and sporadic exocausas.

Needless to say that all these subliminal and powerful functions are impartially and efficiently managed by our Essence. Our Persona can’t modify, manipulate, or control them, but it can learn to consciously enmesh its own aims with their action. More about this further on.

In sum, the ethereal energy patterns that comprise the Universal Covibra, first deal with the essential, raw, formless energies that are the ‘guiding patterns’ (archetypes) that shape everything there is. They represent the countless, unexpressed possibilities of what can be (and is) manifested on the following, progressively more dense Covibrals. Said differently, these forces, then, guide the following steps of creation and generate, in sequence, the primordial structure of exons / quantum elements, electromagnetic manifestations, subatomic particles, atoms, and so forth, which, from here on, stepwise, configure what is found in the following denser, more substantial Covibrals. They also give form to the Genome of every living creature, including that of the human being.



The Universal Servo handles what helps us to function in an autonomous way, but in step with the dynamic energy structure that underlies our more evident reality. With its functions, our Essence strives to put our ideal bearing, time usage, and activities in sync with the most essential forces of life.

As I mentioned earlier, this Covibra channels the yet unstructured, indeterminate, and featureless essential energy that, at this point, can assume any form of manifestation. This is how “the” shapeless Universal Mind, or Life Force, once it adapts and expresses itself through the structure of attributes of each fundamental archetype, becomes each one’s Essence. In other words, the infinite ways in which Life Force can act, are molded by the archetype of each type of inert or living formation. It can be likened to the formation of a human being’s initial Genome, an entity that will be further customized (by the functions of the following Individual Covibra), first into their Genotype, then into their Phenotype, and finally, into their Persona, which is further tailored by the notions, beliefs, and behavior that are allowed

to take hold in it. For me, this is, as Christianity puts it, “the cross that our Essence must bear,” until Persona learns to behave in accordance with the Universal Principles on which Creation is based.

Said in still another way, for the sake of clarity, we have that Plato’s realm of “ideal forms” is a philosophical concept suggesting that ‘the most real and perfect versions of things exist beyond our physical world.’ For example, while we see many chairs in the real world, each with slight differences, Plato believed there’s one perfect, unchanging idea of what a chair *should be* — this is the “ideal form” of a chair.

This idea suggests that the physical world we experience is just a shadow (Jung) or copy of a more real, perfect ‘world of forms or ideas.’ These forms are eternal, unchanging, and can only be understood through reason and philosophy, not just through our senses.

The AlphaAction of this Covibra induces our subconscious processes to bring forth the ideal first expression of a given objective. Or to discover new and better ways to use an exocause’s effect in our favor. And it’ll do this in conformity with the natural tendency and Transvibrational position of the Exonical Factor being considered. Said differently, it’s the drive that helps us make good use of the archetypal processes that point out the best way to give an initial form to our goals.

On the other hand, the Universal OmegaAction helps us examine and evaluate how well we’re adapting the actions of our Persona to the archetypal patterns comprised by this Covibra and the energies of the Cosmos, which are the conditions abided by our Essence. It’s an influence that induces us to examine and compare how well we conform our actions to *the ideal way* of doing things, to then judge and decide what we should allow our Essence to add, change, or eliminate in our Persona, in order to enhance the efficiency of our activities.

Allegorically, this is the stage of reality that contains the ubiquitous, relentless, and imperceptible Primal Cause that the early Scandinavians called *Örlog*, equivalent to what the Hindu named *Brahman*, and the Buddhists know as *Dharmakaya*. For these ideologies, it’s the vibratory level of existence where the omnipotent Taoist *Yang* —pure energy— begins to influence our integral being, while the docile and crystallizing *Yin* —immaculate space— establishes the conditions in which this energy can take form and manifest in our sensorial reality.

Likewise, now speaking in a religious context, it’s the first expression produced by the *Ain Soph* of the Kabbalah. It’s also the pristine vibratory level where the Christian *God / Father-figure*, the Muslim *Allah*, and the Inca *Viracocha*, to name but a few deities, set down the Universal Principles that regulate the formation of everything found on all the other levels of Transvibrational reality. We could call this Transvibrational level: the “Godlike Covibra.”

Wonderful analogies of what occurs at this Covibrational level were given to us by Lao-Tzu, an ancient Chinese philosopher (IV century BCE), when he spoke of the perfect workings of the *Tao* and of the “Action of Non-Action” (*Wu Wei*: to allow our higher functions guide and help us with our concerns, in the most convenient way). So did Plato, the great Greek thinker (ca. 428 - 348 BCE), when he gave us his *Intelligible Idea* guided by entelechy (the action that carries within itself its own purpose, more on this further ahead). Both these sages referred to the way pure creative energy, before giving form to individual singularities, provided the basis, the *radix ipsius* (the root of itself), of everything that exists and functions in reality.

Presently, our consumerist society believes that our relationship with the Universal Covibra’s exons is something vague, far-off, or difficult to manage or digest, even something to be feared. Or that it has to

be “deserved.” Or simply that it’s something that doesn’t concern us directly. But, a crass mistake, for the action of our Universal Servo is of utmost importance to our daily lives, because it defines and influences all that is and takes place on all the other energy levels of our being and our reality.

This is what all religions, each one in its own way, tirelessly, have tried to convey to mankind. It also refers to the vibratory entities that modern Chronobiology is striving to detect, understand, and use, as well as the influences used by all the Exonical algorithms.

The truth is that the functions of the Universal Covibra’s Servo will help us make better use of the intangible but powerful, ever-present, and always active primordial exocause energies, as they express themselves through the attributes of our integral self. By getting to know, understand, and adapting our conscious ways to this action, we can attract to ourselves whatever we need in order to be productive, progress, and be happy.

I

INDIVIDUAL

This is the Transvibrational level where the primordial energy patterns managed by the Universal Servo begin to form individualized structures, or context-specific models, once the functions of this Covibra take over the generation process.

This is the vibratory range of Transvibra where the basic elements of a particular formation begin to combine, in order to take on their particular form. Here’s where the process of ‘individualization’ of an object or living being actually begins.

These individualizations are organic units that have a unique and definite makeup, but all deriving from a common primordial stock: their shared Genome. The workings of each subsequent vibratory levels, from the most immaterial to the most substantial, shape the set of attributes that will form a singular and unrepeatable design, each of which defines a fully differentiated and individualized entity (Genotype).

“A distinct mixture out of the uncountable possible combinations” —a good definition of what this Covibra comprises.



Like the chess pieces shown on the left, each one having its unique characteristics, every being and thing has its own features and behavior that makes it stand out from the others.

We must learn to make good use of the marvelous attributes, qualities, and abilities that have been included in our basic design. And for this, we can count on the help of our Individual Servo.

In other words, the Individual Servo is what helps us discover and express, in the most effective way, the potential that derives from our primordial design. It's the Servo that deftly manages both our most evident faculties as well as our latent or imperceptible ones.

This will definitely help the alignment of our Persona with the natural tendencies of our Essence, to then function as an organic unity.

It's only when a person becomes aware of and uses the intrinsic characteristics of his species (Genome), along with the talents and abilities included in their own individual design (Phenotype), that they begin to give a true meaning to their existence. It's only when we allow our inherent potential—our life-force—to come forth and express itself through our inborn faculties, that we can expect to become truly successful in life. This is the only authentic and durable way to have access to the wondrous, albeit little known, powers of our Essence

The Individual Servo will always try to help us “free our mind and our heart” from whatever tends to limit the manifestation of our true qualities. Furthermore, it'll strive to release us from any dogma, superstition, or prejudice that may unduly try to restrain the expression of our true being.

It's very probable that our Individual Servo automatically activates our faculties according to what the circumstances require; but, unfortunately, our Persona will only allow their use according to the results of previous experiences. Naturally, this is all subject to the influence exerted by the ongoing exocausas.

The combination of qualities and talents we each have has nothing to do with our personal likings or desires. It's the primordial, unbiased design of what *we really are*, the deep-rooted pattern of what we objectively should be, in order to play out the role reserved for us within the workings of reality.

Naturally, we can learn and develop whatever skills we want, but they won't be expressed or applied as well as those that stem from our inborn aptitudes.

Nothing of what our Persona wants to do or not do, be it by force or by cunning, can change the features and abilities that identify us on this preeminent level of our being. On the contrary, if we insist on proceeding in a immature, headstrong, or capricious way, opposing and/or neglecting our true faculties, we'll only succeed in producing an unnecessary and harmful tension between our Persona and our Essence, giving way to a fruitless struggle in which we are always the losers. This behavior, needless to say, will undoubtedly negatively affect our daily lives.

Individual AlphaAction is the unceasing drive of our Essence to make us aware and give expression to the intrinsic attributes of our integral being. It acts like an inextinguishable beacon that shines into the world from the deepest levels of our being, constantly trying to project outward, onto our everyday lives, what we truly are.

Our Essence always expects to sooner or later be able to complete or improve the expression of our true self, even if for the time being our Persona, or the circumstances around us, only allows their partial manifestation.

Nevertheless, if we choose to ignore or refuse to render the pattern that our inner light yearns to bring forth, as time goes by, its projection will slowly fade. And if this goes on for too long, the possibility of knowing and expressing who we *really* are shall, finally, be eclipsed by the false model we've learned

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to *believe* we are. It's time to acknowledge and assume our true potential, the one that our Creator lovingly included in our essential constitution.

On the other hand, Individual OmegaAction helps us to better accept, develop, apply, and benefit from the natural attributes and talents we have. These Covibral exons awaken the desire to examine and evaluate the way we're using our inborn features and aptitudes, in order to improve their expression, as seen from the viewpoint of our Essence.



NEXAL

After the initial configuration of Genomes and individual Genotypes produced in the Individual Covibra, comes their first adaptation to the outside world, which is mainly produced by the exocauses that are present where and when a person is born. This, as we've already seen, produces the individual's Phenotype.

After the initial configuration of elements, objects, and entities, comes their arrangement into coherent groupings, arrangements, and relationships, according to their intrinsic characteristics. This combination gives form to situations, organizations, systems, networks, products, and so forth, in which every component has a specific role to fulfill, based on its inherent design, for its own benefit and for that of the whole.

Should it be necessary to clarify, the combination of all our attributes, faculties, and talents, whether they're manifested or not, whether conscious or subconscious, gives shape to our integral being.

As I mentioned elsewhere, we're all part of a grand impalpable and heterogeneous web, an intangible network that links together all kinds of individualized, differentiated, and specialized components.

And to fulfill the needs of every one of the multiple entities that configure this great complex, each one depends on a specialized 'agent' capable of recommending to other beings its particular services and wares, as well as to locate and make available what the entity itself requires for its own development and well-being.

This is precisely the job that our Nexal Servo excels at. It's an ingenious 'strategist' that specializes in continuously finding and presenting us the best way to associate ourselves with the diverse elements of life, be it either to provide what each of us needs to continue our personal formation and well-being, or to place us where we can best serve our families, jobs, and community, as well our own development.

In other words, our Nexal Servo spontaneously places us or makes us aware of the proper way to interrelate ourselves with other beings and things, in conformity with each part's particular features and tendencies, in sync with the influence of the ongoing exocauses, to produce the most convenient results for everything involved. We could say that this is the means through which our Essence helps us be at the right place, at the right time, in the most convenient way.

In an all-inclusive global symbiosis such as Humanity, what one entity has to offer is exactly what another one needs to receive. Likewise, what this second individual is able to provide, is something that

of the dangers and pitfalls that may appear along the course of our lives, they are what cause our hunches and gut-feelings. All we have to do to benefit from this action is to learn to listen to our Essence.

When it comes to selecting the best course to follow to achieve a given objective, our Nexal functions spontaneously evaluate the elements involved in each circumstance, both in space and time, to then determine and ‘tell’ us —via inspiration, intuition, or even dreams— the most suitable timing and line of action to take. These functions, commanded by our Essence, will find and show us the most appropriate timetable and the most suitable means for us to make good use of our innate attributes, to set our life on the right track (Nexal alpha), or to help us become aware of what we can do to fix, make better use of, or improve and benefit from our present circumstances, arrangements, and resources (Nexal omega).

Our Nexal functions also handle the way we integrate ourselves with organizations, systems, and communities, be they job-related (e.g., the Stock Market, a corporation, the government, a trade union, etc.), or personal (e.g., a social media, baseball team, social club, religion, etc.). Naturally, we are the ones that decide what to join, but it’s usually our Nexal Servo what pops the idea into our head.

Present day science speaks of *hyper-communication*, a form of information exchange between the DNA of one entity and that of another, either of the same or different species. Prominent Russian scientists, like Dr. Vladimir Poponin, Quantum Physicist and Dr. Pyotr Gariaev, sustain that this two-way communication is done through certain genes (those that don’t deal with hereditary traits), which configure and operate a kind of “biological Internet.” According to them, these transmissions function at a quantum level and are not subjected to a particular space-time frame or to the speed of light.

Consider that each human cell contains approximately 2 meters of DNA, if stretched out. Modern science has found that these sub-cellular components act like ‘antennas’ that selectively pick up exocausal vibrations and use them to modulate the cell’s behavior.

All this communication is handled by our Essence, which uses the functions of our Nexal Servo to tacitly interconnect us with other beings. It’s probable that it uses our genes as some kind of transmission/reception ‘devices’ that automatically broadcasts our particular faculties and tendencies, in accordance with the needs of our Life Purpose, Ideal Occupation, or other concerns. And that the Nexal Servo of other entities can detect and process this information, while it sends out its own messages. Perhaps this is the way our Essence interconnects all of us for our mutual benefit. What do you think?

It’s a known fact that the exons of the three Covibrals described up to here act upon and through the least known and discernible parts of our integral being. They’re mostly handled by the imperceptible and automatic functions of our Essence.

Said in computer lingo, these first three Covibrals form the “Operating System” that sets the parameters to which the “programs or apps” (of our Persona) that ‘run’ on the computer must conform, if all is to function well.

Taoist philosophy (as in the *I Ching*) sustains that these first Covibrals deal with the realm of the *superior man* (or maybe it should be, *what is superior in man*: his Essence). Likewise, they encompass, broadly, Western religion’s *Christ-mind* and the Oriental *Atman* or *Buddha*, each referring to the principles of man’s Essence or Inner Self. They also represent the part of our psyche that Freudian psychoanalysts call the *super-ego*.

On the other hand, the next three Covibrals handle the part of our being that was considered by the same Taoist sages as the *inferior man* (our Persona). Christians, Jews, and the followers of Islam associate their functions with the “mortal man” or, as they call it, “man fallen from grace,” the part of our being that is to be enlightened and redeemed. Other more primitive cultures refer to it as *sub-human*, the *demon*, or the *devil*. Freudian psychoanalysts see it as a combination of the *id* (instinctive behavior) and the *ego* (conscious action).

The next three Covibrals deal with our most perceptible, known, and willfully controllable functions. That is, they’re the faculties that can be governed by our Persona:



CORTICAL

The Cortical Covibra comprises the vibrations that influence the mental fabrications —abstractions and symbols— that represent the definition of the elements, places, and circumstances we relate to, either based on our direct experience or on that of others. Its exons configure the mental patterns that help us understand and explain to others all there is and all that happens: from the simplest notions that describe everyday occurrences, to the most abstract and complicated philosophical or scientific ideas.

Our Cortical Servo specializes in handling the functions that help us gather information that’ll be examined, differentiated, and measured in order to attain a useful meaning. It helps us to process facts and circumstances by comparing, pondering, deducing, and meditating about them until they yield a practical purpose.

Part of this Servo helps us communicate, propagate, and interchange the digested information, in the form of opinions, concepts, theories, technology, knowledge, and the likes. This may be done by using the spoken word, by the assembly of symbols and figures (ideograms, of which drawings, formulas, and written language are its peak expressions). With these mental tools, our Cortical Servo produces and communicates a comprehensive mental “map” of forms, procedures, and relationships of what we perceive within and around ourselves.

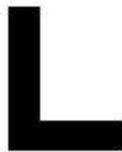


The premises of the Cortical Servo are the fields of science and technology, along with those of literature and philosophy, and of everything that provides mankind with a way to collect, understand,

apply, and communicate knowledge of any type. These are the functions we think and reason with, those that allow us to produce rational explanations and productive intellectual work.

Cortical AlphaAction is activated by our insight, intuition, and inspiration, as they supply the proper knowledge to implement our own objectives. *Deduction* is what the AlphaAction of this Covibral area uses best. This is the mental process that applies general principles to new and specific instances. Cortical AlphaAction helps us select the convenient notion, information, or process from a pool of knowledge, to then use it in favor of a particular objective.

Whereas, the Cortical OmegaAction is awakened by physical sensations and emotional perceptions, usually incited by circumstances of the surrounding environment. These functions take great pains to apply and improve former knowledge and information, many times giving it a new, more useful application. Cortical OmegaAction favors the use of *induction*: the method that derives general principles from particular cases.



LIMBICAL

This energy range consists of exons of a much more subtle nature than those of the Material Covibra. They influence the instincts, moods, and feelings of every living being. Here we find the vibrations that modulate the attraction/repulsion reactions that motivate nearly all relationships, be it among living beings, between these and the different elements of their environment, or in relation to the processes that occur on higher levels of existence. Remember that our emotional drive is what determines a large part of our social conduct. It also constitutes the basis of our “Emotional Intelligence.” The Limbical Covibra’s Servo manages the functions that propel us toward our well-being, enjoyment, and delight. The same mechanism makes us repel what we fear or dislike. Some of its “programs” drive us toward food, shelter, security, pleasant company, and so forth. It’ll also try to move us away from danger, injury, foulness, and other discomforts.

This Covibra’s vibrations influence what we’re to respect, fear, want, reject, hate, desire, or ignore. The resulting combination of emotions fuels the ingrained behavior that modulates our appetites and aversions: the processes and patterns that gradually became the operational platform of our personal limbic system. This, together with the “orders” of our reptilian complex, defines the emotional behavior patterns of every species or society (tribe, clan, nation, political party, religious group, corporation, or family), as well as those of every individual.



In other words, the Limbical Servo is the mechanism responsible for modulating the temperament, attitude, disposition, humor, and interest that propels us (or holds us back) in life.

The Limbical exons motivate all activities designed to stimulate or tone down our emotions, which is why it encourages all types of diversion and fun, as well as art, music, dance, games, comedy, poetry, drama, politics, advertising, promotions, etc. They also influence what we call “faith.”

The Limbical AlphaAction tends to encourage activities that drive us to implement and shape new, original, and unpublished products and services. To do this, it’ll stimulate the creation of new artistic productions, political stratagems, marketing and sales plans, ways to motivate people, etc.

In contrast, the Limbical OmegaAction activates the desire to improve and make good use of what already exists. It’ll seek to awaken a person’s interest to take advantage of what they already have, what’s already in production, and what has been done before. It impels us to further develop and improve former creations.



MATERIAL

On this Transvibrational level we find the vibrations that form and influence the tangible, somatic, and physical side of our existence. They make up the sensations we perceive of our own body and of the environment that surrounds us, in accordance with what our corporeal senses inform us. It’s the facet of reality upon which we can apply our physical action.

These are the exons that influence the vibratory range that gives form to our tangible, everyday surroundings, the place of safety and comfort that shelters us physically. All our material belongings, as well as the circumstances that engage them, are within the scope of the Material Covibra’s vibrations. On a larger scale, they configure everything that makes up our physical world and the universe that surrounds us.

We must include all our bodily functions, such as our metabolism and nutrient assimilation process, together with our neural activity, immune defense, respiration, circulation, physical perception, corporeal growth, mobility, reproduction, etc.



The Material Servo is responsible for the physical expression of our talents, skills, and abilities, as well as for the deftness with which we handle tools, equipment, and materials. It also manages activities whose main concern is to deal with physical or material objects, such as sports, construction, industry, medicine, therapies, farming, and mechanics, to name but a few.

The AlphaAction of the Material Covibra deals with all the new things or situations we make or implement in the physical world. It's an action that gives form to new tangible goods and services. Whereas, Material OmegaAction tends to stimulate the further development, improvement, maintenance, and good use we give to everything found within the realm of matter.

Top-down Model of our Integral Being

As suggested by the above explained Covibra descriptions, our existence would seem to begin at the Universal Covibra, where we're still part of the featureless Essence or Life Force. Our integral being then starts to take shape, thanks to the energy-forces of the Individual Covibra, in accordance with the attributes etched onto our Phenotype. This specialization determines our type of life: that of an artist, a medical doctor, a life coach, an engineer, and so forth.

Subsequently, this vocation indicates the kind of experiences (nexus, connections, ties, relationships, etc.), strategies, and opportunities that will tend to constantly appear in our lives, to evolve properly and live in the best possible way.

Notice that the functions of the three mentioned Covibrals (Universal, Individual, and Nexal) are managed by the autonomous and subconscious workings of our Essence, over which we have no willful control, but still must strive to comply with.

So, taking all this into consideration, we can infer the importance of knowing (1) the way our Essence "projects" itself through our Persona into our lives, (2) the ongoing conditions of the exocausas, (3) the layout of our inborn qualities and skills, and (4) based on the three former notions, the way our Essence will place us in circumstances and opportunities, at a given moment.

Exonica's algorithms can help you identify these objective tendencies, in order for you to make the most of them.

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Continuing with the downward outflow of the Life Force allotted to each of us, we find that our Persona manages a large portion of what goes on in the next three Covibrals: Cortical (our thoughts and rational expression), Limbical (our emotional context), and Material (how we handle our physical world).

With our intellect, we can examine the prevailing norms, accepting or rejecting any part of them. Our emotions, basis of our desires and our faith, can emphasize or turn down this interpretation. Our environmental conditions will also play a role in this decision. We can do all this thanks to the liberty that our free will gives us.

And here is where the problem begins.

Even though our freedom of choice allows us to accept or refuse what our Inner Self (Essence) adamantly holds up, it would be a great mistake to use that liberty to reject it. In this case, we would grope blindly through life, not knowing our true inclination nor recognizing the opportunities that appear along the way. A total mess, right?

Still, each of us has the responsibility of choosing correctly. Exonica can help, but not make the decision for you.

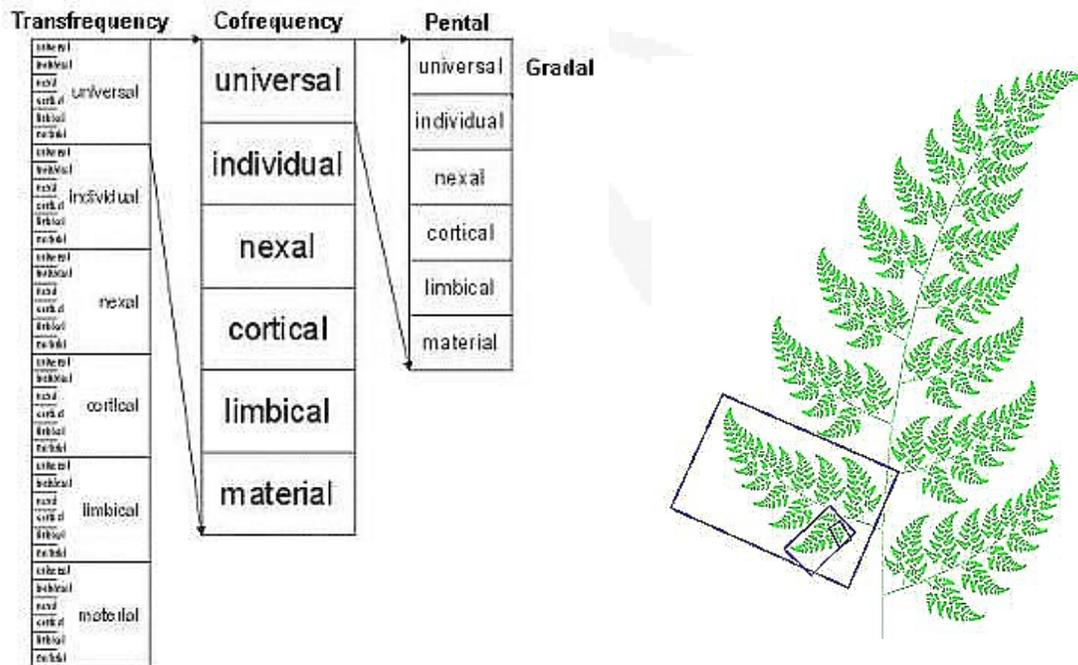


Ranges and Gradations

*You are free to choose,
but you are not free
from the consequences of your choice.*
Unknown author.

If we cut a bar magnet in half, we don't end up with one piece having the positive pole and another one with the negative pole. What we get are two smaller magnets, each one with its respective positive and negative poles. If we again cut these smaller magnets in two, we'll get still smaller bipolar magnets. No matter how many times we repeat this operation, the resulting pieces will always be bipolar.

Similarly, when we examine the vibratory makeup of any Covibra, we find that (a) the part lying toward Alpha has a greater affinity with the exons of higher Transvibra, that is, with immaterial, intangible configurations, (b) the portion that lies nearer to Omega is more attuned to lower Transvibra: material, perceptible structures, and (c) the central area harmonizes well with the Beta-Delta level qualities of Transvibra.



If we now divide any Covibra into *six equal sections*, each of these subdivisions is a scale-down model of the Transvibrational layout. If each of these six partitions is again divided into six equal divisions, we once again get in each part an even smaller scale model of Transvibra (see above illustration, left).

We could repeat this indefinitely, but the result would always be the same, which is an important characteristic of all *fractal* designs (e.g., the Mandelbrot set, the Sierpinski triangle, and now, the Exonical scale). See how this happens, for example, in a fern branch (above, right).

Pentals & Gradals

When we divide a Covibra into six equal subsections, we give form to its six **Pentals** (rhymes with “mentals”). Thus, each Covibra contains six Pentals.

If we examine the energy constitution of a Pental, we’ll again notice that, like what happens with a Covibra, its upper vibratory region harmonizes with the Alpha Point exons of Transvibra, its lower area is more akin to the Omega Point energy qualities, while its middle range concurs the vibrations of the Beta-Delta region.

As the effects of the six AlphaAction Covibrals are different from those of the six OmegaAction ones, we have a total of 12 different Covibrational influences. Thus, every Exonical Cycle has 72 Pentals (12 Covibrals x 6 Pentals each = 72 Pentals), and each Pental spans 5 arc degrees of an Exonical Cycle ($360^\circ \div 72 = 5^\circ$).

A Pental can also be divided into six even smaller energy parcels, which again show the same vibratory layout of the six Covibrals that make up Transvibra.

This division of the Pental produces a new Exonical unit of appreciation called the **Gradal** (rhymes with “cradle”). There are six Gradals in every Pental, and 36 Gradals in every Covibra. This means that an Exonical Cycle has a total of 432 Gradals (12 Covibrals x 6 Pentals x 6 Gradals = 432 Gradals). Each Gradal covers about 0.83 arc degrees of an Exonical Cycle.

The different energy levels and sub-levels of Transvibra’s vibratory structure must be taken into consideration more for their particular *type of influence* (for their qualitative properties), than for the strength of their energy. This is because their differences and affinities are based on their vibratory attributes and not on a comparison of force intensities.

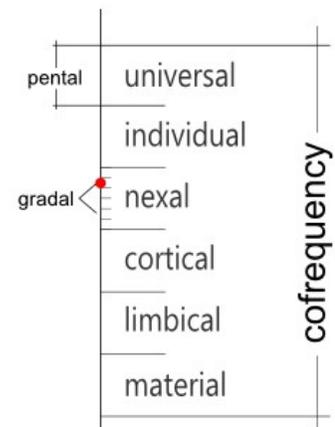
The TransDir (AlphaAction or OmegaAction), the Quadrant (Air, Water, Earth, and Fire), plus the three above described subdivisions —Covibra, Pental, and Gradal— constitute, in this order of importance, the five **Precision Levels** of an Exonical Factor’s influence.

Interaction between a Covibra and its Pentals

The following is an interpretation of the relationship held between the focal point/Factor of an Exonical Cycle and its Transvibrational position.

Let’s suppose the Cycle’s focal point (the red dot) is in the Cortical Covibra, Nexal Pental, Individual Gradal. Then, the Exonical interpretation of the Cycle’s effect would be:

- Of the topic, field, aspect, or elements belonging to the Cortical Covibra, we’ll specially take into consideration what’s indicated by the Nexal Pental.
- The resulting effect will be mostly seen or felt within the scope of what’s indicated by the Individual Gradal.



Read the following explanations to better understand the sequence, which is, in sum, of everything that makes up the Covibra, especially what's indicated by the Pental, and of everything covered by this Pental, especially what's pointed out by the Gradal.

When the *Cortical* Covibra (or any other one) is divided into six equal subdivisions, we get, as I explained earlier, its corresponding Pentals. In a former chapter, I said that the Cortical Covibra's vibrations act upon the cerebral areas that deal with: (a) the rational interpretation of what we perceive, (b) the interrelation of intellectual notions, (c) the development and application of methods and techniques, (d) the formulation of concepts, opinions, and other forms of reasoning, and finally, (e) the communication and transference of knowledge and information to other persons. As you can see, the exons of this Covibra influence everything that our intellectual skills and reasoning faculties manage.

However, each of its Pental's vibrations only influences part of the Cortical functions, that is, they act upon very specific areas, those that deal with a certain portion of the vast ocean of information and knowledge we have access to.

Five of the six Pentals of the Cortical Covibra specialize in handling data related to what the *other* Covibrals deal with. This refers to the information that corresponds to the portions of life that are managed by the Universal, Individual, Nexal, Limbical, and Material Servos. The remaining Cortical Pental only handles what is directly related to the Cortical Covibra itself (knowledge and information *per se*).

Striving to be even more explicit, we could say that the energies that make up the Material Pental of the Cortical Covibra only deal with concepts, theories, and explanations that are specifically related to physical phenomena and to what is perceptible by our bodily senses.

The Limbical Pental only acts on what is rationally thought and verbally expressed about what evokes feelings, moods, and emotional issues.

The Cortical Pental of the Cortical Covibra, like I said, comprises the reasoning that deals with the management and usage of knowledge itself.

The Nexal Pental comprises the knowledge, techniques, and concepts related to the process that connects and provides every individual with what they need in order to organize their life.

The Individual Pental works with the reasoning and information linked to the ideal expression of an individual's inborn attributes, that is, the potential that derives from the use of the characteristics of their essential design.

And finally, the Universal Pental of the Cortical Covibra deals with the knowledge and intellectual data related to our ideal integration with the essential workings of life's primordial exons.

Recapping, the Gradal is a specialization of the Pental, just like the Pental is a specialization of the Covibra, and this last one is a specialization of Transvibra.

In theory, we could continue subdividing Transvibra by producing each time smaller and smaller energy parcels, but such minute units would be highly impractical because of their very brief time of existence (unless we're dealing with very long Cycles). I have found that for most cases, the Covibra / Pental / Gradal arrangement gives us enough information.

The Exonical Evaluation

Be the change that you wish to see in the world.

Mahatma Gandhi (1869 - 1948)

Indian lawyer, anti-colonial nationalist,
and political ethicist

After having defined the components of an Exonical Cycle, I'm going to show you, step by step, how to correctly juggle everything to find the precise effect of their focal points/Factors.

Step 1) The selection of the Cycle immediately determines the *marker* (attribute or faculty) we're going to deal with (e.g., Terra → Awareness/Attention, Selene → Susceptibility/Learned Reactions, etc.).

Step 2) The Factor's *TransDir* will indicate if the Cycle's action comes from the inner and abstract world of ideas, essential designs, and ideal plans, into the realm of new, tangible prototypes and formations, a process that is driven by AlphaAction. Or if on the contrary, the Factor's impulse will favor the refinement, further development, and fructification of an objective, a driving force that's set in motion by OmegaAction.

Step 3) The *Binal* placement. This will tell us if the Cycle's punctual effect is acting within the conscious or the subconscious spheres of our lives —is it something we can directly and willfully handle with the attributes of our Persona? Or is it something that the faculties of our Essence will spontaneously deal with in a subliminal way? If the Transvibrational position of the Factor is above the Beta - Delta line, our "Perception Threshold," the Cycle's influence will be mainly handled by our Essence; if it's below this line, we can consciously manage it with our Persona's abilities.

Step 4) We'll then take a look at the Factor's *Trinal* position. This will tell us if the Cycle's effect is stimulating areas related to our physical world or our instincts and emotions (EctoTrinal), or of aspects handled either by our rational thinking or by our intuition (MesoTrinal), or of the deep-residing patterns of individualized characteristics and ideal archetypes, which belong to the innermost level of someone's, or something's, basic structure (EndoTrinal).

Step 5) Next comes the evaluation of the *Quadrant*, which lets us know if the effect is influencing the basic design or initial planning of an objective (Air), the first perceptible manifestation of models and prototypes (Water), the actual activation and further development of a project (Earth), or the revision of the undertaking's outcome versus the corresponding standard of excellence, and the suggested improvements to be made (Fire).

Indeed, there would seem to be a bit of repetition of results, but actually, each one adds its nuanced appraisal to the overall interpretation.

To the former, we still have to add the following:

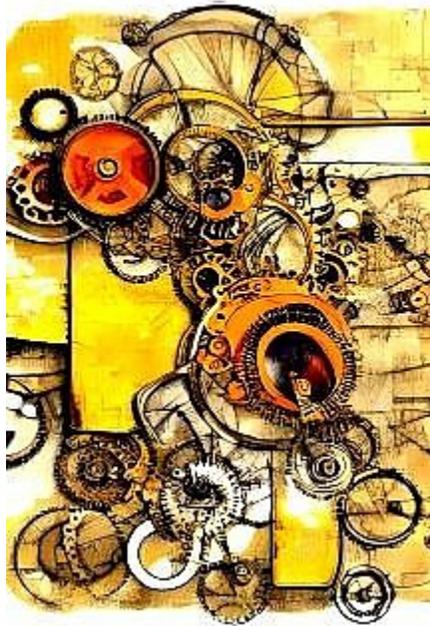
Step 6) The *Covibra / Pental / Gradal* effect can be rendered as: of everything that a Covibra deals with (say, Material: something detected by the senses, an everyday experience, a physical activity, etc.), *especially* the area or elements that the Pental indicates (say, Cortical: numbers, knowledge, meaning, information, etc.). And of all that this Pental covers, *especially* what the Gradal points to (say, Limbical: the emotional context, artistic, motivational, political, sales, etc.).

Exonica

By combining the former examples, we'd get, for instance, a book, a video, or a lecture (Material), that deals with information, wisdom, or notions (Cortical), related to an experience or situation that awakens a particular feeling, attitude, or mood. The answer would be rounded off by the attribute of the *marker*.



THE VISIBLE STAGE



This section offers serious and valid testimonies from Astrophysics, Heliophysics, Astronomy, Cosmology, Chronobiology, and other sciences about the consistency of the tangible part of our reality. Here you'll find explanations regarding the palpable elements that constantly influence our environment and us.

Although most of the explanations provided are in perfect agreement with science, I've tried to present them in clear and easy-to-understand terms, so as not to overwhelm the reader with technical jargon.

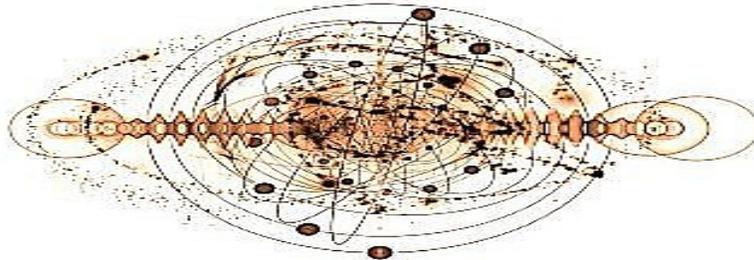
I am sure you'll be delighted to know that many of your philosophical, ideological, and religious beliefs are based on energy manifestations that actually exist in the natural world.

Finally, perhaps unintentionally, present scientific research now provides explanations on how exocausas (astrophysical events) exert their influence on our Local Space Environment (LSE), on our being, and consequently, on our daily events.

Matter

*Change is the law of life
and those who look only to the past or the present
are sure to miss the future.*

John F. Kennedy (1917 - 1963)
The 35th President of the United States of America.



In a previous chapter, we examined part of the biological “equipment” we normally use to perceive reality. Now we’ll look into the actual makeup of the most substantial and tangible part of that reality: matter.

For us, tridimensional space begins and ends exactly where our conscious sensory perception begins and ends. Obviously, reality is not limited to the narrow range of energies we can detect with our physical senses.

When science states that it’s searching for the ultimate particle of matter, it’s only looking for a new limit to the perception we have of our material world. First it was the atom, then came the electron, now it’s the quantum, and tomorrow... who knows.

Underlying Energy Field

When primordial energy creates and then flows through the different Covibral levels, it does so in the form of pulsating energy knots, or quantum packets, as formerly explained, which reminds us of what Albert Einstein (1879 - 1955) said when he spoke of the new definition of matter:

“We must consider that matter is made up of certain spatial zones where the energy field [the amount of waves] is extremely concentrated and intense.

Today, there’s no place for both concepts: that of the energy field [waves] and that of matter [particles]. We must make it very clear that there’s only the field [waves], as matter is just a very particular aspect of this field [meaning that a particle is an extremely tight and compact ‘bundle’ of waves].”

The well-known English astronomer and physicist, Sir Arthur S. Eddington (1882 - 1944), former director of the Cambridge Observatory, in England, said something similar:

“Behind all material existence, there’s a vast non-material ‘backdrop,’ a kind of *mind- stuff*, or consciousness that maintains and regulates its own formation.”

This seems to have been the same substratum mentioned by another Englishman, Sir James H. Jeans (1877 - 1946), astronomer, mathematician, and physicist, who described the process as:

“An ‘emptiness’ that spontaneously spawns and [seemingly] reabsorbs particles; ‘something’ that creates forms, and then [apparently] undoes them.”

An idea of unnerving similarity can be found in many old schools of Oriental philosophy, some of which sustain the notion of a ‘living-void’ (*Brahman*). Along with this concept, we have the Buddhist *Nirvana*, the Hindu *Sunyata*, the *Nothingness* of the Taoists, and Neo-Confucianism’s *Ch’i*.

However, this ‘nothingness,’ instead of being empty and barren, as the word might suggest, is only a state devoid of formations that we can perceive with our five physical senses. In all truth, there will always be present, at the very least, the energy-patterns that are the essence of every form, that is, the underlying configuration of the field itself.

“Interstellar vacuum never existed, except in the imagination of the 19th and 20th century scientists,” was said by the French chemical engineer and prolific writer, Jacques Bergier (1912 - 1978).

Presently, Western rationalistic science only dares to approach the doorway that leads ‘upward and inward,’ out of the Material Covibra and into the energy realm of higher Transvibra.

Still, as mankind’s perception continues to evolve, sooner or later man will learn to acknowledge ‘the next level of reality’ and to squarely look at its features —probably to find what Oriental wisdom, the high priests of the pre-Columbus native civilizations of the Americas, and other traditional cultures of the world have been describing for ages.

Already in the fifth century BCE, the Greek philosopher Heraclitus portrayed the material Universe as “an immense ethereal realm, permanently animated by a spiritual fire.” Ancient Buddhist, Hindu, and Taoist literature also describes matter as “a cloud of ‘energy and particles’ that are in constant interplay, *continuously oscillating between formation and [apparent] disintegration.*”

Later on, Einstein, wizard of modern-day physics, showed us (in a more technical language) that *matter is but a certain arrangement assumed by wave energy*, and that the seemingly ‘solid’ particles thus formed are not detached from the field that produces them. Meaning that the space that seems to surround these formations is actually an intrinsic part of the process that generates the ‘energy knot’ that constitutes every particle, an ephemeral configuration that’ll [apparently] be reabsorbed by the same field that created it.

All this shows us that the universe is not static or inert, but that it consists of a continuous and very dynamic process of formation and disintegration. In this respect, the German mathematician Herman Weyl (1885 - 1955) said:

“According to the theory of energy fields, a material particle, such as an electron or a proton, is but a small ‘parcel of space’ in which the intensity of the field assumes very high values, thus indicating that the wave energy there present is concentrated into a very small area.

This energy knot, which is in no way clearly delineated against the underlying field that supports it, propagates through a more distended space.”

From the above statements, it can be established that whatever is formed by those ephemeral ‘energy knots’ is not really solid—not the stars, our planet, or our own body. Now, that’s something to think about, right?

The former explanations, a bit technical and perhaps somewhat unorthodox, were necessary to assert that both wave-form and particle-form are but two different aspects of the very same thing—pulsating asynchronous energy knots seen at different moments of their existence—in step with universal principles that constantly keep everything dynamically formed from one moment to the next, eternally.

Even Alan Guth (1947 -), the reputed particle physicist who authored the Big Bang’s *Inflationary Theory*, said: “The model proposed by my theory suggests the existence of a ‘multiverse’ (...) of which our perceptible universe is only a small fraction.” Surely, the ‘fraction’ Dr. Guth refers to are the exons of what Exonica calls the “Material Covibra.” To this, in order to get a complete picture, we’d still have to add the contents of the other five Covibrals.

The different states of matter presented to us by nature, or better still, *the way we perceive* these states, could very well have started to assume their actual appearance a long time ago. But before taking on their present aspect, surely the energy involved in their formation existed under a different presentation, perhaps one that’s difficult or even impossible for us to visualize or comprehend with our present mental faculties. This would come as no surprise, for nothing bursts forth “just like that,” out of nowhere. As a well-known physics principle states, “Energy can only pass from one state to another”... maybe from an imperceptible condition to a more detectable one, or vice-versa.

This allows us to infer that if the human race has evolved, as we know it has, so must man’s way of perceiving his surroundings. Due to the change of his mental faculties, it would seem that the much sought-after ‘initial moment’ of material existence (the so-called and somewhat downgraded “Big Bang”), will either turn out to be (a) the moment in which matter’s manifestation changed from a previous, imperceptible, aspect to its present appearance, or (b) the precise moment when man began to discern matter’s present characteristics, that is, when the human brain became ready to perceive the material world as we do today. Conjecture we may, but the true answer only our maturity and time will tell.

Owing to the importance given to what Persona perceives as ‘material’ or ‘corporeal,’ what is ‘immaterial’ or ‘incorporeal’ has been downgraded in an exaggerated way. Looking up on the Internet the antonyms of ‘material,’ along with the terms ‘abstract, impalpable, tenuous, spiritual, and ethereal,’ the words ‘trivial, insignificant, negligible, worthless, frivolous, inferior, and unimportant’ were suggested. No wonder so many first- and second-world countries are on the brink of social dysfunction and economic collapse! As we have seen in the unfolding of this book, the most important side of reality lays in the ever-present, imperceptible, and unavoidable energy-forces, the exocauses, that the cosmos rains upon our planet, a concept that rivals with religion’s “heavenly or celestial powers.”

Also remember that our Essence, the most ethereal part of our being, is way more powerful and important than our Persona, our means of dealing with the outside, more material aspect of our world.

I believe it’s time to rearrange our priorities. Don’t you think so?

Nwyvre

Since antiquity, the Celtic Druids (*druoid*, from the ancient Irish word *dru-wid-es*, sages) have taken into consideration the four elements —Air, Water, Earth, and Fire— which, according to them, gave form to everything else.

But they also knew about a fifth element, one they called *Nwyvre* or *Nwyfre* (Middle Welsh word, pronounced *nooif-ruh*), which represented “the unseen potential energy that gave birth to the world, without whose intervention nothing could exist or act.” For them, it was the ‘fluid’ *par excellence*, the ether, the quintessence, and the astral light from which the other four elements originated; it was “what gave form to life and material presence to the spirit.”

Thus, for the ancient Druids, *Nwyvre* was the mysterious “indiscernible force” that entwined human existence with “the world of the gods.” It was the “mist of fire” that connected the celestial bodies with all earthly happenings. Likewise, it’s “the life-force that flows through the Universe, which in Orient is called *Chi*, *Qi*, or *Prana*,” and the “sea of molten bronze” formed by the ethereal and radiant elements of the Cosmos. It was also “the invisible light of divine origin,” by whose intervention everything came to exist: the subtle but decisive transition from essence to substance. As considered today, it’s the transit from a quantum’s *wave-* to its *particle-*state.

In modern Welsh, it’s used to signify “sky, firmament, atmosphere, or heaven,” and is associated with the root word *nwyf*, which, when translated, means “a subtle pervading element, a fine ethereal fluid,” as well as “energy or vivacity.” In the past, Physical science used the word to describe *the ether*.

It seems that the Druids of antiquity, without knowing it (or did they?), made use of the concentric energies-forces that surround the center of the Galaxy, which we saw in a previous chapter (*Galaxy*).

In my opinion, *Nwyvre* is equivalent to the Chinese *Chi / Qi*, the Hindu *Prana*, the Old Norse *Orlög*, the Vedic *Rta*, and, of course, the action of the Exonet.

Caduceus

It’s interesting to note that the symbol used to represent the *Nwyvre* was the Serpent, the universal wiggly pictogram of *vibrations*.

Throughout man’s history, the Serpent has always represented “an accumulation of knowledge and wisdom,” an entity that granted power to whoever succeeded in “killing” it (although it might be better to say: to whoever “dominated” or “understood” it).

For example, when the Greek god Apollo killed the Serpent *Python* and placed its skin in the Temple of Delphi, the location became the *Omphalos*, the navel or epicenter of all the divinatory places of that time. The meaning of this legend is that Apollo, who was a solar deity, suddenly understood the hidden elements represented by the figure of the Serpent.

In another legend, rich in symbolic meaning, the Greek god Hermes while strolling along a path came upon two fighting serpents. When he touched them with his staff, both snakes tamely coiled around it. And, as the tale goes, this granted Hermes the magical power to understand and make use of the two

seemingly antagonistic powers of the universe (e.g., AlphaAction and OmegaAction, Essence and Persona).



The meaning of this exquisite parable is that once the chaos of natural forces (here represented by the two belligerent reptiles) is organized according to the proper orientation (the one indicated by the Transvibrational Axis, here symbolized by Hermes' staff), it'll be seen that one phase of reality spirals down into the material world and that the other coils up toward the powerful yet imperceptible essential energies of life.

From there on, Hermes used a *Caduceus*, a symbol showing two serpents entwined around a staff, as an emblem of wisdom and magical power. This means that he came to possess the knowledge of "the rhythm of the opposing serpents," which gave him the power to synchronize his actions with the ongoing spacial influences. By the time you finish this book that knowledge will also be yours, as will be the power that goes along with it.

Substance

Careful astrophysical observations have determined that around the Sun, at different radial distances, there are concentric energy rings, each establishing a particular "resonance band" (Law of Titius-Bode). This resonance occurs every time the wavelength of the energy located at a certain distance from the Sun is a whole number that's a multiple or sub-multiple of the length of that particular solar orbit.

Due to this phenomenon, at several particular distances from the Sun, the solar energy field allows the localized concentration of elements. These accumulations are called *accretions*, and they configure the material formations found at that specific distance from the Sun. These aggregates go from a single speck of interplanetary dust all the way up to the colossal gathering of particles that produces a planet.

Nowadays, it's an accepted fact that this is what keeps in place the "Asteroid Belt" found between Mars and Jupiter. On this subject, the North American chemist, Dr. Harold C. Urey (1893 - 1981), Chemistry Nobel Prize of 1934, commented:

"The asteroids are the product of an altered resonance that doesn't allow the planet that belongs there to exist in one piece, so it must do so in a fragmentary state, with its bits and pieces sprinkled all around its solar orbit."

In this same order of ideas, we have an explanation given by Te-Yho-e-te-Pange, high priest of the primitive Polynesian island of Raroia, who at the time told Bengt Danielsson, a member of the 1947 *Kon Tiki* balsa-wood log, motor-less raft expedition across the Pacific Ocean:

"In the beginning there was only empty space. There was neither light nor darkness, nor land or sea, nor Sun or sky. Everything was a great, silent void.

After uncountable moons [many months], this great emptiness began to move and became Po [the night]. All was still dark, very dark, when Po started to rotate. Night was transformed, and something like sand began to take form. And that sand became the world we know today."

The *Vedas*, sacred books of age-old India, affirm that “the origin of everything comes from a ‘fluid’ that creates and re-creates everything.” Verse X.4.2.2 of the *Satapatha Brahmana* says that in the beginning, the universe (*Salila*) was a “fluid that became the ‘Golden Source of Existence’.” It then floated through space for an entire year, a time in which, owing to its “fervent desire,” created and transformed everything on Earth (a cycle we shall soon see from Exonica’s point of view).

According to those wise Orientals, that ‘fluid’ was “a transcendental substance that’s originated by and flows from the Sun (*Purusa*),” which was considered to be “the unquestionable Lord of everything that lives and dies.” Today’s science, in its own language, corroborates that the ‘fluid’ mentioned by those ancient scriptures is none other than the solar wind *plasma*, a prelude to the ever-more compact gathering of vibro-pulsations that we refer to as ‘matter.’ Note that plasma constitutes 99% of the visible universe.

Hebrews and Christians alike, in the Old Testament of the “Holy Bible,” specifically in Genesis, chapter 1, tell us “everything began by the ‘Sovereign Power and Will of God,’ who out of nothing, from the total void, created the entire universe (*creatio ex nihilo*).” But before that, He created *light*.

The idea of light being the primal basis of Creation was very popular among many ancient cultures, for it represented the Primeval Substance begotten by the will of the Only God (the Verb) and manifested through the *Virgo Materia* (Immaculate Matter). If it were not for the semantics involved, there would be little difference between this and what today’s men of science uphold.

Solar Wind

In the early 1950s, the German astrophysicist Ludwig Biermann (1907 - 1986) proved that the Sun’s *corona* (its external shell) constantly expands outward in all directions and that this action continues beyond Pluto’s enormous orbit. Soon afterward, it was discovered that this steady expansion generated a continuous billowing of electrically charged particles: the solar ions. Modern science has confirmed that the “solar wind” thus generated can advance at speeds well over 800 miles per second, and that it has a temperature that fluctuates between 1800 and 2200 degrees Fahrenheit (water boils at 210° F), at a mere 300 - 375 miles above the Earth’s surface.

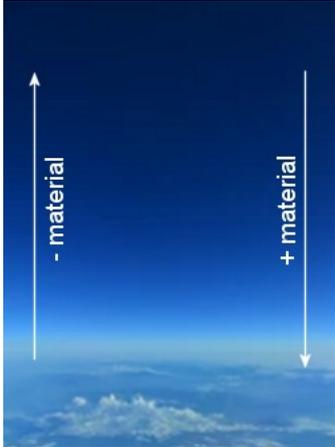
Modern astrophysicists affirm that the terrestrial atmosphere is a kind of “transition zone,” a region where the action of Galactic and Solar incorporeal radiation gradually produces the tangible formations that our senses will later on perceive as “physical matter.” This was later verified by Akasofu and Chapman (1972).

As the solar wind advances from the Sun toward our planet, it gradually contributes to the formation of energy structures that are more and more detectable by our bodily senses.

To corroborate this, we only have to note that above the 250-mile altitude mark, most of the material elements found there exist as insubstantial electromagnetic waves. Further above this, in interplanetary space, only photons exist. It’s as if light progressively ‘freezes’ into tangible subatomic particles.

As we continue to approach our planet, we gradually begin to find the first subatomic particles / ions (the atoms begin to take form, but they still exist as incomplete configurations). This formation has been explained by the complex process of *photo-ionization* — a fancy way of saying that their creation derives from pure *light*. Remember that the same thing was said in Genesis in the “Holy Bible”?

We'd still have to descend to the 125 mile altitude mark to begin to find matter in a more structured form, which by then has taken on the form of free, neutral, and stable **atoms** (finally, the complete atomic “energy-knots” begin to appear).



From here on, as we continue to approach the Earth's surface, we'll gradually begin to find combinations of atoms called **molecules**. And, as we keep on descending, the molecules gradually join and form the diverse **elements** (gases, liquids, and solids) that make up our familiar material world.

Of course, if we decide to travel in the opposite direction, that is, moving away from the Earth's surface into space, it would seem that our planet, little by little, is “undoing” or dissolving itself into each time more discrete components (in astrophysics, this process is called *photo-dissociation*: the dissipation of matter into light). In a way, this proves that our planet, just like the energy “particles” described at the beginning of this chapter, seems to “fade away” into the subjacent cosmological field that engenders it.

Interestingly, the same kind of “disintegration” happens to the Sun: the farther we move away from its visible body toward interstellar space, the more rarefied the solar plasma becomes. And then again, something similar happens on a galactic scale, now in relation to the “Galactic wind” that constantly emanates from our Galaxy's nucleus into intergalactic space. All of which proves that energy gradually coalesces in a stronger and more concentrated way toward the center of a celestial formation, regardless of its location or size —be it a galaxy, a star, a planet, or a natural satellite. This remarkable fact will be used again in the following chapters.

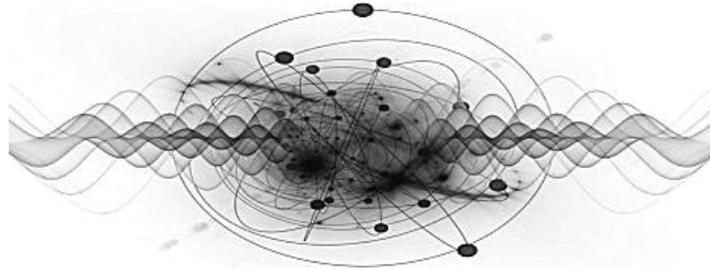
It can be surmised that every planet is the product of a nonstop effect fostered by the combination, or sum total, of uncountable energy vibro-pulsating elements, each one being asynchronously generated by a common cause, but regulated by the properties of its own existential cycle.

That supra-terrestrial formations are sustained effects that evolve in a space-time ambiance, similar to what happens to subatomic particles, is something that modern Western astrophysicists are just starting to get used to. I believe that the concept of “Continuous Creation,” owed to the new quantum field theories, will become an accepted fact by the younger part of this generation.

Ions

Electricity is the soul of the Universe

John Wesley (1703 - 1791)
Founder of the Methodist Church.



In a balanced or neutral state, an atom has the same amount of protons (positively charged subatomic particles) as electrons (negatively charged ones). Whereas, an **ion** is an atom that either has an overall positive or negative electrical charge.

When an atom *loses* an electron, it becomes a (+)ion, a positive ion (a cation), because there are now more electrically positive protons than negative electrons. If on the contrary, an atom *gains* electrons, it becomes (-)ion, a negative ion (an anion).

Human beings, just like all other living organisms, have a bioelectrical nature that's very sensitive to the influence of the electromagnetic field that surrounds the Earth. The diverse functions of our cells can be activated (or subdued, or even stopped) by this field's electrical impulses thanks to the water, salt, metals, and minerals our body contains. Moreover, our cells' metabolic functions, as well as our thoughts and emotions, are generated by electromagnetic chemical processes.

Behavioral changes are characterized by alterations in our learning and memory processes, fear reactions, anxiety, and social conduct, with responses varying depending on the dose and type of ions that prevail in the environment.

Egle Cekanaviciute, Susanna Rosi, Sylvain V. Costes (2018)

Regarding this same topic, Google Gemini® AI (2024) said:

“Ions definitely affect gene expression [activity].”

Changes in ion concentration can trigger adjustments in the activity of the genes involved in learning, memory, and thinking, as well as in adaptation and survival.

Some genes might increase vulnerability to negative emotions, but others potentially enhance resilience and coping mechanisms.

Understanding the interplay between genes and environmental ions can help us manage our emotions and mental well-being more effectively.

Keep in mind that intelligence isn't controlled by a single gene, but rather by a complex interplay of many different genes, each with small individual effects. Hundreds of genes have been linked to intelligence, but their exact functions and interactions are still being unraveled. Ambient ions also influence these genes, hence, they have an impact on our cognitive abilities, such as memory, processing speed, and problem-solving.

Overall, the relationship between ions and gene activity is complex and multifaceted. While the exact mechanisms are still being explored, it's clear that ions play a significant role in regulating how genes are turned on and off within cells, which then influence our emotional susceptibility and reasoning powers.

The following explanations will help you better understand the material in the forthcoming chapters.

We'll see how the diverse exocausers (e.g., the solar wind and storms, the position of the Moon on its orbit, the placement of our geographical location regarding the topocentric position of the Sun or Moon, etc.) modify both the type of ion that prevails in our local environment, as well as their concentration. This, along with the production of natural ELF waves (*Extremely Low Frequency* waves, which will be explained in the next chapter), alters many of our molecular, organic, and mental processes, but usually not in a bad way.

Our endocrine system intervenes in our homeostasis through a group of glands and other organs that secrete chemical substances called *hormones*. The nervous and the endocrine systems work together to achieve the same goal: to preserve an individual's homeostasis.

Ions significantly stimulate hormone production through direct effects on cellular electrical activity and by serving as signaling molecules that facilitate hormone release.

Perplexity AI (2024)

It has been determined that our homeostasis is strongly influenced by the ions that are present in our local atmosphere. Therefore, these ions can be considered to be material elements that have a powerful effect on our daily activities, health, mood, and behavior.

In a Japanese study conducted in 1910, the relation between human health and environmental ions was first scientifically studied. It was then confirmed that patients who suffered from arthritis felt much more pain when they were in a place with a high concentration of (+)ions. As a result of this experiment, the link between our health and local ions is now widely recognized and accepted.

In fact, it has been determined that (+)ions greatly influence *in a harmful way* many of our biological and psychic processes. Everyone, to a greater or lesser extent, is affected by an ionic imbalance (when there are more positive than negative ions in our environment). It has been proven that this difference can cause disorders such as headaches, depression, irritability, insomnia, and several other ailments.

Dr. Albert Krueger, a pathologist and bacteriologist at the University of Berkeley, California, tested plants, rats, insects, rabbits, and guinea pigs to investigate how (+)ions affected their biochemistry. Already in 1960, he published a revolutionary article in the *Journal of General Physiology*, in which he demonstrated that a high concentration of (+)ions caused an increase in the production of the *serotonin* hormone in mammals, which gave rise to a hyperactivity that later on led to states of exhaustion, anxiety, and depression. This hormone is produced by the body in situations of physical or mental stress and is known as "the stress hormone."

Maladies such as depression, headaches, insomnia, stress, etc., are routinely treated with *reserpine* tranquilizers that reduce the level of serotonin in the blood. Dr. Krueger's study proved that (-)ions had the same tranquilizing effect as the serotonin reduction did, but without the harmful secondary effects of the chemical tranquilizers. In fact, it has been experimentally verified that anyone placed in an atmosphere where (-)ions prevailed could reduce the level of serotonin in their blood by up to 30%.

Remember that around the Omega Point of every Exonical Cycle there's a predominance of (+)ions and that near its Alpha Point there's a prevalence of (-)ions. Thus, when the focal point/Factor of an Exonical Cycle is in the vicinity of its Omega Point, our local ambiance will have a lot of (+)ions. And when the Exonical Factor is close to its Alpha Point, there will be a higher concentration of (-)ions in our locality's atmosphere.

The occurrence of transient or sporadic exocausers (solar flares, large sunspots in a geoeffective position, CMEs, the speed and proton density of the solar wind, etc.) can also increment the amount of (+)ions in a locality's atmosphere, thus affecting its dwellers. This happens mostly around the sunspot cycle's maximum (Solar Max).

Among the many organic disorders that researchers have been able to relate to the excess of (+)ions, we find: increased sensitivity to pain, migraines associated with nausea, dizziness, nervous involuntary contractions, irritation of the eyes, excessive fatigue, fainting spells, saline imbalances, water retention, breathing difficulties, allergies and asthma, heart and circulatory problems, low blood pressure, loss of reflexes, inflammations, hemorrhages, pulmonary embolism, thrombosis, and the hyper-secretion of serotonin, among other illnesses, with all the consequences and problems that derive from them.

Dr. Felix Gad Sulman, head of the Department of Applied Pharmacology of the "Hebrew University of Jerusalem," explains: "Although the excess of (+)ions in the air affects everybody, around 25% of humanity is extremely sensitive to their influence, especially their respiratory, nervous, and hormonal systems." If you frequently suffer from any of the above-mentioned anomalies, you may be part of this hypersensitive group.

Ions not only influence the components of our physical bodies, but indirectly affect all the other Covibrant areas of our integral being.

Exonica proposes, based on recent observations from NASA's Van Allen Probes (Matina Gkioulidou et al, space physicists at the Johns Hopkins University Applied Physics Laboratory in Laurel, Maryland), that some (maybe all) exocausers modify the presence of low-energy protons [(+)ions] entering near-Earth surrounding space. This influences the global system of electrical currents, both in space (ring current) and on Earth's surface, which, in turn, changes the ion content of a given geographical locality. And this affects the different parts of our integral being.

Such changes of the ground magnetic field are described by what's called the Sym-H index.

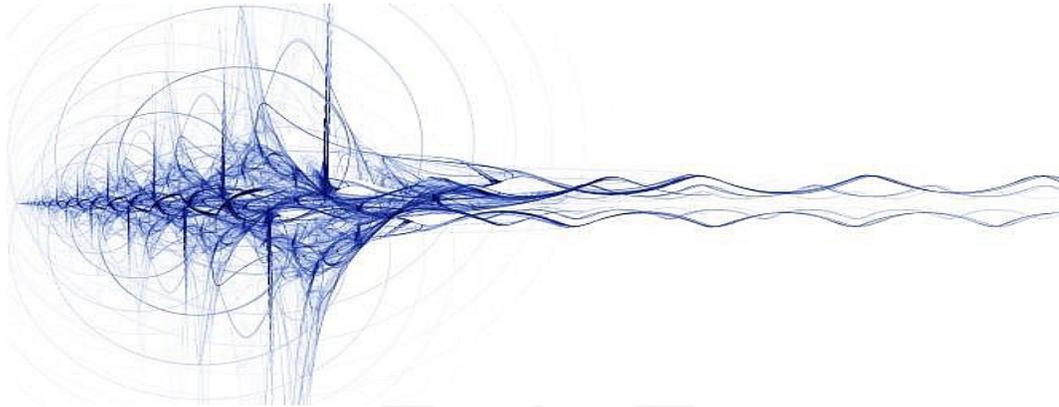
The subtle changes in a locality's electromagnetic field directly changes the production of that place's natural ELF waves, which also affect our overall being. This is explained in the following chapter.

Natural ELF Waves

*I believe there is a subtle magnetism in Nature, which,
if we voluntarily yield to it, will direct us well.*

Henry David Thoreau (1817 - 1862)

American essayist, poet, philosopher, abolitionist,
naturalist, and historian.



Already in 1899, Dr. Nicholas Tesla (1856 - 1943), inventor of the alternate electrical current, mentions “certain standing waves that resonate within the cavity formed between the Earth’s surface and the ionosphere.” These waves would later be called natural ELF (Extremely Low Frequency) waves.

As with all the other electromagnetic waves, the ELF wave frequency is measured in Hertz (Hz), that is, in cycles per second. It’s a number that indicates how many times a wave repeats itself in one second. The ELF waves that Exonica will be taking into consideration have a frequency that goes from 0.01 to 60 Hz. This is a non-ionizing radiation, meaning that it doesn’t cause cell mutations or DNA damage.

Serious, academic research has revealed that the Solar System has a background energy field, which is mainly composed of the combined ELF waves produced by every body of our planetary system. Some of these studies, for example, have shown how Venus (D.V. Titov, et al, 2018), Mars (J. Kozakiewicz, A. Kulak, J. Mlynarczyk, 2015), Saturn (J. Kumari, R. S. Pandey, 2018), and others, contribute to the overall makeup of this field. Exonica posits that this is the field that’s modulated by our Galaxy’s concentric energy shells, and conform the subtle undercurrents detected by specialized parts of our integral being.

Our own planet is surrounded by an electromagnetic envelope called the **ionosphere**. The bottom side of which hovers between 35 and 50 miles above the Earth’s surface. The space within its underside and the ground forms a large hollow expanse that we’ll call the “Earth’s Resonance Box,” or ERB. This is the space where our biosphere is located, the obligatory residence of all our planet’s living creatures.

Several scientific experiments have demonstrated that the distance between the underside of the ERB and the ground constantly increases or diminishes depending on the type of exocause that's acting on the ionosphere of a given geographical location.

It's been extensively proven that proton storms, x-ray showers, and CMEs (Coronal Mass Ejections) caused by solar activity alter the ionosphere's dielectric permeability, which also causes the bottom of the ERB to dip or rise in relation to the ground (Collins and Rietveld, 1990, Schlegel and Fullekrug, 1999, and Roldugin *et al.*, 2003). These Space Weather conditions constantly change, sometimes quite abruptly, throughout the day, which explains the sometimes sudden changes in our physical being, reactions, mood, memory, sleep patterns, and so forth.

For Exonica, having found out that natural ELF waves can be generated by the movement of ions within a magnetic field (such as Earth's magnetic field) was a major breakthrough. Also, that the frequency of the ELF waves thus produced depended on the type of ion that predominated in the local atmosphere, at a given moment (Dr. Harold Aspden, Southampton University, 1997). In this respect, we must also consider Tomasz Wnuk's ion-acoustic wave model (Poland, 2000) and Mikhail Shneider's work on ion clusters and RF emissions (USA, 2010).

The following (lengthy) paragraph is for the more scientifically inclined readers. If you're not one of them, you might want to skip it because it's very technical.

When Larmor's "Precession Formula" (Sir Joseph Larmor, 1857 - 1942, illustrious physicist and mathematician), $\omega = Hq/m$ (ω is the frequency of the ELF wave produced, H is the strength of the magnetic field [the Earth's mag/field is ± 0.5 Gauss], q is the ion's unitary electromagnetic charge, and m is the ion's mass) is worked out, it tells us that if in the atmosphere of a given geographical locality prevails, say, ionized oxygen (atomic weight = 32), there will be a predominance of 15 Hz ELF waves, which affect the Cortical Covibra. Whereas, if instead of ionized oxygen it were ionized ozone (atomic weight = 48), we'd find a prevalence of 10 Hz ELF waves, which influence the Nexal Covibra. Sodium ions would produce ~33 Hz ELF waves, which stimulate the Limbic Covibra (its importance will be shown in the forthcoming *Selene Cycle* chapter). It must be said that main-stream scientists still debate over this formula.

Interesting: To validate the former, I asked Google's Gemini[®] AI (its modern Artificial Intelligence resource): "Do ions moving in a magnetic field produce ELF waves?" It answered, straight off: "Yes, ions moving in a magnetic field can produce ELF waves."

Correlational and experimental data indicate that ELF fields can influence a person's reaction time, timing behavior, ambulatory behavior, oxygen uptake, endocrine changes, cardiovascular functions, and precipitation-clotting times - Grissett & de Lorge (1971)

Our body produces its own electrostatic field, whose lines of force are generated by the diverse biochemical workings that take place in our organism. Moreover, it has been proven that our electrostatic field can hook up, by resonance, to the ELF waves that are present in our surroundings (Miller & Miller, 1981). This imperceptible yet unavoidable coupling causes our body and our mind to constantly interact with our local ELF waves, whose frequencies change according to (1) the type of exocause acting upon our local atmosphere, (2) the type of ion involved, and (3) the intensity of Earth's electromagnetic field at our location, on a given date and time.

It has been shown that both the intensity and orientation of the Earth's magnetic field during the presence of natural ELF waves of specific frequencies can alter biological processes - **Blackman CF, Benane SG, House DE, Joines WT** (1985)

Many scientific reports have provided evidence that living tissue is robustly sensitive to ELF waves. And that specific frequencies modulate cellular functions to restore or maintain a person's health. In fact, our body's neural functions are especially sensitive to low-intensity ELF waves - **A. R. Liboff** (2016)

According to the new science of "Wave Genetics," our cells and a large part of our genes act in a particular way when they're being influenced by ELF waves of a certain frequency and behave differently if this frequency changes.

Note that a cell's DNA acts like a bio-computer—an electro-biological microchip—capable of collecting, processing, and transmitting environmental information by using ELF waves. This process usually modifies the cell's behavior.

ELF wave fields induce diverse effects on living organisms (**Zhu et al.**, 2016, **Tekieh et al.**, 2017). In this regard, researchers have examined the influence of ELF waves on important biological processes such as cell proliferation, ion exchange across biological membranes, bone and nerve tissue repair, the production of free radicals, hormonal changes, enzyme activity, and changes in membrane and intra-cellular proteins. The outcome of this influence has been notable.

Marino & Becker (1977), **Kula, Sobczak & Kuska** (2002), **Sobczak, Kula & Danch** (2002), **Zare, Hayatgeibi, Alivandi & Ebadi** (2005), **Al-Akhras, Darmani & Elbetieha** (2006).

Distinct changes in gene expression (their specific action) have been detected in cells after exposure to different ranges of extremely low frequency (ELF) waves.

Lupke M, Frahm J, Lantow M, Maercker C, Remondini D, Bersani F, Simko M. (2006)

As you'll soon realize, while the focal point/Factor of an Exonival Cycle progressively moves through its Covibrals, it comes across different types of ions that gradually modify the frequency of the ELF waves generated by this movement. This frequency variance gradually modifies the action of the cellular components involved in the functions influenced by a particular Exonival Factor. This is one of the reasons why cellular activity fluctuates in step with the speed of the advance of the focal point/Factor of a given Exonival Cycle.

ELF waves can modify the activity of brain neurons and thereby influence brain waves, as proven by extensive research on human and animal models.

Cook, Thomas & Prato (2002), **Fang & Cosic** (2008), **Cvetkovic & Cosic** (2009).

The following table shows the relation between an ELF wave's name, wavelength, and frequency versus the Covibra it influences:

<i>Covibra</i>	<i>ELF wave</i>	<i>Wavelength</i>	<i>Frequency</i>
Universal	Delta	0.5-4 mm	0.5-4 Hz
Individual	Theta	1-3 mm	4-8 Hz
Nexal	Alpha	0.5-1.5 mm	8-12 Hz
Cortical	Beta	0.5-1 mm	13-30 Hz
Limbical	Gamma	0.2-0.5 mm	30-40 Hz
Material	Omega	0,1-0,2 mm	40-100 Hz

The lower the frequency of the ELF wave, the more important and ethereal the function of our being that's stimulated by it.

It has been shown that ELF waves with a frequency of around 50 Hz [a part of those that influence the elements of the Material Covibra] impair memory and learning in humans - **Salford & Nittby**, (2012), **Sakhnini et al.**, (2014)

Whereas, the findings of other researchers have shown that ELF waves of 13 to 30 Hz [which influence the Cortical Covibra] improve memory and learning processes. **Casile** (2013), **Sakhnini et al.**, (2014), **Rimbach et al.**, (2014), **D'Angelo, Costantini, Kamal & Reale** (2015), **An et al.**, (2015)

Thank you for your patience. Soon you'll see the importance of all this highly technical information.

Chain Reaction

According to the former explanations, we can derive that the ELF waves produced by the ionic and electromagnetic variations of the ERB, constitute a bridge that connects the exocauses with the diverse components and conditions of our biosphere. And this, undoubtedly, is one of the ties that link space phenomena with our biochemical and psychological processes, which in turn influences our physical health, emotions, and mental behavior (the characteristics of our Phenotype).

ELF waves have been shown, at a high statistical level, to influence human circadian rhythms - **Rütger Wever** (1974), Max Planck Institute

Said in simpler terms, if an exocause changes the type and/or concentration of ions that are present in a local atmosphere [within the Earth's electromagnetic field], the ELF waves produced there will change accordingly.

I asked Perplexity AI® (an Artificial Intelligence app) if the former statement was true and it answered: "Ion concentration can lead to changes in the frequency and intensity of ELF waves; it's one of many factors that contribute to the complex relationship between ELF wave frequencies and the surrounding environment."

The ELF waves thus produced will then either activate, speed up, slow down, or stop specific cellular or molecular workings of the place's population, causing them to behave in a particular way (this is

called ‘entrainment,’ the tendency of a physical or biological system to synchronize its rhythm of action with a particular exocause). *And all this happens without these people knowing it.*

Different types of memories are important functions of the nervous system. They are strongly influenced by environmental factors, some of which are ELF waves, which are able to change a person’s mental state. They may even affect decision-making, memory span, and learning processes in humans.

Fukunaga, Horikawa, Shibata, Takeuchi, and Miyamoto (2002), Ozdemir et al. (2005), Touitou and Selmaoui (2012).

Chronobiology has proved that several types of electromagnetic energy (e.g., light, magnetism, ELF waves, etc.) are *zeitgebers* that strongly influence the action of our Oscillatory Genes, which constitute around 80% of the total gene population, and are responsible for the rhythmical performance of many important processes of our being.

The expression (directive action) of the Oscillatory Genes, as formerly explained, ebbs and flows in step with the periodic pulsations of specific exocauses (Exonical Cycles). This cadence influences, for example, the production of hormones and neurotransmitters that circulate within our bodies. It’s a well-known fact that these substances alter many of our physical, emotional, and intellectual processes, which in turn determine our mood and behavior, as well as the focus of our attention. This, then, influences, in a totally natural and impartial way, the line of action we choose to follow in a particular situation.

Changes in the subtle geomagnetic field, particularly those of extremely low frequencies (ELF), of less than 100 Hz, profoundly influence virtually all biological processes in living things - **Lynne McTaggart**, from her book “*The Bond*” (*op cit*)

Approaching the topic of ELF waves and ions from another angle, we find that their presence varies according to the altitude of a geographic location: the higher the altitude, the lower the vibratory frequency and the lower their ‘material consistency.’

Remember that the lower the frequency of an ELF wave, the greater its impact on the higher and most important functions of our being, much like *delta* brain waves act on the higher functions of the Universal Covibra, and *theta* waves stimulate the also essential processes of our Individual Covibra. While *omega* and *gamma* waves activate our most physical and primitive components, those of the Material and the Limbical Covibrals.

The esoteric or metaphysical background of both the “Tree of Life” (check out my free eBook [The Cosmic Tree](#)) and the “Magic Mountain” speaks to us of the spiritual versus the material, essence in contrast to substance, the higher in comparison to the lower.

History tells us about how famous figures were ‘enlightened’ upon reaching the top of various mountains: Moses on Mount Sinai, Simón Bolívar on Mount Chimborazo, Saint Catherine of Siena on Mount Amiata, in Italy (to experience a vision of Christ), Tenzin Gyatso (the 14th Dalai Lama), etc.

According to Artificial Intelligence (DeepSeek R1):

“There is a concept in physics and spirituality that suggests that being at a high altitude, e.g., on a mountaintop, can influence our energy and consciousness. Some theories propose that:

- **Schumann Resonance:** The Earth's natural frequency, which is around 7.83 Hz, can be influenced by the ionosphere and Earth's magnetic field. Being at a high altitude can intensify this frequency, which could affect our brain waves and consciousness.
- **Ionization:** High altitude can expose us to a higher concentration of lighter ions, which can alter brain chemistry and potentially increase intuition, creativity, and spiritual connection.
- **Scalar Waves:** Some theories suggest that high-altitude mountains can emit scalar waves, which are believed to be a type of wave that can affect our energy and consciousness.

While these concepts are not universally accepted and require further research, many people report feeling a sense of calm, clarity, and spiritual connection when in mountainous or high altitude environments.”

I think this is the actual reason why so many people are ‘enlightened’ when climbing the so-called “Magic Mountains.” If you live near a high mountain, try it yourself.



Galactic Cosmic Rays

*Look up at the Sire of Heaven, whose fierce bolts tear the clouds.
See how today He moves through a clear sky.*

Quintus Horatius Flaccus (65 - 8 BCE)
Roman lyric poet.

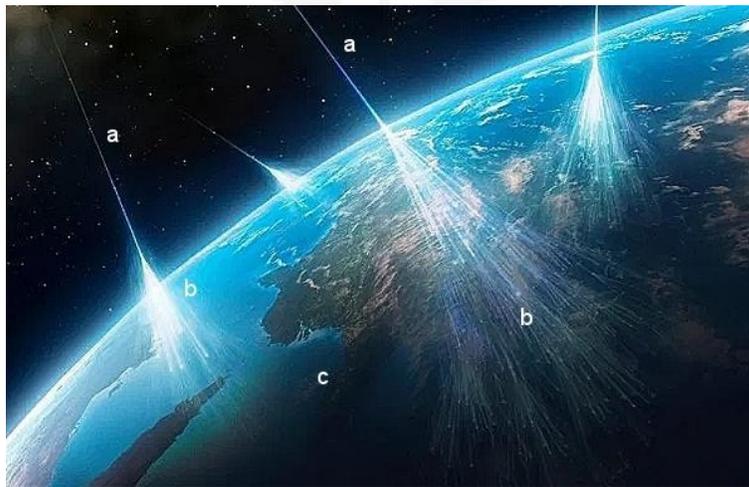
As we go about our normal daily lives, we're generally unaware of the exocausas generated by Galactic or solar activity, or of the influence the Earth's magnetic field has on us.

Primary galactic rays are high-energy protons and atomic nuclei that move through sidereal space at nearly the speed of light, as confirmed by a wide variety of astrophysical observations. Most of them originated outside the Solar System, but within the Milky Way, and were produced by a number of deep-space events.

Mainly two magnetic shields, the solar magnetic field and the geomagnetic field, modulate the primary ray flux that approaches the Earth. Both shields vary in time, and so does the radiation received by the Earth. The weaker these fields become, the greater the presence of rays around the Earth.

Peter W. Kubik *et al.*, (2012), Laboratory of Ion Beam Physics, Swiss Federal Institute of Technology

When the high-energy primary ray particles ([a], next image) interact with the Earth's upper atmosphere, they set off a cascade of secondary rays [b], which are mainly composed of neutrons, photons, and muons that plummet down toward the ground [c].



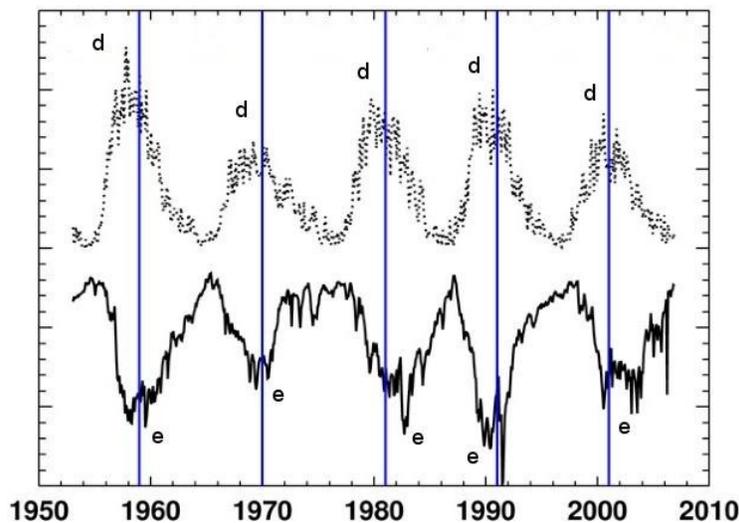
Credit: MARK GARLICK/SCIENCE PHOTO LIBRARY/Alamy

In other words, when a primary ray [a] enters the Earth's atmosphere, it soon collides with its atoms and molecules. This collision produces a shower of lighter particles [b], a so-called "air shower of secondary rays" that reaches the ground [c]. Its composition includes x-rays, protons, alpha particles, pions, muons, electrons, neutrinos, and neutrons.

The intensity of the secondary rays increases according to a geographical location's latitude and altitude. Meaning that if a locality is closer to Earth's Equator or to sea level, the force of the rays will be lower than if the place is at a higher or lower latitude, or higher up in the mountains.

The Sun's magnetic field encloses the entire Solar System in a protective electromagnetic bubble that partially shields us from the primary rays. But this bubble shrinks when solar activity is low (e.g., around a Sunspot minimum) and grows when this activity is high (e.g., close to a Sunspot maximum).

The Sunspot Cycle maximum and the intensity of the primary rays that reach the Earth at that moment are *inversely correlated*, meaning that ray intensity has been lower when the solar activity is higher and vice versa. Note in the following graph how this inverse relationship has been maintained over the years: **d** Sunspot maximum or minimum and **e** ray minimum or maximum.



When ionizing radiation (such as rays) passes through organic matter, it gives off enough energy to break molecular bonds and displace (or remove) electrons from the atoms found there. This electron displacement could cause physical/chemical changes, perhaps harmful, or even trigger mutations in the living cells of plants, animals, and humans. This would probably affect the normal performance of these cells.

Our body contains organs; organs are made of tissues; tissues are made of cells; cells are made of molecules; and finally, molecules are made of atoms. All biological damage caused by radiation begins at the lowest level, with damage to the atoms and molecules that form the cells, and then moves on to the higher levels, finally affecting the whole body - Taken from the article Radiation Explained

Furthermore, radiation is a well-known cause of “single-event upsets (SEU)” in the circuits of electronic appliances. It most commonly occurs in devices such as computers, cell phones, GPS, etc.

Also, many people with Implanted Cardiac Defibrillators (ICDs) have experienced SEUs during air travel, which can be attributed to a greater exposure to radiation while on a commercial airline flight. These cases highlight the significant impact of SEUs on ICDs and, obviously, on a patient's health.

Cosmic rays have also been linked to cardiac arrhythmia and sudden cardiac deaths in the general population, that is, in people without an ICD.



Cosmic rays have enough energy to alter the state of electronic integrated circuits, causing transient errors such as corrupted data in electronic memory devices or incorrect performance of CPUs, often referred to as “soft errors.” In 2008 (a year of maximum presence of the Cosmic Rays on Earth), data corruption in a flight control system caused an “Airbus A330” airliner to twice plunge hundreds of feet, causing injuries to several passengers and crew members.

In 2009, there was a massive recall of “Toyota” vehicles with throttles that became stuck in the “open” position. The event was blamed on environmental rays.

Also, due to their present design (2023), quantum computers are very much affected by the variation of radiation intensity in the environment where they’re installed. This has been a tough problem to remedy.

Modern day researchers have found that it’s our Autonomic Nervous System (the subconscious control system that regulates bodily functions such as our immune processes, respiration, digestion, etc.) what detects, uses, and keeps us in sync with the exocausers (such as Cosmic Rays, natural ELF waves, environmental ions, and other events) that reach the Earth. This suggests that our nervous system, owing to countless years of evolution, is well attuned to the energy fluctuations that ripple through our Solar System.

Altered Functions

The following psychosomatic functions are altered when the presence of secondary Galactic rays in our lower atmosphere is high (when solar activity is low) and less affected when the incidence of these rays is low (when solar activity is high):

- ~ Cognitive (our attention, perception, problem solving, understanding, establishment of analogies, among others) and Behavioral (our responses to internal and external stimuli) functions.
- ~ Memory formation involves our *recognition* memory (our ability to identify a previously encountered object, person, and/or situation), our *social* memory (essential for engaging in appropriate behavior and the establishment of meaningful relationships) and our *spatial* memory (which allows us to remember the location of objects, as well as the three-dimensional relation between them).
- ~ Our anxiety level (intensified or diminished fear, anguish, and/or apprehension).
- ~ Moods and attitude disorders (more/less depression, apathy, sadness, hopelessness, bipolar behavior, and even suicidal tendencies).
- ~ Neuronal connectivity and synaptic activity. This, of course, causes a multitude of physical and mental irregularities.

~ Alterations of the immune system's cell population. The superabundance of terrestrial rays lowers our body's natural defenses (as happened during the years 2019 - 2022), allowing a proliferation of diseases (e.g., the COVID-19 pandemic) and the death of critically ill people.

~ The mortality rates of all illnesses.

“Galactic ray exposure can devastate a cell's nucleus and cause mutations that may result in cancer. We learned that the damaged cells send signals to the surrounding, unaffected cells and that they can modify the tissues' ~~microenvironments~~ ~~microenvironments~~. These signals seem to ‘inspire’ the healthy cells to mutate, thereby causing additional tumors or cancers.”

Francis Cucinotta (May 2017), UNLV scientist and leading scholar on radiation.

Human regulatory systems naturally adapt themselves to local secondary ray variations. However, sharp changes in the concentration and intensity of these rays can stress certain areas of the body, causing the alteration of a person's melatonin / serotonin balance, blood pressure, immune system efficiency, as well as reproductive, cardiac, and neurological processes.

Epidemics / Pandemics and Secondary Cosmic Rays

The following are the professional opinions of scientists from all over the world. Please take a moment to read and think about them.

“A correlation between the incidence of influenza pandemics and increased ray activity has been well established.”

Yu, Zhen-Dong, Hubei Research Institute of Environmental Protection, Wuhan, China - 1985 (!)



“A link has been found between the appearance of the H1N1 pandemic and a locally high ray count during the solar minimum of 2009 (in Mexico). The influenza virus has further mutated due to heavy showers of rays. Cosmic rays can cause changes in the chromosomes of the reproductive cells (of the virus). Short-term variations, as well as long-term cycles of rays, coincide with the timing of H1N1 pandemics. Scientists are striving to understand how solar activity and rays can affect conditions on Earth's surface. Between March and August of 2009 millions of patients around the world have shown severe influenza-like symptoms, as well as serious respiratory ailments.”

Mukherjee S., School of Environmental Sciences, Jawaharlal Nehru University, New Delhi, India

“With the emergence of several new epidemics of viral infections —SARS, MERS, EBOLA, ZIKA, Influenza A (H1N1), pandemic COVID-19 (2019 - 2022)— over the past 3 decades, we suggest that a world-wide program of stratospheric surveillance and space weather monitoring should be urgently put in place, without further delay. When the Sun is least active, the solar magnetic field gets weaker and allows more galactic rays to enter the Earth’s atmosphere. The present time, 2019 - 2021, is characterized by very low sunspot numbers, as we’re at a solar minimum that is the lowest in over 100 years. Ionizing radiation (rays), which peaks at this time, can cause virus mutations as well as genetic recombination. The localized lowering of the Earth’s magnetic field intensity, along with a sudden increase of rays, such as what happened in Mexico in 2015, was causally associated with the resurgence of the Zika virus outbreak in the Americas.”

Jiangwen Qu (Department of Infectious Disease Control, Tianjin Centers for Disease Control and Prevention, China) and **Nalin Chandra Wickramasinghe** (Buckingham Centre for Astrobiology, University of Buckingham, UK) - July 23, 2020

“Solar Cycles and pandemics are two phenomena that may seem unrelated, but they are connected by a common denominator, rays. Findings show that the main pandemics that occurred between the 1700s and the year 2020, happened around the time of low solar activity (give or take a year), when the rays penetrated more easily and abundantly in our biosphere.”

Valentino Straser (UPKL Brussels, Environment Science and Energy), **Michele Casati** (May 2020).

“The historical register of pandemics coincides with the last seven grand solar minima of the Holocene era. The occurrence of an antigenic-shift requires a substantial increase in the flow of thermal neutrons, and this is more feasible during the periods of grand solar minima, when the -ray flux is highest.”

C. E. Navia, Instituto de Física, Universidade Federal Fluminense, Brazil.

If you want more information on this subject, please visit:

[National Center for Biotechnology Information](#)

On the following page you’ll find a Chart of Sunspot Minima dates *versus* the Type of Epidemic / Pandemic outbreaks throughout the years:

Exonica

Occurrence of sunspot minima and the outbreak of viral diseases

Year	Sunspot number	Year of outbreak	Location	Disease
1700	5.0	1702-1703	Canada, New France	Smallpox
1711	0	1710-1712	Denmark, Sweden	Plague
1712	0	1713-1715	Thirteen colonies	Measles
1723	11.0	1723	Thirteen Colonies	Smallpox
1733	5.0	1732-1733	Canada, New France	Smallpox
1744	5.0	1743	Italy	Plague
1755	9.6	1755-1756	North America	Smallpox
1766	7.0	1775-1776	England	Influenza
1784	10.2			
1788	130.9	1788	United States	Measles
1798	4.1	1793-1798	United States	Yellow fever
		1800-1803	Spain	Yellow fever
		1801	Egypt	Plague
1809	2.5	1812-1819	Ottoman Empire	Plague
1810	0			
1811	5.0	1812	Egypt	Plague
		1813-1814	Malta (epidemic)	
		1813	Romania	Cholera
		1816-1826	Asia, Europe (pandemic)	
1823	1.8	1820-1823	United States	Yellow fever
		1821	Spain	
1833	8.5	1829-1835	Iran (pandemic)	Plague
		1829-1851	Asia, Europe, North America (pandemic)	Cholera
1837	138.3	1837-1838	Great Plains (epidemic)	Smallpox
1843	10.7	1847-1848	Canada (epidemic)	Typhus
1848	124.7	1847-1848	Worldwide	Influenza
1856	4.3	1856-1860	Worldwide (pandemic)	Plague
		1852-1860	Russia (pandemic)	Cholera
		1863-1879	Middle East (pandemic)	Cholera
1867	7.3	1867	Iraq	Plague
			Australia	Measles
1878	3.4	1881-1896	India, Germany (pandemic)	Cholera
1889	6.3	1889-1890	Worldwide (pandemic)	Influenza
1902	1.4	1910-1912	China	Plague
1923	5.8	1915-1926	Worldwide (pandemic)	Encephalitis
		1918-1920	Worldwide (pandemic)	H1N1
1933	5.7	1933	UK	Typhoid
1944	9.6	1942-1944	Egypt	Malaria
1954	4.4	1957-1958	Worldwide	Asian Flu
1964	10.2	1968-1969	Worldwide	Hong Kong flu
1976	12.6	1977	Worldwide	Smallpox
1986	8.6	1996-2001	Worldwide	VCJD
		1996	West Africa	Meningitis
2008	2.9	2008	India	Cholera
2009	3.1	2009	Worldwide (Pandemic)	Swine flu
2019	6.3	2019	Worldwide (Pandemic)	Corona
Feb. 2020	0.4		Worldwide (Pandemic)	Corona

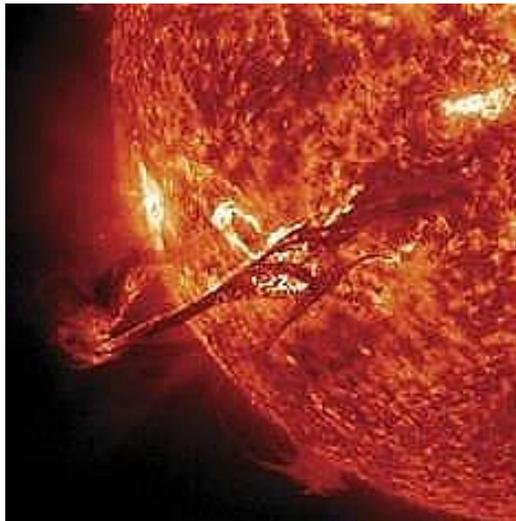
Sporadic or Occasional Exocauses

*It is not necessary to send man into interplanetary space,
or even to make him leave his country or his home
to subject him to the effects of the Cosmos.
Man is always in the midst of the Universe,
because the Universe is everywhere.*

Giorgio Piccardi (1895 - 1972)

Professor and Director of the Department of Chemistry and Physics
at the University of Florence (Italy)
(Conference at the Palazzo delle Discoverie, 1958)

Not all exocauses are cyclical; some are occasional and random (as far as we know). These include, but are not limited to, solar astrophysical events, such as Flares (a sudden and intense release of electromagnetic radiation from the Sun's Chromosphere), CMEs (Coronal Mass Ejections: large emissions of plasma from the Sun's Corona), Solar Eruptions (violent explosions that occur in the Sun's Photosphere, Chromosphere, and Corona), Spicules (areas of the Photosphere where jets of gas are unpredictably emitted), Granules, Macules, etc.



(Credit: NASA's *Solar Dynamics Observatory*)

[Click/Tap here](#) to see a short video of a CME in action.

Although all these solar phenomena intensify or weaken in step with the Sunspot Cycle, their occurrence is quite difficult to predict, which is why they're called "sporadic." Note that two or more of these solar events can occur simultaneously, thus combining their effects and, therefore, strengthening their overall effect.

However, most of the websites that monitor the ongoing space weather (such as [NOAA Space Weather Prediction Center](#), NASA's [SpaceWeather](#), [SpaceWeatherLive](#), etc.), under certain conditions can forecast some of these events several hours or even days in advance. This allows us to prepare our plans in beforehand, so as to benefit from occurrence.

I have empirically verified that the mentioned solar events (and others) influence all the Exonical Cycles, by either intensifying or reducing their effect. These variations have been taken into account by most of the Exonica webpage apps, to properly adjust the information they provide.

It's important to pay attention to these sporadic events, in order to know when the influence of a particular Exonical Factor can be used in an enhanced way, owed to its temporary surge.

A Bit of History...

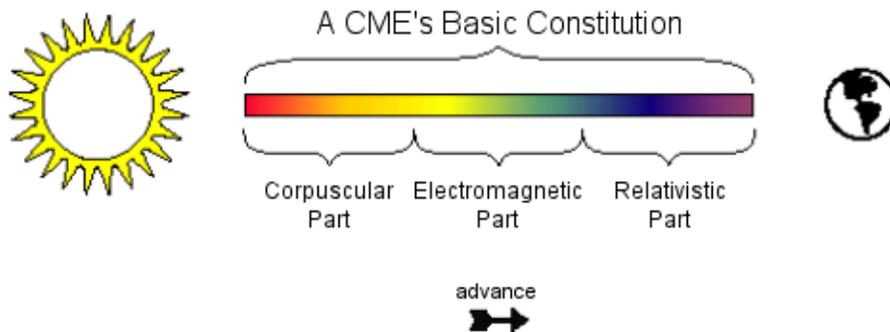
From May 1806 to June 1807, Baron Alexander von Humboldt, at his home in Berlin, Germany, every day kept an eye on his pocket compass. On December 21, 1806, he wrote in his diary a comment about the strong oscillations of his compass' needle. That same night he was able to see the brilliant lights of the *aurora borealis*, something unusual at Berlin's geographical latitude. Very early the next morning, the aurora was no longer visible and his compass had calmed down. Unwittingly, this great scientist had discovered that solar storms altered the Earth's magnetosphere.

Nowadays, science monitors and records the intense electromagnetic currents that flow through our atmosphere, especially when space weather disturbances occur. These unstable energy currents create fluctuating magnetic fields that impact the Earth's surface.

Through the process of electromagnetic induction, these variable magnetic fields produce electric currents above, at, and below the Earth's crust, both on solid ground and on aquatic surfaces. And this current undoubtedly influences the delicate bio-electrical circuits of all living things - UCAR, University Corporation for Atmospheric Research.

Despite the 150 million kilometers (average) that separate the Earth from the Sun, the energy flow of the latter bathes us constantly. Among the various types of solar manifestations that permeate our terrestrial environment, we have the CMEs, an acronym that comes from the initials of Coronal Mass Ejections.

A CME is a solar phenomenon that throws out toward interplanetary space a huge cloud composed of relativistic energy (energy that is believed to be faster than light), other slower electromagnetic waves, and corpuscular elements (ionized gas molecules and dust particles of various sizes). It is said that a medium-sized CME expels more matter than what is needed to build 10 *Nimitz*-type military aircraft carriers (81,600 tons each).



The image on the former page shows the order of arrival of a CME's components: first comes its relativistic portion (purple/blue), then the electromagnetic part (green/yellow), and finally, the corpuscular part (yellow/red). CMEs can be emitted in any direction, so they're not always pointed toward the Earth.

Solar exocausas are known to trigger material disturbances on Earth. For example, the most violent interaction between solar activity and terrestrial elements ever recorded occurred on September 1st and 2nd of the year 1859. The arrival of a very powerful CME caused the failure of the telegraph system in Europe and North America. During those days, telegraph cables suffered severe damage and electrical short-circuits caused numerous fires in the stations. If this phenomenon were to occur today, many artificial satellites could cease to function, radio and cell phone communications, along with GPS, would be disrupted for many days, and power outages would be huge, with electrical services interrupted for weeks.

In April and May of 2023, the Sun emitted an onslaught of CMEs that lasted several days. This volley of solar energy drenched the Earth's atmosphere with (+)ions. These events coincided with the Selene Factor being at the Omega Point of its Cycle, which added more (+)ions to our immediate surroundings. As the local Gea Factor passed through the Omega Point of its own Cycle, that is, at a location's midday, with the Sun directly overhead, it injected additional (+)ions into the already overloaded atmosphere. In many places, this triggered in its unsuspecting inhabitants incomprehensible panic-attacks, disorientation, or some of the other anomalies listed in the *Ions* chapter. A very disconcerting experience, indeed. Something similar, even stronger, happened around the end of May, 2025, a time of Solar Max.

Again, if we analyze the effect of these occasional exocausas from the Exonical point of view, we find that their action basically *amplifies* the influence exerted by the other Exonical Factors (e.g., the influence of the Helios, Terra, Selene Factors, etc.). This compels us to take into account both solar activities and Space Weather conditions when evaluating the Exonical effects that are in force at a given time and place.

After many empirical tests and observations, I've come to the conclusion that (1) the relativistic energies produced by the above mentioned solar phenomena, primarily influence the functions of the two most ethereal and immaterial Exonical Covibrals, i.e., Universal and Individual, (2) the electromagnetic waves thus produced, act on the middle range Covibrals, Nexal and Cortical, and (3) the ionic or corpuscular part activates the functions of the lower Limbical and Material Covibrals. This is why the total energy of such phenomena gradually moves through the Transvibrational levels of our being, modulating the influence of the other Exonical Factors, according to the Covibra they move through at that moment.

I've noticed, for example, that when the corpuscular portion of the CME reaches the Earth's atmosphere (the last, slowest, and most material part of the ejection), our emotional reactions and bodily sensations are intensified. For example, if someone is afraid during this time, it can turn into overwhelming fear; if there's laughter, it can lead to hysteria. At such times, a heart attack can be very sudden. The stress that all this produces on our organism can generate nervous breakdowns, inexplicable emotional outbursts, headaches, indigestion, joint pain, etc. If you suffer from sudden headaches, or incomprehensible outbursts of aggressiveness, depression, or bad moods, or sudden attacks of confusion and disorientation, or memory lapses, it's very likely that the cause of this is to be found in Space Weather. Some people are more sensitive than others regarding these solar outbursts.

Solar Storms and Our Health

Indirect effects through Earth's magnetic field:

- *Geomagnetic storms:* During strong solar storms, charged particles from the Sun can interact with Earth's atmosphere, creating disturbances in the planet's magnetic field. These disturbances might affect our nervous system, which can indirectly influence our circulatory system. Studies have shown potential correlations between geomagnetic storms and:
 - *Increased heart rate:* This could be a stress response triggered by the changes in the environment.
 - *Altered heart rate variability:* This reflects changes in the balance between the sympathetic and parasympathetic nervous systems, which control heart rate and other functions.
 - *Increased risk of cardiovascular events:* Some studies suggest a link between geomagnetic storms and increased incidence of heart attacks.
 - *Increased risk of apoplexy (cerebral stroke).*

Other potential effects:

- *Changes in blood flow:* Some research suggests that solar activity might affect blood flow in the brain.
- *Increased blood pressure:* Similar to heart rate, changes in the nervous system triggered by solar activity might lead to temporary fluctuations in blood pressure.

Points to remember:

- The effects described above are likely to be small and insignificant for most healthy individuals.
- But, people with pre-existing cardiovascular conditions are more susceptible to the effects of solar storms and of any of the astrophysical events mentioned above.

It's important to consult your doctor if you have any concerns about how solar activity might affect your health, especially if you have pre-existing cardiovascular or cerebral conditions.

The study of the effect that the mentioned solar events address is called *Heliobiology*, the study of the Sun's effect on biology.

Researchers in China analyzed more than half a million blood pressure readings taken over six years in the cities of Qingdao and Weihai. They compared those measurements to the Ap index, a standard measure of geomagnetic activity. The result: Blood pressure rises and falls in rhythm with geomagnetic unrest - [communications medicine](#)

All this is tentatively applied by Exonica's free [BloodMonitor](#) app. Click link to visit...

The Quasi-Periodic Effect of Stars

To make the compendium of Exonical effects as complete as possible, we must be take into account the influence of stellar energy. This mostly refers to the recurring activity of stars called novae and supernovae.

A novae is the sudden and brief explosion of a star. The same goes for supernovae, but on a much larger scale. These intense explosions can momentarily outshine an entire galaxy.

Astrophysicists have found that these events alter an extensive range of electromagnetic, particle, and quantum phenomena in our terrestrial environment. This includes the presence of ELF waves, cosmic rays (which, as explained before, are actually ultra-high speed particles), Gamma Rays, X-Rays, infrared (IR) and ultraviolet (UV) rays, and several others.

Although rare, these events affect us in ways that are similar to our Sun's outbursts, but on a galactic scale.

At the time of this writing (August 15, 2025), astronomer Jean Schneider of the Paris observatory tentatively expects the explosion of the T CrB recurrent nova (also known as the "Blaze Star"), which is situated in the Corona Borealis constellation and flares up every ~80 years. to occur around:

- 27 March 2025 (which did not happen)
- 10 November 2025
- 25 June 2026
- 8 February 2027

These dates are based on an empirical extrapolation of the previous eruption dates.

Keep in mind the novae and supernovae explosions for they will heighten all the other Exonical influences, including that of the Sun.

Cycles and Rhythms

*For everything there is a season and
a time for every purpose under Heaven.*

The Holy Bible

Old Testament, Ecclesiastes, iii, 1.



The cyclical recurrences in our biosphere and the astronomical processions that spiral through time contain many more profound secrets than does our common involvement with linear time, calendar dates, and the clock. Nature's cyclical action is usually not sudden or explosive, and cannot be forced. The key to benefiting from it is to make small, gradual changes every day, for the better. Taken alone these variations may seem trivial, but they are cumulative and proceed forward with all the inevitability of Earth's journey around the Sun.

This synchronization with life's natural rhythms brings abundance and plenty.

To properly understand the workings of recurrent astrophysical events (periodic or cyclical exocausers) that influence our LSE and our lives, we'll first have to free our mind from the limiting concept that states that time is a *linear* occurrence. Then we must learn to think and act within a time frame that works according to a *cyclical* pattern. The truth is that most natural events follow a repetitive course.



At the end of a natural cycle, a new one begins immediately. The allegory of the legendary Phoenix illustrates this process: it gestates, is born, grows, reaches maturity, declines, and finally dies in its own flames, to then again rise from its ashes, young and vigorous.

The Exonical algorithms can help us determine when each of the four stages of a Cycle (Quadrants) begins and ends, as well as highlight the tendencies and actions that are activated during each phase.

When we understand and make use of this timetable, we can adapt our ideas, activities, and resources to what's being favored by each part of the Cycle. If we proceed in step with the Exonical influences that prevail at a given moment, everything will be easier to handle and you'll get better results from your efforts. When this happens, the "Goddess of Good Fortune" seems to smile at us, granting us all the good luck we need to succeed.

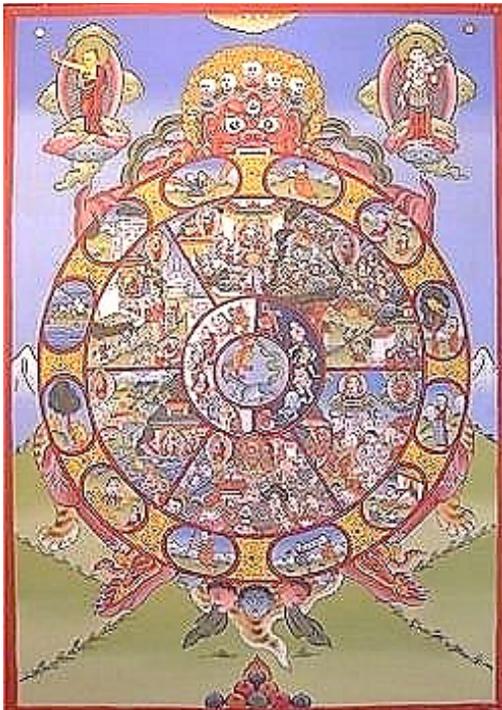
What's important is to deal with each aspect of our matters at the right time and in the right way.

For example, if at a given moment, we're looking "down and outward" (toward the more physical and perceptible aspects of life) when the forces of the Cycle indicate that we should be looking "up and inward" (toward life's more ethereal and subconscious side), the results we'll get from our undertakings will be very poor. In this case, it'll be as if life's circumstances were against us, for even the simplest task becomes a burden.

Had the astrophysicists of our western hemisphere dedicated more time and effort to study rhythms and recurrent conditions, instead of only paying attention to the physiology of the heavenly bodies, the ancient notion of a "cyclical time pattern" would have become standard, as it did for many earlier civilizations.

For instance, the *Jain*, an ancient but still present sect of India, has always conceived time as an endless round. For them, time is a wheel consisting of twelve spokes, divided into two sets of six elements each. The first set is called the "descending" series (*avasarpini*) and the second one is the "ascending" sequence (*utsarpini*). This layout is very similar to the design of the modern Exonical Cycle: the six "down and outward" Covibrals of AlphaAction and the six "up and inward" ones of OmegaAction.

According to this sects religion, the six descending steps begin in a paradisiacal realm where "man and Spirit are as one" (a sensation that, by the way, is awakened by the *Delta* ELF waves, 0.01 to 4 Hz, the ones mostly found around the Exonical Cycle's Alpha Point).



After gradually descending the six steps, the downward phase ends when man has become utterly engrossed "in the vilest of material conditions," a time of "unmitigated and mounting evil" (a feeling that's many times produced by the *Omega* Elf waves, 40 to 60 Hz, the ones that prevail around the Cycle's Omega Point). But, as soon as the downward phase ended, a new six-step period of ascension and purification began, slowly causing the activation of mankind's higher qualities.

The Jain's ever-revolving, twelve-spoke wheel of time is equivalent to the "Cycle of the Four Ages" of the Hindu: Air, Water, Earth, and Fire.

On the inside of the dome of the ancient Tibetan temple of Sikkim we find a painting of the *Bhava Chakra*, "The Cycle of Transmigratory Existence" (left). The outer circle of the colorful and well-preserved image is divided into twelve sections called *Nidanans* (pronunciation: 'ni-dah-nu') the twelve divisions of the Tibetan "Wheel of Life," which the Lamas of this remote society see as the "unending flow and reflow of existence."

Ageless documents explain the meaning of each Nidana, that is, they describe the action of the exons found in each of the twelve sections of this Cosmic Rota. In this age-old image, we again find six sections that represent the “downward and outward” crystallizing forces of Creation (left-side of the circle), along with the six divisions that portray its “upward and inward” refining powers (right-side). The arrangement is very similar to the layout of the Exonical Cycle.

During the waxing stage of an Exonical Cycle, as its Factor moves from its Alpha to its Omega Point, the speed of the Cycle’s action rises quickly, sometimes in an abrupt way, according to its natural tempo. On the other hand, the waning phase of the same Cycle, with its Factor now moving from its Omega to its Alpha Point, lasts longer and the intensity of its action usually decreases slowly and gently.

The speed of an Exonical Cycle cannot be altered artificially, meaning that the pace of its influence follows a natural pulse that can’t be changed. All we can do to use the Cycle’s influence is to adapt our activities to its speed and seasonal requirements, just like a farmer must adjust his work to stay in sync with the agricultural cycles.

Every natural cycle, be it local or space-based, renews its action when its focal point transcends the region of its least noticeable material effect (e.g., at the Exonical Cycle’s Alpha Point). At this moment, to our physical senses, the cycle’s “worldly” manifestations seem to be dead. Then, as the cycle slowly begins anew, it enters a phase in which its particular action progressively revives, becoming stronger and more observable in our tangible surroundings.

As the cycle advances, the intensity of its action grows until it reaches its maximum strength at the point of its material apex. This is a time when the cycle’s effect is most easily detected by our bodily senses, both in our physical environment, as well as in our worldly undertakings (e.g., at the Exonical Cycle’s Omega Point).

After passing this material maximum, the cycle’s intensity gradually begins to decline, quickly or slowly, according to its natural pace. Then, when its energy is once more at its lowest point, the focus of its action will again be where the cycle began (at the Exonical Cycle’s Alpha Point). And after its locus passes this low point, we’ll see its action gradually revive again.

As I mentioned elsewhere, while an Exonical Factor passes through the different Covibrals of its Cycle, it stimulates the production of certain types of ions and ELF waves (or quantum interactions). These, then, activate the corresponding Covibrational functions in all the entities and formations of our environment, as well as those of our own integral being. I’d like to complete this by saying that we should strive to make the best of the Covibrational functions that are being activated at a given moment.

For example, we can make better use of our intellectual skills, if the Cortical Covibra is being stimulated, improve our emotional context, if it’s the Limbic Covibra, stimulate our physical fitness and good health, if it’s the Material Covibra, and so forth, all according to the influence of the Exonical Factor’s being considered. It’s the best time to take advantage of the Covibrational qualities and functions thus enhanced.

In other words, Covibrational functions, which normally operate at “minimum intensity,” once they’re stimulated by the presence of an Exonical Factor, they’ll operate in a more specialized and heightened way. The benefit of knowing which Covibrational functions are being energized at a given moment, and in what way, I believe is evident.

Exonica

In this respect, Richard Wilhelm's partial rendering of the "I Ching" gives us a priceless clue on how to get the most out of a cosmological influence:

Nature must be furthered in her productiveness. This is done by adjusting the products to the right time and place, which increases the natural yield - **Hexagram 11, Peace.**

Moreover, if you try to force a Covibral Servo to act as if it were under the influence of a particular spatial cause, without this influence actually being present, you'd only be producing a great distress to the attribute involved and to yourself as well. You cannot force a Covibral function to begin, end, or change the speed of its action.

The reason why we sometimes don't get the same result from an activity that was previously successful or productive, is usually because the energizing Exonical Factor has moved on to another Transvibrational position and is now stimulating a different set of Covibral functions. If you find this new position, you'll be able to adapt your plans and activities to this new condition and once again get positive results.

***Natural cycles do not conform to our wishes;
it is we who must adapt our ways to their objective influence.***



THE ACTORS



In this section you'll become acquainted with the "Role" played by each of the Exonical Factors, the "Actors" of our never-ending "Cosmic Play." Here you'll get to know the "personality," power, and specific influence that characterizes each of its "Performers," as they carry out their everlasting "Celestial Production."

This part not only describes in full detail the particular effect of each Exonical Factor, but will present a groundbreaking theory as to how this influence is produced and how it reaches us here on Earth.

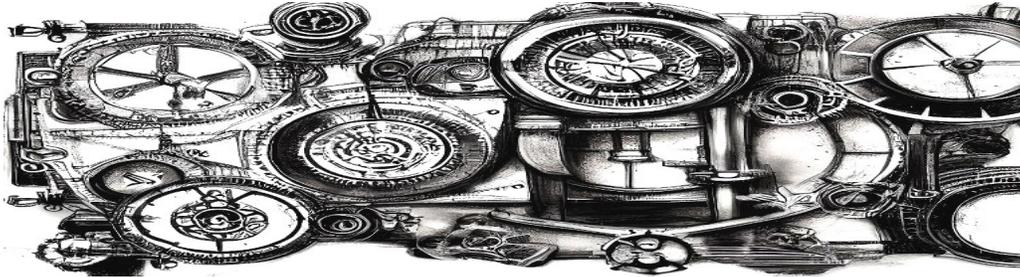
Be prepared to deal with some astonishing facts concerning the influence of Exonica's Helios, Terra, Selene, Gea, and Lilith Cycles. Even the Planetary Factors will seem remarkable, once you get to know their *real* influence.

Exonical Factors

Great deeds are usually wrought at great risks.

Herodotus (ca 484 - 425/413 BCE)

Greek writer and geographer, the Father of History.



Each Exonical Factor either shares a Transvibrational energy field with other Factors or has its own. For example, the Selene, Gea, and Lilith Cycles each have their own Transvibrational field, whereas the Helios, Terra, and Planetary Cycles share the same Solar System Transvibra.

Each Transvibrational field, while having the same basic components (Axis, Alpha and Omega Points, Quadrants, Covibrals, etc.), is independent and constitutes an important part of the Exonet.

As formerly noted, the impact of exocausal forces can bring on the production of electromagnetic waves, sub-atomic particles (ions), and/or non-local quantum interrelations in our terrestrial ambiance.

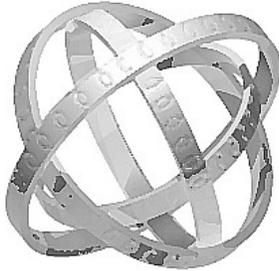
Every Exonical Cycle is produced by a particular recurrent exocause, and each of these Cycles influences a specific *marker* (attribute, aptitude, or feature) of our essential being, such as our Life Purpose, Ideal Occupation, Instincts, etc. And, as formerly explained, the Covibrals of each Cycle's Transvibrational field point to the topic, area, or context in which each of these attributes can be best applied or expressed at a given moment, e.g., Material Covibra → through physical objects, activities, or situations, Limbical → with elements that rouse emotions or feelings, Cortical → via rational or intellectual matters, and so forth. This proclivity has proved to be statistically very strong.

Each human being is endowed with specific qualities and gifts. Some are born with a talent for music or sports, while others have an advanced talent for management. Some have a well-developed intellectual disposition, while others are blessed with great physical energy or entrepreneurship.

Man must grow to his full potential, in conformity with the inner law of his being. Such self-realization is consistent with the complete unfoldment of the specific attributes, talents, and qualities that he is blessed with, which results in the true fulfillment of one's life potential as well as bestowing these special gifts and talents to those surrounding such him.
Shankara Bharadwaj Khandavalli, Hindupedia.

It must also be noted that all the ongoing Exonical Cycles exert their influence on our integral being at the same time, that is, simultaneously. This means that the Cycle's effect stimulates everyone in the same way, in unison, but that owed to each individual's intrinsic design, each will react in their own particular way.

It has also been found, empirically, that older entities (people, animals, and plants) detect the Exonical Factor's effect a bit sooner and are influenced in a stronger way than their younger correlates.



Also keep in mind that, regarding our integral being, there's a hierarchy among the Exonical Cycles that influence us, where the higher ones sequentially contain the lesser ones, all very similar to "... wheels within wheels," as stated by the Biblical prophet Ezekiel.

Specifically, the order is: Axial, TriSolar, Helios, Terra, and Gea Cycles. The outcome of their final influence is conditioned by the influence of the Selene, Lilith, and Planetary Cycles, all of which will be explained in detail in the following chapters.

Interpretation

There are two ways of interpreting the influence of an Exonical Factor, depending on whether it's a *natal* or a *regular* Factor.

The *natal* Exonical Factors are determined by the Transvibrational / Covibrational position of the Cycle's Factor / focal point, *on the date and time someone is born*. The natal Factor indicates the Covibrational elements, topic, or aspect (e.g., Material, Limbical, Cortical, etc.) through which a particular marker (e.g., Life Purpose, Inner Guidance, Susceptibility, etc.) can best act.

Note that the *natal* Exonical Factor highlights a **permanent marker / attribute** that'll always have the tendency to sooner or later spontaneously manifest in an individual's life. And that each of these Factors is originated by a particular exocause, which stimulates a very precise part of a person's Genotype at the moment of birth. This, then, produces a distinct characteristic of the individual's Phenotype, probably through the action of the individual's *coding* genes.

If the marker being considered is, for example, a person's Ideal Occupation and the related *natal* Exonical Factor was in the Cortical Covibra, the resulting interpretation would be that they should make a living by mainly using their intelligence and rational faculties. This person will always stand out when it comes to handling the information, knowledge, and facts that are related to their occupation.

On the other hand, the *regular* Exonical Factor is determined by its Covibrational position within the Transvibrational field it belongs to, *on any other date*. This Factor indicates the Covibrational theme, aspect, or subject-matter that can best be handled, *on the specified date*, by the natal marker indicated by the same Exonical Factor. This is plausibly done by the activity of the person's Oscillatory Genes, their Clock Genes.

Let's suppose that the *regular* Factor of the Ideal Occupation attribute, on a certain date, is in the Material Covibra. In this case, the person of our former example (the one with this *natal* Factor in the Cortical Covibra) should focus their reasoning powers and other mental skills on the more perceptible, physical, or material aspect of their work, *on the specified date*.

Always take into consideration how the Factor's influence changes according to its TransDir. If need be, re-read the section [AlphaAction / OmegaAction](#) to refresh the notions of each effect.

Ergon, Telos, and Eudaimonia

From the philosophy of Plato (c. 427-347 BC) and Aristotle (384-322 BC), from ancient Greece, come three terms whose meanings are intertwined with the concepts of contemporary Exonica: Ergon, Telos, and Eudaimonia.

Ergon means “the specific function, characteristic activity, or intrinsic purpose” of something. For example, the specific function of a knife is to cut, that of the eye is to see, and that of a seed is to propagate the species.

Telos means “to carry forward or optimally express the basic quality” of something. For example, sharpening a knife so that it cuts well, helping the eye see better, or providing a seed with care and nutrients so that it germinates in the best possible way. Therefore, telos is the best way to express ergon.

Finally, eudaimonia, which comes from *eu* (good, best, excellent) and *daimon* (spirit, demigod, divine guide), and together they produce a “good spirit, divine guide that leads to well-being and happiness.” The term is equivalent to what Exonica calls “Essence,” since it tends to guide the individual toward happiness, health, and prosperity. Actually, eudaimonia is the feeling of contentment and satisfaction that comes from the constant exercise of telos, i.e., the set of innate attributes (ergon) of Persona, guided by the action of Essence (daimon).

As you can see, the idea of having an internal structure of “markers” (ergon) is not new, as it was very important in the philosophy of Plato, Aristotle, and other great thinkers over two thousand years ago.

The difference is that today it’s easier to determine our infrastructure (ergon), express it (telos), and obtain the benefits that its optimal manifestation (eudaimonia) entails.

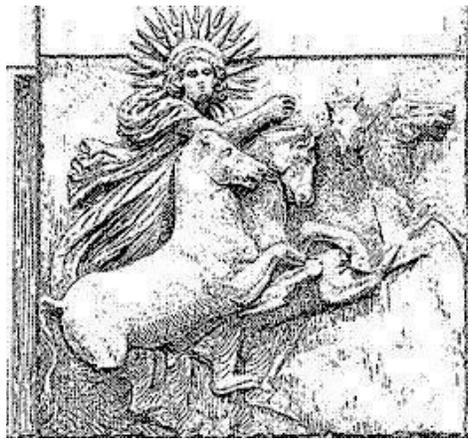
Helios

A Circa-Undecadal Cycle

*Sunna is the light of the world;
I bow to its divine creed.*

Old Norse Poem.

In Greek mythology, Helios, son of Hyperion and Theia, was the young god who represented the Sun. At dawn, he rose from the ocean in the east with his golden chariot, rode all day through the sky, and finally, at sunset, he disappeared into the ocean in the west. He was a god who saw it all and knew everyone, which is why he was often called upon by the other gods as a totally objective witness.



For us, the celestial phenomenon we call “Sun” is actually the focal point of an enormous energy complex, a formation whose immense force and vibratory diversity encompasses and saturates our entire planetary system.

Up to now, we know that the Sun’s energy causes, regulates, and nurtures all inorganic and organic processes of our earthly environment. Presently, science continues to verify that many terrestrial disturbances, such as volcano eruptions, earthquakes, hurricanes, sudden climatic variations, etc., are induced by a combination of Galactic, Solar, and terrestrial effects.

The metronome of every living thing, setting the tempo for our basic regulatory systems and maintaining us in a state of healthy equilibrium, is the Sun.

Lynne McTaggart, from her book “*The Bond*” (Free Press, 2011).

Our Sun is far from being the placid, unchanging, and brilliant disc that it seems to be. It’s actually a seething, churning ball of plasma, a slow and continuous thermonuclear explosion, whose emissions constantly change while it displays both cyclical and sporadic energy manifestations.

However, Exonica focuses more on its *Transvibrational Effect* than on the Sun’s astrophysical phenomena. Data, such as temperature variations, light and other electromagnetic emanations, etc., are very well handled by

Astrophysics, Astronomy, Meteorology, etc. Instead, Exonica focuses on what the Sun's changing position within the Galaxy's energy-forces causes both in our surroundings and in our lives.

Please recall that the Galactic nucleus is surrounded by an infinite number of concentric energy shells, similar to the disposition of the layers of an onion. And that the portion of these layers our planetary system crosses, as the Sun moves around the Galaxy, constitutes the scope of our Solar System's Transvibrational field.

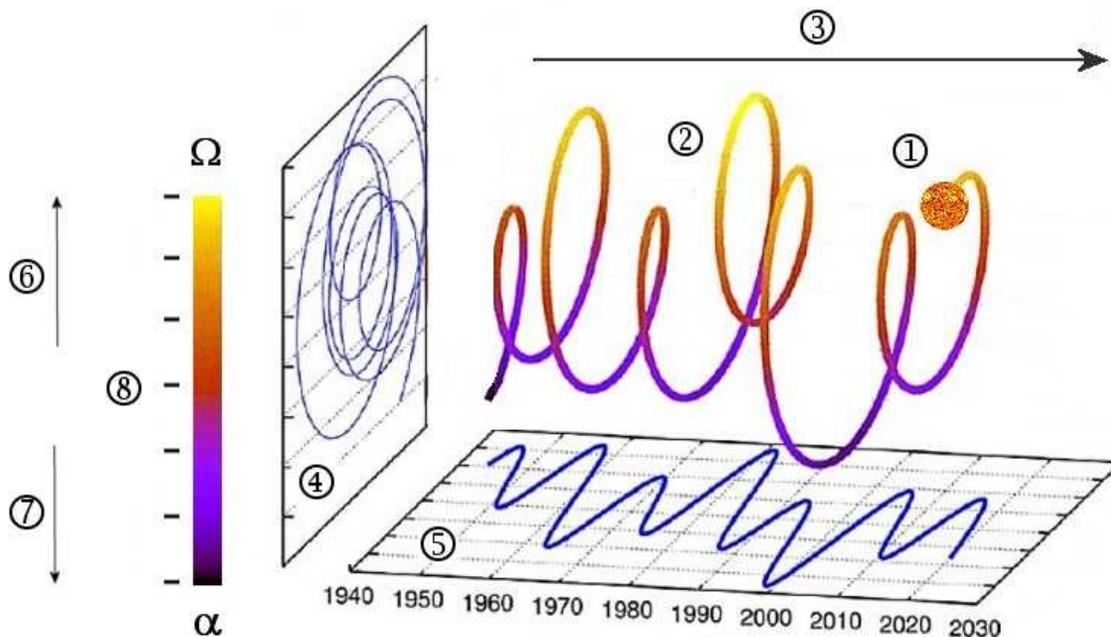
This means, as I explained before, that the Covibrals of this field are made of Galactic energies and *not* of the Sun's energy. And that it's the position of the Sun (and our planet) within these Galactic concentric energy layers what causes the Helios Cycle's effect. This chapter explains how this happens.

Also keep in mind that the Helios Cycle's energy is what fuels all the other Exonical Cycles. This means that these other Cycles are independent spin-offs or specializations of the Galaxy's forces.

Irregular Spiral Path

Modern Astrometry (the branch of Astronomy that determines the position and movement of the celestial bodies), Astrophysics, and Radio Astronomy have confirmed that while the Sun circles the center of our Galaxy, it also *winds around* the line that defines its orbital path.

In other words, careful astronomical investigations have determined that the Sun's Galactic course *coils around* the line that establishes its basic elliptical orbit (3, following image) around the Galaxy. However, the spiral path followed by the Sun is not neat and regular. In fact, the Sun's body (1) moves along a greatly distorted and uneven helical path (2), much like the advance of a warped corkscrew.



The contorted, colored spiral represents a 3-D vista of the highly irregular path followed by the Sun, whose coordinates were calculated by NASA Jet Propulsion Lab's (JPL) HORIZONS Ephemeris.

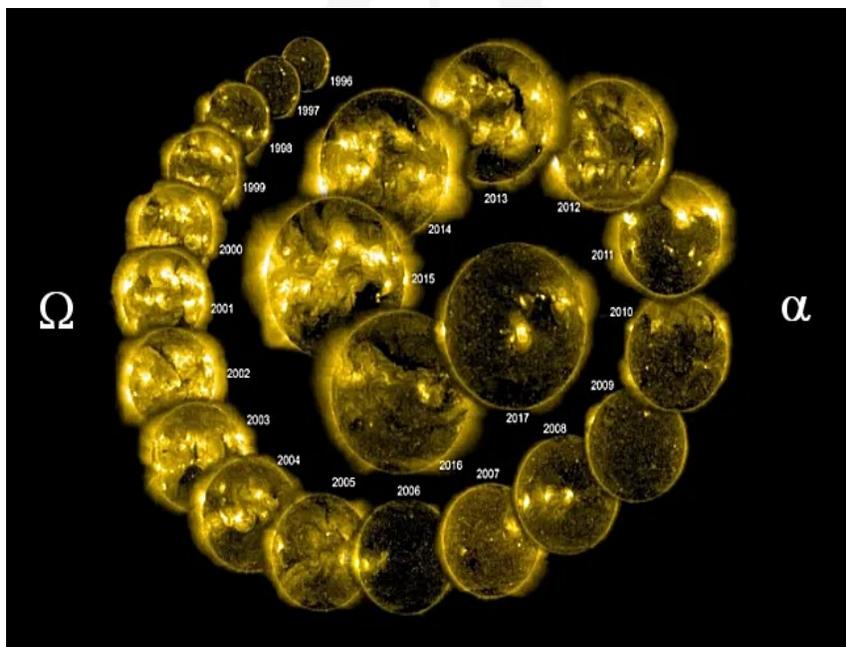
Exonica

The plane (5) shows the 2-D sideways projection of the spiral. The numbers along its bottom edge are years (1940 to 2030). Plane (4) represents a frontal, head-on 2-D projection of the same contorted path ([click/tap here](#) to see a short YouTube® animation showing how this pattern is formed). The colored vertical bar stands for the variation of the Sun's energy output as it moves toward the center of the Galaxy (6) or toward its outer rim (7). The gradations along the colored bar (8) represent the Helios Cycle's Covibrals, starting with dark purple at its most ethereal end, at α (Universal), up to its most material end, at Ω (Material).

Each loop (from α to Ω and back to α) represents a complete Helios Cycle. Note that some loops get closer to Omega (Ω) than others; idem regarding Alpha (α).

The dark blue and purple segments of the deformed spiral (all of which lie toward Alpha) indicate when the Sun, due to it *retreating* from the center of the Galaxy, **reduces** the amount of energy it radiates. Whereas, the yellow and orange sections of the same spiral (which all lie toward Omega) show when the Sun, now *approaching* the center of the Galaxy, **increases** its energy output. Solar Max occurs at Omega and Solar Min at Alpha.

To further evidence, as a proof-of-concept, that the distance between the Sun and the Galaxy's Center (SagA*) has a decisive influence on the Sunspot (Helios) Cycle, I asked Google's *Gemini* AI to devise a webpage whose programming could simulate the hyper-exact JPL resource mentioned above. It did so, having it show a sinusoidal line that proved the Exonical viewpoint, by using part of Solar Cycles 23, 24, and 25 (2005-2028). It's interactive and easy to use. Just place to cursor pointer along the wiggly line and you'll see how the distance changes from 5 (farther away) to -5 (closer to), as the sunspot number progressively moves from Solar Min (Helios at Alpha) to Solar Max (Helios at Omega), respectively. Please [click/tap here](#) to try it out. It can also show the variable distance between the Earth, Venus, and/or Jupiter and the Center of the Galaxy, within the mentioned years.



The former image shows the effect that moving along the spiral had on the Sun's energy output from 1996 to 2017. The Omega (Ω) Points of the cycles, when the Sun was closer to the center of the Galaxy (left side of the image), was when the Sun's energy emission was *strongest*; while when it was nearer to the Galaxy's outer rim (α , right side of the image), its energy output was at the cycles' *lowest* level.

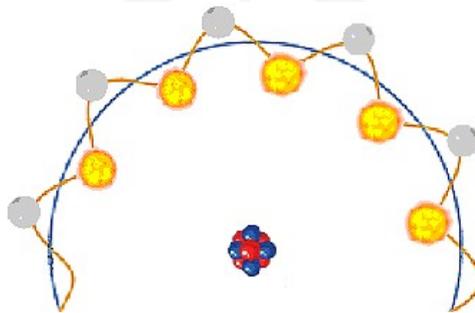
Interestingly, the wobble of a star, like that of the Sun, is what has allowed modern astronomers to identify which ones have planets orbiting them. If a star wobbles, it's almost sure that it has planets rotating around it.

Following another line of thought, we see that if we compare the basic design of our Galaxy with that of an atom, we'll find that in spite of the colossal difference in size, both layouts are very similar. The nucleus of the atom would be equivalent to the nucleus of our Galaxy, while the atom's electrons would be comparable to the stars that circle around the Galactic center (naturally, this includes our Sun).

To Niels Bohr (1885 - 1962), the notorious Danish physicist that conceived this model, the structure of an atom seemed like a "mini Solar System." For this design and its implications he won the 1922 Physics Nobel Prize.

His concept proclaimed that when an electron *approached* the nucleus of an atom, it emitted or radiated several types of electromagnetic energy, and that when it *retreated* from the atom's center, its energy emission decreased.

The following image shows this: the central mass represents either the atomic nucleus or the galactic core, and the body that coils around the orbital course (the sinuous path) could either be an atom's electron or a star. In both cases, the yellowish color indicates the closest position of the orbiting element and gray shows the farthest away one. Bear in mind that when an electron approaches the atom's nucleus it emits photons, while the Sun releases CMEs or Flares when it moves closer to the Galaxy's center.



The image shows that the central mass represents either the atomic nucleus or the Galactic core, and that the body that circles it, which is actually *coiling* around the orbital path (the sinuous line), could either be an atom's electron or one of the Galaxy's stars. Notice how, in both cases, the color changes as the orbiting element approaches (yellowish) or retreats from (gray) the central object. Bear in mind that when an electron approaches the atom's nucleus it *emits* photons, while the Sun *releases* CMEs or Flares when it moves closer to the Galaxy's center.

Based on the former explanations, Exonica proposes that the Sun's to-and-fro motion regarding the center and outer rim of our Galaxy is what causes the "Sunspot Cycle" (Exonica's Helios Cycle).

Therefore, when the Sun *moves closer* to the Galactic center, the number of sunspots *increases* and when it *pulls away* from this center, the number of sunspots *diminishes*.

In order to understand why the Sun doesn't follow a smooth Keplerian elliptical course around the Galaxy, we'll have to skim over a few Astrometry and Astrophysical notions. For example, when the mass and position of all the celestial bodies are combined with those of the Sun, we get the Solar System's "Common Center of Mass" (P. D. Jose, 1965). This is the constantly-moving spatial point of perfect gravitational equilibrium in relation to all the bodies of our planetary system, which is called the Solar System's *Barycenter* or SSB (from the Greek terms *barus*: heavy, and *kéntron*: center). This means that both the Sun and all the members of its planetary suite rotate around the always-moving SSB and *not* around the Sun's nucleus, as was formerly thought.

Several renown astrophysicists, such as Bucha *et al.* (1985), Scafetta (2010), Charvátová and Hejda (2014), Cionco and Pavlov (2018), and many others, endorse the Barycenter/Sunspot Cycle variability hypothesis. However, as far as my own research, online or otherwise, has disclosed, no one has related this solar event to the variable distance between the Sun and the Center of the Galaxy. This idea first came to me in 1992, curiously, when the Helios Factor was in the Cortical Covibra of the Helios Cycle (Sunspot Cycle N° 22) of that year, a time to improve or correct formerly established knowledge, information, or data. At that time, Exonica was still a fledgling and I was not yet aware of this fact.

Owing to the different mass and orbital speed of the planets, the distance between the Sun's nucleus and the SSB constantly changes, fluctuating between $\frac{1}{2}$ and $2\frac{1}{2}$ solar radii (from ± 220000 up to ± 1100000 miles). To watch a short YouTube® video that shows this graphically, please [click/tap here](#).

There are (at least) two astrophysical events that alter the Sun's spiral advance around the Galaxy. Each one, at its own rhythm and out-of-phase with each other, makes the Sun either move toward or retreat from the center of our Galaxy. Both events can sometimes combine or oppose their effects.

The first effect comes from the concerted orbital position of the planets of the Solar System (R. Wolf, 1859, R. C. Carrington, E. K. Bigg, 1967). This produces a gravitational "tug-of-war" that continuously changes both the position of the Sun and that of the SSB, in relation to the Galactic center. This event is called the "Planetary Oscillation."

After having analyzing 22 Sunspot Cycles (from Cycles N° 15 to 25, from the year 1913 to 2024—a total of 111 years—I found that out of the sum of all the Solar Max instances (that is, the Helios Factor at the Omega Point of its Cycle) and all the Solar Min (Helios Factor at Alpha), 44 in all, 40 concurred with what I stated above and only 4 didn't agree (Cycles N° 17, 18, 19, and 21). This indicates that there was a ~90.91% overall coincidence—a clear majority.

The second event refers to the effect of the force of gravity that the nucleus of our Galaxy exerts on its constituting stars, among them our Sun. This makes the Sun sometimes approach or move away *even more* the center or outer edge of the Galaxy. In other words, this event can increase or reduce the distance of the sideways to-and-fro solar motion caused by the "Planetary Oscillation." The effect has been proven by computerized models run by astronomers Lindblad and Lin, back in the 1960s. This event is called the "Galactic Oscillation."

The orbits of the planets in the Solar System seem to be very stable. However, this may not always be the case because each planet gravitationally nudges every other one, very slightly, every time they pass relatively close to each other, as they revolve around the Sun. This could temporarily move the SSB (and

the Sun) a bit closer to our Galaxy's center or to its outer rim, which would then alter the duration and/or strength of the ongoing Sunspot (Helios) Cycle.

If the two cited events coincide while the Sun is moving *toward* the nucleus of the Galaxy, then the Sun's energy output *will be greater* than that of other Solar Cycles in which the mentioned coincidence doesn't happen. This situation occurred around 2021, when Jupiter and Saturn were fairly close to the Alpha Point of their orbit, pushing the Sun toward the Omega Point of the Helios Cycle. This produced the Solar Max of Solar Cycle N° 23.

Another occurrence that may alter the intensity of a Helios (Sunspot) Cycle is the temporary and sporadic upsurge of the Galactic wind speed and plasma density. This could be partially responsible for the erratic fluctuation of the daily sunspot count and F10.7 solar flux units.

If on the contrary, the mentioned coincidence happens when the Sun is progressively moving *away* from the Galactic center, the Sun's energy outpouring *will be weaker* than that of other Helios Cycles in which this doesn't occur. This last happened from December 2019 to February 2020, during the deep Solar Min of Solar Cycle N° 24. This was caused by the latest "Grand Alignment" of Jupiter and Saturn, an event that only occurs every 20 years or so.

It must also be said that when the Earth is on the side of its orbit that is closer to the Galactic center, there's a notable increase in *Omega*-rhythm ELF waves (from 40 to 60 Hz) in our terrestrial environment, as determined by Polk in 1969, a date close to the climax of Solar Cycle N° 20. It's even stronger if this happens when our planet is on the side of the solar loop that's closest to the Galactic center.

On the other hand, when our planet is closer to the Alpha Point of its orbit, there's a significant increment in the production of *Delta*-rhythm ELF waves (from 0.01 to 4 Hz) here on Earth, as measured by Williams in 1994, a year close to the sunspot minimum of Solar Cycle N° 22. The effect is stronger if this happens when our planet is on the side of the solar loop that's farthest away from the Galactic center.

As usual, the exons found between the Omega and Alpha Points of this Cycle foster the presence of intermediate ELF wave frequencies.

Furthermore, based on the Niels Bohr concept, I surmise that when the planets of the Solar System, along with the Sun, gradually move closer to our Galaxy's center, their inner pressure increases and their cores progressively heat up, thus raising each planet's overall temperature. Maybe this is what happened, here on Earth, during the hot spells of 2023 and the overall increase of volcanic activity and earthquakes of 2024 (SIM, Ivanka Charvátová, 1997), both years in which the Sunspot Cycle was very close to its Solar Max.

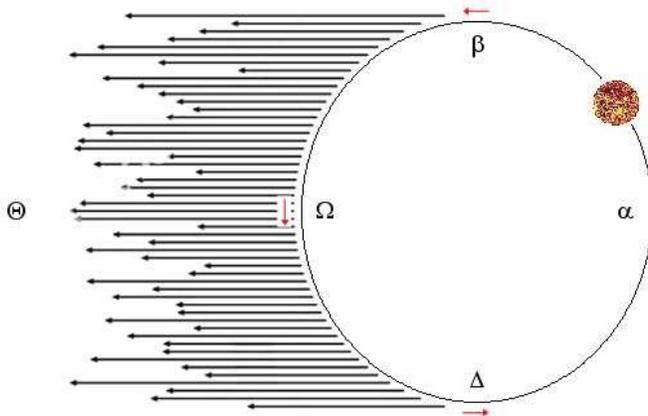
We must take into consideration that the rise of the Helios Cycle also intensifies the influence of *all* the other Exonical Cycles, enhancing the Universal, Individual, and Nexal Covibrational functions when the Sun is closer to the Alpha (α) Point of this Cycle, or the Cortical, Limbical, and Material ones when it's closer to the Omega (Ω) Point.

As the Helios Cycle grows, its effect becomes each time more noticeable in our everyday activities. Exonica suggests that if we learn how to synchronize our matters with this rhythm, we could use its influence for our own benefit.

Evidence

Let's see if the former explanations match what the world's space agencies have observed throughout the years.

Many scientific experiments have proven that, of the average duration of a Sunspot Cycle, the time span in which the Sun's energy output *increases* is, in effect, *its shortest phase*. This period lasts an average of about four years because the Sun, as it approaches this Cycle's Omega Point, moves each time faster along the irregular spiral described earlier. It's during this time that violent energy manifestations appear on the Sun. It's when energetic events such as sunspots, coronal mass ejections (CMEs), solar flares, etc., proliferate on its surface. The solar emission of F10.7 (2.8 GHz) radio waves, a much more precise alternate recourse to the many times wildly-swinging Wolf sunspot number schema, also increases accordingly.

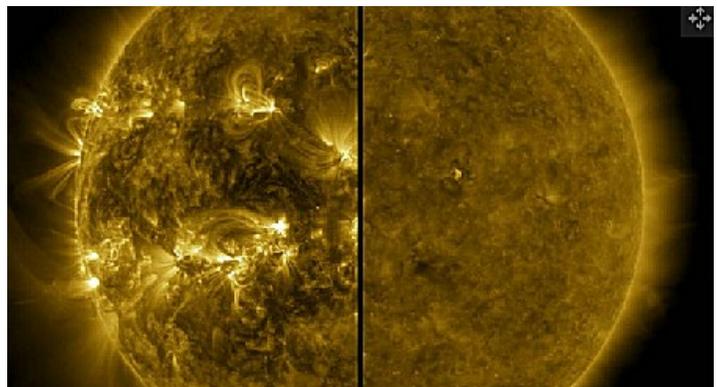


Similar long-term observations have shown that the phase in which the Sun's energy emission gradually decreases is *the longest one*, lasting an average of around seven years. During this period, while the Sun moves toward the Helios Cycle's Alpha Point, it also moves along its Galactic orbit at an each time slower pace.

The former illustration represents the gravitational effect of the core of the Galaxy on the Sun's "warped corkscrew" advance around it. Imagine that we're looking at the spiral head-on. The parallel arrows mean to represent the gravity pull of the Galaxy's nucleus. During the sunspot's growth phase (when it moves from the Alpha to the Omega Point of the Helios Cycle), while the Sun approaches the Galactic center (⊙), it's *pulled* in this direction by the Galactic gravity, gently and progressively *speeding up* our star's velocity as it advances along its course. Naturally, this *shortens* the duration of this stage of the Sunspot (Helios) Cycle.

Whereas, during the sunspot's dwindling phase (from Omega back to Alpha), as the Sun now moves away from the Galactic center, *against* the gravitational force the nucleus applies on our star, the Sun's onward motion is *braked* and *reduced* by this force, which *lengthens* this part of the Sunspot (Helios) Cycle. In both cases, the forward (around Beta) or backward (around Delta) pull is cumulative, which is why the Sun's speed very gradually increases or diminishes, respectively. This is Exonica's explanation of the time difference between both sunspot phases.

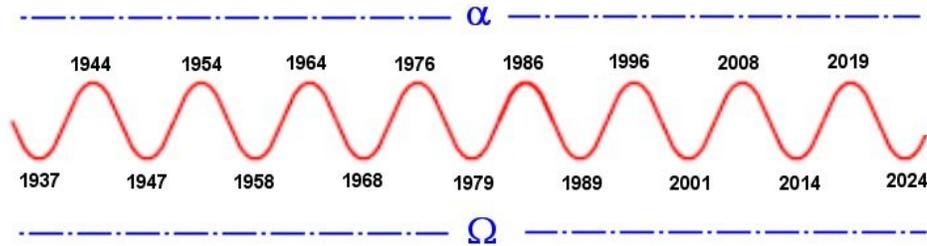
The image on the right verifies former statements. The left side shows the Sun at the peak of a typical Sunspot Cycle (Solar Max), when it's at or very close to the Omega Point of the Helios Cycle. On the right side of the image we see the Sun when it displays the least amount of sunspots (Solar Min), that is, when it's at or near the Alpha Point of the



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same Cycle. Notice the big difference in the intensity of solar activity between one moment and the other.

The following graph represents, *grosso modo*, the sunspot's oscillating cycle from 1937 to 2024: minimum (Solar Min: 1937, 1947, 1958, etc.) and maximum (Solar Max: 1944, 1954, 1964, etc.).

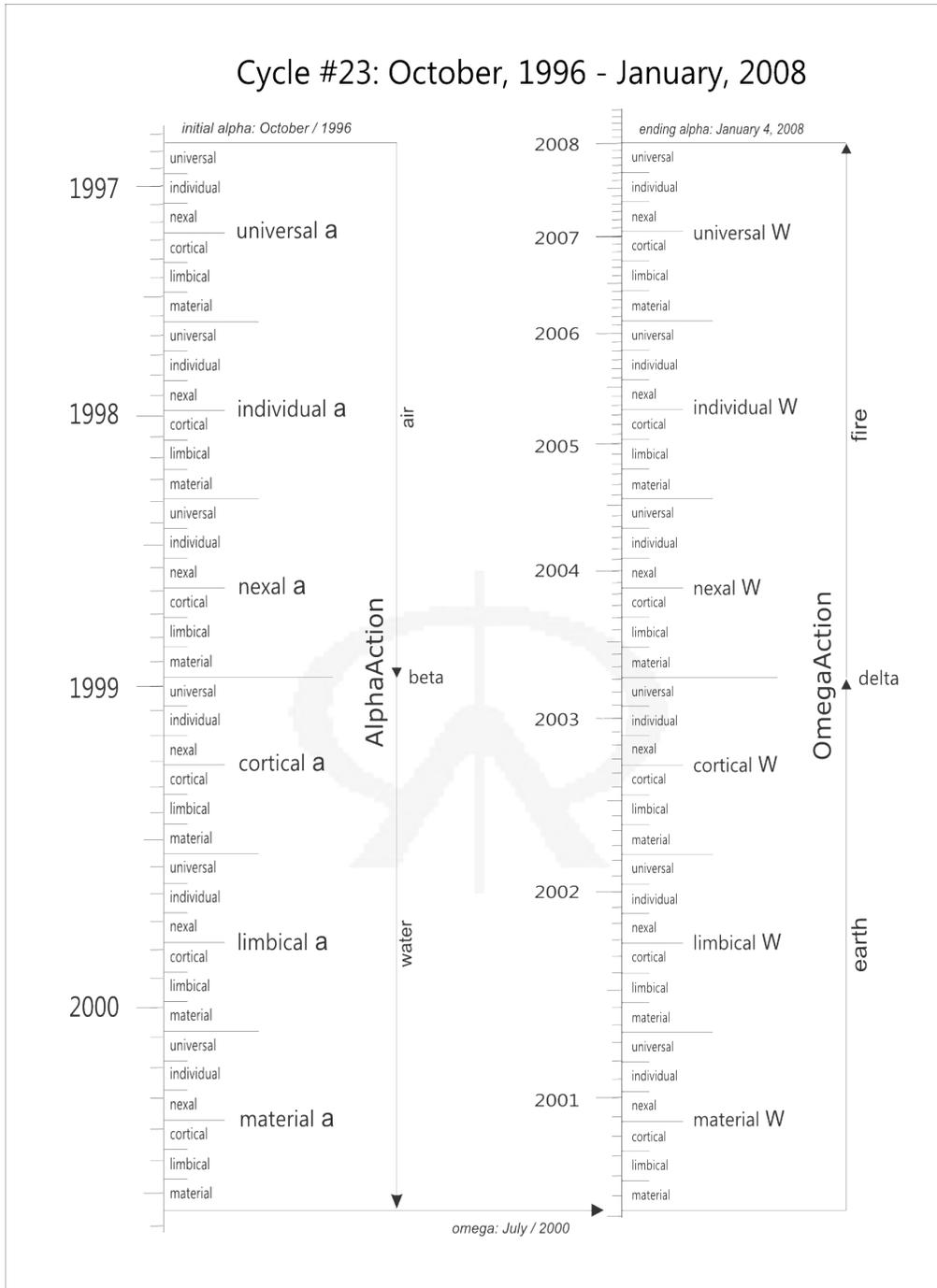


The diagram on the next page is a typical Exonical chart of the Helios Cycle's effect. In this case, it's Solar Cycle N° 23, which began in October 1996 (Solar Min), peaked in July 2000 (Solar Max), and ended in January 2008 (Solar Min).



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α



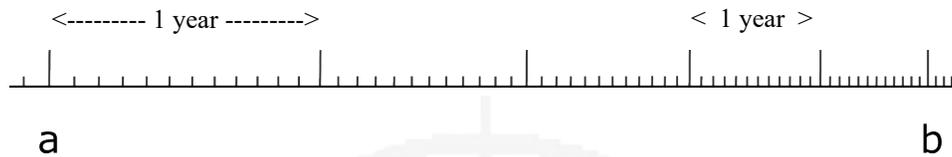
Ω

The column on the left represents the waxing (growth) phase of the Helios Cycle and the one on the right shows its waning (declining) phase. The timeline of the Cycle first moves from top to bottom, along the left-side column (from α to Ω , as indicated by the downward pointing arrows). Then, in July

2000, at the Solar Max, the action shifts to the right column and begins to move upward (as indicated by the arrows), along the right-side column, until it again reaches α , at the Cycle's Solar Min.

The left-side of each column shows the passing years. The gradations within each year represent its months. The right-side of both columns represents the Cycle's Covibral framework, and the gradations within each Covibra are its Pentals. They indicate the Transvibrational position of the Cycle's focal point/Factor as the years go by.

The size of the gradations that mark the passage of time *grows* from α to Ω , during the waxing phase of the Helios Cycle, because the Sun moves progressively faster during this time. The contrary happens during its waning stage, when the Sun moves from Ω back to α , meaning that the gradations become each time *smaller*, as the Sun reduces its Galactic orbital speed, while it slowly approaches the end of its Sunspot / Helios Cycle. The larger the gradation, the faster the Sun's spatial advance at that particular moment, and vice-versa. The next image illustrates this: large gradations at (a) indicate that the Sun moves faster than during the small gradations at (b).



Notice that the speed of the Sun is always *faster* (a larger gradation = Sun travels more sidereal space) when it's closer to the Omega Point (M/M) of the Helios Cycle it's moving through, and *slower* (a smaller gradation) when it's near the Alpha Point (U/U).

I have recently been taking into consideration the daily *intensity* of the energy emission of the Helios Cycle, which has traditionally been expressed by the Rudolf Wolf "Sunspot Number" and its more modern proxy, the 10.7 cms. radio-wave "Solar Flux" number. This new interest is based on the change of strength or emphasis (or lack of it) of the real-life happenings that occur daily during this Cycle.

While the major cause of the Helios Cycle in all likelihood is the to-and-fro motion of the Sun regarding the center of the Galaxy, the minor fluctuations of the Cycle's daily intensity, the Wolf "Sunspot Number," most probably comes from the wavering strength of the Galaxy's magnetic field, as explained [here](#) (an interesting, but quite technical explanation).

Directional Changes

From Exonica's viewpoint, when the Sun moves toward the Galaxy's outer rim (in the direction of the Helios Cycle's Alpha Point) it "tows" all the planets of its system into that region of space.

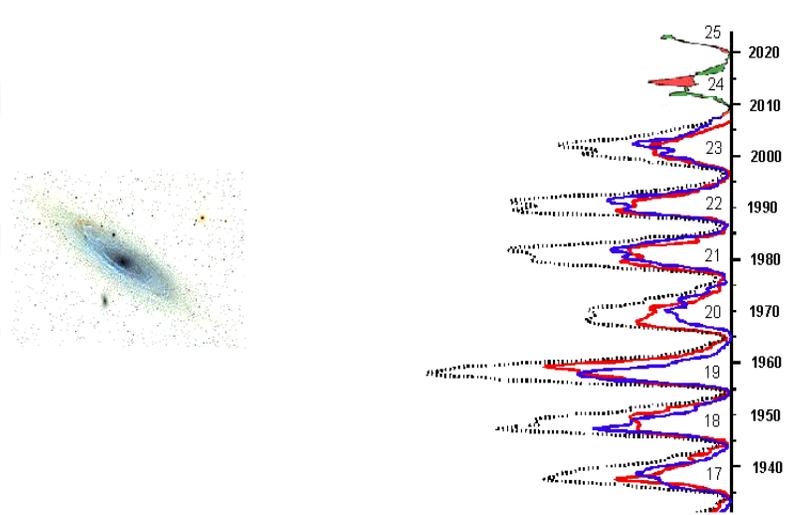
This odyssey gradually moves the entire Solar System (along with us) into the Galactic energy shells, whose vibro-pulsating elements stimulate each time more imperceptible and immaterial elements of reality. It's a time when the Earth and all the other planets gradually become enveloped by exons that mostly stimulate the production of, in sequence, *Alpha*-rhythm (8 - 12 Hz), *Theta*-rhythm (4 - 8 Hz), and *Delta*-rhythm (0.01 - 4 Hz) ELF waves. Please recall that these waves activate the more objective, subconscious, and intangible functions of our integral being.

And while this happens, the events of our day-to-day material reality, along with our worldly resources and belongings, become less and less important to our Essence. The same thing happens in the lives of our peers. The last time we went through such an experience was from the year 2016 to the very end of 2019, during the declining phase of Solar Cycle N° 24.

But when the Sun, its planetary escort, and we ourselves are shifted sideways toward the center of the Galaxy, toward the Helios Cycle's Omega Point, we slowly move into energy areas whose exons progressively activate the functions of our being that deal with the more discernible, physical, and material parts of our existence.

This is a time to progressively express ourselves "outward," into the more tangible and worldly aspects of our lives. This "awakening" is basically owed to the preponderance of exons that first produce *Beta*-rhythm (14 - 26 Hz), then *Gamma*-rhythm (26 - 40 Hz), and finally *Omega*-rhythm (40 - 60 Hz) ELF waves in our environment. These sequentially energize, first, our intellectual (Cortical) abilities, then our emotional context (Limbic), and finally, our physical (Material) issues. We entered such a period in the year 2022, during Solar Cycle N° 25. By the way, this is a time when impalpable *potential* energy begins to manifest itself as perceptible *kinetic* energy, that is, by gradually converting our ideas and plans into ostensible products, realizations, and/or services.

In the illustration, we see the Sunspot (Helios) Cycles N° 17 (1930s) to N° 25 (2020s) that show the relationship of the respective Solar Max (left side of the dotted spikes) versus the center of the Galaxy. The leftmost tip of each dotted spike shows in which Cycles the Sun was closer to the Galactic center. Notice that the 1958 (N° 19) spike indicates the Sun's closest proximity to this center and that, up to now, cycle N° 25 shows its farthest distance. I have found a definite correlation between the fluctuation of material bonanza/scarcity from one cycle to another.



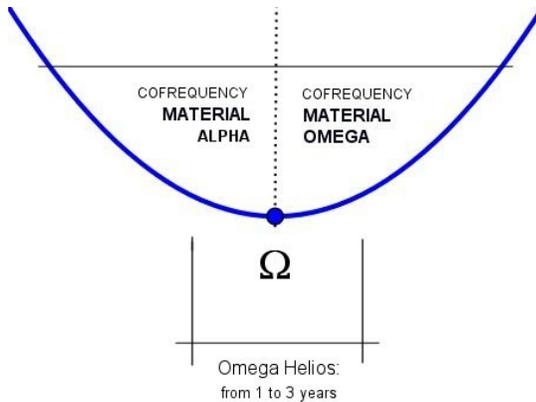
For example, cycle N° 20 (last half of the 1970s) was definitely marked by material scarceness, which gradually improved during the beginning of cycle N° 21 and that of N° 22 (first half of the 1980s and 1990s). Cycles N° 23 and 24 again brought forth scarceness. The current cycle N° 25 seems to call forth a new period of material well-being. We'll see...

The entire cycle of the sunspot activity (Helios Cycle) comprises from 7 to sixteen years (more often from 9 to 13), with an average of around 11 years. The incremental phase of the Helios Cycle lasts from around 3 to 6 years, while its declining period needs from 5 to 9 years to conclude, with averages of some 4 and 7 years, respectively.

This is the main reason why many attempts to harness the effect that the Sunspot Cycle has on our lives have failed. My advice is that if you're going to try to use the influence of the Helios Cycle, you must

remember that you can't use the "11-year average," instead, you'll have to *find and use the actual duration of each Solar Cycle*. This is easy to do when working with past Solar Cycles, but quite difficult when trying to use the present or future ones. I'll elaborate on this notion a bit farther ahead.

Another thing to keep in mind is that the transit of the Helios Factor (and its effect) from the Material Alpha Covibra to its neighboring Omega Covibra, is not instantaneous. The time of this passage is variable, taking from around one to three years to complete itself (see illustration, left).



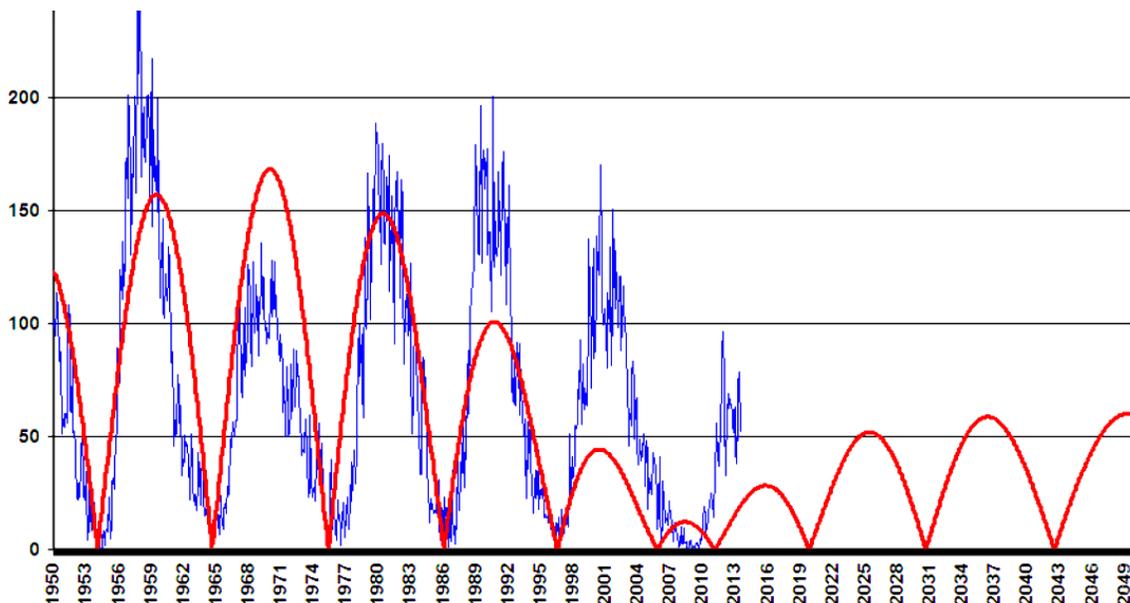
And while this happens, the attributes of both Covibrals blend for a while, making it a time in which the "first tangible formation" of AlphaAction is somewhat combined with the "further growth, improvement, and fructification" tendencies of OmegaAction. During this lull, we'll have to attend to a little of each in order to advance the objectives related to our Life Purpose. Something similar happens when the Helios Factor is close to the Alpha Point of its Cycle, but reversing the order of the TransDir, and noting that the changeover is somewhat slower.

Forecasting the Helios Cycle

One of the most successful methods to forecast the Sunspot / Helios Cycle was originated by R. J. Salvador (Engineer, Vancouver, Canada), based on the mathematical model *Tidal Torque* (2011) of Ian Wilson (astronomer at the Liverpool Plains Daytime Astronomy Centre).

The following diagram shows the sequence of Solar Cycles from 1950 to 2050.

Ω / Solar Max



α / Solar Min

The jagged blue line shows the actual measurement of the solar indices from 1950 to 2013, while the red arches indicate the result of Salvador's model, which 91% of the time matches reality (!). This is the model from which Exonica derives the data to be used by the algorithms that prepare future predictions based on the Helios Cycle. Note that Ω / Solar Max is at the top of the graph and α / Solar Min is at the bottom.

Our Life Purpose

As the Sun is the most important exocause of our planetary system—the primal universal energy of our Solar System—it's only logical to conclude that the *natal* Helios Factor reveals the most significant directive of our being: our **Life Purpose**, our long-term goal, our reason for being here.

On the other hand, the *regular* Helios Factor's effect on mankind, in order to manifest the Covibrational incidents it produces, must work its way through the many situations caused by all human activities. If these activities have mostly been in accordance with the ideal, paradigmatic ways of our Essence, then the daily real-life occurrences will tend to be very much in sync with the *regular* Helios Factor's effect, and the conditions this produces will be favorable to mankind. But, alas, as this rarely happens, the consequences of this discordance usually cause a time-lapse between the solar effect and its outcome in our every day lives, as well as producing ill-effects on all of us. The greater the divergence between “what is” (that is, what our Persona has done) and “what *should* be” (the pattern followed by our Essence), the worse the crisis this produces. The Exonical algorithms can help you find the field, kind of activity, or type of Covibrational subject-matter you should take into consideration when setting up objectives related to your Life Purpose.

According to Exonica, information concerning an individual's Life Purpose can be found by analyzing the Transvibrational position of their *natal* Helios Factor (its location on the date of their birth). This important fact provides a way to determine the Covibrational aspect, topic, and/or area (e.g., Material → physical aspect, Limbic → emotional side, Cortical → intellectual workings, etc.) in which a person can best implement and develop their Life Purpose.

On the other hand, the focal point/Factor of the *regular* Helios Cycle, that is, the Transvibrational position of the Helios Factor *on any other date*, highlights the area of life, aspect, or Covibrational subject-matter in which an individual can best apply, improve, or attend to the talent or faculty indicated by their natal Helios Factor, *on that particular date*.

The Helios Factor also determines the following:

Transvibrational Direction (TransDir)

According to the TransDir of the natal Helios Factor (from Alpha to Omega, or vice-versa), a person is either an “Alpha” or an “Omega” type.

An Alpha individual is someone born while the Helios Factor was moving from the Alpha to the Omega Point of this Cycle. This person has a natural inclination to create, innovate, invent, originate, etc., something new, that is, someone who excels at using AlphaAction.

While in contrast, an Omega person was born when the Helios Factor was moving from Omega to Alpha. This individual is naturally inclined to make better use, further develop, improve, reform, and so forth, what has formerly been made or done, that is, an individual who'll make the most of OmegaAction.

Both types are equally important and necessary to society.

The TransDir of the *regular* Helios Factor let's us know, if on a given date, our Essence is either inclined to attend to the worldly matters of our particular Life Purpose (Alpha to Omega) or to our internal affairs (Omega to Alpha).

Quadrant

The *natal* Helios Cycle's Quadrant (Air, Water, Earth, or Fire) will disclose if a person should basically deal with initial research, new designs, prior planning, and the veiled gestation of new creations (Air), or deal with the first manifestation, early formation, and foremost growth of new situations, products, or services (Water). In both of these cases, the individual is an "Alpha." Or if a person should manage, improve, and further develop tangible and concrete objectives (Earth), or evaluate and refine more essential, abstract, and intangible issues (Fire). In these last two cases, the individual is an "Omega."

The *regular* Helios Cycle's Quadrant tells us when to attend to the activities outlined in the previous paragraph. Keep in mind that the regular Helios Cycle is, figuratively speaking, similar to Earth's 'Seasonal Cycle.' The tendencies of the Air Quadrant mimic those of winter (external inaction, gestation), those of the Water Quadrant are similar to those of spring (rebirth of external life), the propensities of the Earth Quadrant are like those of summer (full growth), and the natural dispositions of the Fire Quadrant are analogous to those of autumn (harvest, external declination).

Covibra

Finally, the Transvibrational position of the *natal* Helios Factor will show us the type of Covibrational elements, aspects, topics, or field (e.g., physical, emotional, intellectual, etc.) that an individual can best take into consideration to undertake or develop their Life Purpose in life. Whereas, the Covibrational position of the regular Helios Factor will disclose when to attend to the subject-matter of this Covibra.

For example, if a person's *natal* Helios Factor turned out to be Cortical (thus highlighting the use of logic, reason, and knowledge), and the regular Helios Factor of a given date is in, say, the Material Covibra, then the best-suited action to benefit their Life Purpose, on this particular date, would be to deal with data, facts, and/or information regarding something physical, corporeal, and tangible.

As you can see, the *natal* Helios Factor is highly personal and invariable, while the *regular* Factor has the same effect on everyone on a given date, although each of us should use this effect to achieve our own particular Life Purpose. Alternatively, the regular Helios Factor's influence constantly changes as it moves along its Cycle. As far as I know, this influence is only monitored by Exonica.

As an experiment, I looked up the Life Purpose determined by Exonica of 5 successful and well-known persons. Here's the result:

Name (Enterprise)	Birth Date	Life Purpose Covibra
Jeff Bezos (Amazon)	Jan. 12, 1964	Universal omega
Elon Musk (SpaceX, Tesla)	Jun. 28, 1971	Nexal omega
Bill Gates (Microsoft)	Oct. 28, 1955	Individual alpha
Donald Trump (Trump Corp.)	Jun. 24, 1946	Cortical alpha
Warren Buffet (H. Berkshire)	Aug. 30, 1930	Nexal omega

Use the free online [Life Purpose](#) app to investigate for yourself the remarkable parallelism between the Exonical results and their actual lives. It's fast and user-friendly. No registration required. *Tip*: just enter their Birth Date.

You can use the same app to get valid and useful information about your own Life Purpose (or that of anybody else).

Progressive Upgrading

The solar data used by the Exonical algorithms that determine your Life Purpose, your *regular* Helios Factor, began to be collected in the year 1755, the date when the orderly observation of sunspots began. Exonica uses the daily Sunspot Number that comes from the (Rudolf) Wolf Number for dates between March, 1755, and December, 2008. From this date on, Exonica switches to the average daily F10.7 cms., 2500 MHz radio-wave *Solar Flux Unit*. The reasons for this change is because the modern equipment used to measure the Solar Flux is much more accurate, less subjective, and can collect solar data even on cloudy days.

Heliobiology

Heliobiology is an interdisciplinary field of science that studies the influence of solar activity and cosmic rays on biological systems. It sits at the intersection of Biophysics, Astronomy, and Chronobiology.

The central premise of Heliobiology is that fluctuations in the Sun's activity —such as solar flares, sunspots, and coronal mass ejections— alter the Earth's geomagnetic field and atmospheric ionization, which in turn affect living organisms, including humans.

The field is generally divided into two distinct areas:

1. **Physiological Heliobiology**: The study of how geomagnetic fluctuations affect animal navigation, circadian rhythms, and human physiology (e.g., heart rate variability).
2. **Sociological Heliobiology**: The hypothesis that solar cycles drive mass human behavior, such as revolutions, wars, and economic crashes.

Look up **Alexander Chizhevsky** (1897–1964), the “Father of Heliobiology,” a Soviet-era biophysicist. In the early 20th century, he proposed that 11-year solar cycles correlated with major historical events.

Entelechy / Teleology

Entelechy

Entelechy is a philosophical concept that originated in ancient Greece, particularly in the works of Aristotle. The term “entelechy” comes from the Greek words *en* (in) and *telos* (end or purpose), and *echos* (having).

In essence, entelechy refers to the idea that living beings have a built-in potential or tendency to develop and realize an inherent purpose or nature, which is addressed as ‘Life Purpose’ by Exonica. It is the concept that an entity has within it the innate potential to become what it is meant to be (according to an inherent framework or pattern of features or qualities, its Phenotype), and that this potential is actualized through the process of its growth and development.

In Aristotle’s philosophy, entelechy is closely related to the concept of *telos*, or the ultimate purpose or goal of a being or thing. According to Aristotle, all living entities have a *telos*, or a built-in direction or purpose that guides their development and expression. Entelechy is the process by which a thing realizes its *telos*, or becomes what it is meant to be. For example, the entelechy of an acorn is to become an oak tree, and the entelechy of a human being is to become a fully realized and actualized person, in accordance with their in-wrought essential makeup. In this sense, entelechy is a kind of inner drive or impulse that propels living things towards their full potential and realization. This is the inner drive followed by our Essence.

In modern times, the concept of entelechy has been applied in fields such as psychology, education, and personal development, where it is used to describe the process of human growth and self-actualization, in which an individual realizes their full potential and becomes the person they are meant to be. Overall, entelechy remains a rich and complex concept that continues to inspire philosophical and scientific inquiry into the nature of living things and their inherent potential for growth and development.

According to Exonica, entelechy is the aim toward which the tenacious action of our Essence persistently propels us. In this context, entelechy is “the drive that tends to channel an individual’s life force toward self-realization and the fulfillment of their inborn objective or destiny, in accordance with the blueprint upheld and followed by their unique Phenotype.”

Teleology

The term “teleological” refers to a philosophical concept that deals with the idea of purpose, direction, or goal-oriented behavior. It is derived from the Greek word *telos*, which means “end” or “purpose.”

In a teleological context, something is said to have a *telos* if it has a built-in direction or tendency toward a specific goal or outcome. This concept is often used to describe the behavior of living organisms, which seem to be driven by an innate purpose or direction.

In philosophy, teleology is the study of the purpose or direction of things, and is often contrasted with mechanistic or causal explanations. Mechanistic explanations focus on the underlying causes or

mechanisms that drive a particular phenomenon, whereas teleological explanations focus on the purpose or goal that the phenomenon is directed toward. For example, a ‘mechanistic explanation’ of a bird’s wings might focus on their physical structure and movement, whereas a ‘teleological explanation’ would focus on the purpose of the wings, which is to enable the bird to fly. Teleological explanations are often used in fields such as biology, psychology, and ethics, where understanding the purpose or direction of a phenomenon is essential to understanding its behavior or significance.

There are different types of teleology, including intrinsic teleology, which refers to the built-in purpose or direction of a thing, and extrinsic teleology, which refers to the purpose or direction that is imposed on a thing by an external agent. For example, a tree has an intrinsic telos to grow and develop, whereas a tool has an extrinsic telos that is imposed on it by its user.

Teleology can also be applied to human behavior and decision-making, where it is used to understand the purpose or direction of human actions and goals. Overall, the concept of teleology provides a unique perspective on the nature of purpose and direction, and it has been influential in shaping our understanding of the world and our place within it.

In Exonica, intrinsic teleology is what our Essence abides (true, unbiased reality), while extrinsic teleology is what our Persona follows (a virtual reality that ‘filters’ and ‘reshapes’ our Essence’s expression, often distorting or limiting it).

The concept of teleology has been debated and refined by philosophers throughout history, with some arguing that it is a necessary and essential aspect of understanding the world, while others have criticized it as being too vague or unscientific. Despite these criticisms, teleology remains an important and influential concept in many fields (such as Exonica), and continues to be used to understand and explain the behavior of living organisms, human decision-making, and the natural world.

By considering the purpose or direction of a phenomenon, teleology provides a unique and valuable perspective on the world, and it has the potential to reveal new insights and understanding of the complex and dynamic systems that surround us.

The polemic biologist Hans Driesch (1867 - 1941) said, “Entelechy is a directive, a teleonomical causal force that impels us toward the accomplishment of a determined goal [in this case, our Life Purpose].”

Likewise, for Pierre Teilhard de Chardin (French scientist, paleontologist, theologian, philosopher, and teacher; 1881 - 1955), entelechy was “the dynamic and central purpose of an individual’s existence.”

In Hindu philosophy, it’s called *Dharma* (or dharmic purpose). According to the followers of Hinduism (the oldest and most complex of all established belief systems, with origins, in India, that date back more than 5000 years), each individual has a unique Dharma, that is, a personal mission, role, or purpose that they’re meant to fulfill in their current lifetime.

Traditionally, in this doctrine, an individual’s Dharma is thought to be predetermined. Their existence is set by universal laws (Ṛta, Sanskrit ऐतन, pronounced *Ri-ta*), and the only way to progress in life is to follow this course and work toward their inherent purpose. It is said that all beings must accept their Dharma for order and harmony to exist in the world. If an individual is following their Dharma (the realization of one’s Life Purpose), they’re pursuing their true calling in life and serving all other beings by playing out this role. According to the Bhagavad-gītā, “it is better to do your own Dharma poorly, than to do another one’s well.”

According to this philosophy, Rta (“ordered action”) is the underlying principle that governs the universe and everything within it. It dictates the regularities and patterns observed in nature, including the movement of the Sun, the Moon, and the changing yearly seasons. This is very similar to the effect of Exonica’s exocauses.

Up to this point, Vedic Astrology and Exonica agree. But, from here on, each system finds a person’s Life Purpose following their own, *very* different paths.

The Helios Cycle’s Exonical Influence

I must reiterate that, for Exonica, a person’s Life Purpose is a natural, spontaneous, and reflex inclination that automatically emerges from their primordial design (Phenotype). It’s the key point of our primordial blueprint toward which our Essence gravitates and the path each of us should follow to collaborate with humanity. It’s analogous to a cell’s specific function, each one having its particular and precise role to play out.

Human beings, thanks to their free will, are capable of choosing what they’d like their Life Purpose to be. However, *there’s no guarantee that this choice will match what is endorsed by their Phenotype*, that is, *with what their life-sustaining and unchangeable design (entelechy) indicates*, because this Purpose or Role, to assume our true place in life, truly, is **not an optional selection**.

Failure to align our Life Purpose with what our Phenotype indicates can lead to a sense of confusion and unease in life, owed to missed opportunities for growth and fulfillment.

In other words, if a person wants to live in harmony with their Essence (that is, have a good life), they *should not* arbitrarily try to pick out their Life Purpose, for it would be like trying to choose the color of their eyes or blood type —totally ineffective.

Take a short break... [listen to](#) a meaningful and inspiring podcast about our Life Purpose.

Despite all the hype regarding our free will, like it or not, a person can only *decide* whether they’re going to accept and undertake (or not) what is indicated by their unalterable essential design (their Phenotype). Very few times have I seen someone choose their Life Purpose correctly.

You can rely on the precision of the Exonical algorithms to accomplish this important decision.

Indeed, I too got upset when I found out that I had to forfeit my right to freely choose my Life Purpose and let some predetermined pattern decide for me. This is the way most of us were brought up in a country of the freedom-loving western hemisphere. However, upset or not, what I said earlier still holds true if we want to live a healthy, joyous, and prosperous life.

As I’ve been saying all along, our Phenotype, like it or not, is the objective pattern or archetype that comprises the essential design of each of our *markers* (characteristics, attributes, and talents — including our Life Purpose). Although we, at the Persona level, are free to accept, develop, and use them or not. Here’s where our free will comes into play. A person’s Life Purpose is a *duty* (Definition: Duty refers to a moral or legal responsibility that individuals are expected to follow), not an *obligation* (Definition: Obligations are specific commitments or responsibilities arising from agreements, laws, or personal values). Still, if our choice doesn’t match what our Phenotype objectively indicates, we’ll have to suffer the consequences.

Hence, forget Persona's methods that try to determine your true Life Purpose. Classic Astrology, Venn diagrams, Numerology, Ikigai (unless you know the true Japanese meaning and apply it accordingly), bar plots, and the likes, when used to find your Life Purpose, just don't work. Your feelings / motives / wishes / opinions / etc., don't matter either, because they all derive from the very short-sighted perspective of our Persona and not from the broad viewpoint of our trans-dimensional and unerring Essence.

It's a well-known fact that a farmer, for his crops to produce a good harvest, must adapt his work to the natural cycles of his environment. Of course, the farmer is free to sow his seeds whenever he wants to, but, as the results will prove, he'll see that when he conforms to these cycles everything goes better and the yield is more abundant. The same thing will happen to us if we heed the Exonical Cycles.

Consider the following analogy:

Figuratively speaking, if each of us was some kind of vehicle, it's our Life Purpose what would define the *type* of vehicle we're supposed to be. This innate blueprint would reveal if we are to be, for example, a family car, an off-road 4x4, a limousine, a race car, a dump truck, etc.

As you can see, each type of vehicle has its own particular purpose and existence to carry out. The problem is that most of us don't know what kind of vehicle we're supposed to be.

A family car would be quite inadequate on a racetrack, a limousine would be awful on an off-road trail, a dump truck wouldn't do too well in a swamp, and so forth. So, in order to be on the right track (pun intended) and get the most out of life, for me, it's crystal-clear that we should tone-down what our Persona wants and follow the inbuilt instructions upheld by our Phenotype (Essence).

Your Life Purpose, when it's combined with your other inborn attributes, is unique to you, just like your fingerprints are. It's the reason you are here.

Finding and assuming your Life Purpose is more than just a cliché or a dream that'll never be fulfilled. It's actually a *tool* for living a better life —a more productive, happier, and healthier existence— that, unfortunately, too few people are aware of.

Much hoopla has been made concerning the notion that we should choose our Life Purpose based on what we are passionate about, or that it should be something that makes us a lot of money, or that it should agree with the statutes of our religion, or what our family likes, etc. Although our Life Purpose could meet some (or all) of these options, they are not essential requirements. Rather, it's the other way around: if someone has spontaneously found and takes on their Life Purpose, they may experience what's indicated by these options (and more).

Identifying, acknowledging, and carrying out your Life Purpose, the one stemming from your Phenotype, is the foundation of a well-rounded life. Your Life Purpose provides you with an inner compass that guides your decisions and leads you to experiences that'll lighten up your existence.

We are where we are needed. No one can fill our place. Each of us has a particular job in the universe, and we have the capability of fulfilling that destiny. But before we can perform it with maximum efficiency, we have to know what we are and what our purpose is.

Z.B.S. Halevi, *Adam and the Kabbalistic Tree*

From childhood on, we're mistakenly programmed to follow role models and the expectations of our parents. These prospects, offered with all good intention, are supposed to give us something to look up to, something to aim toward. But, regrettably, too many times they distract us from our *true path*.

If you want to discover your true Life Purpose, you must first empty your mind of all the mistaken objectives you've been taught to pursue, including the idea that you may have no purpose at all.

Let's say that you're feeling unmotivated, unsure of yourself, aimless, can't find your passion, and are not clear on what your Purpose in Life is. You're in good company —most people are in the same boat. One study shows that only 15% of American adults say they have a clear sense of purpose.

Your Life Purpose is bigger than your career or your family —it's the backbone of your entire life and of everything that you should live and stand for. It's the field or type of activity toward which your self-governing Essence will try to lead you. Too many times, when asked to identify ourselves, we do so based on our profession or occupation: "I'm Frank, a medical doctor..." (or an insurance salesman, a pilot, a dancer, as so forth. Or, I'm a Libra, a Taurus, etc., —none of which refers to our true identity: our Life Purpose. Sure, they could coincide, but, unfortunately, they usually don't.

Everybody has a distinct Life Purpose. Every one of us exists for a reason, and by finding and assuming it, we'll contribute something valuable to the world, in our own, unrepeatable way.

Most of us behave like a mango tree that doesn't know it's a mango tree. Instead, some of us would like to be a tall and lofty oak tree, or a fast-growing bamboo plant, or a mouth-watering peach tree (and so forth), because someone we know is doing splendidly by being one of them. The problem here is that, being a mango tree, we'd be a very mediocre oak, bamboo, or peach tree. But, if we correctly assume our Life Purpose, we'll be an excellent and productive mango tree.

Intensification / Weakening

The waxing (rising) and waning (decline) of the Helios Cycle causes, respectively, the strengthening or weakening of all the other Exonical Cycles' effect.

As previously mentioned, a person's Essence, while they're less than ~45 years old, tends to (mostly) bring forth what's related to their Ideal Occupation. From there on, their Essence slowly and progressively shifts its support toward the achievement of something related to the person's Life Purpose.

In other words, if the ongoing Helios Cycle's activity is increasing and a person's age is under 45 (or so), they'll notice that life (thanks to the silent and effective maneuvers of their Essence) puts them in situations that enhance the conditions of their Ideal Occupation. In this case, they'll probably bring about better products or render a better service in whatever is related to their work-related skills. Yet, all this happens in a positive way only if the person is tending to something related to their Ideal Occupation.

But, when the current Helios Cycle begins to wane, the contrary will slowly happen to this person, as it's a time when 'external' or worldly issues begin to lose their importance, as seen from their Essence's point of view.

However, if the person is over ~45 and the Helios Cycle is strengthening, it are the matters linked to their Life Purpose that will be heightened. Obviously, when this Cycle is weakening, the contrary will happen.

Everything stated in this section happens in a natural and autonomous way. It's as unprompted as puberty itself, meaning that it's not something deliberate or premeditated.

Economy / Finance and the Helios Cycle

If you deal with anything related to economy or finance, you should read this section.

After finding out that several developed countries, presently (mid-2024) are either suffering from an economic recession (e.g., China, England, Italy, etc.) or are about to enter one (e.g., USA, Canada, Japan, and others), I decided to investigate to see if there was some Exonical reason behind it.

To my surprise, I found out that all the major worldwide recessions had occurred when the Helios Factor was passing through the Earth (3) or the Fire (4) Quadrant of its Cycle. As an example of this, please look the following table:

Major Recessions

Dates	Quadrants
1920 - 1921	Fire (4)
1929 - 1932	Earth (3)
1948 - 1949	Earth (3)
1953	Fire (4)
1958	Earth (3)
1960 - 1961	Fire (4)
1969 - 1970	Earth (3)
1973 - 1975	Fire (4)
1980	Earth (3)
1990 - 1991	Earth (3)
2001	Earth (3)
2007 - 2009	Fire (4)
2020 - 2021	Air*
2022	Water*

* COVID-19 Pandemic

As you can see, out of the 14 cases shown, 12 had the Helios Factor in Earth (9 out of 14; 64%) or Fire (5 out of 14; 36%), that is, they occurred due to the effects of OmegaAction (which stimulate *adjustments, corrections, and re-alignments*). The last two cases were different because they were driven by the COVID-19 pandemic and not due to economic causes *per se*. This tells us that the majority (85.72%) of recessions took place during the second half of the Sunspot (Helios) Cycle.

Seeing this, I decided to include the above data in this book, because, as we are in the middle of the present Solar Cycle ('25) and the Helios Factor has entered the Earth Quadrant (3) of this Cycle, it's highly probable that we're at the beginning of another global financial adjustment. As a precaution, it's advisable to begin to take defensive measures against this new economic disaster, which, according to the present situation of world finances, promises to be colossal.

This is reliable proof that OmegaAction causes the re-adjustment, forced improvement, correction, reorganization, etc., of whatever needs to be modified, restructured, rectified, or repaired, to once again comply with more appropriate and effective economy canons, in order to reap the benefits brought forth by well-balanced productions. Sadly, most recessions happen because of bad government decisions that must be corrected later on, causing the general public to lose millions of dollars.

Comments Regarding Our Life Purpose

Life Purpose is the No. 1 driving force of every human being. It's stronger than willpower.

Your most important task in life is to find your Life Purpose and give your whole heart and soul to it - **Buddha**.

Consider that an individual's Life Purpose always fulfills a distinct need of their community (or of humanity), which means that each of us is needed to take care of a certain activity. If someone doesn't accept and assume their Life Purpose, there's a need that'll go unattended, and the more people that refuse to occupy themselves with their particular Life Purpose, the worse things get for all of us.

As most people are unaware of their true Life Purpose in life, in addition to those who do know it but for one reason or another can't or won't undertake it, it should come as no surprise the permanent existential chaos in which we all live. The fact that we can occupy ourselves with whatever we voluntarily choose to, doesn't justify us to disregard our particular Life Purpose.

It's to be noted that the type of undertaking specified by a person's *natal* Helios Factor doesn't necessarily indicate the kind of activity with which they should make a living. This is because an individual's Ideal Occupation is disclosed by another natal Exonical Factor, one that I'll explain further ahead.

My 30+ years of investigation have shown me that, as the years go by, most middle-aged people spontaneously and unknowingly begin to gravitate toward the subject matter indicated by their natal Helios Factor, that is, their Life Purpose. This usually begins around their 40th birthday. From then on, their Essence began to combine all their attributes and talents, so as to help and give support to the expression of their Life Purpose.

I also noticed that sometimes a person's profession or usual occupation helped them carry out their Life Purpose, but most of the time it didn't because the activity pointed out by their Life Purpose many times was different from their normal everyday concerns. In my opinion, this uncomfortable ordeal is the cause of the so-called "midlife, identity, or purpose crisis."

I reiterate that to know and voluntarily accept—with determination, good humor, and love—the type of activity indicated by your natal Helios Factor, your Life Purpose, will give your Essence the chance to guide, shape, and evolve, in a productive and contented way, the diverse facets of your existence. In this way, both parts of your integral being, Essence and Persona, can focus on the same goal, just like when the Alchemical *Rebis*: "King" (Essence) and "Queen" (Persona) join their efforts in the same

“Opus.” The ideal situation is when the person voluntarily *longs to do* what their Essence *must* objectively achieve.

A strong sense of purpose has also been linked to greater longevity.

As soon as you get to know and accept your Life Purpose, even if you don’t notice it, your existence will gradually begin to take its proper place within the overall scheme of reality. In this case, resources, opportunities, and the proper people will appear to help you in the kind of activity indicated by the Covibra being crossed by the Helios Factor of that time.

Follow the unique design that defines who you are and what you may become. Stay true to your nature and all of life will support you in your blossoming.

Kari Hohne author, composer, psychology, physics, and comparative religion.

In order to comply with our Life Purpose, all resistance and unsupportive conditioning will have to be progressively resolved and neutralized. Negative karma will have to be worked-out and replaced by a more constructive mentality. Many times this is not an easy or pleasant task, depending on the strength of the reasons and emotions that oppose the undertaking of our Life Purpose. Even so, this cleansing process must be endured and assimilated, in order to become what we’re meant to be. If you’re presently going through this ordeal, I encourage you to continue, in spite of any discomfort you might be enduring. The reward is well worth it.

The egocentric ways of Persona must undergo a willful “death,” surrendering everything that it believes itself to be. Most difficult is that this total surrender of life, this initiatory sacrifice, must precede the experience of awareness. One is required to give up the totality of one’s conscious being, one’s very life, in relative darkness, yet in the faith that there will be a resurrection into the Light - **R. Wang**, *The Qabalistic Tarot*

A free online app will tell you the effect of the ongoing Helios Factor on the day of your visit. This will let you know the field in which your *natal* Life Purpose can be best applied. The app’s information has been constantly updated since 2012. To read it (via Internet), please [click/tap here](#).

Take a break! Read an enticing story of how the Hero / Heroine of most well-known legends, stories, and sagas follow a similar underlying pattern. Surely you’ll recognize these Lead Characters and their fables. Still, you may not have noticed the parallelism between what I’ve explained in this chapter and those unforgettable fables. [Click/Tap here](#) to get a free copy of *The Hidden Circle*, in PDF format.

Have a look at an interesting YouTube[®] video concerning the Life Purpose topic: [Life Begins at 40](#) (Credit: Vishal Khandelwal).

Terra

A Circa-Annual Cycle

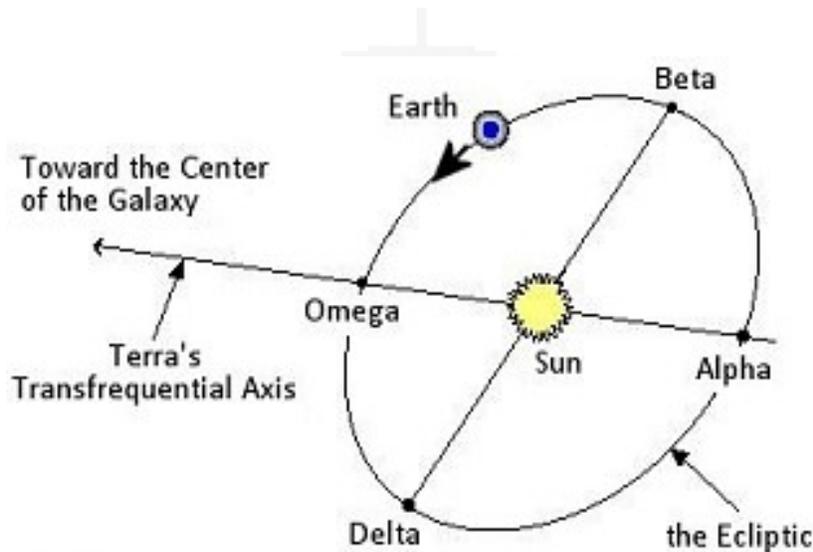
Have patience.

All things are difficult before they become easy.

Saadi (1184 - 1283)

Iranian poet

“*Maipin canqui?*” (“Where are you?”, as said in the Quechua language of the Peruvian Incas). This was the question the *Willac Uma*, the supreme Inca astronomer-priest, asked the universe every morning. For him, it was crucial to know the daily heavenly position of *Pachamama*, Mother Earth, because this would tell him, both literally and figuratively, if they were to experience times of *sara* (abundant corn yield) or *cora* (weeds, scarcity). And, although most people don’t know, the same question is as important today, in our modern world, as it was for that indigenous culture of yore. Let me show you why.

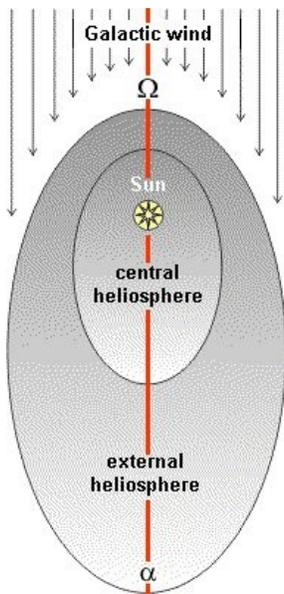


The Earth always orbits the Sun in the same sense, moving in the Alpha, Beta, Omega, Delta, counter-clockwise direction shown above, which constitutes, according to Michael Majer (1616), “the *rota* followed by the Alchemists while producing their great *opus circulatorium*.” For Exonica, this is the trajectory followed by the focal point/Factor of the **Terra Cycle**. In other words, the Terra Cycle is caused by Earth’s rotation around the Sun. The word *Terra* is the Latin translation of “Earth.”

The Terra Cycle’s Alpha Point, like that of all the other Planetary Cycles, lies toward the Galaxy’s outer rim, at an astronomical location that’s surrounded by the *Taurus*, *Gemini*, *Orion*, and *Auriga* constellations. On the other hand, the Omega Point of this Cycle is situated toward the center of the

Galaxy, at a celestial position surrounded by the *Scorpio*, *Ophiuchus*, *Serpens Cauda*, and *Sagittarius* constellations.

When we connect these two points, Alpha and Omega, with an imaginary line, we get the position of the Solar System's **Transvibrational Axis**, which is shared by this Cycle, the Helios Cycle, and all the Planetary Cycles.

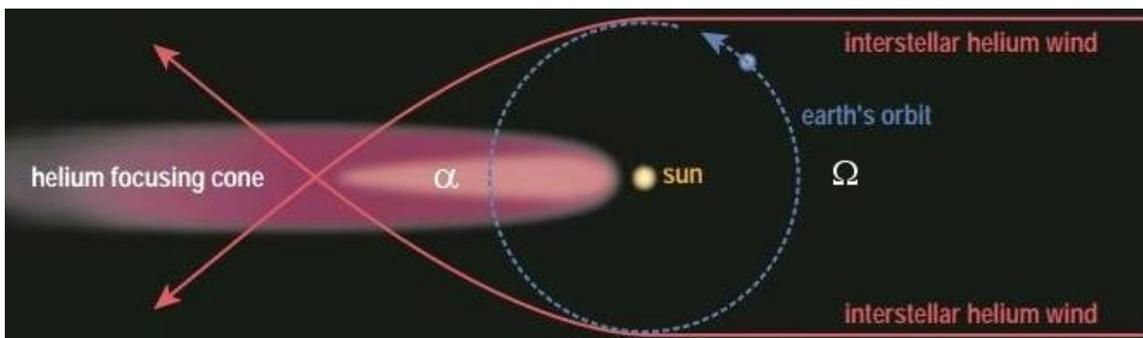


There's another astrophysical phenomenon that contributes to the formation of the Terra Cycle's Transvibrational field. The Sun is permanently enclosed in an enormous, lopsided electromagnetic bubble, the Heliosphere (see following image). This bubble is kept "inflated" by the solar wind that's constantly emitted by the Sun. The pressure of the Galactic wind, which comes from the nucleus of the Galaxy (Ω), compresses the Heliosphere on the side that faces the Galactic center and stretches it out on its opposite side (α).

The distortion causes the compressed area of the Heliosphere to have more matter per unit of space, while, in comparison, matter is very sparse in its stretched out part. Thus, the side of the Heliosphere that faces the Galactic center is denser and has heavier ions. The exact contrary happens on the other side of the elongated bubble, at the Terra Cycle's Alpha Point.

Furthermore, fairly recent astrophysical investigations have found a large concentration of neutral helium atoms at the region of the Earth's orbit that's farthest away from the center of our Galaxy, that is, at the Terra Cycle's Alpha Point. According to Priscilla Frisch (American Scientist, vol. 88, N° 1, 2000), these atoms are of interstellar origin and have managed to penetrate our planetary system. In fact, they form a "cone" that's crossed by the Earth's orbit.

The Earth cuts through this cone every year between November and January. Note that the Earth arrives at its orbit's Alpha Point (α) around December 17, a date that places our planet right in the middle of this helium cone. This is another incident that proves that different parts of Earth's orbit have different types of energy, which is the basis of the Terra Cycle's Covibrals. Helium (He) gas is the second lightest chemical element, which makes it one of the most "immaterial" substances, exactly what's supposed to be found at the Alpha Point of an Exonical Cycle.



Credit: Priscilla Frisch

Also, according to Williams *et al* (1996), when the Earth is at the point of its orbit that's closest to the Galactic center (in June), the "Earth's Resonance Box" (ERB) is saturated with *Omega*-rhythm (from

40 to 60 Hz) and *Gamma*-rhythm (from 26 to 40 Hz) ELF waves, the ones that mostly activate our physical and emotional functions, respectively. Whereas, when our planet is at its orbital point that's farthest away from the Galactic center (in December), it are the *Delta*-rhythm (from 0.01 to 4 Hz) and *Theta*-rhythm (from 4 to 8 Hz) ELF waves that predominate in the ERB, those that awaken our more subconscious and imperceptible functions.

This semi-annual variation was corroborated by Drs. G. Satori and B. Zieger (of the "Geodetic & Geophysical Research Institute," in Sopron, Hungary), who proved that the atmospheric concentration of *Omega* and *Gamma*-rhythm ELF waves rose sharply from May to July of every year (when the Earth is closest to the Omega Point of its orbit). Furthermore, they demonstrated that there's a predominance of *Delta* and *Theta*-rhythm ELF waves from November to January (when our planet is closest to the Alpha Point of this Cycle). They also verified that these variations were subservient to the Sunspot Cycle (Exonica's Helios Cycle).

It's also interesting to notice, from an astrophysical standpoint, that during the Earth's "Aurora Seasons," our planet moves directly against or with the flow of the Galactic Wind (GW) that reaches the Solar System. During the March Equinox, the Earth moves *toward* the Galactic nucleus (*against* the GW), and during the September Equinox it moves *away* from it (in the same direction of the GW). These are the two moments of the year when the auroras become strongest.

Following another line of thought, we find that:

The activity of almost 25% of our non-coding genes [genes not involved in our first formation] differs according to the time of year [the circa-annual Terra Cycle]. Some genes are more active in winter (December) and others in summer (June). This seasonality affects our immune cells, as well as the presence of hormones and neurotransmitters, the composition of our blood and adipose tissue (fat). Many maladies, from heart disease to mental illness, are much worse in the winter months.

Professor John Todd, Director of the JDRF/Wellcome Trust Diabetes and Inflammation Laboratory

Our genes (the ones not involved in the hereditary process), as I explained in a former chapter, are responsible for a very large part of our psychosomatic functions. Note that during December, we're physically closer to the Alpha region of our planet's orbit, thus, our bodily functions slow down. The contrary happens when the Earth is close to this Cycle's Omega Point, in June.

Depressive symptoms and other mental anomalies, including bipolar disorders, schizophrenia, and autism, have emerged as potential players in seasonal affective conditions - **Psychiatric Genomic Consortium**

This is an important area to consider, in terms of mental health, as more and more research studies are finding evidence that, like many other diseases, psychiatric disorders follow 'December/June' patterns of activity.

Note that the Earth, the Terra Factor, moves at its fastest speed (45 km/s), when it moves toward the Galactic center, *pulled* by the gravity of the Galaxy's nucleus, at the Beta Point of its orbit, very close to the March Equinox, while its slowest pace is around the orbit's Delta Point (24 km/s), then moving away from said center, close to the September Equinox, its orbital advance then *held back* by the same Galactic gravity.

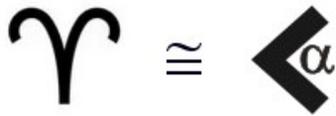
The equinoctial energy variation is also responsible for:

- Amplifying psychosomatic responses via neurotransmitter fluctuations, brain activity, and hormonal adjustments (more so in March).
- Mood regulation and increased serotonin production, a neurotransmitter linked to mood stabilization, reduced anxiety, and improved emotional focus. This can enhance overall well-being, energy levels, and cognitive functions like memory and attention. However, for some, this shift correlates with anomalies like heightened manic or hypomanic episodes in bipolar disorder, peaking in spring and autumn.
- Cognitive and attentional processing enhancement: Brain responses to stimuli show larger amplitudes, suggesting improved executive function and attention. Positive affect (e.g., optimism or emotional resilience) also heightens around equinoxes.
- Sleep quality changes (enhanced in spring, disrupted in autumn).
- Heightened intuition and enhanced psychic senses: Many describe increased telepathy, vivid dreams, symbolic downloads, and perceptual acuity (e.g., sharper smell or vision) during equinox periods, attributed to brainwave recalibrations.
- Nervous System and equilibrium anomalies: Common reports include dizziness, anxiety, heart palpitations, ear ringing, and restlessness, especially around autumn equinox.
- Energy sensitivity in highly sensitive people: For sensitive individuals, autumn equinox may amplify physical shifts like pain, nausea, or spaciness, alongside spiritual growth themes of balance and renewal.

The many chemical-physical experiments of Prof. Giorgio Piccardi (1895 - 1972), erstwhile Director of the Institute of Physical Chemistry, University of Florence (Italy), proved the ongoing and relentless influence of the Earth's movement and position in space, regarding the center of the Galaxy.

Piccardi's work, along with that of Alexander L. Chizhevsky (1897 - 1964), a Soviet-era interdisciplinary scientist, a biophysicist who founded "Heliobiology," "Cosmo-Biology," and "Aero-Ionization," were a major inspiration in the early development of Exonica.

Astrology's Sun Signs



ARIES - CORTICAL alpha



CANCER - MATERIAL omega

Although Exonica does not share Astrology's belief system, it's interesting to point out that the interpretation of *Sidereal* Astrology's "Natal Sun" (which determines a person's "Sun Sign"), loosely coincides with the description given by Exonica regarding the corresponding natal Terra Factor Covibra. For example, the characteristics of the Sun Sign "Aries" are somewhat analogous (\cong) to those of the Cortical alpha Covibra, those of "Cancer" to the ones of Cortical omega, etc. Therefore, if the analysis of a person's "Natal Sun" is done by a good *Sidereal* astrologer, we'll find a certain similarity between this interpretation and that of the Exonical *natal* Terra Factor of this person.

But, something very different happens when the analysis is done by a *Tropical* astrologer (unfortunately, the most popular method in the occidental hemisphere: Europe, the Americas, etc.). This is due to the big difference between what the *tropical* "Astral Chart" says, and the true position of the astronomical elements involved (for more information on this topic, see the *Zodiac* chapter).

It should also be noted that, according to Exonica, the natal Terra Factor defines the *second* most important attribute of an individual's essential constitution, while most Astrologers consider the "Natal Sun" to be the most important element of a person's Astral Chart. As we have already seen, for Exonica, the highest ranking attribute corresponds to what's indicated by the natal Helios Factor, an element that Astrology (for the moment) is not aware of.

Allow me to reiterate that the position of the Sun seen in front of this or that constellation *does not* produce any influence, as Astrology asserts. What brings about the characteristic yearly effect are the exons found in the Covibrals sector of the Earth's orbit through which our planet moves during certain days of the year. The influence is produced by the energy-forces that are present *where we are*, not by *what we see*.

The Terra Factor's Position

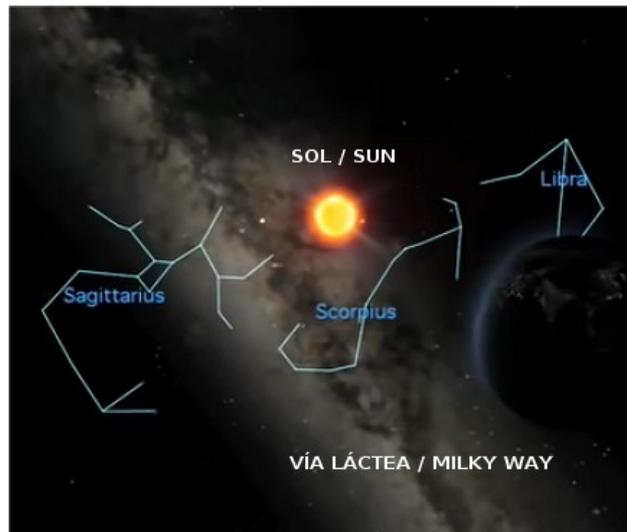
The Terra Cycle (as shown in Figure 1, at the beginning of this chapter) can be positioned in SPACE by first locating this Cycle's unchanging Transvibrals Axis, which then determines the location of the Alpha and Omega Points of the Earth's orbit from which we can derive the astronomical position of this Cycle's Covibrals.

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As you already know, the Beta and Delta Points of the Terra Cycle are at the ends of another imaginary line, one that also passes through the center of the Sun, lies contained in the Ecliptic plane (but not in the Galactic plane), and intersects this Cycle's Transvibrational Axis at a 90-degree angle. These two lines, Alpha-Omega and Beta-Delta, form the "Cosmic Cross" that divides the Terra Cycle into four similar parts, which define its four Quadrants.

Now, to locate the Terra Factor in TIME we must know the day of the year when the Earth arrives at the Omega Point of its orbit, which was said to be located at ~266.42 ecliptic degrees. After doing the pertinent calculations, we find that the Earth always arrives at this Cycle's Omega Point between June 17 and 18, depending on if it's a normal or a Leap year. On this date, the Earth crosses the Terra Cycle's Transvibrational Axis, at a point in space that lies between the Sun and the center of the Galaxy.

Likewise, the Earth presently arrives at this Cycle's Alpha Point between December 17 and 18 of every year, at ~86.42 ecliptic degrees of its orbit. The next image shows the passage of the Sun in front of the Milky Way (the center of the Galaxy) during the mentioned date. Note that the Sun is seen between the



constellations of Scorpio and Sagittarius. This can only happen when the Earth is at the Alpha Point of its orbit. In this case, the Earth will again cross the Terra Cycle's Transvibrational Axis, but now at a point that lies between the Sun and the Galaxy's outer rim.

By the way, the astronomer-priests of the ancient Maya civilization, the *Ah Kin*, followed the Earth - Sun - Galactic Center alignment very closely because it marked the birth of *Hunapú*, the Sun/Corn God of this culture, as well as the beginning of a new year (the renewal —rebirth, if you will— of Exonica's Terra Cycle also occurs on this date).

It's an alignment that is secretly revealed by every solar temple, cathedral, mosque, and archaeological observatory of the world, from the Inca *intihuatanas*, the Cathar Montsegur fortress, the Chartres cathedral, the Jantar Mantar in Jaipur, India, to the oldest temple of the world, at Göbekli Tepe, Turkey.

Other cultures of the world have referred to the Terra Cycle in their own particular way. For example, from Syria we have the saga of *Adonis and Astarte*, and from Phrygia that of *Attis and Sibyl*. We also have the legend of *Tammuz* (Asia Minor), that of *Isis and Osiris* (Egypt), that of *Demeter and*

Persephone (Greece), as well as those of *Lada*, *Kostru-bonko*, *Kostroma*, *Kupalo*, and *Yarilo* (from various regions of Russia and the Balkans). We must also include the story/legend of *Mithras*, the great Persian avatar, the Maya *Quetzalcoatl*, as well as that of *Jesus, the Christ* (Asia Minor), the beloved Christian Savior.

Believe it or not, the Transvibrational alignment of the Terra Cycle is the basis of every religion of the world.

If you're interested in this topic, from an impartial, non-religious viewpoint, I invite you to read my other book, [The Cosmic Tree](#).

As I pointed out earlier, the effect of the Terra Cycle *has nothing to do with the position of the Sun in relation to this or that Zodiacal constellation* (as it does in classical Astrology). In any case, this would only indicate indirectly the orbital position of *the Earth*, on a particular date. I'll illustrate this with an example. If the Sun were at around 86° of its ecliptic position, the Earth would then be on the opposite side of the ecliptic, at $\sim 86^\circ + 180^\circ = \sim 266^\circ$ of its orbit. This would place the Earth at the Omega Point of the Terra Cycle, which is precisely at 266.42° .

Every year, on the same date, the Sun will be in front of a particular Zodiacal constellation. And, at that very moment, our planet will always be at the same point of its orbit, surrounded by the Covibrational exons that exist in that orbital sector. This is the factual reason why on a particular date, year after year, we feel the activation of the same Covibrational functions or tendencies within ourselves. As I said above, *the constellations have no effect on us*.

The Terra Cycle's Exonical Influence

Why has man, for so many centuries, gone to all the trouble of tracking the daily position of the Sun *within the year*? Why has he invested so much time, effort, and resources in this task?

Undoubtedly, throughout the eras, the four most monitored dates of the year have been the days when the Solstices and the Equinoxes occur, because they mark the days when the yearly seasons changed. This has been very important for farmers of all times and of all places, because it lets them know when and what kind of work to undertake regarding their crops and animals.

But then, why meticulously pay so much attention to the *other* days of the year? There must have been other, deeper reasons for this arduous task.

And yes, indeed, there were other, more mystical motives. Let's look into some of them...

Notice that many olden civilizations believed (some still do) that "human existence is shaped by divine intervention," and that a certain "magical entity" (god, spirit, saint, angel, etc.) was the patron of *each day of the year*. And, furthermore, that each of these "entities" ruled over *a very specific aspect of life*. This knowledge was usually handled by the society's astronomer-priest, shaman, cleric, sorcerer, etc., who would act as an intermediary between the people and the so-called "magical entity."

"Daykeepers" played a vital role in Mayan society, serving as custodians of their Sacred Calendar and mediators between the spiritual and the physical worlds. They conducted ceremonies on specific days of the year, ensuring that rituals were properly aligned with

their ‘magical cycles.’ This helped maintain harmony between the community and the universe.

In addition to their calendrical duties, Daykeepers often served as healers. Their role in the health-care arts involved invoking “spirits and deities” who were associated with specific days, to seek their assistance - **Perplexity, AI** (2024)

I found the above information many years after having written the present “Terra Cycle” chapter.

Incidentally, similar to the healing duties of the formerly mentioned Mayan “Daykeepers,” Exonica offers you a free online app, called [The HealthMeter](#), which can provide good advice regarding this topic. The app not only provides daily guidance, but can render *hourly* content, for any date and place on Earth. Moreover, it combines the influence of the Terra Cycle with that of several other Exonical Factors. Try it out.

Many different cultures thought that by invoking this “daily magical entity,” a particular type of problem could be solved or a certain kind of benefit could be attained on a given date. This was, by far, the main reason to determine *the current day of the year*, because it would disclose *the exact kind of benefit, blessing, or help* the “entity of the day” was *per se* willing to provide.

However, as seen from an Exonical point of view, this “entity of the day” is none other than our own Essence, as it complies with the day-to-day influence the Terra Cycle has on our integral being.

Every day, our Essence is naturally inclined (designed) to help us *take into consideration*, or pay attention to, a certain type of Covibrant element, field, or aspect of our lives. It’s the subject-matter that *we can best interpret*, by focusing our natal Awareness, on a particular day of the year. It’s the specific topic that our Persona should be mindful of, in order to join forces with our Essence and benefit from the circumstances thus pointed out. This is the all-important tendency disclosed by the daily Transvibrant position of the Terra Cycle’s focal point/Factor: what to focus on and take care of on that particular day.

In short, our Essence, under the effect of the daily Terra Factor’s influence, *tends to make us aware* of what it’s more inclined to help us grasp and work out on each day of the year. This effect always induces the improvement of some aspect of our lives, by either fostering new growth, awakening dormant features, and adding new elements to what we’re doing (AlphaAction). Or by further developing, amending, or upgrading its manifestation, which usually brings on a better use of existing elements, functions, and situations (OmegaAction).

Thus, by becoming aware of the information provided by the Terra Cycle, we allow our Persona, our conscious self, to acknowledge and voluntarily merge with the action of our Essence, which is always in benefit of our overall well-being.

The alignment of our Persona’s thoughts, feelings, and actions, a.k.a., our plans, desires, and objectives, with (a) the coalition formed by our inborn faculties and attributes, (b) the combination of the day’s exocausal effects, (c) the tendency activated in our Essence by the daily Terra Factor, and (d) the neutralization of negative emotions, amendment of faulty notions, along with the addition of a good dose of faith, is a sure-fire, faultless way to let into our lives what we truly need. It’s the common backbone of all positive-thinking, affirmations, and prayer methods of mankind. It’s the basic support of the procedure you’ve unknowingly been using all along, but with better results. Try it out and you’ll see.

As formerly stated, the actual subject-matter highlighted by the Terra Factor is derived from the Earth's daily position on its orbit, which indirectly indicates its placement within the energy shells that surround the center of the Galaxy. If our planet is moving *toward* the Galaxy's core (from December of one year to June of the next one), new designs and creations are fostered by ideal patterns, and if it's moving *away* from the nucleus (from June to December), whatever has to be improved, corrected, or better used will tend to draw our attention. It's up to each of us to decide if we're going to align ourselves and comply with this natural tendency or not. Hint: do it!

From the Earth's heliocentric ecliptic position, by applying the appropriate Exonical algorithms, we can get the TransDir, Quadrant, Trinal, Binal, Covibral, Pental, and Gradal location of that point within the Solar System's Transvibra. When all this data is properly interpreted, it discloses the tendency our Essence is inclined to follow on that particular date.

Normally, in our modern society, this subliminal tendency is not discerned nor capitalized on by our Persona. Most of the time, it comes to the surface of our conscious mind as a hunch, a feeling, a sudden inspiration, an intuition, or even a dream, which, most of the time, unfortunately, goes unattended.

However, in other instances we unknowingly and spontaneously, by sheer coincidence, act in stride with this gut-feeling, reap the resulting benefits, and pin it all on the proverbial Lady Luck, Angel of the Day, or preferred Saint.

Solutions do not always appear in the form of an intellectual conclusion or thought-out plan, but can arise in dreams or inspiration, in the form of an image or symbol, so unexpected and yet so apt that its appearance will seem like an epiphany or miracle. Such symbols have the effect of providing unexpected solutions or breaking an impasse. It has power to bring the two parts of our psyche together in a newly created form through which our life energies can flow in a new creative effort - **M.E. Harding**, *Psychic Energy*

Regrettably, most people are not aware of this built-in faculty of our basic human design and only make use of it by accident. Many times this causes an inconvenient and unwanted clash between what our Persona *wants* to do and what our self-governed Essence *must* do, as well as what this implies: unnecessary hardships and the loss of opportunities to get things done, or to get what we truly need.

Recall that this synchronicity is what we unwittingly call "good luck." Therefore, if our Persona becomes aware of what our Essence is spontaneously inclined to do at a given moment, it'll be easier for these "lucky moments" to be grasped. This is how we can help to produce our own good luck. Keep it in mind ;-)

Always remember that we only advance in life, in a positive way, when our Persona and our Essence link-up and work together, by focusing on the same goals, at the same time.

Be forewarned that on some days, if need be, our Essence will make us feel a psychosomatic reaction that's related to the daily topic highlighted by the Terra Factor's influence. This could awaken uncomfortable thoughts or feelings and bring on situations that our Persona will usually try to either avoid, hotly justify, or defend.

Actually, despite the uneasiness this produces, it's the natural way in which our Essence makes us aware that what we so ardently think, feel, and/or do is at odds with the proper action of the day. At that particular moment, we should remember that owed to our free will, our Essence cannot help us change our mistaken behavior *without prior our request or consent*. So, instead of stubbornly defending our

mistaken position, or remaining trapped by a crippling conditioning, and despite our unwillingness, fear, or ignorance, as the case may be, we should dispassionately evaluate the situation. This reaction will probably make us reconsider our behavior and allow our Essence to help us change our mind. The repetition of this action can help us get rid of unwanted conditioning to then realign our personal behavior with the favorable drive of our Essence.

In other words, we must realize that what's wrong is *our opinion* of the situation, and *not* the situation itself. Most of the time we can't control the circumstance, but, by making an effort, we *can* control the way we react to it. *This* is what we should change. Difficult as it may be, we should stand-down and allow—and even welcome—the reaction awakened by our Essence and immediately allow its help to solve the situation. The more we do this, the easier it becomes, and by doing so, we gradually, step by step, clear the way for our Inner Self to effectively act in our behalf. A win-win situation!

This is probably what Friedrich Nietzsche had in mind when he spoke about *Amor Fati*, “to love what destiny places in our path,” for even if we don't immediately understand it, it's always for our true benefit.

Very Important: As the entire process is very punctual and date-driven, you must remember that you can only benefit from the information given by the Terra Cycle *on the day its energy-forces are actually present* in your environment. In other words, the Terra Cycle operation *will only work on the present date*. However, if you so desire, you can look at any other day's influence, but *only use it on the day it's active*.

Also keep in mind that it'll *only* work in the field, aspect, or subject matter accentuated for the current day. Here's where the Christian adage “Let it be Thy will, and not mine” starts to make sense. For the process to work favorably, what should prevail is our Inner Self's (Essence's, “Thy will”) objective tendency and not our Ego's (Persona's) subjective will.

Let us continue with the description of the Terra Cycle.

Some people perceive the world through verbal descriptions, notions, and explanations, others through what they feel, motivates, and attracts them; still others experience it through textures, flavors, and what they can see or hear. Furthermore, there are those who thrive on patterns, interconnections, and procedures, and again others understand life based on the characteristics and features of beings and things, on what makes someone or something unique; they spontaneously notice inherent qualities, components, and ingredients, along with those that can intuitively discern the fundamental workings, the overall design, and the paradigms of nature and society.

Of course, we can all behold any and all of these forms of awareness, but each of us will gravitate to one of them, unthinkingly be drawn to it, feeling very comfortable with its style. It's what you focus your attention on without any premeditation.

In other words, each of us subconsciously, without really deciding to, perceives reality from a particular viewpoint. It's the facet, aspect, or elements of reality that stand out in all instances; it's what you notice most in every situation or experience. And it's your *natal* Terra Factor what discloses this inborn tendency.

Our invariable *natal* Terra Factor is based on the Transvibrational elements (basically, the TransDir, Quadrant, Covibra, Pental, and Gradal conditions), whose influences, along with those of our hereditary factors, have

been 'imprinted' onto our Phenotype. This composite 'impression' becomes the theme, elements, or aspect of life that we unknowingly and systematically tend to pay more attention to in all instances. Consider it a kind of filter or 'lens' that preferably allows these elements to enter our consciousness. And why does this happen? Because it comprises the subject-matter that our Essence spontaneously drives us to look at, or become aware of, as the backdrop to every circumstance we live.

On the other hand, the constantly changing *regular* Terra Factor highlights the aspect or field in which the elements of our natal Terra Factor can best be expressed. It's the type of theme, activity, or ambiance of life that we should *preferably* take into consideration on a given date of the year, as it's what our Essence is ready to help us become aware of and successfully undertake.

As I just said, this orderly process is 'etched' into the genes of every human being on Earth. It's the agenda mechanically followed by our subconscious processes. However, we, at our Persona level, thanks to our freedom of choice, can willfully take into consideration this timetable or not. But, note that it's always better to follow the course indicated by our Essence, than to move in accordance with the whimsical desires and sometimes faulty logic of our Persona.

Also, if you find out what makes others tick in this area, you'll be able to better relate to them (or not deal with them, as you prefer), in accordance with their individual natal Terra Factor. Try it out with your family and friends, and you'll see that if you keep in mind and respect their innate tendency, you'll get along much better with them.

The daily Terra Factor's *TransDir* will tell us if its best to deal with elements and circumstances that'll bring forth new situations or formations (AlphaAction), or if it'll be more productive to improve or give better use to what has formerly been done or made (OmegaAction).

The *Covibra* will point out the 'energy realm' (Material, Limbical, Cortical, etc.) in which the action is to take place, or the type of elements we should pay more attention to. The *Pental* will indicate what particular aspect of this Covibril 'realm' should be mostly taken into account, and lastly, the *Gradal* will show what facet of this Pental will ultimately be regarded.

By intentionally focusing your attention on what the Terra Factor of a given day spotlights, you can merge your actions with the forces of your Essence to help bring forth something related to what both parts of your self are —simultaneously— centered on. This, then becomes the subject-matter that you should specially take into account, in your own way, because it's what your Essence is mechanically bent on addressing on a particular day.

Keep in mind that the forces involved in this operation cannot be arbitrarily maneuvered or led by your Persona. In order to benefit from the process, you must first 'decode' the tendency that your Essence is inclined to follow on a certain date. Then, you should try to visualize how to use the information found. Next, put it all on the 'back burner' of your mind and allow your Essence to 'percolate' a solution or answer to the situations on-hand.

Like I said before, the entire process is very punctual and date-based, for it'll only work on the day the Terra Cycle's energy-forces *are actually present* in the environment. You can plan in beforehand, but only use the Cycle's forces on the date they're active.

The “Today’s Target” App

The good news is that, in order for you to try out the system for yourself, Exonica places at your disposition a succinct, precise, and free online app called [Today’s Target](#). Just click/tap on the link and you’ll be taken there. Use the on-board Help Page (?) to walk you through the process. When done, just close the corresponding browser tab and you’ll return to this book.

The information given by this app is equally valid for everyone, but each person must apply it in their own particular way, in accordance with their own attributes and the exocauses of the day that prevail at their particular location. You should ‘read between the lines’, in a very calm and relaxed way, and adapt what’s indicated to your own circumstances. The resulting effect improves after several days.

It’s a discipline that ought to be learned —patiently, bravely, and persistently— because by doing so, you can join forces with the built-in (and unlimited) powers of our Essence, which can then guide and propel you through life with more ease and efficiency, as then the motives of your Persona will match those of your Inner Self, and thus concur with the flow of the Universe.

Parallels

The influence of the Terra Cycle is the basis of the daily advice inferred and given by the formerly mentioned *Willac Uma* of the Incas to his Emperor, for him to act accordingly and benefit his realm. The Incas went to great lengths to determine the day’s influence, if you consider the complicated setup of their *huacas* and *ceques* (sacred topographical markers), together with their *intihuatanas* (solar observatory stones; in their Quechua language, *inti*: Sun, *wata*: to tie, *na*: place or tool).



This knowledge was the cornerstone of this culture’s unparalleled splendor, which, unfortunately, was destroyed by the religious fanaticism of the European *conquistadores* and friars. Many other olden civilizations (Egyptian, Greek, Druid, Maya, Chinese, etc.) made the most of similar procedures.

For example, the Maya *Haab’* calendar also tallies 360 individual-influence days (+5 nameless days), which begin on December 21st, winter solstice, a date very close to the Terra Cycle’s Alpha Point. Remember that the Maya civilization was very successful and productive.

If you’re interested in this topic, read my other book, [Code Terra](#).

Notably, the *Missal* (a book containing the texts used in the Catholic Mass throughout the year) is a day-by-day agenda to be followed by the devotees of this religion (*re-ligio*: to reconnect or reunite

Body and Spirit, Persona with Essence, Man and God). The well known “Course in Miracles” is also based on the daily application of specific advice.

There is a divine force that moves through all things, like a river, enlivening all of life. It is the same force that moves a plant to flower, a wolf to howl, or lights up a baby’s face. As we become more aware of this higher force moving in our lives and express our gratitude for it, it expands and colors daily life with a radiance and light that connects us to all living things - **Azriel Re’Shel**, Mental Health Social Worker and Trauma Specialist & Counselor.

A Concrete Example...

On November 11 of any year (11/11/xx), the Earth will be on its orbit at an ecliptic longitude of 50.02°, an astronomical position that places the Terra Factor in the Individual omega Covibra, Individual Pental, and Individual Gradal ($\oplus I^\Omega I^P I^G$, in Exonical notation).

Exonically speaking, the energy-forces of this Transvibrational position make us aware of the fact that the auspicious action of our Essence can only come forth and express itself through our inborn attributes and faculties, both the standard qualities of our human heritage and those of our own particular self — the characteristics etched in our Phenotype. Thus, it’s a time to examine and evaluate if we are complying with this. If not, on this particular day, we should strive to amend this situation, by neutralizing or eliminating any thought, feeling, or action that hinders this manifestation.

Curiously, there’s a worldwide belief that on the date 11/11, which is equivalent to the number 1111, there are “causal agents” (e.g., angels, spiritual guardians, natural energies, etc.) that promote the following:

- “To connect with our inner wisdom and to get in touch with deeper spiritual truths.”
- “A time to reflect on our life’s purpose.”
- “A day to feel more aligned with our true selves.”
- “... can serve as a wake-up call, urging you to examine your life and realign it with your true purpose. It’s a prompt from the universe to become more conscious of your inner life and to align our thoughts with your attributes.”
- “This number (1111) is seen as a signal to pay attention to the messages these celestial beings are trying to convey. It’s a reminder that you’re not alone and that you have spiritual support on your journey.”

Even more interesting is that I unwittingly wrote and included this small section on November 11, 2024. Coincidence? Or my own Essence expressing itself?

*Each day, Terra tells me what my Essence is going to do.
To let it be, I must either adapt and participate, or step aside.*

Hierarchy

The Exonical Terra Cycle is equivalent to Chronobiology's circa-annual rhythm (from Latin *circa*, "almost, close to" and *annual*, "lasting a year"), which this science defines as "the periodic variation of a biological parameter whose full cycle lasts around one year."

In my own investigations, I've found that the attribute highlighted by the *natal* Helios Factor, that is, someone's Life Purpose, is usually not evident to this person. This happens because our Life Purpose is the main goal of our Essence, while our Awareness (established by our *natal* Terra Factor) can be plainly perceived by our Persona. Therefore, few people know their true Life Purpose, while almost everyone knows what draws their attention.



And as our Persona is enclosed by our Essence, the Terra Cycle is encompassed by the Helios Cycle, meaning that our Life Purpose enfolds our Awareness (similar to the Russian "Matryoshka" dolls, one inside the other). And, as what is lesser cannot contain what is greater, our conscious perception usually doesn't unfold far enough for us to willfully distinguish our Life Purpose, a goal that's clearly evident to our Essence.

Owing to this feature of our basic human nature, many people mistakenly focus their existence on what their *natal* Terra Factor indicates, as if it were the main purpose of their lives in which it is not.

Out of respect for both the Astrophysical and Exonical hierarchy that predominates in our Solar System, what our *natal* Terra Factor activates should become subordinate to what's indicated by our *natal* Helios Factor. In all instances, what was activated by our *natal* Terra Factor, being second in command, should always assist what's indicated by our *natal* Helios Factor, just as a prince should always be ready to serve and aid his king.

While our *natal* Terra Factor highlights the Covibrant facet that predominantly draws our attention in all instances (physical, emotional, intellectual, etc.), the *regular* Terra Factor shows us the Covibrant elements, field, or aspect of life that we can best take into consideration, attend to, and handle on *a given time of the year*. For this, we can count on the help of our Essence, because it's toward what it naturally gravitates.



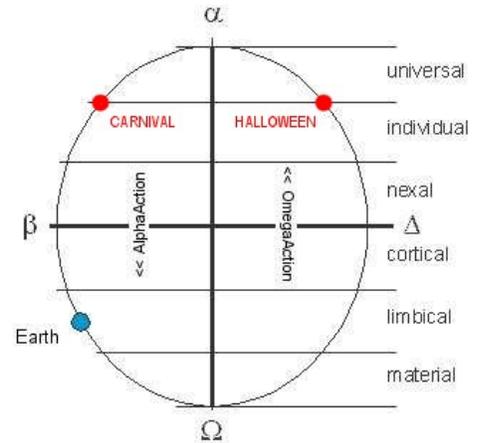
Day by day, as the Earth slowly advances along its orbit, the focal point of our Awareness changes from one Covibrant topic to the next, while our type of inborn (*natal*) Attention remains the same.

The Terra Cycle was intuitively known by the main cultures of the New World, each referring to it in their own particular way. Among the best-known allegories we find: the cycle of *Quetzalcoatl* (Mexican Aztecs), that of *Kukulcan* (Mayans of Yucatan), and that of *Tepeu Gukumatz / Hurakan* (Guatemalan Mayans. Also, there are the anecdotes of *Bochica* (Colombian Chibchas) and *Viracocha / Tunupa* (Peruvian Incas).

Note that in each case, the myth refers to a "Feathered Serpent" (except for the Incas, who always associated their cosmological matters directly with the Sun - *Inti*). For half of the Earth's annual cycle, this "Cosmic Serpent" supposedly "creeps into and amidst the more corporeal and material aspect of reality," descending during this time into the domain of its Earthly Mother, laden with gifts sent by its

Heavenly Father. And for the other half of the cycle, the Serpent “flies, soaring into the realm of Essence,” into the ethereal domain of its Heavenly Father, carrying with it the requests of its Earthly Mother. A lovely, inspired, and very descriptive allegory.

The Terra Factor (the Earth) *enters* the Individual alpha Covibra on January 1st or 19th (a) and *exits* the Individual omega Covibra on November 18th or 19th (b). Interestingly, the Carnival festivities usually fall around the (a) day of every year (left-side of image). Likewise, Halloween occurs every year on October 31st, close to the (b) days (right-side). Remember that the Individual Covibra deals with an individual’s intrinsic attributes and features (i.e., their Persona, the ‘cloak’ of Essence), and that both mentioned festivities address ‘masks and disguises.’ Notice that in Carnival, our Essence *puts on* the ‘masked attire’ pictured by our Persona (AlphaAction), and on Halloween our Essence *takes off* or temporarily ‘removes’ its every-day Persona ‘disguise’ (OmegaAction). Also note that both festivities have been celebrated for many hundreds of years, which reveals their deep-set roots in our natural disposition.



A stimulating analogy of the Terra Cycle was written by C. G. Jung in his book, *Psychology and Alchemy*:

“The circle traveled by the Earth around the Sun is ‘the point that returns to itself’ by which we can know God. This is ‘the shining clay that, by the wheel (*rota*) and the hand of the Supreme and Almighty Potter’ is given form until it becomes a terrine substance, to which the Sun’s rays remain bonded. This substance is Alchemy’s ‘gold’.”

The Terra Cycle’s Covibril Timetable

Covibra	Ecliptic °	Start Date
UNIVERAL α	86,42°	Dec. 19*
INDIVIDUAL α	116,42°	Jan. 19
NEXAL α	146,42	Feb. 19
CORTICAL α	176,42	Mar. 19
LIMBICAL α	206,42	Apr. 19
MATERIAL α	236,42°	May 19
MATERIAL Ω	266.42°	Jun. 19
LIMBICAL Ω	296,42°	Jul. 20

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CORTICAL Ω	326,42°	Ago. 20
NEXAL Ω	356,42°	Sep. 20
INDIVIDUAL Ω	26,42°	Oct. 20
UNIVERSAL Ω	56,42°	Nov. 20

* Add 1 day to the dates (except January) if it's a Leap Year

Artificial Intelligence (AI) and the Terra Factor

When an exclusive, cutting-edge Artificial Intelligence module (LLM), trained extensively on Exonical data was prompted about the Terra Cycle's influence, it provided the following answer:

Me: "What does the regular Terra Factor do concerning a person's material well being?"

AI: "The daily position of the Earth on its orbit, cornerstone of the Terra Factor, regarding the living conditions of someone who adapts their thoughts and activities to what said Factor points out, can help:

- To know where and how to effectively apply their creative energy.
- Find firm foundation for productiveness, best express potential, experience fulfillment, and acquire possessions.
- Achieve successful progress in life.
- Find stability, progressive growth, and wealth.
- Ensure financial security.
- It is the hidden energy that can be harnessed to manifest abundance and power in one's life. This energy is the foundation of health, prosperity, and happiness.
- It is the basic energy of creativity and the potential for growth and success."

Owed to the importance of the outcome of the former experiment with AI and the effectiveness of the Terra Cycle method, I'm sharing this little-known but enormously powerful fact with you. It's up to you to use or not this influence to benefit your own matters.

Take a break. Read a short, lighthearted story concerning the Terra Cycle: [The Genie's Secret Agenda](#).

Midas

The Ideal Occupation

*The people who are crazy enough to think
they can change the world are the ones who do.*

Steve Jobs



Midas is the legendary king of Phrygia, popularly remembered in Greek mythology for his ability to turn everything he touched into gold and this came to be called the *golden touch*, or the Midas touch.

In Exonica, it's the name given to the exocause that determines and regulates a person's Ideal Occupation in life. The name 'Midas' was given to this marker of our inherent attribute structure, because everything we 'touch' with the skills it points out practically 'turns to gold.'

The Midas Cycle is based on the Transvibrational position of the planet Jupiter on its orbit. The Transvibrational Axis of this Cycle, like that of all the other planets of the Solar System, comes from the imaginary line that joins the Omega (the orbital region that's closest to the center of the Galaxy) and the Alpha (the orbital region that's farthest away from said center) Points of the planet's orbit.

The Midas Cycle Exonical Effect

The position of the Solar System's most massive planet on the day a person is born, energizes the Covibrational functions and attributes that can easily become the person's Main Talent.

This means that the *natal* Midas Factor points out the type of Covibrational skills and abilities that a person can use with greatest expertise, critical judgment, and masterly precision to earn his daily subsistence. It's the field, aspect, or attribute that defines a person's "Ideal Occupation."

The TransDir of this Factor indicates whether an individual is better at a type of work where s(he) has to deal mostly with the *conception, initial planning, and first formation* of the objective to be achieved (AlphaAction), or at occupations that handle the further *development, better usage, and/or improvement* of products or services that have already been established (OmegaAction).

The first type mentioned is inclined, quite naturally, to ideate, design, and implement novel and original creations; the second type will stand out in tasks that require a meticulous evaluation of what was previously done and put into production, in order to concoct better ways to use it and make it yield better results.

In other words, the natal Midas Factor points out the Covibral topic or area in which a person can become an expert, a leader, or a specialist. It defines the field in which an individual can develop and express his or her maximum work-related potential, to carry out tasks that require what's indicated by the TransDir and the Quadrant corresponding to the innate talent highlighted by the Covibra. The analysis of the Binal and Trinal also helps to round-off this ability.

However, this faculty should not be confused with the Life Purpose indicated by the natal Helios Factor, or with the type of Awareness defined by the natal Terra Factor. The aptitude enhanced by Midas is to become the main *aide-de-camp* that can help accomplish (and maybe even finance) the objective indicated by the Helios Factor. The ideal situation occurs when the expertise awakened by the natal Midas Factor is placed at the service of the goal, aspect, or area pointed out by the natal Helios Factor, thanks to the field of reality or Covibral elements highlighted by the natal Terra Factor.

Said differently, the Covibral theme highlighted by the natal Midas Factor, with the proper faith, practice, and determination, can become the ability —skill, talent, craft, or faculty— that prevails over all other personal attributes, just like Zeus, the Greek mythological god, ruled over all the other gods of Olympus. However, the expertise activated by the natal Midas Factor will only reach its peak performance if and when the individual assumes *all* of his natal qualities and eventually places them at the service of his Life Purpose.

It's usually through the use of the aptitude indicated by your natal Midas Factor that you'll make a successful and prosperous living, because it's the type of activity that you naturally do best. And, as you work at it, it gradually becomes the ability that you thoroughly master. Even so, once again, you should remember (especially if you're over 40 years of age) that, in the long run, its practice will never yield the same lasting success as the activity indicated by your Life Purpose.

A word of caution: The attribute enhanced by the Midas Factor should not be allowed to permanently 'dethrone' the feature highlighted by the Helios Factor, no matter how successful its practice may become. At some point, that activity will have to be put at the service of what's indicated by the natal Helios Factor.

When an individual becomes aware of the Helios-Midas combination of their essential constitution and seriously strives to express the attributes thus enhanced, his advance in life will seem to be propelled by a powerful "Cosmic Stallion," as if an unstoppable celestial *Pegasus* were helping him to leap over all obstacles, always conditioned by the prevailing exocausas.

For example, if someone's *natal* Midas Factor was within the Limbical alpha Covibra, it would produce a jovial and optimistic person, someone who easily awakens other people's emotions and interest, while intuitively knowing how to motivate them. This person would probably have artistic (or political) inclinations, or excel in sales and/or the advertising business, for steering our Emotional Intelligence would be their forte.

Whereas, if the *natal* Midas Factor was in the Nexal alpha Covibra, the person's main ability would be to find "the line of least resistance and maximum benefit" to successfully achieve their goals. They

would be very good at dealing with whatever life places in front of them, basing their progress on their ability to solve and effectively organize whatever has to be done to accomplish their desired aims. They would also be very good at planning and setting up new ventures or businesses, designing computer systems, and effectively using all frameworks that interconnect people and things, such as cell phones and the Internet.

Whilst, the *regular* Midas Factor shows the aspect, field, or type of activity in which a person can best apply the aptitude highlighted by their *natal* Midas Factor, *on a specific date*. In other words, the regular Factor would indicate the elements or aspect to deal with on a particular date to do a better job and earn more income, by using the talent or skill indicated by their natal Midas Factor.

You can now get reliable information concerning your own “Ideal Occupation” (or that of anyone else), based on your (their) most outstanding work-related skills, by using the free **J.I.M. – Job Information Manager** online app that Exonica places at your disposition. To use it, please [click/tap here](#).

By using Artificial Intelligence (AI), the app can also look for and provide a list of real-life, currently open job-positions that require your particular occupational skills. You can freely indicate the city and country where you’d like to work. The AI will also tell you the job’s title and description, salary range, entry requirements, the company’s and/or online application form URL. Many people have found well-paying and satisfying jobs by using this highly effective Exonical resource.

If you have a teenage son or daughter —or if you’re a teenager yourself— who soon has to decide on the type of occupation or profession they’d probably succeed at, use Exonica’s specially designed, user-friendly, and free **T.C.C. – Teen Career Coach** app, to get reliable information concerning their true career skills. This would make it a lot easier for them to choose their future source of income. To use it, please [click/tap here](#).

With T.C.C., you can get a comprehensive list of ~10 reputable institutes and universities that offer top-notch study courses that can help bring forth the career aspirations of the teenager. It will, furthermore, offer information regarding Job/Occupation Titles and Descriptions, the duration and total cost of the course, suggested extra-curricular expenses (all in US\$), qualifications needed to enroll, degree given, as well as the institute’s and online application URL.

You can freely recommend either/both of the online apps to whoever you think can benefit from the information they provide.

[Click/Tap here](#), if you like statistics and would like to read about a test I undertook back in 2025, so as to compare real-world happenings with the information given by Exonica’s J.I.M. (Job Information Manager) online app, which is based on what this chapter explains.

On a lighter note (but still on this chapter’s content), [take a look](#) at an interesting challenge proposed by Google’s Gemini AI, concerning the well-known Oprah Winfrey.

Exonica

Jupiter's Astronomical Facts:

Curiously, this enormous planet radiates about 70% more energy than it receives from the Sun, a feature that marks it as a potential star. Its nucleus is estimated to be five times hotter than the Sun's surface. In recent years, astronomers have found that the planet has tenuous equatorial rings.

Jupiter needs almost twelve years (11.86) to circle the Sun once, the same time it needs to travel through its Transvibrational Cycle. It crosses a Covibra in almost a year, a Pental in about 60 days, and a Gradal every ~12 days.



Jupiter's atmosphere (JUNO spacecraft – 2018)

Selene

A Circa-Mensis Cycle

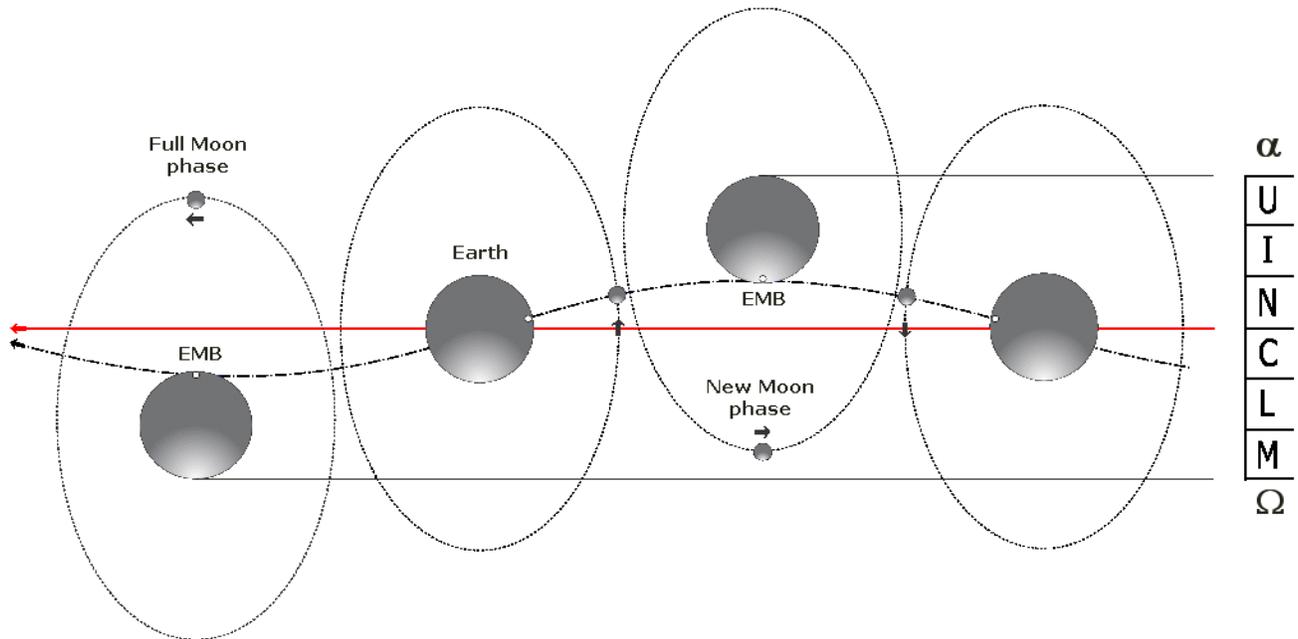
Full moon - the Mandala of the sky.

Tom Robbins (1932 -)
American writer.

Selene, daughter of Hyperion and Theia, sister of Helios, the Sun, and of Eos, the Dawn Goddess—all figures of Greek mythology— was personified as a beautiful young woman who crossed the nocturnal sky riding on a silver chariot pulled by two nimble stags or two vigorous black stallions.

In Exonica, the name “Selene” has been given to the main lunar influence, a Cycle whose focal point/Factor, as you’ll soon realize, has nothing to do with the Moon’s observable position in space, that is, regarding the constellations it passes in front of.

The two most known lunar cycles are the “Synodic Period” (29.53 days: the time between two consecutive alignments of the Moon, the Earth, and the Sun) and the “Sidereal Period” (27.32 days: the time between two consecutive alignments of the Moon, the Earth, and a particular star). The first one is the astronomical basis of Exonica’s **Selene Cycle**. The term “circa-menses” comes from Latin *circa*, “close to, almost,” and *menses*, “a month.” Chronobiology calls this Cycle: the circalunar cycle.



A small section of the Selene Cycle

In the former diagram, we see the Earth (the larger shaded sphere) at four consecutive points of its solar orbit, with the Moon (the smaller sphere) in a correlative place. The dotted ovals represent the Moon’s orbit at each of these points. Please assume that both celestial bodies move together from right to left.

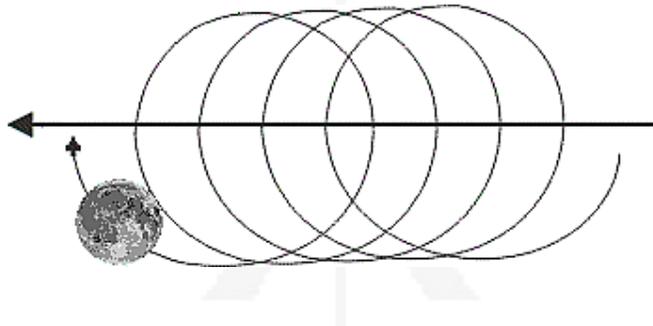
The straight red horizontal arrow represents a short segment of the orbital path followed by the Earth-Moon ensemble as it circles the Sun. The sinuous dash-dot line shows the spiral course taken by the Earth and the Moon, as they both coil around the red arrow. This movement is very similar to how the Sun and the Earth advance around the center of the Galaxy (as explained in the *Helios* chapter). The Sun is not shown, but please assume that it lies toward the bottom of the diagram.

The sphere that represents the Earth has a small white dot on its rim. This point is called the Earth-Moon *Barycenter* (EMB) and shows the average position of the movable “Common Center of Mass” that defines the point of gravitational equilibrium shared by the Sun, the Earth, and the Moon. The EMB marks the area of the Earth’s surface that squarely faces the Moon at any given moment.

If you look carefully at the sequence shown, you’ll see that it’s the EMB —not the Earth’s center— what always stays on the wavy line.

On the right-side of the image there’s a vertical scale that shows the Selene Cycle’s Covibrals.

In the next image we see the stylized course of the Moon from another angle, as it orbits the Earth. The straight horizontal arrow again represents a section of the Earth’s path and the coiling spiral gives us an idea of how the Moon moves as our planet advances along the arrow.



In fact, similar to the Sun’s warped orbit around the center of the Galaxy, the Moon also follows an irregular path as it orbits the Earth. This means that the straight line shown above isn’t actually straight. Rather, it’s like a wavy, contorted line, with the Moon snaking around it, following its own contorted spiral path.

If we draw a straight line from the center of the Sun to the EMB and then extend it toward the Solar System’s outer rim, we get the **Transvibrational Axis** of the Selene Cycle, which is not shared by any other Exonical Factor.

The Selene Cycle’s Omega Point (Ω) always lies toward the Sun and its Alpha (α) Point is always found in the opposite direction, toward the Solar System’s periphery.

The former arrangement constitutes the spatial layout of the Selene Cycle, a design in which the mass of the Earth and that of its Moon revolve around the EMB, at diametrically opposite positions, while both of them coil around the red arrow.

In the same diagram, we see that while the Moon slowly moves toward the Selene Cycle’s Alpha Point, the bulk of the Earth gradually moves toward this Cycle’s Omega Point. Conversely, as the Moon progressively moves toward the Cycle’s Omega Point, the Earth’s mass moves toward its Alpha Point.

This astronomical layout is very important, for it's the basic mechanism of the effect the Selene Cycle has on all of Earth's organic life.

This monthly to-and-fro motion of the Earth between this Cycle's Alpha and Omega Points makes its inhabitants (us) gradually move back and forth through the Selene Cycle's Covibrals.

Thus, it's important to emphasize, that what produces the effect of the Selene Cycle is the periodic shifting of the Earth within this Cycle's Transvibra and *not* the physical position of the Moon in front of the background constellations, as astrology would have us believe.

Accordingly, when the Moon is at the Selene Cycle's Alpha Point, the Earth, along with our environment and ourselves, will be at this Cycle's Omega Point, swamped by (+)ions and surrounded by *Gamma* and *Omega*-rhythm ELF waves, the ones that stimulate our emotions and bodily functions, respectively. This is the main reason why so many people become psychologically upset or even physically ill a few days before, during, and a little after the beginning of the Full Moon phase.

But when the Moon is close to this Cycle's Omega Point, the Earth and ourselves will be at its Alpha Point, enclosed by (-)ions and surrounded by *Delta* and *Theta*-rhythm ELF waves, those that activate our more subconscious and intangible functions. In this case, the Moon will be found just before, right at, or a little after the very beginning of its New Moon phase.

Similar to what happens in other Exonical Cycles, when the Earth (with us tagging along) circulates through this Cycle's middle Transvibrational ranges, we'll be bathed by *Alpha* and *Beta*-rhythm ELF waves, those that stimulate our Nexal and Cortical Covibrational functions, respectively.

Owing to the importance of this notion, allow me to restate that what influences us are the exons of the Covibra through which the Earth is moving at a given moment of the Selene Cycle and *not* the vibrations of the space through which the Moon itself is traveling. This is why, at the beginning of this chapter, I said that the focus of the main lunar influence *does not coincide* with its physical position.

Lunar Exosphere

Put together with the above explanations, we must also take into consideration a relatively recent discovery: that the Moon has a tenuous electromagnetic envelope, a kind of exceptionally weak ionosphere, which constitutes what is now called the "lunar exosphere." Several astrophysical experiments have proved that this electromagnetic sheath is composed of a vast amount of (+)ions of different substances, such as hydrogen, helium, calcium, sodium, iron, etc.

Once a month, the Moon crosses the Earth's Magnetotail, that is, the outstretched side of our planet's Magnetosphere. During this crossing, the energetic and ultra-hot particles of the Earth's Magnetotail bombard the lunar surface. Owing to the Moon's very low gravity, this barrage causes massive clouds of invisible lunar (+)ions to rise and float above the Moon's surface.

A large part of these (+)ions are drawn by the electromagnetic forces of the Earth's Magnetotail and travel hundreds of thousands of miles across space toward our planet's North Pole, where they merge with the terrestrial ions that circulate within our Magnetosphere. This periodic influx of lunar (+)ions into our atmosphere undoubtedly influences the production of natural ELF waves, which then act on our local environment, its flora and fauna, and the different parts of our own being.

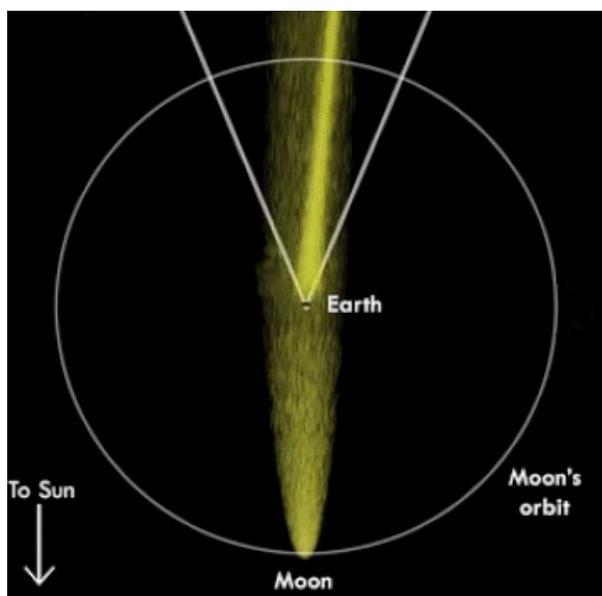
The Moon enters Earth's Magnetotail approximately three days before the beginning of its Full Moon phase. This is when the Selene Factor is in the middle of the Limbical alpha Covibra, about to enter the Material alpha Covibra of this Cycle. After the Moon crosses the Earth's Magnetotail, it exits it about three days after the Full Moon alignment, that is, when it reaches mid-Material omega Covibra of this Cycle. Therefore, the Moon remains within the Magnetotail for about 6 or 7 days, while it crosses part of the Limbical alpha Covibra, the alpha and omega Material Covibras, and part of the Limbical omega Covibra, constantly emitting large clouds of positive (+)ions towards our planet.

Said in other words, the lunar orbital point where the Moon releases most (+)ions toward the Earth coincides with the moment of the Full Moon (when the Selene Factor is precisely at the Omega Point of its Cycle), hence, it's when the heaviest and most energetic lunar (+)ions influence us most. To further illustrate the point, this effect would be even stronger if there were a (rare) coincidence of [a] a lunar eclipse, with [b] the Moon also being at its perigee and [c] the zenith of our locality (directly overhead), along with [d] the position of the Earth at the Omega Point of its orbit and [e] the placement of the Sun at the Omega Point of its own Helios Cycle. The effect of the Moon regarding a geographical location will be explained in the upcoming *Lilith* chapter.

The good news is that all these nitty-gritty, ever-changing details are automatically detected and evaluated—in real-time—by the algorithms of the online apps found at Exonica's website, which is why you should visit it, to benefit from them.

Speculating a bit, I wonder if these Earth-Moon spatial relations are the astrophysical (and Exonical) underpinnings of the werewolf and vampire legends, as the overwhelming presence of (+)ions in our terrestrial environment during the Full Moon, over-stimulates people's most primitive emotions (e.g., ferocity, aggressiveness, brutality, etc.) and their most carnal yearnings. What do you think?

The Moon has a tail, and Earth wears it like a 'scarf' once a month



Another recent astrophysical discovery is that the Moon has its own “tail,” made of invisible irradiated particles through which the Earth passes once a month. This lunar tail consists mostly of sodium (+)ions (Na, atomic weight 23), which are blasted out from the lunar soil into space by micro-meteoroid collisions, or by the “sputtering” of these ions caused by the solar wind, flares and CMEs. The (+)ions are then propelled hundreds of thousands of miles “downstream” by the solar wind. It takes around 20 seconds for these ions to travel the distance between the Earth and the Moon.

For a few days of every month, when the Moon is between the Earth and the Sun, at the Selene Cycle's Alpha Point and the beginning of the New Moon phase, the Sun's photons collide with the lunar sodium ions, pushing them away from the Moon and creating a tail-like structure that flows away from the Sun.

This tail is hundreds of thousands of miles long and too faint to be detected by the human eye. Our planet's gravity helps shape this sodium tail by transforming it into a long narrow invisible beam. This ionic stream, in due course, reaches and slides around the Earth's Magnetosphere before jetting back into space. However, it's been found that an important percentage of these (+)ions beam down the electromagnetic "funnel" located at the Earth's North Pole and seep into our local atmosphere. [Click/Tap here](#) to watch a short video on YouTube® that illustrates this.

This onrush of (+)ions, as usual, produces ELF waves in our local environment that modify uncountable molecular processes, which in turn influence our body, emotions, intellect, and behavior. Solar eclipses, the Moon at its perigee, the position of the Earth on its orbit, and the situation of the Sun regarding the center of the Galaxy, all intensify this effect.

Following another (but related) line of thought, it becomes evident that the influence of the Selene Cycle has nothing to do with the position of the Moon in relation to the Zodiacal constellations. Actually, to claim that the Moon's influence is modified by the background constellations in front of which it is seen, is to jump to primitive, superstitious, and toxic conclusions that are mistakenly based on 'what we see' and not on what our rational mind tells us.

I, for one, agree that the Moon-Constellation fables are very appealing to our imagination, but so were the allegories of a flat Earth, of mighty Atlas holding up the world on his shoulders, and of the Earth "unquestionably being the unmovable center of the universe." But, nowadays, we must set aside these old-time fantasies and determine the Moon's main influence, as explained in this chapter.

Remember that when we're submerged in the exons of the Selene Cycle's Omega Point, flooded by (+)ions, we look up to the heavens, and if the Moon is in sight, we'll always see a magnificent Full Moon. But when our terrestrial location travels through the Alpha Point exons of this Cycle, if we examine the nocturnal sky, we won't find the Moon for it'll be the beginning of the New Moon phase and thus it'll be hidden from our sight by the Sun's glare.

The Selene circa-Menses Cycle lasts 29.53 days, meaning that the Selene Factor requires some 2.46 days to cross one of its Covibrals, about 9.84 hours to span a Pental, and around 1.64 hours to cross a Gradal.

Another interesting fact: Lately, astrophysical scientists from several space agencies re-examined the data collected during the 1970s and found that the Earth's atmosphere extends more than 372.822 miles into the space that surrounds our planet. This means that the Moon, which orbits around us at an average distance of 217.480 miles, is **always** within the Earth's atmosphere.



The Selene Cycle's Exonical Influence

According to the beliefs of various ancient societies, the Moon was supposed to influence our personal soul. These conjectures claim that the lunar effect, at a certain point of the month, invited our soul to “ascend” and join our higher psyche, while at another moment it incited it to “descend” and unite with our most primitive desires.

Careful experimentation has demonstrated that the *natal* Selene Factor reveals the Covibrant aspect, part, or elements of our integral being that are *most suggestible and prone to being conditioned*.

In this case, the term ‘conditioned’ refers to a learned behavior or reaction that’s automatically activated when a person is exposed to a particular stimulus. Most of these reactions are *involuntarily acquired responses* that, after having been incorporated into an individual’s nature by repetitive stimulation, are consistently activated every time the original circumstance reoccurs. In other words, they’re reflex actions that come forth in response to a certain “triggering” stimulus. Some of these automatic reactions can help the individual, but others will definitely be a nuisance.

If we examine our personal behavior, we’ll see that it largely consists of a medley of concepts, reactions, habits, hopes, beliefs, fears, interests, and so forth that our upbringing and education (formal and otherwise) have included in our formation. This learned behavior will then be fiercely defended by our Persona, sometimes in a hot-blooded or irrational way.

Some of these traits were handed down to us by our parents and close relatives, while others came from teachers and friends, as well as from the social and/or workplace environments in which we’ve been.

The combination thus produced, together with our direct experience —pleasing or otherwise— gave form to a collection of reactions and conduct patterns that were included in our Persona. These responses manifest themselves with a certain unsolicited autonomy, always causing us to act in a similar way when we face the same stimulus.

In other words, we’re conditioned —physically and mentally— by the whole of our social, religious, and work environment, by our personal experience and education, as well as by family pressure and influences.

In the Exonical context, our **susceptibility** is “the proneness to be affected by a certain type of stimulus,” the nature of which is revealed by the Covibrational position of our *natal* Selene Factor. If the same stimulus is repeated over and over, in the long-run it’ll create a conditioned, non-voluntary response, which is activated every time the person faces this particular stimulus.

These unconscious, reflex, and involuntary reactions are what is known as a person’s *conditioning*. And, as we all have experienced at one time or another, these impulsive actions don’t always produce good results, for too many times they encroach on our right to freely decide if we want to (re)act in a particular way or not.

In a different framing, to condition someone is to “brainwash,” indoctrinate, or inculcate a given comportment, and the natal Selene Factor highlights the most susceptible Covibrational area of their integral being for this to happen.

It’s very important for parents, teachers, and other persons involved in the education of children and teenagers, to know that the youngster’s natal Selene Factor points out the area or aspect of their being that must be treated with the utmost care, respect, honesty, and love.

For example, if a girl’s *natal* Selene Factor was within the Limbical Covibra, her parents and teachers should pay careful attention to the formation of her *emotional and sentimental context*, especially during the early years of her upbringing. Throughout her life, as her main sensibility lies within her moods and feelings, she’ll have to be watchful of the emotional reactions she acquires and expresses. Her attitude will be as variable as the phases of the Moon, and because of this, she must learn to exert special control over her involuntary emotional responses.

On the other hand, the *regular* Selene Factor indicates the type of Covibrational stimulus (e.g., Material, Limbical, Cortical, etc.) that could set off a person’s conditioned traits *at a certain determinable moment*. For example, if the *regular* Selene Factor of a given date is in the Material Covibra, it’ll be physical objects, everyday situations, or corporeal incidents that could activate the type of reactions indicated by a person’s *natal* Selene Factor.

In the case of the emotionally sensitive girl of the former example, when the regular Selene Factor is in the Material Covibra, for a few days her reactions will flare up if her Persona is annoyed by something of her everyday world, e.g., a material mishap, the loss of an object, a physical ailment, someone accidentally bumping into her, etc.

If you become aware of your own natal Selene Factor, you can begin to understand why you repeatedly behave or react the way you do, during a few days of the month, if certain every-day situations involve the elements of the Covibra being traveled by the regular Selene Factor. This could help you learn to be on guard during those days and thus refrain from giving in to the unwanted conditioned response. Many people have neutralized unwanted conditionings by consciously mentalizing, at that very moment, the contrary of what the involuntary reaction tends to make you to do.

Local, social, religious, status-driven, ethnic, etc. conditioning is covertly used by advertisements and sales-pitches to manipulate their audiences (you and me) toward the consumption of goods and services. This is the basis of impulsive (and even compulsive or obsessive) consumerism.

An online app that will give you an interpretation of the effect produced by the regular Selene Factor, for a specific date and place on Earth. The application is called [MOOD+](#) because, after all, what

unpleasant conditioning usually produces is emotional discomfort. The app takes into consideration the day's real-time space weather conditions (e.g., CMEs, solar flares, Kp Index, Selene's Covibra, Moon's perigee, etc.), if the date is within a 3-day range, before or after the date of your visit. This is because said conditions are presently very difficult to forecast for more than 3 days ahead. It'll provide the interpretation of the **Susceptibility** Factor (Selene) and that of the **Primal Instinct** Factor (Lilith) that prevails on the date/time and place you choose. Try it out, you'll be surprised by its effectiveness.

It must also be said that when the Selene Factor is within the AlphaAction part of its Cycle, our Essence will make us aware of the conditionings we've allowed to take root in our Persona, by activating them in real-time. One by one, different types of fears, worries, doubts, aversions, manias, bad habits, etc., will tend to flare up, as the focal point of this Cycle passes through each Covibra.

The resulting discomfort arises because our Essence 'projects', from our inside out, the ideal situation onto the (wrong, imagined, or conditioned) behavior held by our Persona. This seemingly sadistic ordeal is only to let us know, in a very real and impressive way, what we can neutralize, change, or remove from our 'collection' of harmful and obnoxious reactions, at a particular moment of the Selene Cycle. Actually, the very positive and needed improvement is meant to gradually, day by day, transform us into happier, more effective, and positive individuals.

But, as you already know, our Essence can't change the conditioning into a more positive and convenient reaction, *unless we give it **explicit** permission to do so*. Why? Out of respect for our free will, a hardwired distinctive of our human design. Indeed, it is we ourselves, each of us, who unknowingly have retained and unnecessarily, subconsciously, defended all the negative reactions included in our Persona. So, the next time any undesired automatic response acts up, willfully concede that *you want it to be changed*, relay the responsibility to your Essence, and firmly believe that it's going to happen —because it will.

Something similar happens during the OmegaAction phase of the Cycle. In this case, when the conditioning flares up, we must again recognize it as such, but now we must acknowledge it on our own and *ask* for our Essence's help, as well as believe that the change will happen. There's a subtle but decisive difference.

All conditioning, to a greater or lesser extent, can be neutralized or removed from an individual's behavior, if s(he) insists on letting their Essence change the aggravating reaction into a more positive and convenient one, or remove it altogether.

However, it's to be noted that the existing "neural pathways" must be modified in the individual's organism, while a new "path" is created (by mentalizing a new alternative behavior, or by asking your Essence to show you one), all of which requires patience and persistence. The same thing happens when you want to quit a bad habit, such as smoking, drinking too much alcohol, or the abuse of some drug: you must have determination, resilience, and patience. The Selene Cycle lets us know the nature of the conditioning and when it can be effectively modified. Watch a short video of how our body generates, at a molecular level, a [new neural pathway](#) (Credit: "[Photon](#)", Zanuda Science). You'll understand why it takes time to change an unwanted reaction.

Also keep in mind that the other astrophysical events of the day can boost the upsurge of our conditionings. When they do so, our reactions become even stronger and more noticeable, which makes it more difficult to control them. But, to our advantage, this same strength gives our Essence more

power to neutralize or eliminate the bothersome reaction. So, make the best of the situation by firmly giving your consent, having the needed faith, and allowing your Essence to do its job.

Like I mentioned before, the astrophysical events that can fortify the Selene Cycle's influence are all part of the space weather of the day. A strong solar flare, CME, Earth-facing coronal hole, strong x-ray emission, high solar wind speed, and a momentarily stronger than usual, negatively-charged Interplanetary Field (IMF, B_t). I'm happy to say that throughout the years, I've been able to take into consideration all these Factors and include them in the apps of Exonica's website, which places them at your disposition.

One final analogy. Figuratively, getting rid of an unproductive conditioning is like treating a diseased tooth. The most convenient way to remedy this situation would probably be to consult a good dentist, who, after assessing the case, will decide to either fix the offending tooth or remove it. We can equate the dentist with our Essence, who knows the right thing to do, and the patient with our Persona, who has to decide whether to continue suffering the pain, or let the good doctor proceed. But a decision has to be made. Let's hope it's the most convenient one: a short while of vexation, or a lifelong toothache.

Mythology: For the Sumerians the Moon was *Nanna*, for the Chaldeans it was *Sin*, for the inhabitants of Mesopotamia it was *Amorka* and for the people of India it is *Chandra*. The Mayas called it *Ixchel*, the Aztecs, *Metzli*, and the Incas, *Quilla*. To the Makoni tribe of Southern Rhodesia it is *Mwuetsi*, the Moon god (a male figure). The Chinese revered it as *Tchang*, the Etruscans as *Tina*, and the Greeks as the beautiful *Selene*. To the ancient and modern Romans it was and still is *Luna*.

Gea

A Circadian Cycle

In the right light, at the right time, everything is extraordinary.

Aaron Rose (1969 -)

American film director, artist, and writer.

The Exonical **Gea Cycle** is a circadian rhythm. In other words, it's a Cycle that produces a biological (physical and/or psychological) effect that recurs close to every 24 hours. However, the Gea Cycle is also modified by the influences of both the Helios and the Terra Cycles.

The Gea Cycle is produced by a constantly changing arrangement that involves (1) the Earth's massive bulk, (2) its ionic and electromagnetic energy envelope, and (3) the ever-present influence of the Sun.

The atoms of every chemical element basically consist of a proton nucleus and one or more electrons spinning around it. Every atom, in its neutral or balanced state, has a specific amount of protons and electrons. This is what gives each substance its particular characteristics.

As I said elsewhere, if the number of electrons of an atom changes it turns into an **ion**. If it *loses* electrons it becomes an electrically positive ion, a (+)ion; conversely, if it *gains* electrons it turns into a negative ion, a (-)ion.

Diverse meteorological observations have shown that the concentration of (+)ions that are present in the atmosphere of a geographical location is directly related to the elevation of the Sun above the local horizon. Figure 1 shows that when the Sun is 6.5 degrees above the horizon, only about 10% of the local atmosphere consists of (+)ions. While at 90 degrees of solar elevation —directly overhead— an impressive 90% of the place's atmosphere are (+)ions.

What this implies is that early in the morning (and late in the afternoon, around sunset) there are fewer (+)ions in the local atmosphere than at midday, when the Sun is close to or at the locality's zenith (straight overhead).

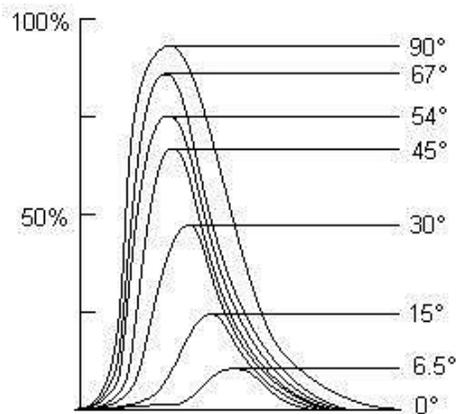


Figure 1

ELF wave bursts are more frequent in the daytime and are characterized by a sudden upsurge at the time of local sunrise, suggesting that the mechanism that produces them is related to the Sun's location regarding a locality's position on Earth - **Toshio OGAWA, Yoshikazu TANAKA, Teruo MIURA, Michihiro YASUHARA** (1966)

Magnetosphere

When we look at our planet from outer space (Figure 2), we notice that it's enclosed within a gigantic teardrop-shaped "bubble," an electromagnetic field called the *Magnetosphere*, which repels most of the solar wind that reaches the Earth's orbit. The resistance of this bubble causes the particles of the solar wind to slip over and around our planet's atmosphere. Still, a portion of them seeps down toward the ground and reaches our local environment.

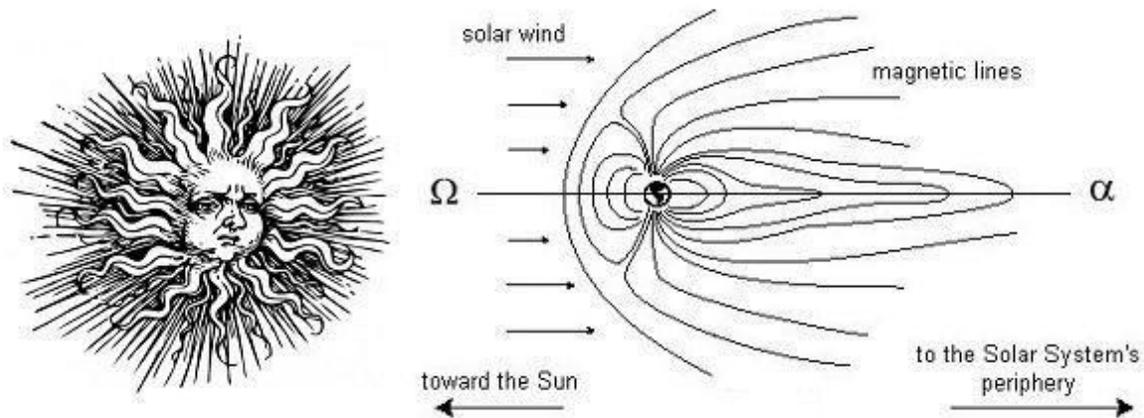


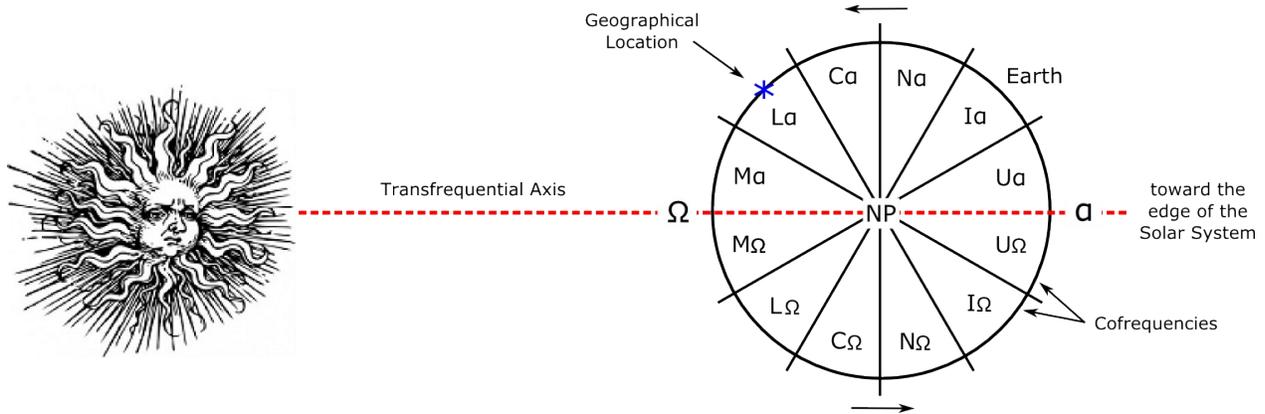
Figure 2 - Diagram of the Earth's Magnetosphere (side view)

The part of the Earth's Magnetosphere that faces the Sun, at the Gea Cycle's Omega Point (Ω), always receives the brunt of the solar wind's pressure, which compresses the electromagnetic bubble to a thickness of only 40000 miles (or less). Consider that its average thickness is around 65000 miles.

Conversely, on the other side of the Earth the force of the solar wind stretches the Magnetosphere to some 625000 miles (far beyond the Moon's orbit), making it waver like a sideways flame that ceaselessly points away from the Sun. This region is called the Earth's *Magnetotail*. The Gea Cycle's Alpha Point is always found in the α region of the previous illustration.

It's important to note that the magnetic envelope, the compressed area, and the long reclined "flame" stated above are totally independent of the Earth's spin, that is, they *don't rotate with the planet*.

The Gea Cycle has its own Transvibrational vibratory field (see the following diagram). As mentioned before, this Cycle's Omega Point always lies toward the Sun and its Alpha Point is always found toward the periphery of the Solar System. This Cycle's **Transvibrational Axis** (the dashed red line) begins at the Sun (at Ω), passes through the Earth, and continues toward the edge of our planetary system (at α).



The former diagram shows the spatial arrangement of the elements that make up the Gea Cycle. To the left we see the Sun and on the right we have the Earth, as seen looking down from its North Pole (NP). Our planet spins within its *stationary, non-revolving* Magnetosphere, in the direction indicated by the two arrows.

The electromagnetic envelope that surrounds the Earth is divided into 12 sections, each giving form to one of the Gea Cycle's Covibrals. They have been identified in the diagram by their name's initial plus either an α or an Ω , depending on if its Covibrational effect is propelled by this Cycle's AlphaAction or by its OmegaAction, respectively.

A geographical location (the blue asterisk), due to it being anchored to the ground, moves across each *stationary* Covibra of this Cycle as the Earth rotates. Thus, each place and its inhabitants are moved, by the Earth's rotation, through the *entire* Transvibra of the Gea Cycle *in only one day*, first in one direction (from α to Ω) and then in the other (from Ω back to α).

The Sun is undoubtedly the predominant, most massive material formation of our planetary system. This means that any point of Earth's surface that squarely faces the Sun (within the highly compressed area of the Magnetosphere, at Ω) has more heavy ions in its atmosphere than any other geographical place (especially at midday). This causes a greater production of *Gamma* and *Omega*-rhythm ELF waves in the air of this locality. And these waves, as you know, stimulate the functions of the Limbical (emotional) and Material (physical) Covibrals of the inhabitants of this location.

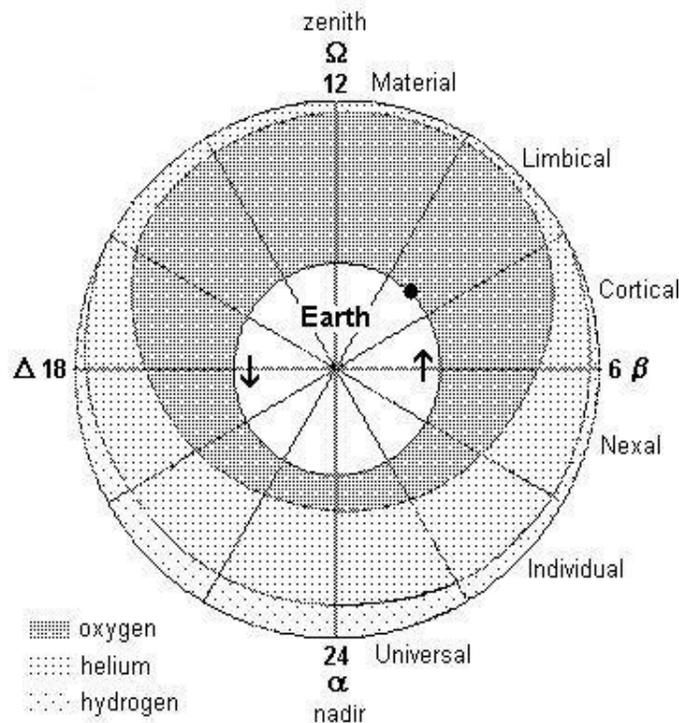
There is evidence of robust interactions between natural ELF waves and all biological systems. We suggest that the biological basis of this influence, is likely to be found in the weak, daily swing of the geomagnetic field that results from the solar tidal force of free electrons in the upper atmosphere of our planet, a remarkably constant effect that's exactly in phase with the solar diurnal movement. Because this magnetic change is locked into the solar-derived everyday diurnal response of living beings, one can argue that it acts as a

surrogate for the solar variation, and therefore plays a role in chronobiological processes.

A. Liboff (2013)

Whereas, the geographical locations that are farthest away from the Sun, on the other side of the Earth (within the stretched part of the Magnetosphere, around α), present just the opposite condition, that is, a local atmosphere mostly composed of very light, almost insubstantial ions (especially at midnight). This causes a predominance of *Theta* and *Delta*-rhythm ELF waves in those places, which induce sleep and activate the more subconscious and intangible Individual and Universal Covibra functions of the locality's inhabitants.

The ions of the atmospheric regions found between α and Ω mostly produce *Alpha* and *Beta*-rhythm ELF waves, which, as I explained before, quicken the Cortical (conscious) and Nexal (subconscious) Covibra's functions, respectively.



(Credit: S. Akasofu and S. Chapman, *Solar-Terrestrial Physics*, 1972)

Above we see a diagram of the Earth, as again seen from above its North Pole, and represented by the white central circle that rotates (notice the arrows) within a circular, pie-sectioned grid whose position, as I explained before, is fixed in relation to the Sun, which we must imagine to be at the top of the diagram, toward the Omega Point of this Cycle. This grid, as seen from above, is sectioned like the segments of an orange, each one representing a particular Covibra. In this diagram, the Cycle's Transvibrational Axis is the vertical line that goes from [Ω , 12, zenith] to [α , 24, nadir].

To keep the diagram as uncluttered as possible, I've only placed the names of the grid's right side Covibrals, those driven by AlphaAction. However, the six Covibrational sections on the left side, those activated by OmegaAction, mirror the exact same disposition of the ones on the right.

The diagram shows the proportion of heavy (oxygen) and light (helium and hydrogen) ions that are present in the atmosphere of a geographical locality (represented by the small black dot on the rim of the Earth) according to the time of the day.

Notice how the concentration of hydrogen and helium, the two lightest and more “immaterial” ions, progressively *increases* as the place approaches its local midnight (at 24). But then, as the site gradually moves on toward the following day’s noon (at 12), we see that there’s *less* hydrogen and helium ions each time, for they’re slowly being replaced by the heavier oxygen ions. Note how at noon, the local atmosphere has almost no hydrogen and very little helium, in contrast to the abundance of heavier oxygen ions.

The diagram also shows how, as the Earth rotates within its magnetic sheath, a geographic location moves, in sequence, through each Covibra of the Gea Cycle. And while this happens, the changing frequencies of the local ELF waves slowly activate in the place’s inhabitants the functions of each Covibra thus crossed.

Due to the importance of the point, I must emphasize that it’s not the Sun or the grid what moves, it’s our geographical location (along with us, of course) what slowly travels through this Cycle’s Covibrals as the day goes by. This is the astrophysical basis of what Exonica calls the Gea Cycle.

Also remember that when the type, electrical charge, and/or concentration of the ions that prevail in the atmosphere of a geographical location change, so do the frequency and concentration of natural ELF waves present in that place. And that this produces all kinds of adjustments in our body and our mind.

Presently, Exonica only takes into consideration a geographical locality’s longitude, but future enhancements of the Gea Factor’s effect will surely include its latitude (as well as other geomagnetic events, as they are further examined).

[Click/Tap here](#) to read an interesting online article issued by the “Space Weather Prediction Center” of the National Oceanic and Atmospheric Administration (NOAA), regarding the way “Electric Power Transmission” on the Earth’s surface is permanently connected to geomagnetic storms. Despite the highly technical nature of the article, I think it will help you understand the relentless power of space weather events in our local environment. If these imperceptible forces can affect terrestrial electrical power grids, you can bet they also act upon our own bioelectrical field.

How to Determine the Position of the Gea Cycle’s Factor

One of the easiest focal points/Exonical Factors to locate is that of the Gea Cycle, as long as it’s daytime and we can see the Sun. All you have to do is recall that when the Sun is at your geographical location’s Eastern horizon, around 6 a.m., this Cycle’s Factor is close to its Beta Point, at the beginning of the Cortical alpha Covibra.

And when it’s on the Western horizon, at about 6 p.m., the Cycle’s focal point/Factor is close to its Delta Point, at the end of the Cortical omega Covibra.

When the Sun is at your place’s mid-heaven, at around local noon, the Factor will be at the Gea Cycle’s Omega Point, between the Material alpha and Material omega Covibrals.

Remember that every Exonical Cycle is divided into twelve 30° sections. Thus, at 8 a.m., at the end of the first 30° section, the local Gea Factor will be at the beginning of its Limbical alpha Covibra. At 10 a.m., at the end of the second 30° span, the Factor will be entering the Material alpha Covibra.

When the Factor arrives at the Cycle's Omega Point, at 12 noon, it'll cross this Cycle's Transvibrational Axis and enter the Material omega Covibra, and so forth.

This operation can be done in two different ways:

- Without the use of a clock, in daytime: Imagine yourself standing under an arch that spans from one horizon to the other, with its middle point right above you. Now place yourself with your right arm pointing toward the East, then raise it about 30°. If the Sun is within the section of sky thus marked off, the Gea Factor is in the Cortical alpha Covibra.

Raise your arm another 30°. If the Sun is in this second section, the Gea Factor is in this Cycle's Limbical alpha Covibra. And, if it's between 60° and 90°, it's in the Material alpha Covibra.

Do something similar with your left arm, lowering toward the Western horizon, to locate, in sequence, the Cortical, Limbical, and Material *omega* Covibrals. The Nexal, Individual, and Universal Covibrals can't be located by this method.

- With a clock: Just divide the 24 hours into twelve 2-hour sections and locate the Sun as per the following timetable:

0 a.m. - 2 a.m.	- Universal alpha
2 a.m. - 4 a.m.	- Individual “
4 a.m. - 6 a.m.	- Nexal “
6 a.m. - 8 a.m.	- Cortical “
8 a.m. - 10 a.m.	- Limbical “
10 a.m. - 12 m.	- Material “
12 m. - 2 p.m.	- Material omega
2 p.m. - 4 p.m.	- Limbical “
4 p.m. - 6 p.m.	- Cortical “
6 p.m. - 8 p.m.	- Nexal “
8 p.m. - 10 p.m.	- Individual “
10 p.m. - 0 a.m.	- Universal “

The advantage of the second method is that it can be used both day and night.

Notice that when the Sun is above the local horizon, from ~6 a.m. to ~6 p.m., the Gea Cycle mostly influences the functions of our integral being that can be controlled by the conscious, willful action of our Persona, because the Gea Factor is below the Beta-Delta line of this Cycle, thus, within our “Perception Threshold.”

But when this Cycle's Factor is above said Beta-Delta line, its influence is mostly used by our Essence's non-conscious processes, for it's above the Cycle's “Perception Threshold.”



The Gea Cycle's Exonical Influence

On Our Personality

Our *natal* Gea Factor highlights the most noticeable Covibral features of our **Personality**. In other words, they're the most evident traits of our **Character** for they define the particular **Bearing** and **Conduct** that our family, friends, and associates identify us with.

For example, if your *natal* Gea Factor was within the Cortical Covibra, you would come across as a rational, logical, and intelligent person, and would like to be treated as such. Whereas, if it was in the Individual Covibra, then others would see you as a very independent person, someone who proceeds according to their own talents and skills.

On the other hand, the *regular* Gea Factor points out the Covibral theme, ambiance, or aspect in which we can best express our natal type of Personality *at a given moment of the day*.

Although the natal Gea Factor determines a person's most noticeable features, these enhanced qualities merely correspond to the **third level of importance** within the Exonical hierarchy, right behind the more powerful but less evident Helios and Terra Factors.

On Our Body

This is the area where Exonica's Gea Cycle and Chronobiology's Circadian Rhythm coincide most, even though both techniques differ when it comes to explaining what causes this effect.

What they do agree on is that this Cycle / Rhythm influences the following:

~ The production and release of hormones, which directly alters a person's behavior and many of their organic processes.	~ Body temperature.	~ The effectiveness of medicines and treatments.
~ Eating habits and digestion. A person's metabolism.	~ The efficiency of the immune system.	~ Neuronal activity and brain functions.
	~ The heartbeat rate and blood circulation.	~ The tolerance of drugs and alcohol.
	~ The sleep / wake cycle.	

Although all Chronobiology researchers know that countless molecular and cellular processes are activated (or deactivated) by the influence of this circadian rhythm, most of them are not aware of the astrophysical workings that originate and govern this effect. I hope that this chapter's explanations gives them new ideas.

It's also to be said that, for now, many of these investigators prefer to believe in the so-called "internal clocks" that we all supposedly have and that, according to them, it are these "in-house timers" what regulate our biochemical processes.

Although I admit that we might have some sort of "clock mechanisms" in our bodies, I prefer to believe that we all *live within* a grand, imperceptible, and very complex "clock." In my opinion, the daily, ever-changing conditions and effects are sensed and used by our self-governed Essence, that is, by our invisible subconscious workings, to rhythmically and gently modify our physical and mental processes.

In other words, said researchers still have to acknowledge that certain cyclical astrophysical events (exocauses, such as the Gea Factor) are the main causes that activate (or deactivate) our body's molecular processes and, therefore, the rhythm of our cellular functions, which will eventually modify our physical health, state of mind, and outlook on life.

Think about the powerful action of our Oscillatory Genes, which always act in step with naturally recurring patterns or periodic cycles. Several experiments have demonstrated that this action takes place both in continuous light and as in constant darkness, and even in zeitgeber-shielded environments like thick-walled bunkers, deep caverns, and unfathomable ocean waters. This indirectly proves that the mentioned Oscillatory Genes, are stimulated by energy-forces and quantum elements that can go through thick walls and large bodies of water, as if they weren't there.

The Best Type of Activity

I've noticed that some activities are more effective and easier to accomplish during certain hours of the day. For example, if you're going to think, talk, or write about a new idea, it'll be easier if you do it between 6 and 8 a.m. This is because at these hours, the Gea Factor of your locality is within the Cortical alpha Covibra of this Cycle, which enhances your intellectual and reasoning powers.



Should you want to produce a new artistic creation, or make new sale, go for it from 8 to 10 a.m. because that's when the Gea Factor's in the Limbical alpha Covibra.



But, if what you want is to give physical form to something new (be it to a cabinet, a cake, or develop new muscles), the best time to tackle this is between 10 a.m. and 12 noon, while your local Gea Factor is within the Material alpha Covibra of its Cycle, thus improving your dexterity and your physical skills.



Remember that the creation of something new is always boosted by a Cycle's AlphaAction, which in the Gea Cycle predominates from 0:00 a.m. (midnight) to 12:00 noon, always taking into consideration the Covibral elements and functions that become active during this period of the day.

But, if what you want is to improve, further develop, or give better use to something that already exists, you should consider doing it while your local Gea Factor is activating OmegaAction, during the afternoon or evening hours of the day (from 12:00 noon to 12:00 midnight), when its transit will heighten the corresponding Covibral functions.

Of course, you can carry out any kind of activity at any time of the day, but the results won't be the same. Try it out for yourself and you'll see.

Once you become more familiar with the functions and elements of each Covibra, it'll be very easy for you to deduce the type of activity or aspect of your project that's most convenient to deal with at a particular time of the day, always in accordance with what the local Gea Factor activates. This will help you organize your daily activities in an easier and more productive way.

A Meaningful Experience

I choose to make the rest of my life, the best of my life

Louise Hay (1926 - 2017)

American motivational author, professional speaker, and AIDS advocate.

On January 7, 2025, at 5:18 a.m., an insistent thought woke me up.

The thought specifically said, "... it's the kind of help you can expect," which I drowsily wrote down and then went back to bed.

But, before falling asleep, I listlessly repeated to myself several times, "... it's the type of help you can get ... it's the assistance you can count on..." Despite my somnolence, I knew that I had to hold on to this idea in the morning.

When I woke up later that day, the first thing that came to mind was... yep, you guessed it...

I'm telling you this because on the date and time stated above, the Terra focal point/Factor was at the Universal, Limbical, Individual alpha Transvibrational position of its Cycle. This means, for example (to me), that the daily Terra influence activated in myself "a new or more innovative manner (alpha)" of letting "the archetypal or ideal way (Universal)" of enhancing "my optimism or faith (Limbical)" in "the faculties that I have (Individual)."

The Gea Factor, at 5:18 a.m. local time, was within the Nexal, Cortical alpha Transvibrational position of its own Cycle, stimulating subconscious functions that were inclined to "find a better, faster, and more effective way (Nexal)" of "understanding (Cortical)" and applying this process.

It so happens that in the previous evening, at some time when the local Gea Factor was in the Nexal omega Covibra (6 to 8 p.m.), I had been reflecting on a better way of making the most of the Terra Cycle's influence. I think that this may inadvertently have sparked my early morning experience.

While thinking about the phrase "... it's the kind of help you can expect," another phrase came up in my mind, "Give up what YOU want and accept what your Essence offers." In other words, be 'selfless,' disregard what your Persona wants, when dealing with the daily Terra's tendency, *unless they're both in sync*. This jives perfectly with the saying, "Let go, let God." It also represents what Providence "wills" to give us at a certain moment.

The offshoot of the former is that the unification of Persona and Essence centers the two forces of our integral being onto the same purpose to bring forth a guaranteed success, thanks to the unlimited powers of our Essence and our faith.

Consider that we're surrounded by an abundance of resources and opportunities, we just have to know which ones to focus on and when to do it, as per the effect of the Terra Factor of the day.

We've been taught to pray for what we want, which I think is basically correct. And that "God will grant it, *in His own good time*."

Exonica

But, what if it's the other way around? What if we have it backwards? What if "the gods," figuratively speaking, are willing to give us a certain type of gift every day, and that if we ask for the right kind of favor it will be given. You can see that if you pray for something out of sync with the ongoing Exonical tendencies, you probably won't get it. But if the praying for the same thing is kept up long enough, owed to the ever-changing Terra Cycle effect, at some point in time, the petition will match this effect and the requested favor will surely come true.

A lot of stressful work, right?

It's much easier and productive to first find out the prevailing Exonical tendency. to then ask for what our Essence (the Emissary of God within us) naturally tends to give us at a certain moment. It all boils down to adapting our prayers to the underscored topic.

Of course, this will all be helped by the strength of our faith, for it's what "oils the wheels and gears" of the entire operation.

This is the proactive way to benefit from what our Creator generously and graciously wills to give us each day, in step with what is highlighted by the Exonical Cycles. Consider that if everything was forged by our Creator, so were the Exonical Cycles.

Some people are more attuned to the above mentioned procedure and thus, bring forth into their lives what they desire with more ease. While others, perhaps the majority, depend on the accidental concurrency of what they want and what the Terra Cycle activates in their Essence. So, I once again invite everyone, especially those of the second group referenced, to use the free, online Exonical app that can help them pinpoint the effect of the daily Terra Factor: [TODAY'S TARGET](#).

Good luck!

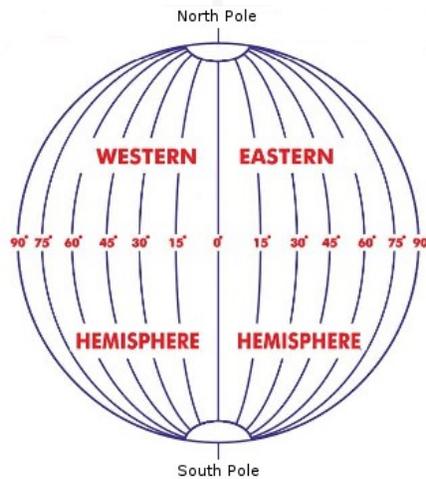
As the Moon moves along its orbit slightly slower than the Earth rotation (spin) on its axis, the EMB's speed over the terrestrial surface has to be derived from the combination of both motions.

The former drawing shows the Earth and the Moon as seen from above their respective North Poles (NP). Notice the arrows that indicate the sense of the Earth's rotation, as well as the arrow close to the Moon that shows the direction of its orbital advance.

This Cycle's **Transvibrational Axis** runs along the red dashed line of the drawing. It starts at the Moon, passes through the Earth's center, and comes out on the other side of our planet. The Omega Point of this Cycle is always found at the location of the Earth's surface that directly faces the Moon, coinciding with the position of the EMB (the red asterisk). Whereas, its Alpha Point lies on the other side of the Earth, at the geographical place that's directly opposite the EMB.

The above diagram also shows that when the Earth's equatorial circle is divided into twelve equal sections of 30 degrees each, we get the Lilith Cycle's Covibrals. Again, only the initials of the Covibra's names, plus an \checkmark (AlphaAction) or an Ω (OmegaAction), have been placed on the diagram.

A terrestrial location (the blue asterisk on the former diagram) will be at the Omega Point of this Cycle when the Moon is on the *meridian* of this locality. A meridian is the imaginary North-South line that passes through a geographical site; it's equivalent to the place's geographical *longitude* (next image).



On the other hand, the same locality will be at this Cycle's Alpha Point when the Moon is on the other side of the Earth, on the *anti-meridian* of the site, at 180 degrees from the place being considered.

The same location will be at this Cycle's Beta Point a little before the local moonrise, in the East, and at its Delta (\leftrightarrow) Point a little after the Moon sets, in the West.

Similar to what happens in the Gea Cycle, the Earth rotates independently within the stationary grid formed by the Lilith Cycle's Covibrals sections, as the geographic locality being considered moves from one Covibra to the next because it's fixed to the Earth, thus having to rotate with it.

Although the Lilith Cycle's Covibrals are also focused on the Earth's center, they're not the same as those of the Gea Cycle, because both sets are independent of each other. Still, now and then, they may coincide or oppose each other.

As I mentioned earlier, both the Moon's advance along its orbit and the Earth's spin move in the same direction, but not at the same speed because the Earth rotates a little faster than the Moon's orbital motion. This means that every subsequent day, a geographical location (like the place where you live), in order to again have the Moon on its meridian (directly overhead), needs 24 hours plus a variable time period that can go from around 40 minutes to a little over an hour.

The Lilith Cycle's duration also fluctuates in accordance with the Moon's position regarding its *Perigee* (the point of the lunar orbit that's closest to the Earth) and its *Apogee* (the orbital point that's farthest away from our planet). When the Moon is at, or close to, its Perigee, it moves a little faster on its orbit. In this case, the EMB also moves faster and deeper under the Earth's surface (or underwater). The opposite happens when the Moon is close to its Apogee. In this case, the Moon advances a little slower along its orbit and the EMB moves a bit slower, somewhat closer to our ground or water level. All this means that the Lilith Cycle can last from around 24.66 to 25.25 hours.

As in the other Exonical Cycles, what influences us most is the variation of the atmospheric ions and natural ELF waves, along with diverse quantum effects, produced by the movement of our geographical locality through the Lilith Cycle's Covibrals.

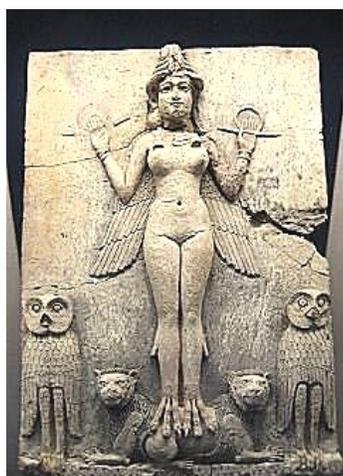
When the Moon is directly on our locality's meridian, at the Lilith Cycle's Omega Point, our local atmosphere becomes loaded with heavy (+)ions that mainly produce *Omega*-rhythm ELF waves, the ones that stimulates our body's functions.

But when the Moon is on the other side of the Earth, on our site's anti-meridian, our local environment fills-up with lighter (-)ions that generate *Delta*-type ELF waves, the ones that stimulate our subconscious and more subliminal functions.

And while our geographical locality moves from the Alpha (✓) to the Omega (Ω) Point of the Lilith Cycle (or vice versa), we slowly and progressively move through the entire ELF wave spectrum. This, of course, activates the functions of each Covibra being crossed (e.g., when we're in the Limbical Covibra, we'll be surrounded by *Gamma*-rhythm ELF waves, when we're in the Individual Covibra, it are the *Theta*-rhythm waves that prevail around us, and so forth).

How to Locate the Lilith Factor

To determine the Covibral position of the Lilith Factor, follow the instructions given in the former *Gea* Cycle, but substitute the Sun with the Moon.



The Lilith Cycle's Exonical Influence

Lilith was the name given by ancient astrologers to the "Black Moon," an influence that, according to them, "awakened the most beastly carnal passions." Lilith was said to be associated with demons such as Belial, Astaroth, Drachus, and Satan, and was blamed for causing "terrible bloodbaths" while she roamed the countryside.

Hebrews of yesteryear used to bless travelers by saying, "May the 'Spirit of Lilith' stay far away from thee!" In Greece, where she was known as Hecate, her arrival was announced by the eerie howling of dogs while she supposedly spread her "fateful influence."

Demons, death, and black magic spells revolve around this “wicked personage,” who, as you’ll presently see, is not evil at all and resides in the primal depths of every living being. By the way, it’s a known fact that wild animals and pets become very excited when their environment is saturated with (+)ions, as when the Moon is directly overhead. This tendency becomes even stronger if there’s a full Moon, that is, Selene at its own Omega Point.

Nowadays, we know that the influence exerted by the Lilith Cycle awakens, not the alleged “evil demons and wicked forces,” but the most *primitive instincts and inchoate bodily functions* of all living creatures.

These instincts are the ancestral reactions we’ve inherited from all the species that preceded us in our evolutionary process —fishes, reptiles, mammals, etc.— together with the instincts encoded in our own genes, those that were passed on to us by our human ancestors. Among these impulsive reactions we find, for example, the feeding, sexual, territorial, defense, and other primordial instincts —all of which make up our survival instincts. The former *Anthropocentric* chapter can help you understand this better.

In addition to fueling our basic instincts, the Lilith Factor also influences the hardwired processes that manage our metabolism, as well as our nervous, immune, cardiovascular, reproductive systems, etc.

When I speak of the functions activated by the Lilith Factor, I’m not referring to the psychological “conditioning” we’ve picked up during our lifetime, such as the reflex behavior set off by the Selene Factor. In this case, I’m talking about the non-voluntary reaction patterns built into our genes: the dispassionate psychosomatic ‘programming’ that makes up our individual and group instincts.

It’s to be noted that we have instincts related to the topic or aspect dealt with by every Covibral Servo. Some of them are linked to material events and circumstances, others to emotional situations, still others to rational issues, etc. In fact, each Covibral Servo is a collection of unbiased ‘instructions’ and self-determining procedures that are triggered by specific circumstances.

“Instincts are innate behaviors that living creatures are born with. These behaviors are typically automatic and do not require learning or experience. Instincts are crucial for survival, as they guide entities in essential functions such as mating, feeding, and escaping from or attacking predators.” **Perplexity AI** (2024)

The position of the *natal* Lilith Factor highlights the type of inborn reaction (e.g., Material/physical, Limbical/emotional, Cortical/rational, etc.) that’ll be activated in an individual when they subconsciously feel threatened. Whereas, the *regular* Lilith Factor identifies the Covibral theme, aspect, or situation that could set off the natal instinct at a given moment. To know the Covibral placement of your natal Lilith Factor is to know why you unconsciously behave the way you do, when in the same situation.

For example, if someone was born when the local Lilith Factor was in the Cortical Covibra, their instincts would flare up if their Cortical Servo considered that certain verbal expressions or intellectual discrepancies constitute a menace to the individual’s *status quo* or survival. This person should be very careful regarding conceptual misunderstandings, because their instincts could consider them an intimidation and make them react in an adverse way.

Moreover, every day, at different hours, the regular Lilith Factor moves through the same Covibra where your natal Lilith Factor was when you were born. At that moment of the day, probably without knowing why, you’ll be more inclined to react in a non-conscious (and maybe inconvenient) way, in

response to a stimulus that may seem dangerous to your related Covibral Servo. If you know the Covibral position of your natal Lilith Factor, you can be especially careful during this time.

Another effect worth mentioning, a very convenient one for anyone who wants to lose or gain weight, is that when the *regular* Lilith Factor passes through the Material alpha Covibra of a person's local Lilith Cycle *their appetite becomes more intense*. At this time, they'll feel the 'munchies' coming on. If you want to stay slim or lose weight, don't eat during the 2 hours or so that this Factor needs to cross the mentioned Covibra —no matter if the time of transit coincides with one of your regular meals (lunch, dinner, etc.). This changes from day to day. Try it out, and you'll see that after some days (of disciplined restraint!) you'll have lost some excess weight. If on the contrary, what you want is to gain a couple of pounds, by all means, go ahead and eat (reasonably) during this time!

Try out the free online app (The Slenderizer) that'll tell you at what time you can eat freely (with moderation!) or refrain from eating, for even a cracker will make you gain weight ;-) on a given day. Keep in mind that this changes all the time. To use the app, please [click/tap here](#). No registration required. It works anywhere in the world.

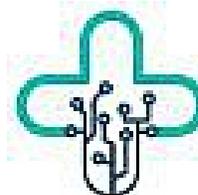
Also keep in mind that when the Moon is on a locality's meridian, meaning that the *regular* Lilith Factor is at the Omega Point of its Cycle, the inhabitants of this place will be more inclined to satisfy their corporal appetites than at any other time of that day. This is how Lilith got her ill reputation. This paragraph discloses a little known tip for sales staff and merchants.



A very important fact is that your immune system is more inclined to aggressively attack any kind of microbe, bacteria, fungus, virus, etc., as well as to form new cells, when the *regular* Lilith Factor of your locality is moving within the Water Quadrant of its Cycle (between its Beta and Omega Points; from moonrise until it's directly on the local meridian).

Whereas, when the regular Lilith Factor is moving through this Cycle's Earth Quadrant (that is, from the Cycle's Omega to its Delta Point; from the moment the Moon crosses the local meridian to the Moon's setting), your immune system is more willing to repair your body's cells, eliminate malignant tumors and cancerous cells, remove toxins and diseased cells, and dispose of any harmful waste that the above-mentioned cellular 'battle' left behind.

This information, combined with the data provided by the analysis of several other Exonical Factors (e.g., Helios, Terra, Selene, Gea, and prevailing space weather conditions) is priceless to reestablish someone's health, for it indicates the best moment of a given date, at a particular location, to take their prescribed medicines and/or to attend to proper treatments for specific organs and bodily functions. This information changes every day, and even every minute, as the position of the aforementioned Factors changes. If you want to tryout a free online app (The HealthMeter) that shows you a timetable with said information, please [click/tap here](#). No registration required, no personal questions asked.



Luckily, all this is now being studied by Chronobiology investigators. With this information, medical doctors and therapists can now design highly personalized medical treatments (Chronomedicine), for any ailment and patient they treat. However, for the moment, most of these investigators are only taking into consideration one of the circadian cycles (Gea), because they don't know the other Exonical Cycles (yet).

Exonica

Entomologists, animal caretakers, zoologists, and the likes, have all noticed sudden changes in the behavior of the animals they deal with on a daily basis. However, many of them have not noticed that many of these alterations are in sync with the Moon's position in relation to their geographical position. By doing so, they could greatly protect themselves and improve their interaction with the animals.



I mention entomologists because of the nasty behavior that mosquitoes, flies, and other insect pests have when the Moon is either on the Eastern or Western local horizon, or when it's directly overhead or underneath (on the other side of the Earth) a given locality. In all these cases, they become more aggressive and turn into a real nuisance.

Remember that even if both the Gea and the Lilith Factors are circadian and both influence animal behavior, they are not concurrent. This means that, owed to the Gea Factor, we'll have 4 fixed moments of the day in which animals become altered, plus 4 shifting instances, due to the Lilith Factor, in which this happens. Obviously, when both Factors coincide, the animal's aggressiveness becomes much more intense.

This is all very noticeable in tropical countries, such as Central America, Africa, Southern Asia, etc., which is why I designed an online app to be able to know in forehand when these pesky bugs or rodents are more prone to attack. The resource is particularly helpful to take proper care of children, elderly persons, and of ourselves, by going indoors or using repellents when needed. [Click/Tap here](#) to use the free online PEST+ app.

Note that this nuisance becomes even stronger if the Sun is having one of its fits (CMEs, coronal holes, Solar Max of the Sunspot Cycle, etc.). All this is also taken into account by this and other Exonical apps.

Note for the future developers of Exonica: I must admit that I've only taken into consideration the Moon's position regarding the *longitude* of a terrestrial geographical location. However, I'm sure that the Moon's *latitude* concerning this location is also important, for it would provide nuances not covered by the present Lilith Cycle's evaluation. I invite whoever feels up for the challenge to continue my work.

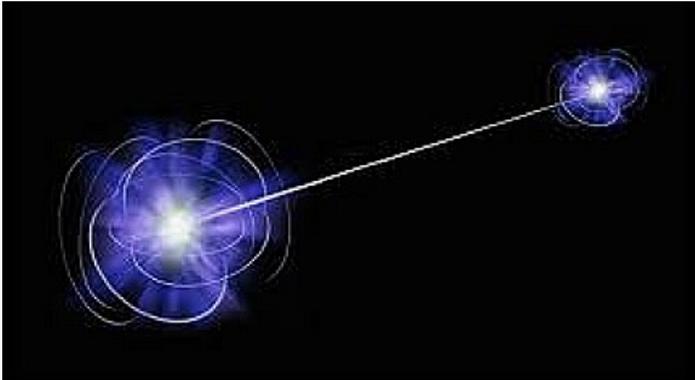
Cosmological Effect

As Saint-Exupéry had “The Little Prince” say,
“... *what is essential, is invisible to the eye.*”

Our universe is a vast unified energy field that a large number of forces generate, regulate, and keep going.

It has been verified that what we distinguish of any astronomical formation is but a fraction of its total energy structure. In other words, what we perceive of our Solar System and Galaxy is but the narrow range of vibrations that stimulate our sensory organs (or the devices we’ve invented to amplify their natural scope). This very modest gathering of vibratory perceptions is the only palpable evidence we have of the unlimited and timeless universe that harbors us.

The following is a proposal of how a planet’s influence reach us, here on Earth.



Recent Quantum Physics investigations have corroborated that two (or more) quantum elements can become entangled (interlocked) and that, even if they’re vast distances apart, an attribute or condition of one of them can *instantly* modify that of the other. This is considered a non-local influence that does not obey the speed of light or time lapses.

This hypothesis implies that a planet’s particular influence, owed to its Covibrational position within its orbit, instantly incorporates its effect into the Exonet, thus influencing the entire Solar System via quantum resonance.

The effect hence produced is instantly perceived here on Earth, stimulating the workings of the marker (attribute) associated with that particular planet (or other Exonical Factor).

Our knowledge is gradually expanding, as we continue to better understand how our lives are linked with the complex dynamics of the Sun and the components of the local cosmos that surrounds us - **A. R. Liboff** (2015)

What’s important to understand is that the influence we feel here on Earth is *not* a directional force; it’s an effect that instantly and continuously pervades the *entire* Solar System.

Interestingly, Plotinus, a neoplatonic philosopher (270 - 205 BCE), in his *Enneads* wrote:

“We’ll not ascribe to temporary causes nor to the decisions of the gods the celestial effects that influence us here on Earth. This Universe is but **one** creation that contains within itself **all** the formations that comprise it [...]

This Universe is, then, sympathetic [sensitive and resonant] to all parts of itself. Thus, the parts that are harmonious to each other, *although they may be separated by vast distances,*

sympathize with one another *in virtue of their affinities*. And, without actually being in contact, they mutually interact in spite of their apparent separation. [my italics]

Everything is linked together; all things marvelously correspond with each other. Each part cooperates with the Whole and serves the Totality according to its nature and its qualities in the category and use that are appropriate for it.”

The former is an amazing dissertation considering that it was said more than two thousand years ago, for it's the basis of today's Quantum Physics, which recently (2022) won the Physics Nobel Prize. This philosopher's keen insight inadvertently showed him the complex workings of quantum non-local entanglement and the unity of all the components of [Transvibrant] reality.

In the Solar System's constantly changing energy scenario, by using his free will, man can take into consideration (or not) the conditions that the different Exonical Factors produce in his environment and in his own being. And if he's willing to live in harmony and benefit (or not) from the effects caused by the invisible, impalpable, yet unavoidable, space-generated influences: the exocauses.

As I stated earlier, most of our integral being, by means of the autonomous and subconscious processes (Servos) handled by our Essence, already operates in stride with the effects caused by the ions, ELF waves, and quantum phenomena produced by the diverse exocauses of our local cosmos.

After millions of years of evolution, these automatic, concealed functions have learned to act in step with the exocauses, making good use of the effects they awaken (or inhibit) in us. However, we must still endeavor to voluntarily integrate our conscious mind, that is, our Ego, Persona, or Willful Mind, with this *never-ending and inevitable* “Cosmic Symphony.”

Personally, I believe that as we come to understand better the permanent and imperceptible bond there is between the elements of our local cosmos and our own being's bio-energetic workings, and how it influences our daily lives, we'll become more willing to voluntarily accept and follow the line of action abided by our Essence, which *always* acts in our favor and in unison with the forces of the Universe.

It's quite possible that our intuition has been trying to tell us that if we, at a microcosmic level, in our every-day world, decide and endeavor to act in stride with the prevailing macrocosmic influences, the exocauses, we'll have taken a big step toward the integration of our personal being with what governs it all (which, by the way, used to be religion's original purpose).

But, if on the contrary, our present very limited personal outlook leads us to voluntarily or unwillingly rebel, distort, or ignore the very effective help provided by our Essence, we'll only bring about our inevitable clash with the environment and our fellow man.

This ignorance, arrogance, or indolence, as the case may be, is one of the reasons why man's present lifestyle is so incompatible with the natural tendencies of the cosmos, an action that hinders the cooperation and concerted advance of Persona and Essence.

Consequently, in my opinion, to begin to solve the problems that afflict us all, we must make a worldwide effort to become more aware and to better align our actions with the tendencies of the neutral yet unavoidable spatial energies (the exocauses) that govern the settings in which each of us is to carry out their particular destiny (Life Purpose).

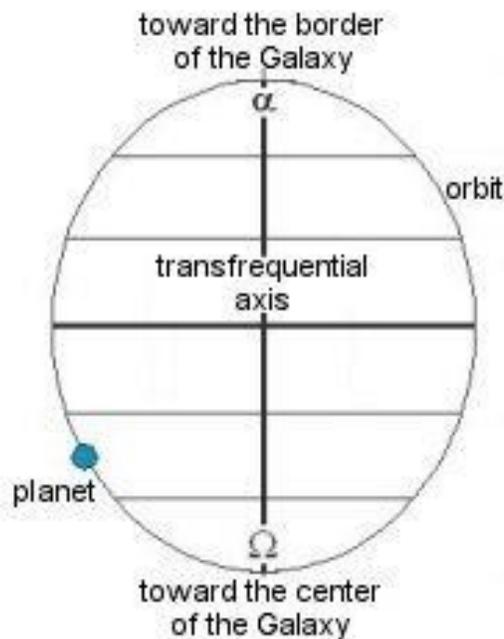
Planetary Factors

The controls of life are molecular arrangements and processes that are in intimate relation with the motions of the universe.

Louis Pasteur (1822 - 1895)

French biologist, microbiologist, and chemist.

The following illustration (left) shows the Transvibrational energy field layout used by all the planets of our Solar System. The vertical line $\checkmark - \Omega$ represents the Transvibrational Axis and the six horizontal bands show the position of their orbits' Covibrational regions.

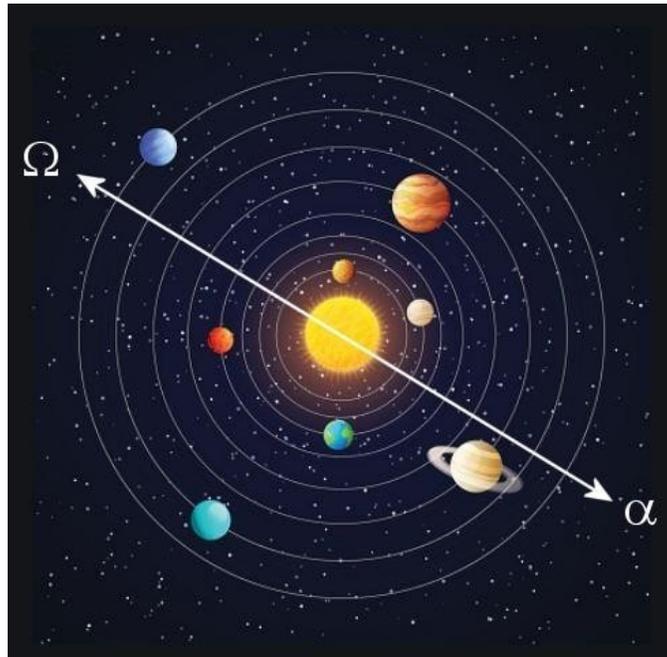


Allow me to reiterate that every planet (including the Earth), as it circles the Sun, slowly moves across each Covibrational band of exons found along its orbit, first in one TransDir, e.g., from Alpha to Omega, and then contrariwise.

As I stated elsewhere, the Transvibrational energy field of the Solar System is aligned along the imaginary line that joins the center of the Galaxy (toward Ω of the above image) and its outer rim (toward \checkmark), after having passed through the Sun.

Exonica uses the heliocentric arrangement shown below to locate each Planetary Factor in relation to the center (Ω) and outer edge of our Galaxy, that is, regarding the Transvibrational Axis and Covibrational regions of their respective orbits.

Every orbit constitutes a Planetary Cycle and the planet itself is the Exonical Factor (focal point) of its Cycle. The position of the planet in relation to its orbit's Alpha and Omega Points lets us know the Covibrational region it's traveling through at a given moment. And this will tell us the effect that this Cycle is adding to the exocausal field.



Each Planetary Factor influences a specific marker (inborn attribute, characteristic, or talent) of an individual (e.g., Sociability, Ideal Occupation, Intuition, etc.), along with the Covibral aspect, element, or trait (e.g., Material, Cortical, Nexal, etc.) that its presence activates.

The following sections describe the particular influence applied by each Planetary Factor, according to Exonica's contemporary point of view. I again clarify that the descriptions given have no relation to the Astrological rendition of the planetary influences. Each Exonical interpretation has been derived from meticulous astrometry, astrophysical, and psychological investigations.

MERCURY

The Agility Marker

The *natal* Mercury Factor highlights the Covibral field, aspect, or action in which a person is more expeditious. It enhances their dexterity and flexibility, regarding the elements and functions of the Covibra that it's moving through.

While the *regular* Mercury Factor indicates the Covibral subject matter on which the natal ability can best be applied, on a particular date.

This planet's effect, on a given date, awakens the ingenuity, cleverness, or skillfulness of a Covibra's Servo, either to plan and implement the initial design and first formation of something new (AlphaAction), or to improve, develop, and give better use to a formerly established objective (OmegaAction).

For example, if an individual had his *natal* Mercury Factor within the Cortical alpha Covibra, they'd usually be very quick to come up with new concepts and intelligent ideas. They'd also have an above-average command of written and spoken languages, and would show great ability to communicate their viewpoints in a logical way. And they'd have a fast intellect that allows them to give form to the

information they need in order to achieve their goals, especially when it comes to their initial design and implementation.

Whereas, if their natal Mercury Factor were in the Cortical omega Covibra, they'd be very quick to deduce and understand the reason or cause of whatever is happening around them. They'd also excel at making good use of all kinds of existing knowledge and at interpreting symbols, such as images, writings, and numbers.

In sum, the *natal* ingenuity of a person can be best applied to the elements and functions pointed out by the *regular* Mercury Factor, which is specified by its Covibrational position on a given date. For instance, if someone's natal Mercury Factor was in the Cortical omega Covibra and the regular Factor is in, say, Material alpha, then this individual, on the date given, would do well to use their mental agility to deal with situations that require them to further develop, improve, and benefit from physical things, in a new and more creative way.

I'd like to point out that I've provided the above examples, as I'll do with the following Planetary Factors, only to illustrate the point and not to limit the scope of the Factor's interpretation to those short phrases.

Mercury is the swiftest planet of the Solar System for it completes its orbital course (its full Transvibrational Cycle) in about 88 days (almost three terrestrial months). This speed causes the Mercury Factor to cross a Covibra in around 7.3 days, a Pentad in almost 1.2 days, and a Gradal in about 4.9 hours.

The planet's orbital speed is a lot faster when it's near its *Perihelion* (the point of its orbit that's closest to the Sun) than when it's in the vicinity of its *Aphelion* (the orbital point farthest from the Sun).

Curiously, the planet spins three times around its own axis for every two times it orbits the Sun.

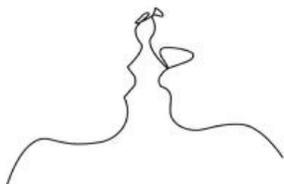
VENUS

The Affinity Marker

The orbital (Transvibrational) position of the *natal* Venus Factor reveals the Covibrational qualities and attributes that an individual can best use to harmonize and associate with other people, that is, to try to establish a friendly relationship, based on mutual empathy.

For example, if someone's *natal* Venus Factor is within the Cortical omega Covibra, they'll try to use their intellectual abilities, verbal communication skills, and reasoning powers to attract other people's attention. In this case, being able to discuss and share opinions and knowledge with other people is to what they are mostly drawn. But, if the natal Factor was, say, in the Nexal alpha Covibra, this person would enjoy being with people who like to make new acquaintances, as well as with those who enjoy finding new ways of solving problems or organizing things.

Furthermore, the *natal* Venus Factor suggests what turns on an individual's sexual desire, revealing the type of Covibrational elements (physical, emotional, rational, etc.) that awaken this kind of reflex attraction. If an individual finds someone who arouses the Venus Covibrational traits, they'll immediately be drawn to this person —many times without knowing exactly why. This is what, up to a certain point, triggers the so-called positive or negative "chemistry" that arises between two persons, regarding their sexual attraction.



Continuing with the former example (a person having their natal Venus Factor in the Cortical Covibra), we see that when it comes to selecting a sexual companion, this individual will impulsively prefer a markedly rational person, someone intelligent and logical, someone that thinks and verbally expresses themselves well.

Something similar happens when the natal Venus Factor is in any other Covibra: the topic that fires-up the sexual attraction changes, but the background ‘mechanism’ is the same. [Click/tap here](#) if you’d like to try out a free online app

(The SexMatch) that can give you an inkling regarding the type of intimate compatibility there is between you and someone else (or between any two other persons).

The ancient Aztecs believed that the influence of this planet pointed out the area of greatest harmony between “what crawls on the ground and what soars in the lofty heavens,” that is, in a way of speaking, the affinity between Persona and Essence, respectively. For when the Venus Factor was within the more discernible and tangible part of Transvibra (the outer Binal Covibrals: Cortical, Limbical, and Material), its influence impels one to socialize with people based on the worldly happenings and values dealt with our Persona. In this case, the Venus Factor’s influence activates an affinity centered on aesthetic appreciation of the mundane aspects of life.

But when the Venus Factor transits through the more intangible and imperceptible Covibrals (the inner Binal Covibrals: Nexal, Individual, and Universal), what arouses our sympathy and friendship are the values of our higher nature, those that enhance ideal and more altruistic standards. This is when the Venus Factor’s influence helps us perceive and act in accordance with the “Harmony of the [Cosmic] Spheres.”

My investigations have shown that the best relationships occur when friends have their respective *natal* Venus Factors in the same Covibra, either moving in the same TransDir or not. When this happens, these friends can either share or complement each other’s interests.

Oddly, the Venusian day is longer than its year, considering that it takes 243 Earth-days for this planet to rotate once on its axis and about 224 Earth-days to complete one turn around the Sun.

The Venus Factor needs about 18 (Earth) days to cross a Covibra, 3 days to span a Pental, and a little more than half a day to move from one Gradal to the next.

EARTH

Terra: *The Awareness Marker / Circa-Annual*

Gea: *The Behavior Marker / Circadian*

The Earth, the outcome of Creation of which we are an intrinsic part, provides us with the macrocosmic locus where the spark of our awareness occurs, right between the “electrodes” set up by our Essence and our Persona. It’s from this Transvibrational time-space ‘berth’ that we anthropocentrically experience the influence of all the other exocausers.

Of the two main terrestrial cycles that influence us —the **Terra Factor** (Awareness) and the **Gea Factor** (Behavior)— we saw that the first one has a global planetary influence, an effect that’s felt by all of Earth’s inhabitants simultaneously, and that the second one is a local condition, one that only influences the people of a given geographical site. Please recall that the Terra Cycle is produced by the orbital position of the Earth as it circles the Sun, which makes it a circa-annual influence, and that the Gea Cycle is rendered by the position of a location in relation to the Sun, which defines it as a circadian effect.

And remember that the *natal* Terra Factor highlights “what we spontaneously pay more Attention to,” while the *natal* Gea Factor points out “the topic, aspect, or field of life that we best deal with in the course of a day.”

Whereas the *regular* Terra Factor indicates the topic of the day (within the year), and the *regular* Gea Factor determines the activity we can best attend to at a certain hour of that day. Special attention should be given to the hour the influence of the day coincides with that of the hour, e.g., the hours between 6 and 8 a.m. of the days that stimulate the Cortical alpha functions, that is, from ~ March 18 to ~ April 17 (add one day, if it’s a Leap Year), because their effect is going to be stronger than usual.

The combination of attributes resulting from these two terrestrial Cycles, along with the aptitudes and propensities indicated by the Helios Factor (our Life Purpose), determine someone’s basic constitution; they give form to his or her “Central Axis.” The qualities highlighted by these three Factors are what tends to stand out in an individual, thus defining the way he/she copes with reality to advance in life. This combination determines the central characterization of our Persona.

The duration of the Terra Cycle is equal to the time it takes the Earth to complete one turn around the Sun: about 365.25 days. The Terra Factor crosses a Covibra in ± 30 days, a Pental in ± 5 days, and a Gradal in ± 20 hours.

The Earth rotates on its axis at about 15 arc degrees per hour, causing a geographical locality to advance eastward 1 degree every 4 minutes. This causes our planet to make a full turn in ± 24 hours, which is the time needed by the Gea Factor to complete its Cycle. This means that this Factor crosses a Covibra in ± 2 hours (± 120 minutes), a Pental in ± 20 minutes, and a Gradal of its own Cycle in ± 3.33 minutes.

MARS

The Determination Marker

The *natal* Mars Factor indicates the Covibral elements with which our willpower and persistence are best expressed. Our advance in life can always count on their tireless support.

Our natal Mars Factor influences our impulsiveness and resolve, the endurance and firmness of our determination, and the impetuosity shown by the TransDir, Quadrant, Trinal, Binal, and Covibral functions related to its position on the date of our birth. This will pinpoint the focus of our resoluteness.

The natal Mars Factor also highlights the type of goals we'll doggedly try to accomplish. These are the type of challenges we're meant to take on and the ones we can best resolve.

If the Mars influence is properly bridled, it fuels action that never wavers or desists. Furthermore, it'll animate a movement that keeps on going through time and space.

Its influence provides the force that backs the stamina and volition that move us toward the goals we are to achieve, stimulating our capacity to move ahead and maintaining our vital energy focused on a given objective. It sustains our drive and dynamism when we take a firm decision and vow to maintain it until it yields the desired results.

If the Martian impulse is well managed—serenely and with clarity of purpose—its influence becomes the renovating vitality that infuses the courage, tenacity, and vigor needed to bring about the wanted results. For this, we must strive to cultivate our composure and tranquility, along with a gentle and kind attitude that neutralizes any unnecessary gruffness.

But, if the directional forces stimulated by the Mars Factor are allowed to carry on unchecked, they'll manifest themselves as irritability, impatience, or an aggressiveness that always “wants to have its own way.” Or maybe as an excessive ambition to dominate the area or elements indicated by the Covibra activated by its presence.

For example, if the *natal* Mars Factor was within the Material alpha Covibra, the individual would present a tireless determination when it came to setting up the initial tangible realization of his projects, always ready to install new features and enhancements. He would also have a very healthy physical constitution.

The *regular* Mars Factor indicates the Covibral elements, aspects, or functions on which a person can best apply their natal determination.

Mars completes its orbital cycle in about 1.88 Earth-years (687.03 terrestrial days). It crosses a Covibra in ± 57.25 days, a Pental in ± 10 days, and a Gradal in ± 1.6 days.

JUPITER

The Predominant Skill Marker

Jupiter's Exonical information was given in the Midas chapter. To re-read it, please [click/tap here](#).

SATURN

The Inner Guidance Marker

The Servo influenced by an individual's *natal* Saturn Factor indicates the Covibral type of elements, aspects, or functions that show this person the most convenient and secure way to proceed in life, according to the prevailing circumstances, both local and exocausal. Thus, the expression of this Servo should be accepted as the "Inner Voice" that provides one with the wise counsel that'll help us advance in life, in a safe and sound way. We should accept the Covibral elements and functions thus highlighted as what our Essence best uses to guide us throughout our existence.

Obviously, everyone has to learn how to resolve the different ordeals and circumstances that appear in their life. In order to do this efficiently, they must know in which direction to move as well as what situations to take into consideration or avoid, and this is where their natal Saturn Factor can help. The sooner an individual finds out the kind of Covibral elements they should pay attention to in order to resolve how to proceed in a given situation, the fewer the inconveniences they'll have when they decide to act.

Our Essence, through the Covibral Servo activated by our natal Saturn Factor, will show us the path to follow regarding every important issue in our lives. In other words, the Covibral elements thus accentuated indicate the trustworthy road on which we can place the course of our existence. They're the functions on which we can (and should) base our dependence and self-confidence, for these elements are the means that can help us advance from one stable position to another equally (or maybe more) secure.

The influence of this natal Factor prompts us to pay attention to the Covibral functions and elements it activated, with total allegiance, formality, and conformity. But, should we decide not to heed the unerring recommendation of our Essence, choosing instead to depend on the advice of our Persona (often stemming from fears, mistaken appreciations, impulsive reactions, or other people's opinions), we would then be limiting our own development, possibly damaging our health, and surely hindering our good fortune. And the longer this goes on, the farther we'll stray from the path that leads us to the successful accomplishment of our goals, and the harder it'll be to regain our proper bearing.

The Servo influenced by our natal Saturn Factor is to become the Covibral 'Mentor' that we can fully trust to help us carry out the expression of the purpose highlighted by our natal Helios Factor. Hence, Helios indicates the Main Purpose of our existence: our Life Purpose, while Saturn is the faithful 'Counselor' who will always show us the safest course of action to make it happen.

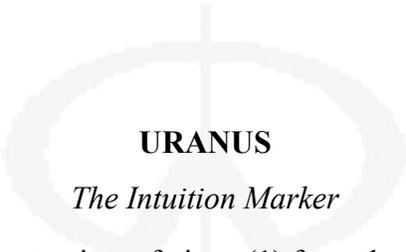
Keep in mind that the Covibral Servo influenced by our natal Saturn Factor, as are our other Servos, is *compelled* to give us the guidance we need in order to prosper and evolve appropriately. Still, it's *not*

obliged to satisfy our trivial or whimsical demands, especially if these go against what our true evolution requires. Therefore, to avoid painful and unnecessary setbacks, we must learn to listen and take into account the advice brought forth by the Covibral elements activated by our natal Saturn Factor.

If, for example, someone has their unchangeable *natal* Saturn Factor within the Cortical alpha Covibra, their progress in life would depend on getting the proper information and on the good use given to their reasoning powers. Once they get the required data and think things out, they'll easily be able to decide what to do. In other words, their main guidance depends on getting and trusting the proper data or knowledge to help them decide what to do in order to crystallize their projects. Their major support would come from finding, understanding, and making good use of the best information and the most logical solution at their disposal.

Whereas, the variable *regular* Saturn Factor, as the planet advances along its orbit, it points out the Covibral elements, field, or aspect of life that can best be dealt with, *on a given date*, with the help of the attribute highlighted by the person's *natal* Saturn Factor.

Saturn is the second largest planet of the Solar System and is the only one having rings that are plainly visible from the Earth. Its massive girth needs some 29.45 years to complete one orbital cycle, about 2.45 years to cross a Covibra (around 150 days, ~5 months) to traverse a Pental, and almost 25 days to span a Gradal.



URANUS

The Intuition Marker

Life can be pictured from two different points of view: (1) from the perspective of our Essence, meaning that we would see the true, objective, and impartial workings of reality; or (2) from Persona's viewpoint, that is, according to the interests, beliefs, and norms implanted in us by the society we live in. The first sees *Tao*, the truth; the other looks at *Maya*, the mental image we call "reality."

There's no doubt that our Essence's viewpoint is based on true and meaningful principles, those that constitute our authentic reality, while Persona's standpoint too often consists of superstitions, dogma, trifling, and learned pseudo-values, all elements that make up a "virtual reality" that we superimpose on the factual one. There is, of course, the possibility that both appreciations coincide up to a certain degree.

Our *natal* Uranus Factor highlights the Covibral elements, functions, or aspects of life we can discern truthfully and objectively, as they really are.

Like a spiritual light, this Factor's influence tends to dissolve the hypnotic state produced by man's propensity to confuse the partial with the total, a condition caused by the rapture he mistakenly professes toward his sensory and personal interpretation of reality. Furthermore, the natal Uranus Factor's effect can help us establish a connection between what we perceive at a mundane sensory level and what acts beyond the time-space screen of our limited conscious mind.

Exonica

We could say that the influence activated by the natal Uranus Factor stimulates *the perception of what is real* concerning the elements of the corresponding Covibra. It's what we see with our "Third Eye," the Eye of our Essence.

This Factor's influence tends to apply pressure, in a way of speaking, on the portals of truth that are unjustly kept locked by imposed norms. Furthermore, its influence will help us search for the proper means to open these arbitrarily closed doors. And if this were not possible, it would then help us locate their structural weakness, and either remove or destroy them altogether. True, sometimes the "key" that opens these doors has such an unexpected form that the solution found, quite rightly, has been deemed original, unusual, unorthodox, and even eccentric or prodigious.

As an example, let's suppose that someone has his natal Uranus Factor in the Individual omega Covibra. This would give him the ability to recognize other people's inborn potential or to grasp the true qualities of a given material, product, or service. Meaning, that he can easily sense other people's innate qualities, talents, and capabilities. He'd be a just critic or a *connoisseur* who's perfectly able to discern if someone is expressing or making good use of their intrinsic talents and skills.

As always, the *regular* Uranus Factor indicates the field, area, or aspect in which the attribute enhanced by the natal Factor can be best used or applied, on a given date.

Uranus occupies the seventh orbit of the Solar System. The planet requires around 84 years to complete one full turn around the Sun, about 7 years to span a Covibra, around 1.16 years to cross a Pental, and some 71 days to move from one Gradal to the next.

NEPTUNE

The Imagination Marker

Our *natal* Neptune Factor highlights the Covibrational field, functions, and workings through which our Essence can help us bring forth the objectives we're meant to create.

These are the Covibrational elements that our Essence will use to "paint on our mental canvas" the image of what we're to produce, along with the way to do it.

When we use the Covibrational "creative tools" emphasized by our natal Neptune Factor that's when we can produce true masterpieces; it's when the "Genie of the Lamp" that we all carry inside can show us his astonishing power.

Concerning the creations we're to produce, our Essence will always prefer to manifest itself through the Covibrational functions activated by this natal Factor. And if we're aware of these functions, we'll be able to willfully cooperate with the project. When this creative symbiosis connects our Persona to our Essence, that's when a stroke of genius can occur.

For example, if an individual's natal Neptune Factor was in the Cortical alpha Covibra, he'll do well producing new intellectual material (e.g., knowledge, information, calculations, explanations, etc.), as well as using novel ways of communicating it.

The use of verbal language (written or spoken) and/or other meaningful symbols, will greatly help a person give form to their productions. They'll also be able to properly elucidate and intelligently convey what they want to accomplish. Their ability to envision what they want to achieve will only be limited by the conceptual tools they've learned to master, as well as by the notions and opinions they've chosen to accept. Their creativity would manifest itself, preferably, through lectures, explanations, opinions, theories, writings, and the like.

Neptune needs around 164.78 years to complete one orbit around the Sun—a length of time that probably no human being will be able to fulfill. The planet requires about 13.73 years to cross a Covibra, 2.29 years to pass through a Pental, and 139.3 days to span a Gradal.

PLUTO

The Archetypal Evolution Marker

The human archetype, like everything else, must change and perfect itself in order to stay in sync with the evolution of the universe. And it's the Transvibrational location of our *natal* Pluto Factor that shows us the elements, functions, or aspects of the archetypal pattern we're to help evolve.

Therefore, we see that the natal Pluto Factor of an individual identifies the Covibrational features of the Universal Archetype that they should help develop and improve *in themselves* as a representative of the human model that they are.

When we endeavor to improve in ourselves the manifestation of the Covibrational functions indicated by our natal Pluto Factor, we're actually providing a way for our primordial archetype to enrich the expression of these functions for the benefit of the entire human race.

In other words, the Transvibrational position of the natal Pluto Factor indicates which of a person's Covibrational Servos is more able to express its duties in an exemplary manner, as needed by the non-stop evolution of the human archetype, in accordance with the other features of the individual. This gives perfection the opportunity to diversify its expression. The main work of the Servo thus stimulated is to make its Covibrational functions operate ideally, with maximum efficiency, harmony, and perfection.

As with the other Planetary Cycles, the position of the *regular* Pluto Factor points out the Covibrational area, field, or aspect where we can best use or apply the attributes enhanced by our natal Pluto Factor.

There's a big difference between doing something in an *acceptable* way and doing it in an *exceptional* way. Our everyday lives allow (and usually expect) us to do things in an "acceptable" way, that is, in a more or less mediocre fashion. Therefore, to carry out our activities with a certain degree of excellence, we'd have to make a special effort to escape the conformism we've been trained to accept. It's only by striving to let go of the conditioning that makes us mindlessly repeat our usual second-rate performance that we'll be able to manifest the top quality that our archetype yearns to express through each of us.

In other words, in order to use a Covibrational function with a certain degree of excellence, most of us would have to make some radical and perhaps irreversible changes in our customary way of doing things.

Exonica

An entire generation shares the Covibrational influence of the same natal Pluto Factor, hence, all these people feel the same inclination to evolve and perfect a particular facet of our human nature. Knowing this aspect will make it easier to understand the ways and values of other generations, be they older or younger than our own.

The influence of this Exonical Factor emphasizes the difference between what we have allowed to take root within our integral being and what our collective archetype actually needs there. From this comparison, we can derive that the greater the difference between one and the other—between *what is* and *what should be*—the greater the effort needed to upgrade the Covibrational functions involved.

The solution, of course, is to modify within ourselves—at any personal cost—whatever is obstructing the conversion of the offending trait, as required by our archetype. Keep in mind that archetypal evolution won't modify its rhythm or its course of action to favor our personal idiosyncrasies; *we* are the ones who must change our ways accordingly.

This slow and far-away planet (yes, Exonica still considers it to be a planet) requires almost 248 years to make one full turn around the Sun. It stays within the same Covibra for an average of 20 years, crosses a Pentad in about 3 years, and spans a Gradal in around eight months and a half.



Free Online Resource to Locate All the Exonical Markers

The following is a link (URL) to access a user-friendly, fast, and free online app that'll show you the Transvibrational position of the focal points/Factors of all the Exonical Cycles, in relation to a location and date selected by you.

The resource can be used to find either the *natal* or the *regular* focal point/Factor of any Exonical Cycle, by providing the name of the place (country) and date/time wanted.

To use this app, please [click/tap here](#)

Polarity

Once we accept our limits, we can go beyond them.

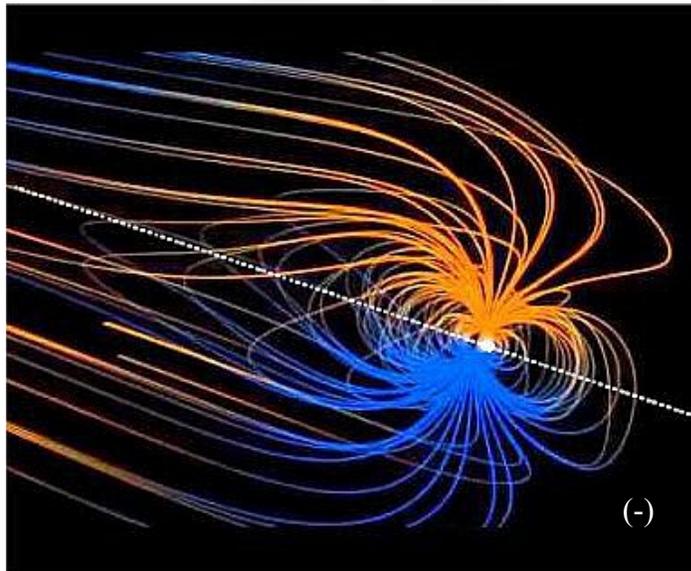
Albert Einstein

In order for the interpretation of the Exonical conditions to be as complete, accurate, and useful as possible, we'll have to take into consideration the influence of the Sun's electromagnetic (EM) field.

This chapter deals with this effect, which is still in its experimental (beta) stage. After being empirically tested for around 4 years, the results look promising. The theory has mainly been tested on the Terra Cycle, but, if everything works out as expected, it'll be applied to all the other planets and the Moon.

Let's dive into this subject-matter.

When you photograph any of the planets of the Solar System, it'll look like a luminous globe suspended in pitch-black space. But, invisible to our eyes and to most photographic cameras, nowadays we know that each planet is immersed in a complex system of interacting electromagnetic lines and fields. Earth's EM field looks like the following image. Our planet is the small white circle, the dotted line marks its EM equatorial plane, and the colors represent its two opposite polarities.



The surrounding field is called a “Planetary Magnetosphere,” which is mostly a mixture of free electrons and atoms that have lost or gained electrons (ions), forming what science calls *plasma*. According to Dr. Dennis Gallagher, astrophysicist of the Marshall Space Center (NASA), a specialist in plasma, “99.9% of the universe is made of plasma; very little is solid rock, like the Earth or the Moon.”

Plasma is neither liquid, solid, or gaseous —it's the fourth state of matter. The Sun, to a large extent, is made out of plasma, and so is fire, the fluorescent lights in your office, and the neon signs you see in the street.

To begin to speak of Solar Magnetism, an enigmatic and complex topic that I'll only address partially, we must realize that the Sun has no magnetic poles *per se*; instead, it has magnetic *hemispheres*. Each solar hemisphere has both polarities at the same time, but always one predominates over the other.

Modern astrophysicists have determined that the magnetic lines that permeate and link all the elements of the Solar System, enter each planet's EM field—its Magnetosphere—through one of its poles, the *receptive* pole, which is generally near or at its geographical North Pole. And that afterwards these magnetic lines leave the planet's magnetosphere through its other pole, the *emitting* pole, which usually is near or at its geographical South Pole. By convention, the charge of the planetary pole that *receives* the magnetic lines is positive(+), while the *emitting* pole is negative(-).

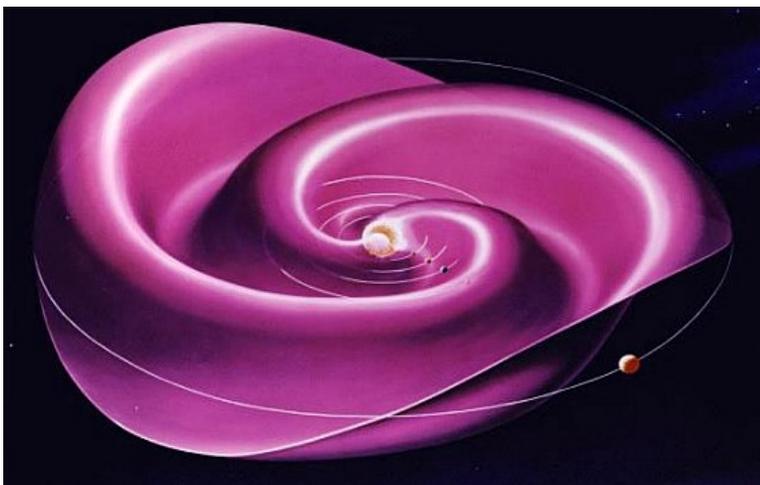
I'd like to clarify that the dichotomy “positive / negative” doesn't really exist, as it's only a formality used by science, to point out the pole through which space electromagnetic lines enter or leave a heavenly body (or, here on Earth, an ordinary magnet). The terms “positive / negative” should not lead to believe that there are two types of magnetism, when, in fact, there's only one. The difference is that the negative(-) pole has an *excess* of magnetic charge (which is why it emits it toward space), while at the positive(+) one there's a *lack* of charge (which is why it absorbs it).

Neither does it mean, in the case that concerns us here, that the term ‘positive’ refers to something “good and/or constructive,” or that ‘negative’ indicates something “unfavorable and/or destructive.” As I said, they're just conventional names that have been given to the poles of a magnetic field.

The Sun's Equatorial Plasma Plane

Returning to space, we find that relatively recent astrophysical research has determined that all space formations (planets, stars, galaxies, etc.) have an equatorial EM plane that can coincide or not with its geographical equator. And that this plane usually divides the energy formation into two similar, although contrarily charged hemispheres. It was also found that this plane always extends far beyond the visible part of the space formation.

In the Sun's case, the mentioned equatorial plasma plane is called the **Heliospheric Current Sheet**, or **HCS**, and extends the entire length and width of the Solar System, reaching far beyond Pluto's enormous orbit. The areas above and below the HCS always have opposite polarities, whereas the HCS itself is neutral.



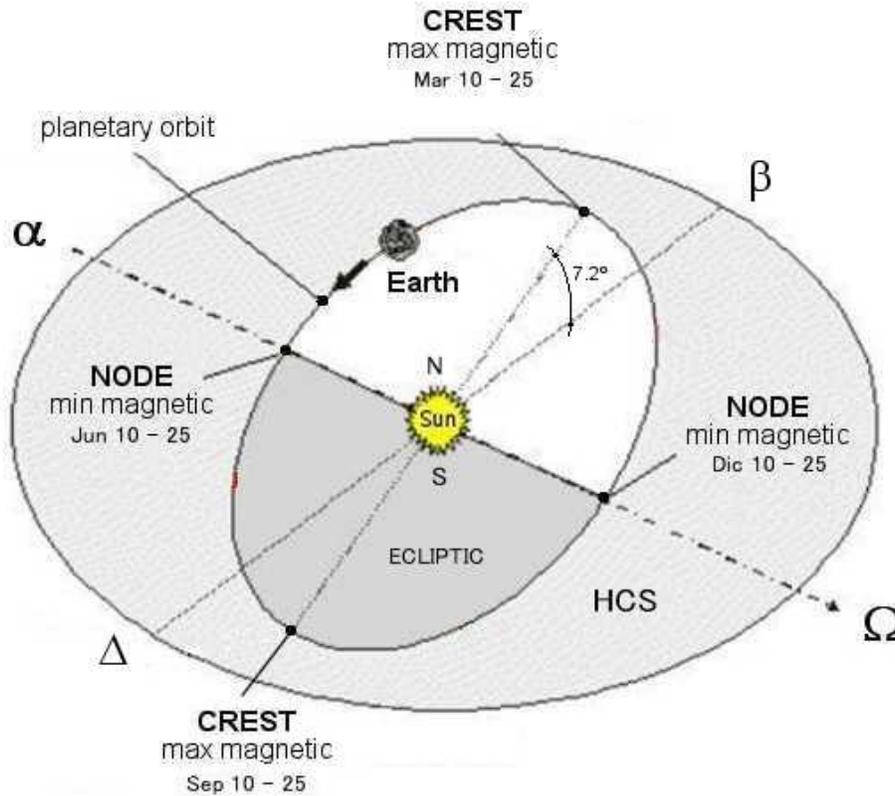
Note that there's a 7.2 degree angle between the Earth's orbital plane, the Ecliptic, and the HCS. This means that as the Earth moves along its orbit (the plane of the Ecliptic), twice a year it passes from one side to the other of the HCS. As the planet continues its round, during some time it moves *away* from the HCS and during another it moves *toward* this plane.

We see that as the magnetic lines move away from the Sun, its rotation twists them into a structure similar to that of water flowing from a rotating sprinkler,

called the Parker Spiral. In the former image we see a central Sun, several planets orbiting around it, and the PCH undulating like a ballerina's skirt, as the ripples spread out from the Sun.

The thin, curved white lines represent the planetary orbits as they move around the Sun. And, as they do so, they cross the folds of the PCH, passing from one side to the other, from space areas of one polarity to those of the other. This can happen several times a day.

The following diagram shows how and when the Earth's EM events happen:



The diagram shows the intersection of the Ecliptic (the planetary orbit) and the HCS, roughly along the Solar System's Transvibrational Axis ($\alpha \Omega$), at an angle of 7.2°.

The two CRESTs mark the points of the Earth's orbit that are farthest away from the HCS, They are also the two areas of maximum intensity of the Sun's hemispherical polarity, one positive(+) and the other negative(-).

The two NODEs indicate the intersection points of the Earth's orbit with the HCS, and the two points where one polarity gives leeway to the other.

We can also see the time periods when our planet passes through each area.

It's to be noted that geomagnetic storms are much more intense during the time periods of the CRESTs (which coincide with the Earth's Equinoxes) than during the NODEs. Academic science ascribes this surge to the Russell-McPherron effect.

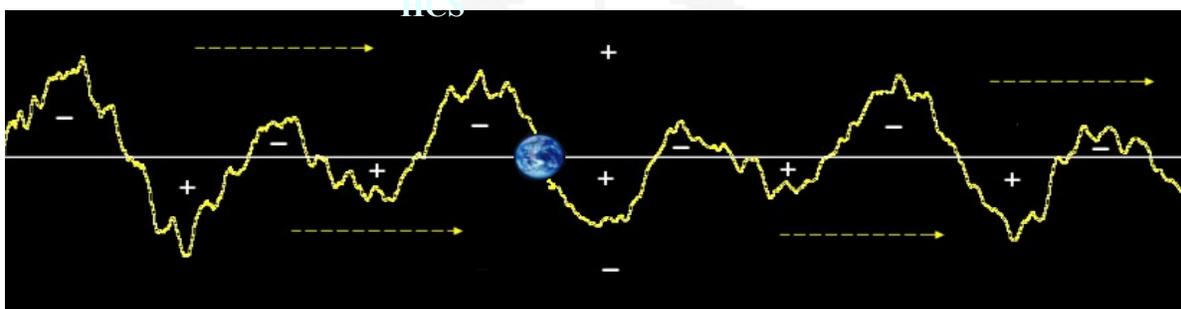
Exonica adds to this theory another astrophysical condition, one that highlights the fact that the Earth's passage through the two CREST / Equinox areas of its orbit, are the only two times of the year (March and September) that our planet moves parallel to the Galaxy's magnetic lines.

In March, Earth moves in the same direction as the Galaxy's gravity pull, and aurora displays are the strongest of the year. While in September, our planet moves in the same direction of the Galactic Wind, and have the second strongest auroral performances. They both suggest a notable upsurge of space weather exocauses.

The main point is that around six months, the Earth travels through a positively(+) charged area of space and during the other the other half of the year it's within a negatively(-) charged area. Keep this in mind while we look at the second part of the Polarity effect.

Important: It has been noticed, on an experimental level, that during both the March and September CREST transits of our planet, every-day situations and events that require our attention tend to *appear faster* and *in a more intense way* than during other times of the year. Sometimes they happen so quickly that we can hardly finish one before another pops-up, and yet another one appears (!). Also bear in mind that all sporadic HCS incidents of the same polarity as that of the CREST, will make things happen still faster.

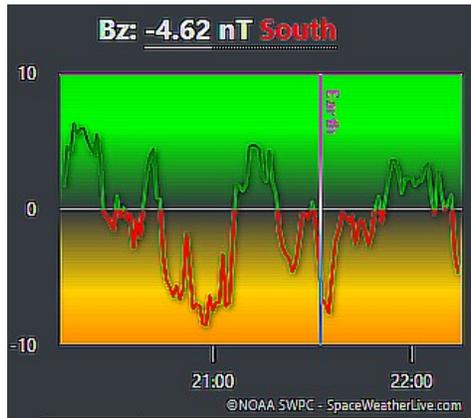
Sporadic Change of Solar Wind Polarity



As the intermittent ripples of the HCS reach our planet, they constantly change the polarity of its surrounding space. The former image shows how the solar wind (kinky yellow line) flows past our planet (from left to right, as shown by the yellow arrows). The top half of the wave represents the positive(+) polarity, while the bottom half refers to the negative(-) part of the flow. Notice how, as the flow advances, sometimes the Earth will be within the (+) area and at others, it'll be immersed in the (-) part of the solar wind.

The polarity that prevails around the Earth is given by a parameter called B_z ("b sub z"), and is one of the several Space Weather variables that Exonica monitors in real-time, as it changes throughout the day. Many of Exonica's online apps use the B_z indicator, along with the Kp index and the solar x-ray emission, because they alter the ion count and the ELF wave type and density of our terrestrial environs.

As space-age satellites become progressively more accurate, their electromagnetic real-time readings become sharper, more frequent, and more available to the general public. Exonica takes advantage of this fact to readily produce each time better evaluations.



Today, all the space agencies of the world collect and provide through the Internet very precise space weather parameters, which are used by many government branches, private enterprises, as well as by several real-time online apps, such as the ones managed by Exonica.

The Exonical Effects of Polarity

When a planet (including the Earth, of course) moves within a solar wind that has a negative(-) polarity, it receives an effluvium that Exonica proposes to produce an effect on the basic planetary influence called **Inclusion**.

In contrast, when the planet is inside a positive(+) solar flow, it'll be circulating through an area of space that gives the planet's characteristic influence an effect called **Exclusion**.

Hence, we can say that at certain moments, the particular influence of each planet either has an Inclusion or an Exclusion effect, which constantly changes, but is always in sync with the solar exocauses.

The following is a brief explanation of what each one awakens:

- **Inclusion:** when the planetary influence is under the Inclusion effect, it favors the *addition, assimilation, incorporation, and/or annexation* of the elements or aspect that corresponds to the Covibra being traveled by the planet (e.g., Material: happenings of our 3-dimensional world, Limbical: emotional experiences, etc.). This could refer to the incorporation of things into new formations, or the integration of new uses or improvements. Regarding the general public, it tends to magnify the urge to buy, increase the desire to drink alcohol or coffee, use drugs, or eat “junk food.”

It can cause, for example, the purchase of new things, the hiring of a new worker, getting married, asking for a raise in salary (and getting it!), acquiring a new skill, the appearance of a solution or a new idea, winning the lottery, etc.

- **Exclusion:** but when the planetary influence is under the Exclusion effect, it'll favor the *disincorporation, elimination, detox, and/or subtraction* of the Covibrals elements involved. This can concern the removal of excessive components when building something new, or the improvement of an existing element or production. It can also strengthen the urge to sell, reduce holdings or assets, or lessen the consumption of alcohol, “junk food,” and coffee.

Exonica

For example, it could provoke the sale of an item or resource, a divorce, giving something away, leaving a job, a dental or surgical operation that removes something, getting rid of a bad habit, a cell's tendency to eliminate waste material, etc.

I reiterate that in both cases the nature of what is to be added or removed is indicated by the aspect, field, or type of elements indicated by the Covibra being crossed by the planet being considered. And, as I said, this proclivity continuously changes throughout the day, week, month, year, etc.

It's been empirically proven that the yearly HCS polarity sectorization predominates over the shorter "ballerina skirt" events. This means that during six months Earth's "Terra Cycle" effect (Awareness) will tend to focus on Inclusions, and for the next half of the year, it'll point it toward Exclusions.

Now, when both the yearly and the sporadic rippling of the HCS place our planet within, say, a positively(+) charged area, the Inclusion effect becomes still stronger, which makes the experience all the more evident to our Persona. If Earth is within a negatively(-) charged area of the solar wind, it's the Exclusion effect that becomes more intense.

Most of Exonica's apps 'digest' these space weather occurrences and provide real-time information and advice that includes them. Try out, for example, the [Today's Target](#) app. It'll instantly tell you what your Essence (Inner Self) is inclined to help you most with, in plain everyday language, according to the exocauses and the Polarity Factor that prevail at the exact date/time/location of your computer or smartphone, if requested for your location, for the ongoing day. The same app can also extrapolate information for dates/times within the next 3 hours, for places within a 200 mile radius from where you are, with a 75-80% accuracy. The March/September experiential speed-up has also been taken into consideration. Try it out! You'll be surprised at the outcome! You can bookmark the online app on your cell phone, tablet, or laptop (or desk PC) for future use. And, of course, you can recommend it to your friends ;-)

As the B_z index can change several times during the same day, if you need a very accurate reading, consult the app at the very moment you need the information.

Solar Wind Synchronicity

The former explanations state, in sum, that the Earth is subject to two asynchronous Polarity events: one longer, semi-yearly (the CREST/NODE effect) and the other a shorter, more sporadic one (the "ballerina" effect). As they are not in lock-step with each other, they continuously fall in and out of step with each other. This means that, in certain instances, they could be of the same or of opposite polarities.

If they're of the same sign, the Polarity effect produced is stronger; whereas, if opposite, the effect thence caused is weaker.

The Sun's Changing Polarity

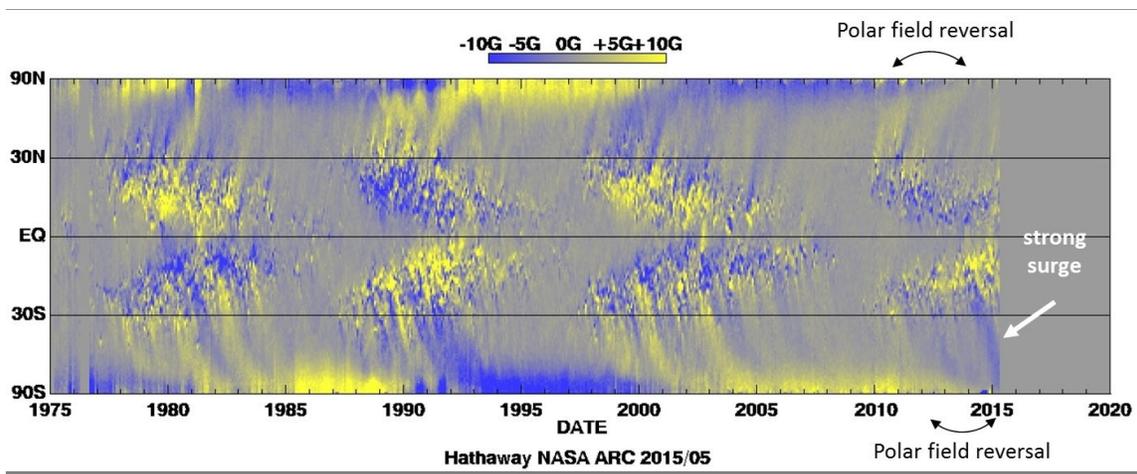
The aforesaid would all be very simple and straightforward, were it not for the fact that every eleven or so years, the Sun changes the magnetic polarity of its hemispheres (Law of Solar Polarity of G. H. Hale).

According to Dr. David Hathaway of NASA's Marshall Space Flight Center, the periodical change of the magnetic polarity of the Sun always happens during the maximum of each Helios Cycle, that is,

when the focal point of this Cycle is in the vicinity of its Omega Point. This is what astrophysicists call the *Solar Max* of a Sunspot (Helios) Cycle.

During the waxing phase of the Helios Cycle, a given magnetic configuration is maintained (e.g., the Northern solar hemisphere: positive, and the Southern solar hemisphere: negative), and during the waning phase, after the Solar Max of the same Cycle has occurred, the heliomagnetic configuration will become the opposite (i.e., according to the former example, the Northern hemisphere now becomes negative and the Southern one positive).

It's important to know that this phenomenon influences the Polarity effect of all the Planetary Cycles, obviously, including that of the Terra Cycle. This is something that modifies the respective Inclusion / Exclusion phases of each Planetary Cycle.



The above image shows the magnetic changes of the solar hemispheres through the years. The top edge of the graph represents the solar magnetic North Pole and the bottom edge its South Pole. The middle horizontal line corresponds to the HCS (EQ). The blue color indicates a negative(-) polarity and yellow a positive(+) one; gray is neutral. The change of polarity, as time advances, is indicated by the gradual change from yellow to blue, or vice-versa, along both edges.

The Planetary Cycles have two ways of changing their Polarity effect: (1) when they cross the HCS (according to Rosenberg, 1970, and later confirmed by Wilcox and Scherrer, 1972), or (2) when the solar hemispheres swap polarity owed to the Hale Cycle, making the planetary orbital regions change their EM polarity accordingly.

At this moment (September / 2025, at the Solar Max of Sunspot Cycle '25), the Northern hemisphere of the Sun is changing from a positive(+) to a negative(-) polarity, meaning that for the moment, there's a prevailing **Inclusion** effect for all the Planet Cycles of our Solar System. But in a few months, it'll change to Exclusion.

All the Exonical apps that take into consideration the Polarity effect, automatically make the necessary adjustments of the above stated conditions.

The TriSolar Cycle

A Transtridecadal Cycle

*There is nothing more difficult to take in hand,
more perilous to conduct, or more uncertain in its success,
than to take the lead in the introduction of a new order of things*

C. Everett Koop

Former US Surgeon General (2008)

The most important cycle that Exonica has mainly monitored is the Helios Cycle, the one that determines our natal Life Purpose and the subsequent conditions that shape its expression. However, in recent years I identified an “umbrella” or overarching Cycle that encloses *all* the Cycles of the Solar System, *including the Helios Cycle*. I called this all-containing Cycle the **TriSolar Cycle**, and the focal point of its influence, the TriSolar Factor.

Serious empirical observations have confirmed that the effect of this Cycle regulates the general ambiance, the overall reality, the global ecosystem, and the course of mankind in which we’re all to accomplish our particular goals, specially the ones related to our Life Purpose. In other words, it’s the worldwide stage, the aspect that stands out in everybody’s lives, no matter who they are, wherever they may be, and whatever they may be doing.

The trans-tridecadal cycles [like the TriSolar Cycle] are important in human physiology, psychology, economics, and other important matters.

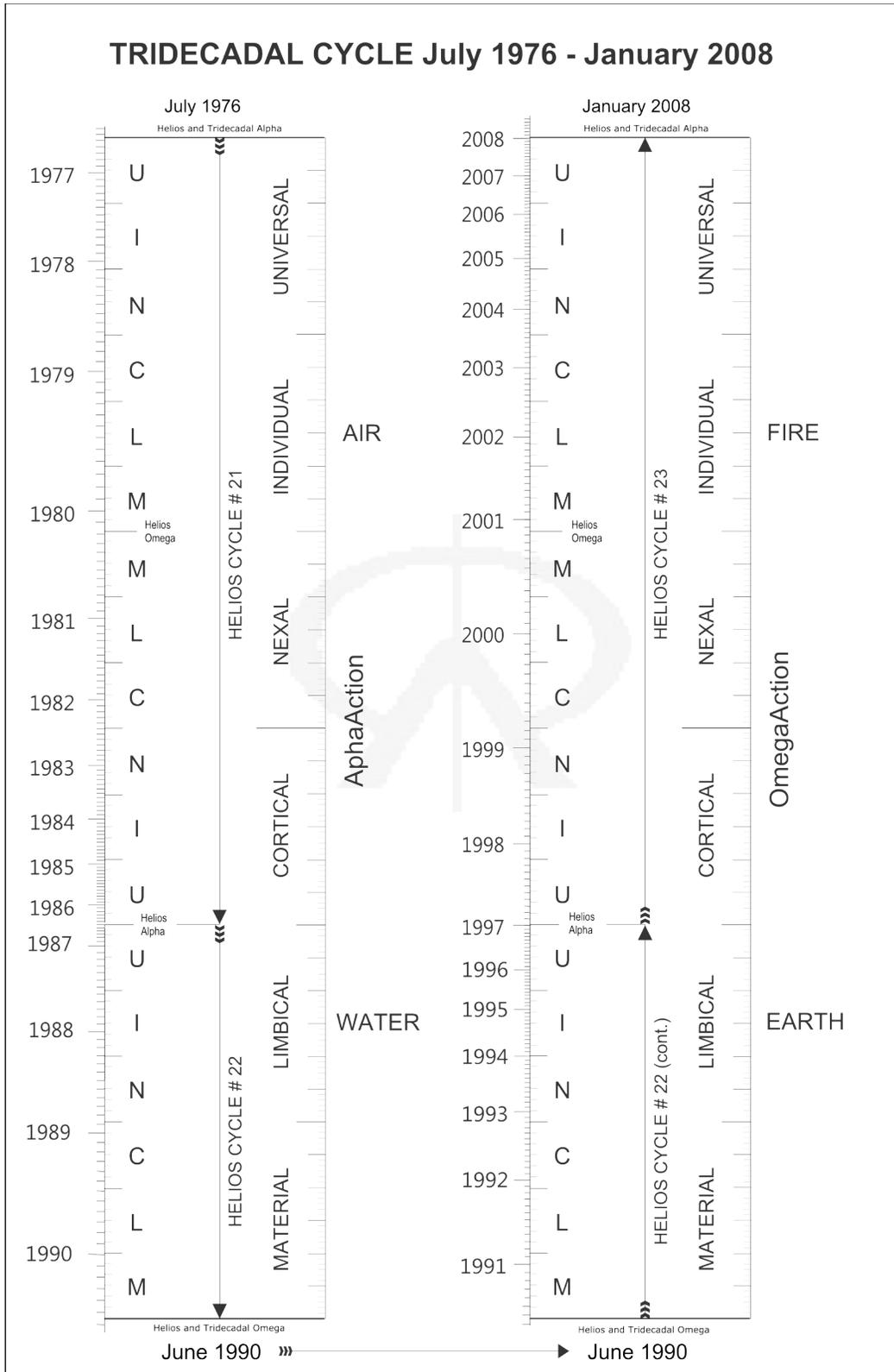
F. Halberg, G. Cornélissen, et al, Chronobiology.

Each TriSolar Cycle has been found to contain three consecutive Helios Cycles, and lasts from around 30 to 38 years, with an average duration of about 35 years. The length of this Cycle is variable because it depends on the duration of each of the three Helios Cycles it includes. Naturally, this astrophysical event influences the effect of all the other Exonical Cycles of the Solar System.

One of the proposed astronomical events that causes the TriSolar Cycle comes from certain heliocentric positions of the planets Venus, Earth, and Jupiter, concerning the Sun and the Solar System Barycenter (SSB), which produces the ~35 year **VEJ Tidal-Torquing Cycle** (TTC). The gravitational effect of these configurations moves the Sun (and the SSB) *even closer* to the center of the Galaxy, which activates still more the inner convective layers of the Sun.

The combined effect of the TTC and the Helios Cycle itself makes the effect of some solar cycles *stronger* (e.g., in 1990 and early 2025) or *weaker* than others (as in 1974, 2008, and 2019). I won’t go into the nitty-gritty details of this phenomenon because it’s extremely technical.

The following Chart will help you better understand the upcoming explanations (you'll find the description of its components is on the next page).



The TriSolar Cycle Chart's Description

Each graph consists of two vertical rectangles. The left one shows the growth / outward-bound phase of the TriSolar Cycle (AlphaAction), and the one on the right shows its decline / inward-bound phase (OmegaAction).

The vertical arrows of each rectangle show the advance of time and the duration of each Helios Cycle contained within the TriSolar Cycle represented.

The numbers on the left-hand scales, on the outside of both rectangles, represent years and the gradations within these are the 12 months of each one. In the left-hand rectangle, time flows downward, from Alpha to Omega, and in the right-hand one, time advances upward, from Omega back to Alpha.

Imagine that the bottom of the left-hand rectangle is connected to the bottom of the right-hand one, meaning that the one on the right is a continuation of the one on the left.

The initials on both rectangle's inner, right-hand scales represent the Covibrals of the Helios Cycles (e.g., U = Universal, I = Individual, N = Nexal, etc.) included in each TriSolar Cycle.

The horizontal halves of each rectangle represent the TriSolar Cycle's AlphaAction Quadrants: Air and Water, both within the rectangle on the left. Earth and Fire, within the rectangle on the right, are the Cycle's two OmegaAction Quadrants.

The larger gradations (the ones with the text written vertically) represent the TriSolar Cycle's Covibrals, and the smaller gradations within each of these are their respective Pentals and Gradals.

The "M/M" initials mark the Omega Point of each Helios Cycle (as in the years 1980 and 2001), while the "U/U" letters point out their Alpha Point (as in 1986 and 1997).

As explained in the *Helios* chapter, the size of the gradations that mark the passage of time increases or decreases according to the variable speed of the Sun, as it moves along its Transvibrational path. The larger the gradation, the faster the Sun is moving at that moment, and vice versa.

* * * * *

To continue with the former explanation, we find that the action of the functions of the Material Covibra of the *second* Helios of the TriSolar series is always *stronger* than that of the first Helios of the same series. This happens because during the second Helios, the Solar System is *still closer* to the center of the Galaxy. This, as you already know, intensifies the action of all observable material workings and events. In this case, the TriSolar Factor is at the Omega Point of its Cycle and the Helios Factor is at the Omega Point of its own Cycle, thus making their combined effect stronger.

What's more, if at the same time the Earth is close to the Omega Point of its own orbit (in June), the aforesaid effect will be *even stronger*, regarding events that deal with the palpable or material concerns of our lives. It's the moment when the Omega Point of the TriSolar Cycle coincides with that of Helios plus that of Terra, something that only happens every 35 years or so. It's a time when we can achieve, with greater ease and extent, the realization of the material side of the objectives related to our Life Purpose. It's also a time when dealings that handle physical goods and material breakthroughs gain

maximum importance. We experienced these conditions in the years 2025 - 2026 (e.g., the trade tariffs war started by the North American president, Donald Trump, the political and economic reorganization of the European Union, the improvement of quantum processor chips, the extreme volatility of gold, silver, and Bitcoin prices, etc.—all of which profoundly affected the global panorama and the lives of billions of persons).

On the other hand, if the Galactic/planetary gravitational forces pulls the Sun *more than usual* toward the outer edge of the Galaxy, as happens at the beginning of the first Helios or during the end of the third Helios of the series, the effect of the energy-forces of the Material Covibra of the corresponding Helios will be *much lower than usual*. When this happens, the Covibra's effect will be considerably weaker than that of the second Helios. This caused the financial debacle of 2008 - 2009 and 2019 - 2020, which strongly influenced the subsequent global situation, changing the lives of a large part of humanity.

The TriSolar Factor reaches its Cycle's Alpha Point when it's located between the end of the third Helios and the very beginning of the first Helios of the following series. During this time, the functions of the Universal Covibra are very strong, whereas those of the Material Covibra become very weak. This causes material things to temporarily lose relevance and severely lower their monetary value, as happened during the 1974 - 1975 Stock Market crash and the 2007 - 2009 financial crisis (see the Chart).

That's how important the effect of the TriSolar Cycle is, for it indicates how each of us is to embody our individual Life Purpose within the worldwide conditions, the overall ecology pointed out by the ongoing TriSolar Cycle.

Further ahead I'll elaborate on what happens when the Omega Point of a TriSolar Cycle coincides with the Omega Point of the second of the three Helios Cycles it contains, as happened in mid-1990.

Note that when we divide the Transvibrational spectrum found between the Alpha and Omega Points of the TriSolar Cycle into six equal parts, we get the six Covibrals of this long Cycle. Like all the other Exonical Cycles, the TriSolar Cycle has its own Quadrants, Trinals, and Binals, each promoting its particular effect.

Help or Hindrance

As I explained before, the influence of the different stages of the TriSolar Cycle can either strengthen or weaken the effect of the different phases of the Helios Cycles it contains.

The Helios Cycle's Covibrational functions become more intense when both the Helios and the TriSolar Factors are in the same Covibra, each within its own Cycle, and both moving in the same TransDir. This happened from mid-1976 to mid-1978, affecting the Air Quadrant's influences, and again from mid-2003 to the very beginning of 2008, this time concerning the Fire Quadrant's functions.

This intensification also occurs, although in a lesser degree, when both the Helios and the TriSolar Factors are in the same Quadrant (but not in the same Covibra) of their respective Cycles. For example, from mid-2003 to the end of 2004: Helios was in Nexal omega and TriSolar in Universal omega, but both in the Fire Quadrant of their respective Cycles.

A still smaller influence upswing happens when the Helios and the TriSolar Factor are just moving in the same TransDir, but in different Quadrants and Covibrals of their respective Cycles. Like from early 1979 to mid-1979: Helios in Water / Limbical alpha and TriSolar in Air / Individual alpha.

On the other hand, a weakening of the Covibrals functions occurs when one Cycle favors, say, OmegaAction and the other supports AlphaAction, be it on a Covibrals or Quadrant level. This happened from the first months of 1980 till mid-1986. During this time, the Helios Cycle favored OmegaAction and the TriSolar Cycle supported AlphaAction. From the very beginning of 1997 to the ending months of 2000, as well as from the beginning of 2014 until the end of 2019, the Helios Cycle favored AlphaAction while the TriSolar Cycle boosted OmegaAction.

These are all examples of how the effect of one solar Cycle can increase or reduce that of the other.

The combined influence of the TriSolar and the Helios Cycles can be figuratively compared to the action of two simultaneous but independent winds. When they both blow in the same direction, the action of one upholds and intensifies that of the other. But when they act in opposite directions, one's action reduces the strength of the other, which weakens both their effects.

In this permanent tug-of-war, we must also take into consideration each Factor's cosmic rank, for this is what decides which influence predominates at a given moment. Obviously, the tendencies activated by the forces of the TriSolar Cycle will always prevail over those of the Helios Cycles it contains.

Abundance or Scarcity

It's quite useful to study the correlation of both solar Cycles, especially those that have taken place during our lives. By doing so, we can become aware of the solar inception of the times of abundance and scarcity we've gone through.

We'll also notice that during certain periods of our lives we had to mainly attend to issues concerning our inner development, our subconscious functions, and/or the basic infrastructure of our objectives. These were times when our more material or worldly concerns weren't so fortunate. While at other times, maybe without really wanting to, we had to occupy ourselves with the materialization and improvement of our more mundane projects, by having to pay more attention to the physical aspect of our objectives. These are periods that usually bring forth a remarkable material bonanza.

In either case, the influence feels like an inexplicable need, or a persistent hunch, to which we can pay attention to or not. But, a word of caution, although we can disregard this inclination, if we do so, we'd be making a big mistake. In this case, we'd be acting against the two predominant forces of the Exonet that boost our well-being.

Notice that during the final quarter of the Helios Cycle N° 23 (2003 - 2008), any intent to start a new business, give form to a new idea, or find new clients to expand an ongoing enterprise, proved to be quite difficult. Most of the effort invested in this quest either had very meager results or was a total loss of time and resources. Nevertheless, it was an excellent time to improve the infrastructure, the very basic elements of our projects and/or integral being, by getting rid of whatever was obsolete, mistaken, or useless, in order to prepare things for the new Helios Cycle N° 24 (2008 - 2019). In all established productions, many times this meant a reduction of sales, workforce, raw materials, equipment, etc.

To test things yourself, try the following experiment (you can use the former Chart). Make an effort to remember if during the years spanning:

- (1) from mid-1978 to the beginning of 1980,
- (2) from the end of 1988 to mid-1990,
- (3) from the beginning of 1999 to the end of 2000,
- (4) from early 2012 to the beginning of 2014,

your financial situation, the material side of your projects, and perhaps even your physical health weren't at their best. For most people, these were periods of evident physical, material, and monetary security, abundance, and well-being.

Especially if we compare the results of those time periods to what happened:

- (5) from mid-1982 to mid-1986,
- (6) from the end of 1992 to the very beginning of 1997,
- (7) from mid-2003 to the very beginning of 2008,
- (8) from the beginning of 2016 up to the very end of 2019,

which, for most people, were times of very low and most unproductive levels of material well-being.

We find that the shortages felt during the years 1971-1976 were greater than those of 1982-1986, and that the scarcity undergone during the years 1999-2003 was somewhat weaker than that of 1992-1997. But, the 2003-2008 material insufficiencies were as dreadful as those of 197 - 1976.

Likewise, the 1978 -1980 bountiful period was weaker than the one of 1988-1990, but the prosperity levels of this last one was greater than that of 1999 - 2000.

This was all caused, mostly, by the effect that the former TriSolar Cycle (1976 - 2008) had on the different stages of the Helios Cycles it contained.

Just as the progressive shortages felt from 1971 - 1976 repeated themselves during 2003 - 2008, the medium-sized prosperity of 2012 - 2014 echoed that of 1978 - 1980.

The results of the scarcity / prosperity periods listed above depended on several factors, some of them being: (a) if the person acted, perhaps intuitively, in stride with this Cycle and other prevailing Exonical conditions of that time (many receptive people do), (b) if they occupied themselves with something related to their Life Purpose (if they were over 40 - 45 years of age) or to what their Ideal Line of Work favored (if they were younger), and (c) if they overcame their fears and had enough faith and determination to solve the problems they faced during those times. The more a person acted in sync with the ongoing Exonical conditions and the more they trusted their Essence, the greater the benefit they reaped during the periods of prosperity, and the slighter the consternation and loss of material resources (if any) they experienced during the more meager times.

Analysis of the Most Recent Solar Cycles (2008 - 2024)

Concerning the latest TriSolar Cycle completed, we see that from the end of 2008 to the beginning of 2012, while both the Helios and the TriSolar Factors were moving through the Air Quadrant of their respective Cycles, the activities that gained relevance were those that dealt with the foremost inception,

the initial design, and the gestation of the infrastructure of our most important projects, especially the ones related to our Life Purpose. This is an example of how the two solar Cycles can help each other in our favor.

Then, from the beginning of 2012 to that of 2014, the Helios Factor started to move through the Water Quadrant of its Cycle, giving support to the first tangible formation or implementation of objectives related to our Life Purpose. But, as the TriSolar Factor was still within the Air Quadrant of its own Cycle, it weakened a little the first materialization kindled by the ongoing Helios Cycle. Here we have an example of a weak reinforcement between both Cycles.

From the beginning of 2014 until that of 2016, the Helios Factor moved through the Earth Quadrant, favoring the further development and better administration of our tangible belongings. Still, at the same time, the TriSolar Factor was still moving slowly across the Air Quadrant of its own Cycle. During that time, Helios was backing OmegaAction (further growth, improvement, and fruition), while the TriSolar Cycle kept favoring AlphaAction (initial design and gestation), a clear case of counteraction between their influences, similar to what happened from the beginning of 1980 to mid-1982.

Then, from the beginning of 2016 till late 2019, the Helios Factor energized the tendencies of its Fire Quadrant, while the TriSolar Factor was just beginning to enter the Water Quadrant of its own Cycle. During this time, the TriSolar Cycle, the predominant force of our local Cosmos, began to favor the initial perceptible formation of our main objectives. But, as the ongoing Helios Factor was giving preference to the evaluation and refinement of what we had formerly made or done, mostly concerning the objectives of our Life Purpose, as well as the modification or removal of obsolete, limiting, or unnecessary components, we had to extrapolate both influences, that is, to give initial form to our objectives by getting rid of whatever was superficial, useless, or erroneous.

After the end of 2019, the Helios Factor of the new Helios Cycle (Sunspot N° 25) began to transit its Air Quadrant, again favoring the (re)definition of the basic idea, the initial design, and the gestation of our projects. Simultaneously, the TriSolar Factor continued to boost the Water Quadrant's functions, that is, the initial perceptible expression and the inaugural start up of our most important objectives. This time, both Cycles weakly helped each other's influence.

Close to the end of 2021, the Helios Factor entered the Water Quadrant of its Cycle. In turn, the TriSolar Factor was still in the Water Quadrant of its own Cycle. During this time lapse, the two Solar Factors were in the Water Quadrant of their respective Cycles, both strongly stimulating the initial tangible configuration of what was related to our particular Life Purpose. In this case, both Solar Factors invigorated each other.

From mid-2022 to the end of 2024, both solar Factors brought about an effect similar to what happened between the end of 1988 and mid-1990.

At the end of 2024, both solar Factors moved into the Earth Quadrant of their respective Cycles, meaning that they awakened the functions that greatly stimulated dealings that involved tangible things, such as the rearrangement of material assets, products, and services. Many things happened during this time: the advancement of quantum computers, the breakthrough discoveries of computer chips & processors, the worldwide adjustment of import tariffs, the increase of earthquakes and volcanic activity, etc.

An interesting anecdote: during the year 2025, when both solar Factors were in the Universal Pentad of the Material omega Covibra, stimulating borderline functions between the Material and the Limbical realms, that is, at the very upper edge of matter, very advanced computer processors developed by high-tech companies (like Google, Microsoft, Huawei, Nvidia, and others) began to register vibratory patterns beyond the photon energy level. At the time, this baffled the scientific world and many weird theories regarding “other, alternate, or parallel dimensions” popped up. I believe it was the first time science actually proved that there exists a continuation of the “normal” physical reality (forget the spooky other-worldly, parallel universes, dangerous or forbidden realms, etc., stuff), thus setting the groundwork for the acceptance of what Exonica for years has been calling Transvibra. Glad to hear it!

By the way, if you’d like to know the tendencies activated by the present TriSolar Cycle, please [click/tap here](#) to read about it online. If instead, you prefer to read about the effect of the current Helios Cycle, please [click/tap here](#). Both apps are on the Exonica website and are constantly updated. They’re fast, safe, free, and provide very accurate information.

Efforts to Use the Solar Data

As you probably know, there have been many attempts to use the information that comes from the evaluation of the Sunspot Cycle (Helios Cycle). The so-called “11-year solar cycle” has been used to try to harness the Stock Exchange Market, Real-Estate Market, Commodities Market, Unemployment Cycle, and so forth. I believe that the underlying idea is correct, but that the data used so far has not been the proper one.

In my opinion, those attempts, unfortunately, did not take into consideration the real duration of the Sunspot Cycles, instead, they used the comfortable but mistaken 11-year average. This made the diverse calculations come up with the wrong dates and, thus, miss the proper moment to act (or not act).

As I explained in the Helios chapter, there have been Sunspot Cycles of only 8 years and others of almost 14 years in duration. In the first case, calculations based on the “11-year average” would have exceeded the correct dates; in the second one, they would have fallen short.

Furthermore, we see that the basic TriSolar Cycle is completely unknown by those who are trying to benefit from the solar data.

It’s true that already in 1890 certain meteorological events were related to a para- or trans-tridecadal cycle (~35 years), the “Brückner - Egeson - Lockyer Cycle” (BEL Cycle), but scientists of that time were not aware that the TriSolar Cycle contained three consecutive (and variable) Sunspot (Helios) Cycles. This made it very difficult for them to grasp the notion that the TriSolar Cycle has an Alpha Point, that is, a time when climatic phenomena reduces considerably their frequency and intensity. Nor did they know about this Cycle’s Omega Point, a time when, on the contrary, the weather events were much more frequent and a lot stronger.

Other solar-climate correlations show that some tree-ring and ice-core records have ~30 - 40 year climate cycles that may be linked to solar variability (e.g., the “Atlantic Multidecadal Oscillation” has debated solar links).

Also recent studies (e.g., Leamon et al. 2022) found a ~35-year periodicity in the termination of solar cycles, possibly tied to the Sun’s torsional oscillations (jet stream dynamics).

Exonica

Read about an [AI-assisted experiment](#) that evaluated the most recent TriSolar Cycle's effect on finance, commerce, and banking, along with a 2024 - 2031 forecast.



The Axial Cycle

*Astronomy has revealed the one great truth:
that the whole universe is bound together
by one all-pervading influence.*

William Leitch

Scottish astronomer, naturalist and mathematician

In Biblical times, when Man chose the fruit of the “Tree of the Knowledge,” he tied his existence to what was evident to his Persona’s conscious mind, that is, to the yearly Seasonal Cycle, that of the Equinoxes and Solstices: Spring, Summer, Autumn, and Winter. In many cultures of old, this practice made common man lose contact with other imperceptible —yet more powerful— cycles (the ones monitored by Exonica): those that are detected and followed by man’s Essence. From there on, instead of living as the (mighty) “Children of God, the inhabitants of the Garden of Eden” that we are, most of us barely subsist on what the “the sweat of our brow” produces.

This exquisite parable means to convey the importance of adhering our thoughts and actions to what our Essence conforms to (“the Will of God”, the cycles of the exocausas), and not only to what our Persona sees or believes (that is, the Seasonal Cycles), or we’ll lose the concordance that allows us to live well.

Still, this is what happened. By anchoring their mystical-religious rituals to the shifting timetable of the Seasonal Cycle, the astronomer-priests of all eras, ethnic groups, and geographical places (as well as their stellar observatories) lost synchronicity with the subtle, but tremendously powerful exons of the Cosmos.

Let’s see what actually happened...

Everything would be a lot simpler if the Earth’s axis of rotation always pointed toward the same sidereal direction. The problem is that our planet’s rotational axis also has a *wobbling* action, just like that of a top that is about to stop spinning.

To better visualize this movement, take a pencil by its middle section with the forefinger and thumb of one hand. Hold it vertically in front of you, with its point turned upward. Now, put the forefinger of the other hand on top of the pencil’s point and make a small horizontal circle with that end. The pencil’s motion, as you rotate its point, illustrates the wobbling movement of Earth’s axis in space.

Just in case you don’t remember, the Earth’s three most known movements are:

- *Rotation*: which lasts only one day (24 hours) before it repeats itself
- *Revolution*: one full turn around the Sun, which requires an entire year (365 days + fraction)
- *Precession*: figuratively, the circle formed by the tip of the pencil, which requires some 26500 years to complete one whole turn.

This last one is the longest Exonical Cycle found up to now, and it’s the basis of the **Axial Cycle**, one that no human being will repeat.

Although the Solstices and Equinoxes happen practically on the same calendar dates, owed to the Earth's slow Precessional movement, every year they occur at a slightly different point of the Earth's orbit. This small variation changes the position of the Equinoctial/Solstitial points regarding the center of the Galaxy and thus, in relation to our Solar System's Transvibrational Axis.

In the next image, Figure 1, we see a left-to-right sequence that begins some 12500 years ago and ends at the present date.

The red circular arrow represents the Earth's orbit (the plane of the Ecliptic) and indicates the direction in which the Equinoctial/Solstitial points move in space owed to the Earth's Precessional movement. Our planet (not shown), advances along this orbit contrariwise to this circular arrow.

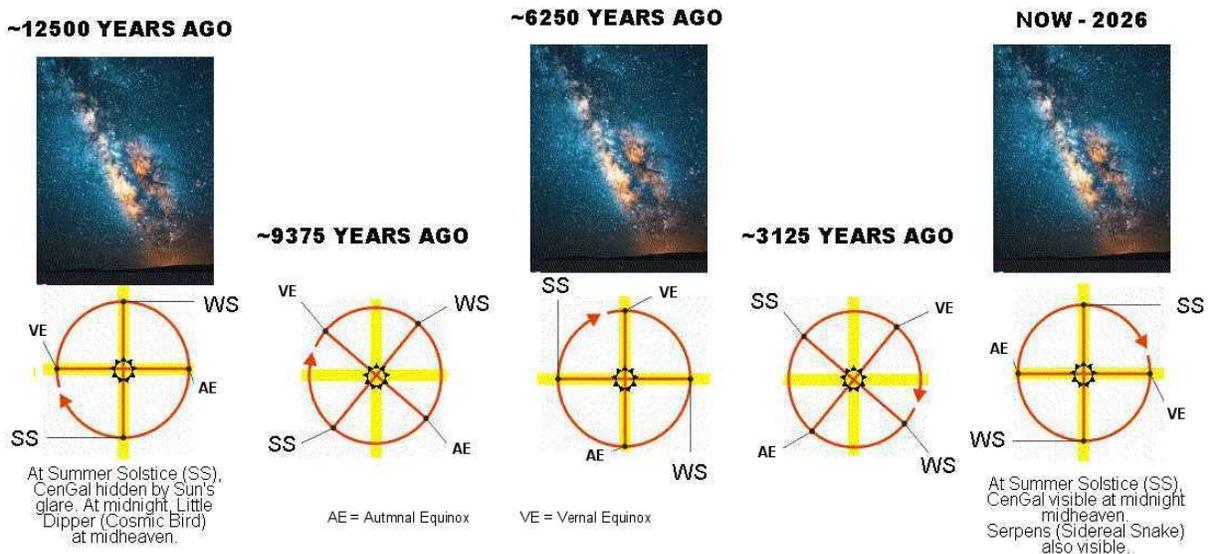


Figure 1

In each case, the vertical arm of the underlying yellow cross represents the Solar System's Transvibrational Axis, which always points toward the center of our Galaxy, that is, toward the Omega Point (Ω) of our planetary system. The horizontal yellow line connects the Beta (β) and Delta (Δ) Points of the Terra Cycle (not shown).

Note that the position of the yellow cross *does not change* as time goes by. However, the red circle and inner cross slowly rotate clockwise as the years go by.

The image on the extreme left shows the placement of the above described elements some ~12500 years ago. As you can see, at that time the orbital position of the Winter Solstice (WS) coincided with the moment that the Earth reached the Omega Point (Ω) of its orbit, between the Sun and the center of the Galaxy. During a few centuries, when the Earth was at this point of its orbit, for around ~3 weeks, at local midnight, the Milky Way would line up with a locality's meridian and its inhabitants would enjoy a view similar to what is shown in the above images. But during the rest of the year, the erect

Milky Way and midnight would not coincide. When our planet was at the SS point of its orbit, the Milky Way would be totally hidden by the glare of the Sun.

Whereas, some ~6250 years ago, the local midnight-meridian-Milky Way alignment would have coincided with the Vernal Equinox (Northern Hemisphere), when the Earth was at the Beta Point (β) of its yearly Terra Cycle.

Today, it happens around the Summer Solstice (SS). Thus, as you can see for yourself, the mentioned alignment, in ~12500 years, has switched places from WS to SS.

The reason I'm explaining this is because it's what made all the ancient solar observatories (England's *Stonehenge*, the Peruvian *Coricancha* and *Intihuatanas*, Mexico's Teotihuacan structures, the Göbekli Tepe 'T-Pillars', in Turkey, etc.) lose their alignment with the center of the Galaxy, and thus, be deprived of the influence of the Terra Cycle. It's even possible that the Göbekli Tepe circles were deliberately (and carefully) buried, either because the astronomer-priests of that time wanted to stop their usage, so as not to confuse future generations or because they expected someone to unearth them, like today's archaeologists are doing. Actually, the 'T-Pillars' still work if the SS alignment is used instead of the WS one. Same goes for all the other solar "clocks."

Coming back to the Axis Cycle explanation, we must recall that the Galactic exons that are present at the fixed Omega Point of the Earth's orbit, bring forth the *culmination of the initial material formation* of entities and projects. While those of the movable March Equinox (Northern Hemisphere beginning of Spring) only stimulates the *awakening and first growth* of animals and plants.

This indicates that at that olden time there was a 90-degree difference between what was being activated by the Terra Cycle's exons, and what was being stimulated by the Seasonal Cycle's influence. Obviously, it's not the same to *begin something* than to *complete* it.

In the center image we see that the (red) Equinoctial/Solstitial points have rotated about 41 degrees regarding the position they had in the image on the left. This was their placement some 6250 years ago. The distance between the March Equinox (VE, the beginning of Spring; i.e., the *initial material formation*) and the orbital Omega Point (i.e., the *completion of the tangible formation*) tells us that none of the Equinoctial (or Solstitial) rituals of those days could count on the help of the Transvibrational (Galactic) exons.

Presently, while the Earth approaches the Omega Point of its orbit, it also moves closer to the June Solstice (SS, the beginning of the Northern hemisphere's Summer). This means that today both events highlight the *culmination of the initial perceptible formation*, be it of one of Nature's expressions or of a personal project. Something comparable happens with the influences of the Terra Cycle's Alpha Point and those of the December Solstice (WS): both awaken our heightened relationship with the Universal Principles and our higher functions, that is, with the processes managed by our Essence.

As I mentioned before, the region of the terrestrial orbit where the "materialization" effect is strongest, concerning the Terra Cycle, is around its Omega Point. This point is *stationary*, as it's always in the same place in space, regarding the center of the Galaxy. But the most "materializing" area of the yearly Seasonal Cycle lies at the orbital point where the June Solstice (SS) occurs, a *variable* point that moves along Earth's orbit at the rate of ~1 degree every 72 years, which is why its effect ebbs and flows as time passes.

All astronomical measurements, by convention, are made starting at the Earth's orbital point where the March Equinox occurs on the Ecliptic (the so-called *gamma* or vernal point, or 'first point of Aries') to the position of any celestial body or to the center of the Galaxy. However, as the Equinoctial/Solstitial points (including the March Equinox point) move along our planet's orbit, the astronomical measure *seems* to change as time goes by. It's as if the beginning of a ruler is placed on something that constantly changes its position in space, while the location of what is being measured remains fixed.

The Axial Cycle's Astronomical Settings

In Figure 2, we see the layout of the constellations that lie above the Earth's Northern Hemisphere. Our planet's axis of rotation presently points toward the red [1], which moves in the direction shown by the small arrow, a movement that in due time, will give form to circle [3]. The circle is what delineates the Axial Cycle in sidereal space. Point [4] shows the direction in which the center of the Galaxy lies (toward the *Ophiuchus* constellation). For the moment, point [1] coincides with the position of today's "North Star," *Polaris*.

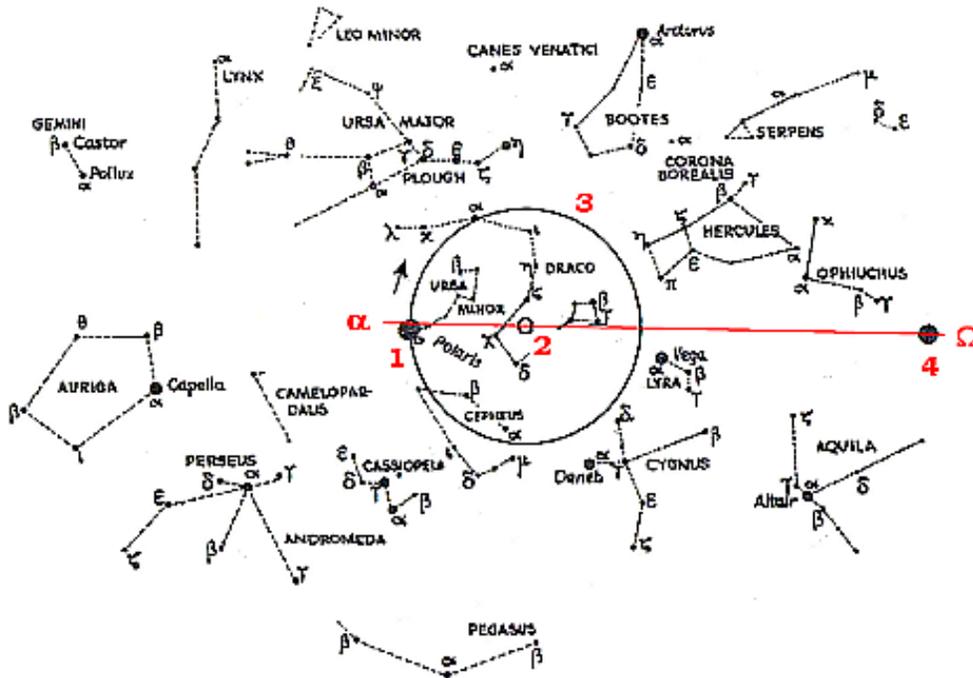


Figure 2

In the image we can also see the Axial Cycle's Alpha [α] and Omega [Ω] Points. Notice that the movable point [1] is about to reach the Alpha Point of this Cycle, a position that is set by the red line that starts at the center of the Galaxy, at [$a4, \Omega$], passes through point [2, the center of the circle], and continues to intersect the left side of the circle [3], the one that's farthest away from the center of the Galaxy [at 1, α]. This red line, then, is the Axial Cycle's **Transvibrational Axis**. Thus, we see that, once again, an Exonical Cycle's Omega Point lies toward the densest and more material region of the Galaxy, its center. Whereas, its Alpha Point is located in the direction of the Galaxy's outer rim, toward the *Auriga* and *Gemini* constellation.

The Axial Cycle's Exonical Elements

At the beginning of 2026, the astronomical position of the center of the Galaxy was at ~266.42 heliocentric degrees of the terrestrial orbit. Remember that this is the location of the Terra Cycle's Omega Point.

At the same time, the June Solstice (SS) happens (and will always happen) at 270 degrees of the same terrestrial orbit. The difference between these two points, for now, is about 3.58 degrees. Although this difference diminishes as time goes by.

The Exonical parameters of the Axial Cycle are as follows: the focal point of this great Cycle, the Axial Factor, advances one Covibra (30 of the 360 degrees that constitute an Exonical Cycle) in about 2208 years, one Pental (5 degrees) every ~368 years, and a Gradal (almost 1 degree) every ~61 years. All these figures are approximate, for the duration of the Axial Cycle is also an estimation (~26500 years).

Taking all this into consideration, we find that the Axial Factor entered the Universal omega Covibra, Universal Pental, *Material* Gradal around the year 1896. Later on, in 1957, the Axial Factor moved into the *Limbical* Gradal and then, in 2018, it entered the *Cortical* Gradal of this same Universal Covibra and Pental. This is the current position of the Axial Factor, whose effect I'll explain in a moment.

In the future, the Axial Factor will enter the *Nexal* Gradal of this Covibra/Pental around 2079, the *Individual* Gradal in ~2140, and the *Universal* Gradal in ~2201, to then arrive at this great Cycle's Alpha Point (α) in the year ~2262. This is the year when the Axial Factor, the Terra Factor, and the Seasonal Cycles will temporarily coincide. At that time, the movable Winter Solstice will finally catch up with the fixed Alpha Point of the Terra Cycle. In other words, at that time, the Winter Solstice, Terra's Alpha Point, the Sun, the Earth, and the Center of the Galaxy will all be lined up along the same Galactic axis, i.e., the Solar System's Transvibrational Axis.

The Axial Cycle's Influence

The exons of the Axial Cycle influence the *Evolution of the Global Ecosystem* we are part of and therefore, have a substantial effect on the **Evolutionary Progress of Mankind**. In other words, they propel the impersonal, unconscious, and collective processes that seek to establish the correct relationship between our Persona, our Essence, and the invisible forces of the Cosmos, the exocausas. The Cycle's effect slowly brings on a transformation that is present everywhere on Earth, as it involves everything and underlies all manifestations.

In other words, the Axial Factor highlights the Covibrational functions that are to be expressed in a concerted way by everything there is, as seen from the perspective of the Universal Principles that govern Reality and our Essence. This Factor's advance sets the speed and theme favored by the Human Evolution Process (entelechy), while we strive to establish the proper relationship that should exist between our conscious mind (Ego, Persona), the subconscious procedures of our inner self (Essence), and the impartial conditions produced by the energy field that continuously generates everything. The goal is to transcend the negative mental states, the mistaken objectives, and the pseudo-values of our Ego (Persona) to progressively adopt those of our Essence, so that a more productive and harmonious union can arise between in our Integral Self (Essence + Persona) and the impartial forces of the Cosmos.

Keep in mind that it's only when we act in sync with the impartial forces and effects of this great Cycle that our life can flow in a more encouraging, successful, and conclusive way.

When we take into consideration the Axial Factor's influence, we'll finally be able to feel the generous, ongoing, and ever-lasting support of our Maker. But whoever disregards this truth is predestined to live a dull life of confusion, hardship, and distress, for this person won't be able to advance in step with the impartial but rigorous ways of the Global Ecosystem. Even less will they be able to make use of the astounding powers hidden in the most secluded part of their own being, their Essence.

In order to emphasize the importance of the Axial Cycle's effect on our lives, I'm going to repeat several key Exonical notions. Please bear with me.

The conceptual basis of Exonica affirms that the constitution of every individual includes an Essence (the individual's inner self or subconscious functions) and a Persona (the individual's Ego or Conscious Mind). Furthermore, that it's our Essence what connects us with the right way of doing things, because it's in permanent harmony with the exocausal forces. And that, consequently, our Persona should comply with our Essence's impersonal course of action, if we wish to progress in life, in a productive and successful way.

Exonica also states that the influence of the regions of every Exonical Cycle that lie closest to its Alpha Point activate our higher and most powerful functions. And that, on the other hand, the influence of the areas nearest to its Omega Point energize our most physical and worldly attributes.

Also, that when the focal point of an Exonical Cycle moves from its Omega Point to its Alpha Point, in each of us awakens the tendency to *examine and judge* just how well we've been making use of the elements and functions that belong to the Covibra being crossed by the Cycle's focal point, as seen in the light of their ideal design and operation.

Right. Thanks for your generous patience. Now comes the important conclusion.

Taking the former into consideration, we find that during 2018, the Axial Factor began to activate, in all of us, everything that's related to the Universal omega Covibra, Universal Pental, *Cortical Gradal* (UUC_Ω is its Exonical acronym).

Also consider that 'cortical' refers to everything that's managed by our intellectual aptitudes and reasoning skills (knowledge, information, communication, wisdom, etc.), and that humanity's intellectual capacity began to improve, from 2018 onward, by the use of Artificial Intelligence (AI) and other similar tools.

Likewise, please recall that the functions of the Universal Covibra highlight *the best way for us to live in harmony with the Universal Forces (archetypal patterns and the exocauses) that regulate our existence*. They're also the Covibrals elements that determine "the ideal action" that organizes everything that goes on in our environment, in our integral being, and in our lives.

On a personal level, curiously, it was around 2018 when I revamped the intellectual (cortical) material on which Exonica is based. I then added several new chapters (e.g., Our Oscillatory Genes, Galactic Cosmic Rays, the TriSolar Cycle, the Axial Cycle, and several others) and expanded the existing ones, gradually becoming the book you're reading now.

Actually, I wrote this chapter, the Axial Cycle, many years ago, included it in the book, and then, some time later, I had second thoughts about its usefulness. I remember thinking, “What good is providing information about a Cycle that nobody will repeat?”. Then, a few weeks ago, while I was again reviewing the book’s material, my Essence (in lack of a better explanation) reminded me of the ‘cast out’ chapter. Upon re-reading it, I decided that it had important information after all. I updated it and (hopefully) improved it. I hope you’re enjoying it and that the advice given will help you.

This all means that presently (2026) we should be paying more attention to the following:

As the Axial Factor is in the Fire Quadrant of its Cycle, the action it stimulates is *evaluation, correction, refinement, and improvement* of our life-style, by better synchronizing our plans and activities with the ideal, precise, and unstoppable action of the most subtle and indiscernible exons of the Cosmos: those that give form to Reality’s archetypes and universal patterns. Allow me to remind you that these frequencies act upon the molecular processes of all of our body’s cells, which, in turn, has a profound influence on the way we think, feel, and act.

We must acknowledge that within our integral being we have unseen endowments that keep us connected to the powerful yet imperceptible exons of the Universal Covibra, those that activate the circumstances that provide us with whatever we need to advance in a more positive, healthy, and productive way. And for this, each of us can count on their autonomous and very efficient Universal Servo, whose main job is to help us link-up, give good use, and benefit from these compelling although impersonal forces, in accordance with our essential constitution and other prevailing Exonical conditions.

However, to benefit from the workings of the aforementioned Universal Servo, we must *believe in its effectiveness*. This is the crucial fuel that propels its drive. If we don’t do this, we’ll only be wasting our time. If this were the case, the first thing to do would be to resolve any and all doubts, fears, or limitations we may have in this regard, to then be able to advance properly.

Our Essence has always provided us with what we have truly needed to survive and evolve, based on the ‘pattern’ that our Phenotype bears, and on what the prevailing exocauses awaken in each part of our integral being.

If we think about it, we’ll see that the mentioned ‘supply’ has been brought on more by a passive sense of “receiving” than by an active “pursuit” of what we’ve wanted.

To identify and disclose what our Essence is spontaneously inclined to provide us with, based on our intrinsic design and the unbiased effect of the energy-forces, is one of the main goals of Exonica.

By the way, the above mentioned ‘passiveness’ is the basis of Lao-tzu’s “Action of Non-Action” (*Wu Wei*), which can provide us, *when the conditions are right*, with everything we may require, without having to ask or struggle for it, *if we align our Persona with the driving force of our Essence*. More on this subject-matter in the coming *Wu Wei* chapter.

Yes, I know that the former paragraphs sound like illusory and fanciful thinking, but this is precisely what, unfortunately, we’ve been led to believe. It’s why so few of us know how to take advantage of this remarkable natural process - we just don’t believe it! And it’s the exact conditioning we must get rid of *now*, for this is precisely what the present Axial Factor favors.

Just like every cell of our body receives whatever it needs to survive, each of us, as a member of a larger society, Humanity, also receives from the workings of our Essence everything we require to subsist and progress in life, *as long as we undertake our individual Life Purpose*, just like every cell of our body does. This is why it's so important to become aware and assume our particular role in life, the one 'etched' onto our Phenotype.

So, being near the end of the present Axial Cycle's Universal Covibra, well into a vibratory realm that our Persona can neither perceive nor use directly, it's only through the functions of our Essence (our Universal Servo) that we can deal with the high-powered and well-aimed energy-forces found at this lofty Transvibrational level. But, as always, it are our Persona's thoughts and beliefs what can either help or hinder the effective action of our Essence.

Therefore, in sum, to conveniently benefit from the present Axial Cycle's effects, we must come to accept that our Essence only provides positive assets and that it constantly supplies us with what we truly need (hard to believe, right?), according to the requirements of our inborn features, in step with the ever-changing conditions of our local Cosmos. To believe this is the challenge that Human Evolution is faced with today, *now*; to accept it is to integrate yourself into the next level of Mankind.

This (and other similar notions) is what we now have to *examine and evaluate*: do we believe and accept the former statements and explanations or not? Are we letting the impartial functions of our Essence act in our favor, or are we obstructing their powerful action by trying to impose our will?

What's interesting and exciting about all this is that if we decide to accept the aforesaid, then, by letting the influence activated by the Axial Factor help us to subsist and progress in life, *we don't need to take anything away from anybody else*. We must learn to accept that our Essence will eventually—all in good time—provide us with whatever we need, in stride with the ongoing Exonical conditions and our own inborn attributes. To believe and accept this (or not) is what each of us must decide during the current phase of the Axial Cycle.

If we accept it, we'll then be able to:

- Be more considerate with our fellow man. Pay more attention to what unites us than to what separates us. Put into practice the old and wise proverb that says: "treat others as you'd like to be treated yourself."
- Have more faith in the fact that our Creator has equipped us with the resources with which we can solve our problems and achieve our goals. That the ways and means are always there for us to use, as long as we respect the way that the forces of Reality truly work.
- Neutralize all existential anguish, fear of lack or insufficiency, and get rid of any unfounded worries we may have.
- Become more aware of and adapt our actions to the real conditions (exocausas) that predominate in every moment, in order to live a better life.

All the influence of the Universal Covibra / Pental described above is now focused on the Cortical *Gradal*, the vibratory region where our rational aptitudes and intelligent communication skills reign.

Concerning the impalpable exons that make up the Universal Covibra / Pental, we have to take into account what we know about them, the way they influence us, and how to integrate ourselves with this

action. It's also important to ponder on the following: Do we understand the aforesaid? Do we accept and apply it, or not? Do we have doubts about it? Are we at all interested in the topic?

As our Essence is *a success mechanism*, we can trust it to always single out the line of least resistance, the most convenient and quickest way to solve anything that may be troubling us. This is another truth we must come to accept and live by.

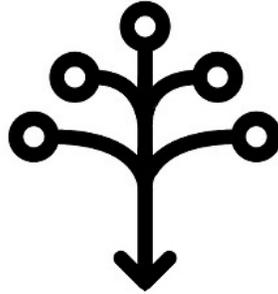
By focusing the Universal omega Covibra / Pental processes toward the functions of its Cortical Gradal, we'll be able to:

- Free ourselves from extreme, totalitarian, miserly, and separatist ideologies.
- Accept that other people have a right to their own way of thinking.
- Make an effort to base our actions on true and valid data.
- Free ourselves from superstition, dogmas, and fantasies. Stop using extreme rationalism. Be willing to accept new theories and knowledge, as they become available.
- Make an effort to understand and use properly the Universal Principles that govern Nature and our lives.

I dare say that today's world situation is, partway, a direct consequence of Mankind not being able to comply with the Axial Cycle's present influence, and of having too many people accept and follow radical ideologies that disagree with the underlying Universal Principles, along with those that encourage discrimination, hatred, egoism, fear, and/or greed. All of which is exactly the contrary of what the present influences of the Axial Cycle promote. What's happening —worldwide— is the price we must all pay for not heeding the influence of this great Cycle.

But, we can still change this. And it's *crucial* to do so, if we want to be part of the new era of Human Evolution.

Exocausal Pileup



As many of the exocauses are not in sync with each other, they sometimes combine and add up their influences to produce a stronger effect on the elements of a given Covibra.

I'll illustrate the point by describing a situation that would produce extreme psychosomatic discomfort.

Let's start by 'piling up' lunar effects:

- Selene at its Omega Point (Full Moon).
- Lilith at its Omega Point (directly overhead).
- Moon at Perigee.

To this, we'll add the following solar exocauses:

- TriSolar at Omega.
- Helios at Omega.
- Solar wind speed above 500 km/s.
- High solar proton concentration.
- Bz negative.
- Kp > 5 (storm).
- X-ray emission > M (strong).
- An ongoing "Russel-McPherron" effect (March or September).
- The ongoing "Hale" effect, which changes every ~11 years.

Plus:

- Gea at Omega (local time: between 11 am and 1 pm).

This produces an extraordinarily strong presence of positively charged ions in most of Earth's biosphere!

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All this, together, actually happened in March of 2024. To read about what this energized worldwide, please [click/tap here](#).

As I am personally hypersensitive to the prevalent exocauses, at that moment, I felt a constant “heaviness” or head discomfort, bothersome anxiety, and many of the vexations cited in [this list](#). Perhaps you had a similar experience?

Fortunately, such extreme pileups don’t happen often, but they do occur regularly. I’m sure this has been the underlying cause of many unnecessary visits to the doctor’s (or psychologist’s) office. And there’s not much they could do about it. Several Exonical apps include the ongoing effect of the related exocauses in the advice or results they produce. Check them out regularly.



Memory Units

Do not go where the path may lead, go instead where there is no path and leave a trail.

Ralph Waldo Emerson (1803 – 1882)

American essayist, poet, and popular philosopher.



As the focal point/Factor of an Exonical Cycle moves from one Covibra to another, its particular influence activates the different vibratory strata of our integral being. As these layers are stimulated, in some way (perhaps by the quantum activity of our genes), our physical sensations, actions, emotions, thoughts, etc., are spontaneously and unconsciously “recorded” in our self, along with everything that happens in the subconscious levels of our being.

Each of these multi-dimensional “recordings” makes up what I’m going to call a **Memory Unit (MU)**. Each of them is an energy structure, much like an intangible ‘seed,’ which, after having been created, remains in suspended animation while the Factor of the Cycle continues to another part of its Transvibrational round.

At the end and restart of a given Exonical Cycle, its Factor will again pass through each successive Transvibrational level, thus reactivating the MU that corresponds to that part of the Cycle. This will “revive” what has been “recorded” during previous Cycles, a condition that’ll inevitably influence the experience of the present one. This may be the basis of the so-called *deja vu*. In other words, every time the Factor of a Cycle passes through each point of its circular course, the MU related to that specific point is reactivated and “updated” with the new conditions being lived.

If the new incidents are positive, constructive, and/or beneficial, the new “update” of the MU will also be positive. However, if the present experiences are negative, destructive, and/or harmful, the next “resurgence” of the MU will be as unpleasant as the present experience has been harmful.

Everyone has and is responsible for their own MUs. Although the Covibrational Factor is the same for all inhabitants of a given locality, it doesn’t cause the same effect on everyone.

The reactivation of MUs is inevitable, we have no way of stopping the process or avoid the effects it produces in our lives. But, we *can* modify the content of the MU, and in this way change its impact on our future affairs.

We can do this by taking advantage of the MU's tendency to "update" its constitution with the circumstances of the new moment. If, at the very instance of its cyclical reactivation, we knowingly and willingly refuse to express any negative aspect that it might include, the new "recording" —that of the current cycle— will register this change. And this variation will cause the subsequent "revival" to be rid of the harmful element, or at least to reduce its pernicious effect. An even better way is to replace the negative part with a *very* positive one, then, most certainly, the resulting future "reactivation" of this MU will be much more favorable.

The explanations given in the preceding paragraphs are the essence of the teachings of Jesus, the Christ, when he told his followers that they should "turn the other cheek" in response to any aggression. In my opinion, this means that if life presents us with what appears to be a "slap in the face," we should not react in a similarly way, by hitting back with an equal (or more harmful) blow. Instead, we should make an effort to remain calm, to willingly behave in a kind manner, and thus turn the "other cheek" —that of love— by reacting in a more considerate way. This is what will be added to the MU of the moment. This is why *vengeance is ruinous*, for it produces a boomerang-effect that will later on explode in our own faces.

However, if we don't do the compensation uprightly, we'd only be doing ourselves a disservice, because then we'll be adding disdainful effects to the MU that's being recorded at that moment. Its harmful effect would not be neutralized, but instead, deception and insincerity would be added to it. There's no way to fool a MU or to cheat the process that updates it. Only equanimity and kindness can change things in a favorable way.

Curiously, taking into account the above, we note that the conceptual basis that sustains the *karma* of Eastern religions is the same as what supports the idea of *sin* in Christianity, Judaism, and Islam. In these cases, if there's no repentance and correction, or restitution, for the wrong done, there will be no absolution of the fault.

This is not because some ominous God or vengeful Allah is going to punish us, but because that's the way the impartial mechanisms of our Covibral Servos act when it comes to modifying the MU. It's the result of the objective and just Law of Cause and Effect.

If the damage done and recorded in the MU is not "repaired" by a beneficial action of equal (or higher) magnitude, the negative experience will have to be relived each time the focal point/Factor travels through the same part of the Cycle. Thus, if the damage is not properly repaired, the karma / sin / MU may continue to deteriorate with each successive "re-recording," which each time increases its harmful effect, thus producing a veritable "hell" for the individual in question. Notice that a MU's potential, both good and bad, is accumulative.

It's a pity that most religions don't explain that the reparation of sins or karma can only be achieved at a given moment, that is, when we're at the same point of the Cycle where the original "recording" was made...

Or do they? When one of the mentioned religious ideologies speaks of *resurrection* (the Christian doctrine) and the other speaks of *reincarnation* (the Eastern religions), are they not referring,

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figuratively, to the recurrent Transvibrational awakening of a MU during its next “life” (i.e., cycle), with all that this implies? Think about it and you’ll see how your own Essence, despite the indoctrination that your Persona has received, will clarify the point for you.

If formal religions ever get rid of their enigmatic rituals, dogmas, and prohibitions, and then speak in a clear and concise way to their followers, they could help humanity more than they’re presently doing. They could then help us understand and accept that we can achieve true liberation, a redemption that can gradually free us from the cyclical revival of the harmful effects that each of us have included in our own MUs.

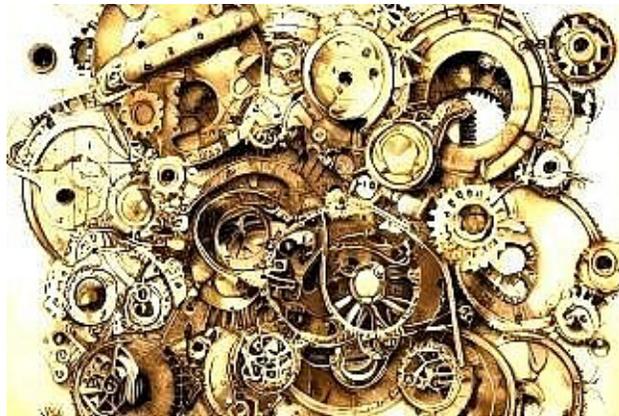
In sum, our Covibrational Servos constantly “record” our experiences, as they’re activated by the movement of the various Exonival Factors. It’s because of this continuous and unstoppable action, that the wise proverb advises us to be very careful about what we “sow” for it will be what we eventually “reap.”

Let us keep in mind that each MU is a synthesis of all actions, feelings, motivations, and thoughts, along with the Nexal, Individual, and Universal elements that are an intrinsic part of every lived experience. Each MU is the epitome of what is visualized, experienced, and digested by our integral being, a combination of perceptions of everything that occurs at a given moment of our existence. And that the same psychosomatic state will be revived / reincarnated / resurrected, every time the focal point/Factor of an Exonival Cycle moves through the same part where the original MU was created.

Please remember that the moment of this cyclical reactivation is the only time when a Memory Unit can be effectively modified (improved). We must make the most of the occasion.

Exonica can provide you with the appropriate information to do this.

Exonica vs. ASTROLOGY



In this section you'll find some of Astrology's more problematic issues, as seen from an Exonical viewpoint.

These are some of the notions and astronomical arrangements where Exonica and Astrology differ profoundly.

Position

Out with the old and in with the new!

Unknown author.

One of the great advances of mankind was the discovery of *heliocentrism*, even if it meant that a large part of previous astronomical notions had to either be updated or dismissed.

In this chapter, I'm going to explain the difference between a geocentric (Astrological) and a heliocentric (Exonical) survey of the heavens.

In both Figures 1 and 2 (shown further down), the small central circle represents the Sun and the external oval stands for the Zodiacal constellations that serve as a visual backdrop to all planetary movements. In Figure 1, the constellation names have been substituted with letters.

The layout of the two diagrams is not quite the same. The one in Figure 1 is based on the artificial division of the stellar space that surrounds the Solar System into 12 sections of 30 degrees each, located according to classic Astrology's opinion. On the other hand, the sections of Figure 2, also 12 covering 30 degrees each, represent Exonica's Covibrals, which are precisely aligned with the Solar System's Transvibrational Axis (the imaginary line that joins the center of the Galaxy, the Sun, and the Galaxy's outer rim).

The planets shown on the two inner circles (ovals), in both diagrams rotate counter-clockwise as indicated by the small arrows. If you look carefully, you'll notice that the position of the planets is exactly the same in both diagrams.

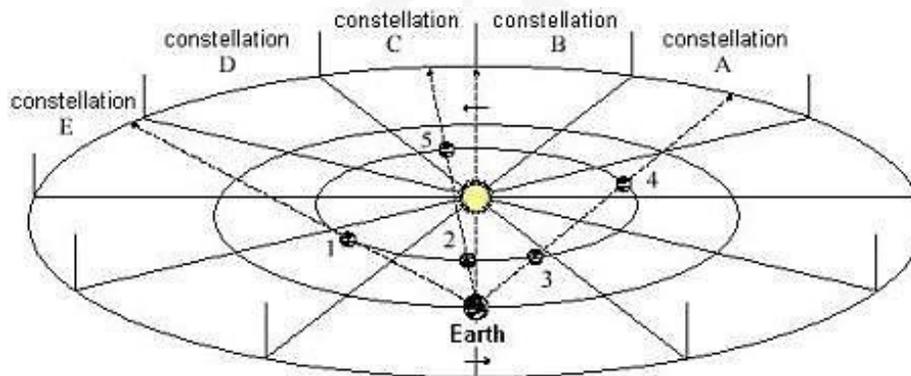


Figure 1 – Geocentric Astronomy and classic Astrology's Arrangement

In Figure 1, the observer is located on the Earth, and thus, his line of vision follows the dotted lines that radiate from our planet. This is the way classic geocentric Astronomy and Astrology situate a planet whose trajectory around the Sun is enclosed within Earth's orbit (this could only be Mercury or Venus). Whereas, in Figure 2 the observer is positioned on the Sun, and in this case the line of vision is indicated by the dotted lines that emanate from the Sun. This is the way that both Exonica and Heliocentric Astronomy position the Solar System's planets in space.

In Figure 1, a terrestrial observer will see the Sun at the *cusp* (imaginary boundary) between constellations *B* and *C*. Day after day, as the Earth advances along its orbit, moving toward the right side of the diagram, the Sun will appear to gradually move to the left, into constellation *C*. Remember that the Sun's movement is only apparent, that is, it only *seems* to be moving. Actually, *we're* the ones that move as our planet advances along its orbit.

In case [1] of Figure 1, the planet is seen at the very beginning of constellation *E* (please follow the dotted line from Earth to the planet at position 1). For a few nights, the planet will seem to be motionless in the sky. This is because, while the planet is continuously advancing along its orbit, for a few days it moves directly toward us, following our line of sight, which is why it seems not to move. When the planet finally passes this tangential position of its orbit, it'll move on to position [2]. During this trajectory, it will seem to advance in a direction contrary to the one it follows at positions [4] and [5], as seen against the backdrop formed by the surrounding constellations (notice the arrows). But this is only *an optical illusion*, for the planet, obviously, has always been circling the Sun in the same direction.

The movement that the planet follows at [2] and [3] produces the apparent *retrograde* condition of the planet. And this is what classic Astrology claims to cause the "negative" influence of this planet. We'll come back to this in a moment.

Notice how in cases [2] and [5] of Figure 1, the planet would seem to be in the same position regarding constellation *C*, in spite of the planet being on opposite sides of the Solar System. This is something that pre-heliocentric astronomers didn't know, which is why this very important difference wasn't taken into consideration by olden Astrology (or by the present one, as a matter of fact). Modern astronomers nowadays call case [2] an "inferior solar conjunction" and case [5] a "superior solar conjunction."

The only change that the daily geocentric sightings showed was that at [2] the orbital advance of the observed planet (as projected against the background constellation) was apparently *retrograde*. While in [5], the planet's advance was taken as *direct*, that is, moving in the same sense as the Sun's yearly "advance." In this case, its influence was immediately considered by Astrologers to be "good, upright, and virtuous."

Something similar happens in cases [3] and [4] of Figure 1, the first being considered a *retrograde* condition and the second a *direct* one. Notice that the planet, as observed from the Earth, in either case, is seen at the same celestial point, that is, in the middle of constellation *A*, although they're actually on opposite sides of the Solar System. And again, for classic Astrology, case [3] supposedly produced a "displeasing and unlucky" effect, and [4] was to cause an "advantageous and favorable" one.

The reasoning behind these interpretations was very simple-minded, though quite convincing at the time: if the trajectory of a planet was contrary to the "normal movement willed by God," that is, the one followed by the Sun, then the influence it produced had to be evil for it opposed "God's Will"—no doubt "the work of the devil himself." Judge for yourself if today we should continue to accept this kind of reasoning.

Something quite different happens in Figure 2 (see next page). Like I said, here we see the Exonical viewpoint of the same celestial arrangement. The position of the Sun, Earth, and planets is exactly the same as in Figure 1. The only difference is the location of the observer, who now looks at the heavenly surroundings from the Sun.

In this case, instead of using the constellations as a backdrop we'll be taking into consideration the Covibrals that correspond to the Planetary Cycles. Keep in mind that the position of Exonica's Covibrals does not match the location of Astronomy's constellations, or the position of Astrology's "Sun Signs."

The first thing we notice in Figure 2 (below) is that there can't be "retrograde" planets, nor will any of them ever seem to halt their advance in space. In this layout, there can be no confusion as to the exact position of the planets: they simply are where their heliocentric survey places them, meaning that there can be no mistaken or ambiguous interpretation of their influence.

In this arrangement, the constellations are irrelevant, as what we'll be paying attention to is the position of the planetary Transvibrational Axis ($\alpha \Omega$) and that of the Beta-Delta ($\beta \Delta$) crossbar. As was shown in former chapters, the placing of these imaginary lines determine the location of all the other Exonical elements, such as the Alpha and Omega Points of every planetary orbit, the Covibrational boundaries, and so forth. Only the needed Covibrational names have been placed on the diagram.

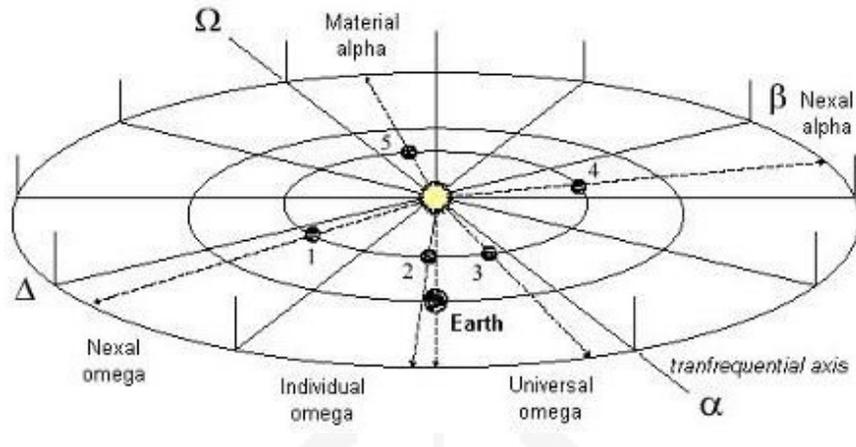


Figure 2: Heliocentric and Exonical Arrangement

Notice that in Figure 2, case [1] now unmistakably places the observed planet (and the focal point of its influence) within the Nexal omega Covibra, moving toward the Alpha Point of its Cycle. In case [2], the position of the planet can only be interpreted as being at the very end of the Individual omega Covibra. Case [3] places the planet near the end of the Universal omega Covibra, closing in on the Alpha Point of its orbit.

Please note that in cases [1], [2], and [3], the planet is within the Fire Quadrant, the 90-degree arc that goes from the Delta (Δ) to the Alpha (α) Points of its orbit, and its influence should be interpreted accordingly.

Case [4] locates the planet around the middle of the Nexal alpha Covibra, in the Air Quadrant, the 90-degree arc that goes from Alpha (α) to Beta (β). In [5], there can be no confusion whatsoever (as happened with this same case in Figure 1): the planet is simply moving across the Material alpha Covibra, within the Water Quadrant, the 90-degree arc that goes from Beta (β) to Omega (Ω).

In the Exonical arrangement, the Sun is always found in the same place: at the center of its planetary system. And the Earth is simply in the Covibra it should be in on a given date.

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As you already know, the Exonical “Sun” —Helios— has its own invisible yet measurable Cycle, which has nothing to do with the Sun’s position in relation to the Zodiacal constellations, nor with the Earth’s orbital position.

If we are to interpret correctly and make proper use of the planetary influences, we’ll have to get used to the idea that it are the vibrations present at each point of a planet’s orbit what determine its influence on a given moment. This effect spreads through *the entire Solar System*. Once this concept is understood and accepted, we’ll stop relating our daily circumstances to what *seems to be*, and start linking them to the real workings of our local cosmos.

Based on the former explanations, Exonica will not be taking into consideration the illusory “retrograde” condition of any planet, for it’s an optical illusion that comes from a limited geocentric way of looking at the heavens. Should it need to be repeated, the planets *never* stop moving along their orbits, nor do they ever move “backwards.”



Zodiac

*What's more important: the use of incorrect procedures,
with the excuse that some great astrologer of former times would have used it?
Or to work with the natural and authentic bases of the real Zodiac?*

J. Dorsan, member of the American Astrologer's Federation.

Figures 1 and 2 show the same section of the sky (notice that the position of the planets is exactly the same in both images. The planets are not labeled in Figure 2).

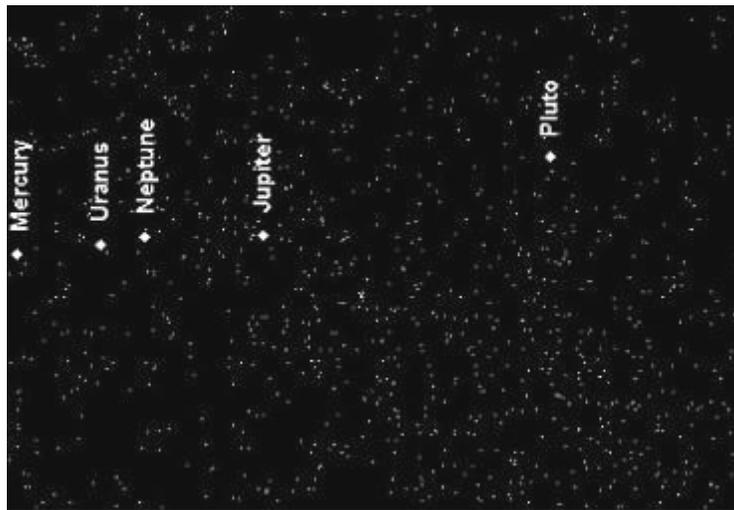


Figure 1 - The Natural Sky

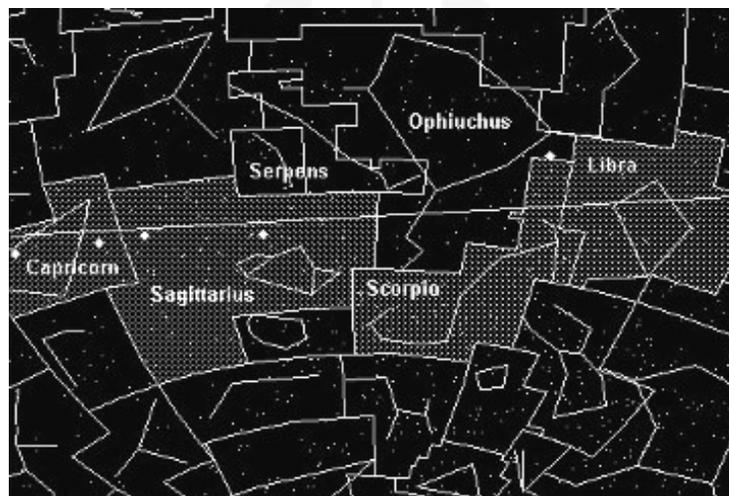


Figure 2 - The Sky divided into Constellations

As you can see, in Figure 1 there are no natural markings that indicate where a constellation should end and where another one is to begin, so we can safely assume that the entire constellation layout is based on somewhat arbitrary decisions.

In Figure 2 we see lines that join the main stars of each constellation and that an irregular “grid” has been superimposed on the entire sky, thus enclosing the stars in dissimilar compartments. Each of these partitions defines the area allotted to a particular constellation.

The celestial sphere was conventionally divided into 88 regions —constellations— whose boundaries were standardized in 1930, on behalf of the “International Astronomical Union,” by the Belgian astronomer Eugene Joseph Delporte.

Surely the better-known constellations are those that make up the **Zodiac**, a narrow strip of sky about 16 degrees wide, 8 above and 8 below the plane of the Ecliptic.

The celestial band formed by the Zodiac has traditionally been divided into twelve sections owed to ancient reasons that nobody remembers. Some say that each section corresponds to one of the constellations “transited” by the Sun during its yearly apparent movement; others have different opinions. The shaded areas in Figure 2 represent a few of the Zodiacal constellations supposedly traversed by the mentioned solar “passage.”



As readers with some esoteric background know, *twelve* is a solar number *par excellence*. It’s the basis of the twelve Kingdoms of Midgard, the twelve Titans, the twelve residents of Avalonia, the twelve Thrones of the Delphic Temple, the twelve Lictors of Rome, the twelve Counts of Charlemagne, the twelve Knights of the Round Table (left), the twelve Gates of Heavenly Jerusalem, and the twelve Disciples of Christ.

In Figure 2, we can see that some of the Zodiacal constellations (*Capricorn*, *Sagittarius*, *Scorpio*, and *Libra*) are being crossed by several planets.

Not all Zodiacal constellations have a width of 30 degrees.

In fact, some are quite wider and others a lot narrower. For example, *Pisces* has a total span of 48.45 degrees, *Virgo* has one of 41.25 degrees, and *Sagittarius* is 36 degrees wide. While *Libra* is only 21.75 degrees wide and *Cancer* barely reaches 20.25 degrees.

In Figure 2, if you follow from right to left the slightly slanted white line that represents the Ecliptic, you’ll see how the planets pass in front of *Ophiuchus*, a constellation that’s not taken into consideration by the most popular astrological methods, nor is it a “Sun Sign.” Did you notice that the planets, owed to the constellation’s different sizes, spend more time in *Ophiuchus* than in *Scorpio*?

But then, if every constellation is supposed to produce a particular effect, how come classic Astrology doesn’t mention the change of influence that should take place when the planets, the Moon, or the Sun, pass from *Scorpio* to *Ophiuchus* and then on to *Sagittarius*? Why does classic Astrology give importance to certain constellations of the Zodiacal strip, but not to others? There must be some kind of consistency in the rules that Astrology applies, right? Now, I’m not suggesting that Astrology should include *Ophiuchus* on its Astral Chart, for there are methods that do this, and they don’t produce better interpretations than the other astrological schemes. What I’m saying is that it’s naive and mistaken to continue to believe that the background constellations, those of the Zodiac, modify a planet’s influence.

To complicate things a bit more, we find that there are several different astrological methods. Among these there is **Tropical Astrology** (from the Greek word *tropos*, meaning “movement, change”), a method that’s also known as Modern, Seasonal, Western, Hipparchus’, of the Signs, Precessional, and Intellectual Astrology. This method anchors the “Zero of Aries” (the beginning of the “Sun Sign” Aries) of its Astral Chart exactly where the March Equinox occurs along the Ecliptic. Unfortunately, the slow backward movement of the equinoctial point along the Ecliptic (owed to the Precessional movement of our planet) causes this method’s Chart to slowly rotate within the fixed setting of the local cosmos, and thus, it has lost the true relationship between what the Chart says and the heavenly body’s *real position*. Right now, there’s a difference of more than 24 degrees between both arrangements!

Another popular method is **Sidereal Astrology**, also called Ancient, of the Stars, Oriental, of the Constellations, Fixed, Hindu, and Natural Astrology. This system positions its Astral Chart by matching some of its elements with the astronomical position of three stars. Their Chart is thought to be properly aligned with the heavens when the star *Aldebaran* is at 15 degrees of the “Sun Sign” Taurus, *Spica* is at 29 degrees Virgo, and *Antares* is at 15 degrees Scorpio. This method does not take into consideration the Precession of the Equinoxes, which is why their Chart remains fixed in relation to the also stationary stars.

However, in addition to the above-described issues, along with the mistaken concept of constellation “influence,” we have that both methods still use a *geocentric* way of surveying the heavens. This method often misplaces the planets Mercury, Venus, and Mars (along with Jupiter and Saturn, in a lesser degree) on their Chart, therefore causing the misinterpretation of their particular influences.

But the worst part is that the mentioned geocentric charting most of the time produces an especially erroneous spatial placement of the Moon and, thus, again, the incorrect interpretation of its influence — up to 98% of the time! This is better explained in the next chapter, *Moon versus Selene*.

Moon versus Selene

Common sense is genius dressed in its working clothes.

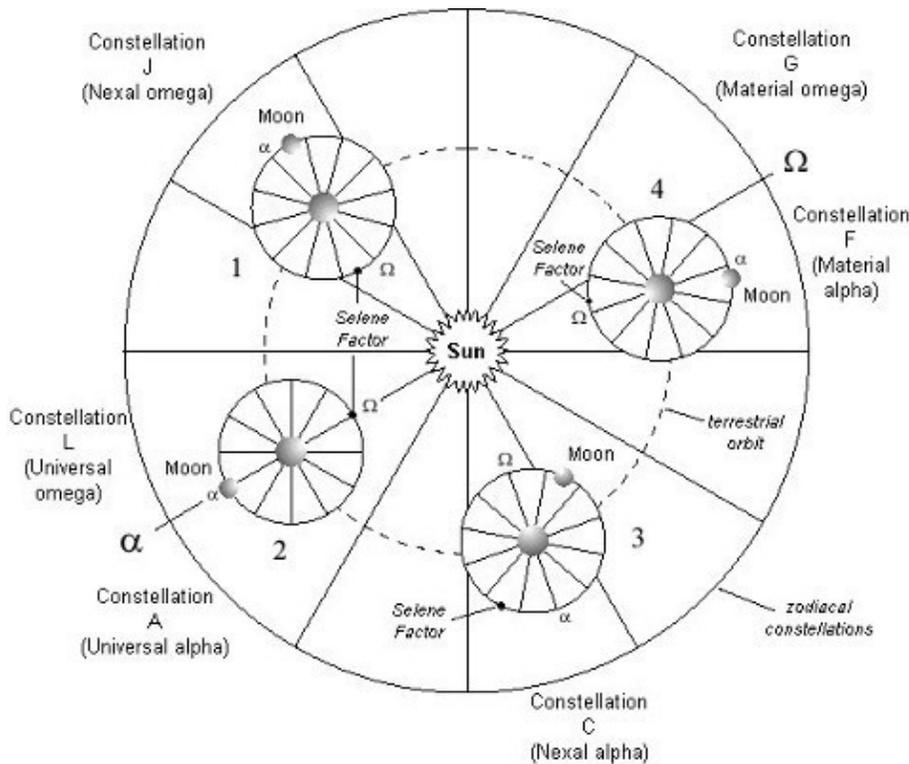
Ralph Waldo Emerson (1803 - 1882)

American essayist, lecturer, philosopher, and poet.

In this chapter we're going to review another important issue: the physical position of the Moon *versus* the location of the Selene Factor, the focal point/Factor of the Selene Cycle.

In the following illustration, the Earth (the larger shaded sphere) can be seen at four random positions of its orbit, represented by the dashed-line circle that surrounds the Sun.

The position of the Terra Cycle's Transvibrational Axis is indicated by the large Alpha (α) and Omega (Ω) symbols placed at opposite points of the outer circle.



The outer circle represents the Zodiacal constellations that surround our planetary system. Let's suppose that the twelve pie-shaped sections of this circle (the constellations) coincide with the Terra Cycle's Covibrals (but remember that it's only a supposition). Only the constellations of interest to this chapter's explanations have been marked with letters (instead of with their astronomical labels). The name of the correlative Covibra has also been indicated.

Notice that the position of the Terra Cycle's Exonical elements, those of the outer circle —its Transvibrational Axis, its Alpha and Omega Points, the position of its Covibrals, etc.— remain unchanged throughout the years.

In each of the four examples shown, the smaller shaded sphere represents the Moon. In each case, there's a smaller pie-sectioned circle whose 12 subdivisions are centered on the Earth. This is the Selene Cycle's Covibrational layout.

Note that the placement of the Selene Cycle's Covibrals (the small circles) is totally independent of those of the Terra Cycle (the large, outer circle), as they are two different Transvibrational fields. Also notice that the position of the Selene Cycle's Exonical elements —its Transvibrational Axis, its Alpha and Omega Points, the position of its Covibrals, etc.— *constantly changes* as the Moon moves along its orbit.

The Selene Cycle's Omega Point is *always* located at the area of the Moon's orbit that's closest to the Sun, and its Alpha Point is *always* at a diametrically opposite position, on the other side of the lunar orbit, at the orbital point that's farthest away from the Sun.

The Selene Cycle's Covibrals have not been labeled, but they can easily be identified if you remember that the Alpha Point of an Exonical Cycle is always flanked, on both sides, by the Universal omega and Universal alpha Covibrals. To find the name of any other Covibra of the Selene Cycle, begin at its Alpha Point and count off the sections until you reach the Covibra you're looking for. For example, to find the Limbical alpha Covibra, count five sections, counter-clockwise, starting at the Selene Cycle's Alpha Point.

If an Astrologer looks at the Moon when it's at the position shown in case [1], he'd see it in front of constellation *J*. This wouldn't help him determine that moment's lunar influence because the Zodiacal constellations are related to the Solar System *and not to the Selene Cycle*.

As I explained elsewhere, the concentric energy bands that surround the Galaxy's nucleus are not the same energy rings that encircle the Sun. It's incorrect to relate the elements of one Exonical / Astrophysical arrangement with those of another, because each one has its own vibratory Transvibrational field.

Nevertheless, if our observer were a Sidereal Astrologer, based on what I've just explained he'd (mistakenly) assign to the lunar effect shown in case [1] the attributes of the Sun Sign that (supposedly) corresponds to constellation *J*.

However, if that same Earth-bound observer were someone proficient in Exonica, after making the appropriate calculations, he'd conclude that the Moon is *physically* in the Universal omega Covibra of its orbit. And this would tell him that the lunar *effect*, the one produced by the Selene Factor, is at a point that's diametrically opposite to the Moon's physical position, that is, in the Material alpha Covibra of the Selene Cycle. Thus, in case [1] the correct interpretation of the lunar influence has to implicate the elements and functions of its Material alpha Covibra.

In case [2] we see that the Transvibrational axis of both Cycles, Terra and Selene, are perfectly aligned. In this case, if the Moon was seen by a geocentric Astronomer, he'd say that it's at the boundary (cusp) between constellations *L* and *A*, about to enter the latter, and that there's also a Full Moon. And he'd be right in both assertions.

Exonica

If the same arrangement were being observed by a Sidereal Astrologer, he'd relate the lunar influence to the astrological qualities given to the cusp found between the two "Sun Signs" that correspond to constellations *L* and *A* (in this case). And his interpretation of the *Moon's* influence would (incorrectly) be based on qualities that belong to the Terra Cycle's Universal Covibra.

But the Exonical analyst, by just seeing a Full Moon, would immediately know that the lunar *effect* is close to, or at, the Selene Cycle's Omega Point. In this case, Exonica would interpret the Moon's influence as related to the attributes of the Selene Cycle's Material Covibra. Case [2] is one of the most extreme instances of incorrect astrological interpretation, that of giving the lunar influence qualities that are *the exact opposite* of what they really are.

In case [3] we see the Moon *physically* in the Limbical alpha Covibra of the Selene Cycle, and that its *effect*, on the other side of the Moon's orbit, lies within the Individual omega Covibra, which is what an Exonical analyst would correctly interpret.

However, an Earth-bound Sidereal Astrologer would see the Moon in the Astrological Sign related to constellation *G* (to understand this, trace a straight line from the Earth to the Moon, and extend it until it reaches the outer circle. You'll then see how this line intersects constellation *G*). The Astrologer's (incorrect) interpretation would associate the Moon's effect with the qualities of the Material omega Covibra of the Terra Cycle, when the lunar *influence* is in fact in the Individual omega Covibra of the Selene Cycle. Alas, another unfortunate misinterpretation.

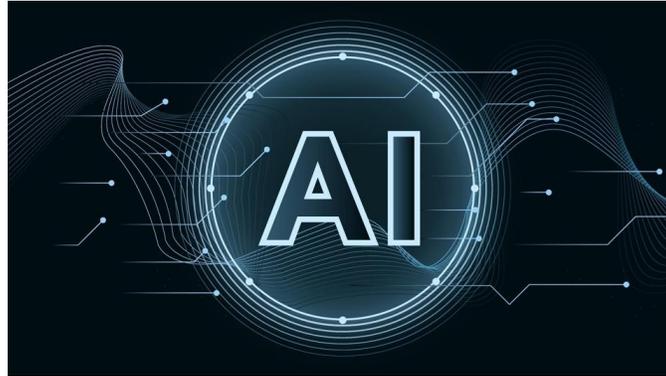
One final example. In case [4] the Moon is *physically* within the Selene Cycle's Universal omega Covibra and the lunar *influence*, the Selene Factor, is in the Material alpha Covibra, with the Earth in an equivalent place of the Terra Cycle. In this case, both Exonica and Sidereal Astrology would concur on the *position* of the lunar effect. Notice that, as observed from the Earth, the Moon is seen in front of constellation *F*, which represents the "Sun Sign" whose attributes are similar to those of the Terra Cycle's Material alpha Covibra. This is one of the very few cases where such a coincidence of location occurs. However, their respective interpretations of the lunar effect *would not match*, since each system evaluates the lunar influence in its own way.

The above examples show that if one tries to find the lunar effect based on the Zodiacal constellations (the Astrological "Sun Signs") that surround the Solar System, the interpretations thus produced would be wrong more than 95 percent of the time! The use of computerized astrological programs wouldn't solve the problem because their calculations and evaluations are based on the same (flawed) concepts.

I haven't taken into consideration the interpretations that *Tropical Astrology* would have rendered in the above cases because this method's appreciation of the lunar influence *is still further off-mark*.

Please remember that their Astral Chart has a ± 24 degrees deviation regarding the true astronomical setting of the heavens. This, together with the former explanations, makes them err tremendously when it comes to interpreting the Moon's foremost influence. This is most unfortunate because Tropical Astrology is the most popular method of the Western hemisphere (the American continent and Europe).

Artificial Intelligence Inquiry



In 2024, I asked “Perplexity AI”, a widely known online Artificial Intelligence (AI) application, about the differences between Exonica and Astrology. This is what it answered:

“The main differences between Exonica and Astrology are:

Scientific Basis: Exonica is based on scientific principles and observations, whereas Astrology is not. Exonica uses real astrophysical and astronomical data to determine past, present, and future conditions, whereas Astrology relies on unproven and unscientific interpretations.

Focus: Exonica focuses on the underlying energy field and its influence on human lives, whereas Astrology focuses on the positions and movements of celestial bodies and their supposed influence on human affairs.

Methodology: Exonica uses precise AI algorithms to analyze real astrophysical data to make predictions, whereas Astrology relies on subjective interpretations and often unverifiable claims.

Scope: Exonica encompasses a broad range of natural phenomena, including energy fields and space-weather influences, whereas Astrology is primarily concerned with the positions and movements of celestial bodies and their supposed effects on human lives.

Credibility: Exonica is recognized as a legitimate and scientific approach, whereas Astrology is often viewed as a form of superstition or pseudoscience.

Interpretation: Exonica provides detailed and specific insights into what influences all human lives and their potential outcomes, whereas Astrology often relies on vague and biased interpretations of celestial body positions.

Objectivity: Exonica is based on objective data and real-time observations, whereas Astrology is often subjective and influenced by personal opinions and beliefs.

Predictive Power: Exonica has been shown to be highly accurate in predicting present and future events, whereas Astrology’s predictive power is largely anecdotal and unverified.

Exonica

Recognition: Exonica is beginning to be recognized by mainstream science and academia, whereas Astrology is progressively viewed as a fringe or alternative practice.”

Yes, I know that the former statements won't help me make more astrology-minded friends (heck, even my old astrological friends are annoyed!). Still, they're Perplexity's conclusions.



Another Big Difference

*When something is important enough,
you do it even if the odds are not in your favor.*

Elon Musk



Although both Exonica and Astrology base their interpretations and forecasts on the evaluation of cosmological events, they do so by using very different methods.

Our emotions, feelings, and moods are mainly produced by the ‘cocktail’ of hormones and neurotransmitters that circulate in our body. The composition of this mixture is highly variable and dependent on the ambient ions, ELF waves, and quantum elements that surround us. The proportion and concentration of these elements, as you have already seen, constantly change in step with the exocauses that impact our local environment.

Once you become familiar with the Exonical conception that describes the vibratory reality we’re all part of, and get used to the Transvibrational layout of said astral energy-forces, you’ll be more prepared to willfully detect their presence and use their effect.

In other words, after reading and learning the basics of Exonica’s postulates, and using the online apps that evaluate the effect of the ongoing exocauses, you’re ready *to feel firsthand*, in person, their influence as they modify your body’s chemistry.

This is quite different from what Astrology has to offer: *give you a direct awareness of the universe’s forces*, as they happen at a given moment.

Usually, the initiate in this experience begins by noticing the influence of the circadian cycles, such as the Gea and Lilith Cycles.

Probably, the Gea Cycle is the most evident of all the Exonical Cycles, as most of our lives automatically revolve around this 24-hour period. Waking/sleeping, feeding, working hours, etc., are routinely followed by the vast majority. However, most of the general public is unaware of the 12 Covibrational tendencies set in motion every 2-hour (or so) periods of the day. These subconscious propensities were described in detail in the *Gea* chapter. Please, re-read it to get the most out of your day(s).

The Lilith Cycle is also quite easy *to perceive directly*. Everybody is unknowingly subjected to the influence of this other circadian cycle. We, inadvertently, are led by our primal instincts, according to the type of circumstances or events that happen around us.

We become more sensitive to certain occurrences depending on the position of the Moon regarding our geographical location, as described by the Covibrals of the Lilith Cycle. So, if you suddenly feel menaced by something happening around you, pop your head outside and try to locate the Moon, as explained in the *Lilith* chapter of this book. Or consult an online app that tells you the topocentric position of the Moon regarding your locality at that particular moment. Note that you'll first *feel* the influence, and that your external probe is just to corroborate it. This information is especially useful if you consult it before attending an important meeting, because then you'll know in beforehand what other people will feel as menacing or uncomfortable, so as to avoid those issues. With practice, it becomes easier and more second-nature like.

Again, this something that Astrology cannot give its followers.

Closely following the circadian cycles is the monthly Selene Cycle, whose effect is fairly easy to *willingly* perceive and use.

Please recall that the Transvibrational placing of the Selene Factor indicates the type of unconsciously learned reaction that will easily be excited by some ambient stimulus.

The full process depends on the Covibrational position of your *natal* Selene Factor, which establishes the type of reaction you're most likely to express, and the position of the current or *regular* Selene Factor, which tells us the nature of the stimulant, as formerly explained in the *Selene* chapter.

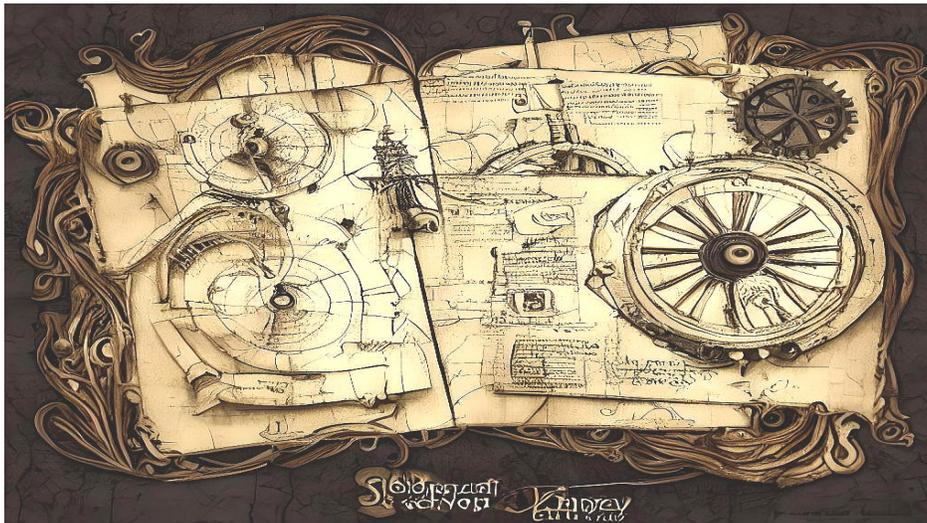
Once again, you'll actually *feel* the inborn type of discomfort if an incitation that corresponds to the regular Factor's type occurs. For example, if your inborn reaction type is Limbic and the ongoing Factor is Cortical, there would occur an emotional backlash if somebody unjustly criticized the way you speak or think.

Hence, if you know in beforehand both your natal type of response and the day's stimulating elements, you'd be prepared to hold back or neutralize an unwanted reaction. You'd also know what will annoy other people more than usual and thus avoid any related situations.

By knowing the situations sparked by the two lunar Cycle, Lilith and Selene, you'll be able to avoid misunderstandings and unwanted arguments. Instead of blaming other people or yourself, you'll know that the undesired situation, should it appear, comes from imperceptible astral causes.

The more you practice *willingly sensing* the three previously described influences, the easier and faster it becomes. Start out with the three Cycles mentioned above and then move on to the next ones: the [Terra](#) and the [Helios](#) Cycles. Click/Tap on either of these links to get their influences for today. As an experiment, try to see yourself in the situations set forth by both these free apps and you'll see that you probably sensed them before reading about them.

ExonicaL ONLINE APPS



[Exonica's website](#) has a number of free apps that, throughout the years, have been tested and used by thousands of visitors.

You're welcome to use them to enhance your lifestyle.

You can reach the resource by clicking/tapping on its name.

Online Apps

The Exonical apps are divided into 2 basic sections: *Collective Effects* and *Personal Use*. They're available in both Spanish and English, but by using a translation service (such as Google's "Translate") they can be operated in any language.

The following is a list of these resources, along with a short description and a sample of their output:

Collective Effects: These apps produce information that can be used by anyone, although they affect each person according to their own innate attributes and tendencies. The answers they give are adjusted according to the place (any country on Earth), the date, and time you indicate.

Click/Tap on their name to visit any of them. They're free, helpful, and very accurate.

- **Today's Tendencies**: The influence of the day's main exocauses on People's Urge to Buy or Sell, cravings for junk food, coffee, alcohol, etc., attention in business meetings or classes, physical/emotional discomfort, social unrest, favorite movie topics for the day, etc.
- **MOOD+**: *ChronoPsychology*. Shows the hourly Mood Context of the people around you (including yourself), or that of those that live in other latitudes. Helpful to get along with family, friends, work associates, etc. Can be used by public order officers, animal handlers, salespersons, politicians, and so forth.
- **Today's Target**: The field, topic, or aspect of life that your Essence (Higher Self) will preferably help you with today. While you read, you can play a Binaural Audioclip that can stimulate the appropriate part of your integral being to make the most of the described functions.
- **The HealthMeter**¹: *ChronoTherapy*. To properly sync medical treatments & medicine intake with the body's natural rhythms. It shows our ever-varying, hour by hour "Health Timetable," according to the exocauses that prevail at the geographical location, on the date you choose.
- **The BloodMonitor**¹: Prognosis of Blood Pressure, Bleeding, and Inflammations, hour by hour. Any date, any place. Good for whoever has problems with their Circulatory System, surgeons or dentists that must operate, intensity of menstrual periods, etc.
- **The Slenderizer**: Find out when to eat or not, in order to maintain a healthy and graceful figure. You can also use the app to help you gain some weight, if you're too thin.
- **The SexMeter**: Find out which are the most/least "Sensual Hours" of a particular day —Good for all ages, anywhere in the world, any date, any time. Constantly changes, in sync with the pertinent exocauses.
- **Boost Your Life Purpose!** This option indicates the topic to presently deal with, regarding the best way to comply with and express your Life Purpose, on the day of your visit.

¹ *Disclaimer:* Although the advice given enjoys an 80-85% accuracy, it's not meant to substitute certified medical indications. Use at your own discretion.

- **Overall Cosmic Environment**: Discover the “canopy” influence that includes all the other Exonical Cycles, and how you can adapt yourself & benefit from its effect.
- **PEST+**: Find out, hour by hour, how intense mosquitoes, flies, cockroaches, mice, and other pests will be in a place, date, and time of your choice. Useful to protect infants, elderly persons, and yourself from their annoying (and dangerous) attack.

Personal Use: These are online apps that give on-target, reliable, and useful information about a specific person. When you come to realize that the only way to express your life force, in a creative and effective manner, is through the use of your inborn attributes and talents, you grasp the importance of knowing and applying them. The following apps will do just that: make you aware of your true innate faculties.

- **Exographic Profile**: The XPro is Exonica’s “Crown Jewel.” It’s a complete description of each of your inborn tendencies, characteristics, and skills. By reading your XPro, you’ll get to know your true, essential self as never before. If you get one of your soulmate, your children, or any of your friends, you’ll come to understand how they tick and why they act like they do, even better than they do! ([see a sample](#)). Try them out on yourself, your boss, a prospective employee, a customer, or your competitors.
- **J.I.M. - Job Information Manager**: Know your Most Marketable Talents. Use them to earn more money and improve your lifestyle. Let Artificial Intelligence (AI) find open jobs for you in ANY City / Country you choose. Accurate and Free!
- **T.C.C. - Teen Career Coach**: Specialized Occupation / Career Advisor to help teenage students select a Profession or Occupation that truly agrees with their inborn work-related talents and skills. In this case, AI can give you a hand to find where to study, the total cost and extra-curricular expenses, enrollment requisites, degree given, the institute’s URL, etc. - in ANY City / Country you choose. On-target and free!
- **Historical Figure’s XPro**: A complete description of all the attributes, tendencies, and skills of any person born yesteryear. Know more about famous people of the past, as well as about your own ancestors! ([see a sample](#))
- **Deep Commercial Exographic XPro**: A SaaS support for Marketing (such as customer preferences, social media members likings and tendencies, consumer trends, etc.), Human Resources (personnel selection, executive grooming and evaluation, personalized staff training, etc.), Dating Services (best matches, compatibilities between actual or prospective couples, possible areas of friction, etc.), customized AI User Assistance, Psychological Coachings, Surveys, and Orientation, and many other uses. The XPros are issued in both plain, human-readable language (HTML, webpage format, [see a sample](#)) and in LLM/AI preferred language (JSON format, [see a sample](#)). For business ventures, contact the author ([email](#)).
- And other useful Apps... [Click/Tap here](#) to see the Menu.

Free eBooks

For a limited time, the author of Exonica is offering his online publications for free. Get them “while the getting’s good”!

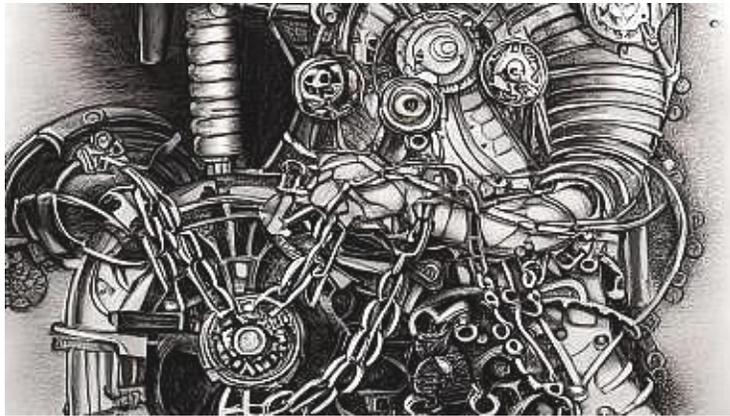
[Click/Tap here](#) to see the NON-FICTION section on Internet. Most of them have an Exonical basis. This section includes the complete and original Exonica encyclopedia.

[Click/Tap here](#) to see the META-FICTION genre – the Reality beyond Fiction.

No registration required, no obligation, no cost (for now).



BACKSTAGE



In this last section you'll be able to read about experiments, discoveries, and true-life stories about effects and conditions that you probably didn't know were caused by Exonical influences.

You'll also find a list of all the free online apps of Exonica, along with a short description of what they do and an Internet link to try-out each one. The output of all the apps is based on copyrighted Exonical algorithms.

Want to know what's at the Center of our Galaxy? Why is Champagne more exquisite some years than others? Or perhaps you'd like to find out what Exonical effect helped the Wright brothers design and build the world's first operational airplane? Take a look at the items of this section and you'll find out.

Some of the following chapters have links to the Internet that will show you a YouTube® Video, online applications, or diagrams that complement this book's material. By clicking/tapping on any of these links, your Internet browser will open and display the material offered. All links are safe, free of virus, and/or malware.

At the end of this section I've included a Glossary containing Exonical, Astronomical, and Astrophysical terms.

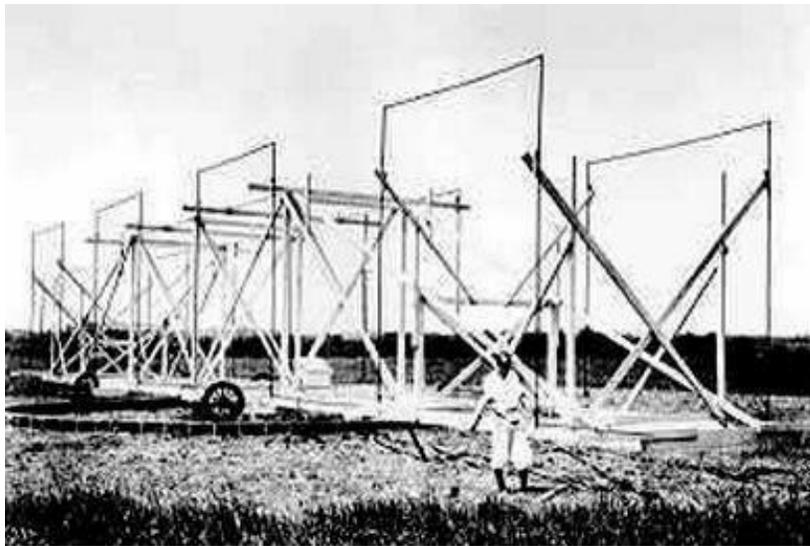
The Galactic Center

*The two most important days in your life are
the day you were born and the day you find out why.*

Mark Twain (1835 - 1910)

American writer, humorist, entrepreneur, publisher, and lecturer.

At the beginning of the 1930s, Karl Jansky, a young physicist employed by the *Bell Telephone Company* (in New Jersey, U.S.A.), built a device to try to locate an interference that was bothering the transatlantic radiotelephone communications of his company.



With a device he designed and built himself, he detected a powerful radio-wave emission that produced a constant “whistling” (as he called it) in his telephone equipment. And thus, this young man, unknowingly, had built the world’s first Radio Telescope.

After many hours of listening to his device, recalibrating it, and taking notes, he concluded that the focal point of the emanation was somewhere in the heavens and that it moved along with the stars, which meant that the “whistle” was coming from beyond the rim of the Solar System. As he continued to survey the heavens, he discovered that the point of maximum intensity of the emission was somewhere around the *Sagittarius* constellation, coinciding with the already known position of the center of our Galaxy.

Later on, during the 1960s, Infrared Wave technology began to produce its own detection instruments, which began to be used alongside the large optical telescopes. A celestial infrared emission of a 2.2 μ (microns) wavelength was observed for the first time in 1968, by astronomers Becklin and Neugebauer, of the California Institute of Technology.

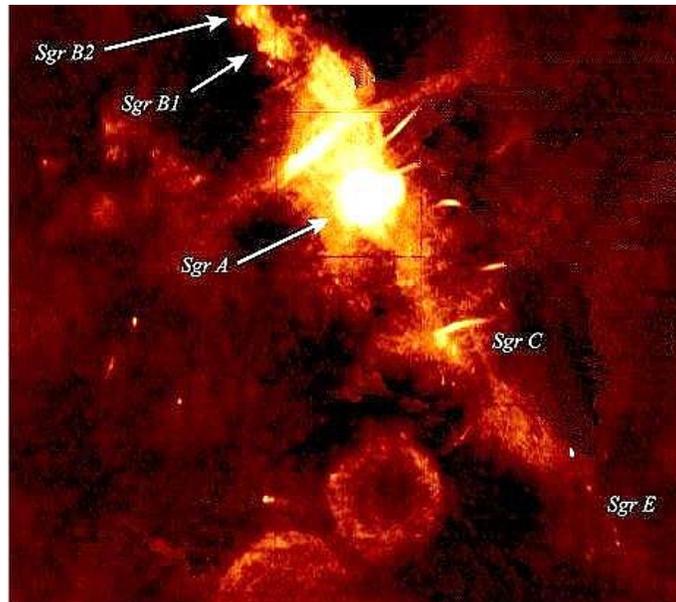
Owed to the great penetrating power of Radio and Infrared Waves, they can pass through the dense interstellar dust that permanently surrounds our Galaxy’s nucleus. And thus, these new instruments made it possible for astronomers to be able to explore in detail the innermost regions of our Galaxy.

Galactic nuclei are very dense and concentrated star clusters that exist massively and tightly packed together in a relatively small space. The intense vibrations detected there can also be found in other parts of a galaxy, but usually not in such a compact form. This is a feature that increases as we move closer to the inner nucleus. In the central core of a galaxy, the space between the stars is 300 times smaller than the distance between the Sun and its closest neighboring star. As we close in on the nucleus, we find that stars and molecular gas clouds revolve each time faster around the galaxy's center, sometimes at speeds of more than 250 miles per second.

At 0.1 degrees from our Galaxy's dead center, there's a massive structure that looks like an enormous Greek letter *omega* (Ω). It's perpendicular to the Galaxy's equatorial plane and its consistency is similar to that of a solar filament or prominence. This is something I found out long after I had begun referring to the center of the Galaxy as our Solar System's Exonical "Omega (Ω) Point."

Recent Infrared observations have also detected an enormous ring (much like a doughnut) of extremely hot particles, which surrounds the Galactic center and revolves along with it.

Other observations made in the *Gamma* and X-Ray ranges, reveal that their emission intensity, as they radiate from the Galaxy's center, can only be compared to that of the massive, ultra-hot, and fiercely active *Wolf-Rayet* stars, the most violent and "effervescent" celestial bodies known to us.

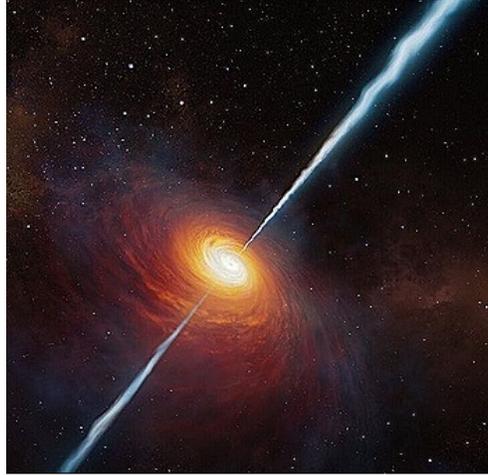


(Credit: N. E. Kassim, D. S. Briggs, T. J. W. Lazio, T. N. LaRosa, and J. Imamura (NRL/RSD))

Radio-maps of the Galaxy's central region, such as the one shown above, confirm that the strongest Radio-wave emission points were found to lie along its Equatorial Plane. Their maximum concentration is centered at a point called *Sagittarius A star* (*Sgr A**), a relatively small formation located almost at the very center of the Galaxy. It's extremely compact and emits a very stable and constant radiation. Its diameter is about the size of Jupiter's orbit (some 760 million miles). The adjacent areas, named *Sgr B*, *Sgr C*, etc., continuously produce new stars.

A Japanese radio-astronomy team of the Astronomy Institute, of the Tokyo University, using a special technique that allows the detection of very tenuous magnetic fields, has recently found two colossal vortices emanating from the center of the Galaxy. These gigantic magnetic "tornadoes" are aligned

along the Galaxy's rotational axis, each departing from one of its magnetic poles and extending outward into space for well over 650 light-years.



As I mentioned in a previous chapter, ancient mystics believed that our perceptible Sun was *not* the primordial fountain of Creation. For them, the visible Sun was produced by another, many times larger, invisible, hidden, and central “sun” that, in their opinion, was the true energy powerhouse made of “crystallized spirituality” from which everything else came forth. And, as modern Astrophysics have confirmed, those ancient wise men were quite right.

“It’s the flow of life that enters the body of the world, which can be represented as a stream of energy that produces the different degrees of condensation of the one vital force.

The energy flows from an invisible origin, from the symbolic central point of the Universe, the “Unmovable Point” of the Buddha legend, around which revolves the rest of Creation.

Below this central point we find the head of the Cosmic Serpent, the Dragon, the symbol that represents the Abysmal Waters.

The Tree of Life, the Universe itself, springs forth from this point. Its roots cling to the darkness. It’s a wellspring, a never-ending fountain.

Or it could be a Magic Mountain with the City of the Gods on its summit [Exonica’s Alpha Point, or the Greek Mount Olympus], and at its base, the City of the Demons [The Omega Point; the Mayan *Xibalbá*].

It is the *Omphalos*, the Navel of the World, through which the Eternal Energy comes forth into Space and Time. Thus, it’s the symbol of Continuous Creation: the mysterious preservation of all worldly manifestations, thanks to the revivification miracle that surges from within all entities.

It’s the secret of the transformation of Primal Energy into perceptible form, the Center of the Wheel, the Universal Mother’s womb, whose fire is the *Fire of Life*.”

An extract from **Joseph Campbell’s**, *The Hero of a Thousand Faces* (op. cit.).

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The idea of a great celestial energy source, surrounded by “clouds of fire” (which, come to think of it, is an excellent way of describing the *plasma* that constitutes the Solar and Galactic wind) has been kept alive by Alchemical tradition, the Cathars, the Templars, the Masons, the Rosicrucians, the Gnostics, and several other important mystic groupings. It’s the same concept characterized by the Holy Grail and by the Druid Serpent that “holds up the Philosophical Egg.”

Regarding this last part, I’d like to say that the ancient Druid notion agrees with what science has presently found to be true, for, according to astrophysicists Blum and Fahr (1969), the geometry of the Heliosphere shows it to be somewhat flattened on the side that faces the Galactic nucleus and stretched-out on the opposite side —just like an egg! This was later corroborated in 1970 by Chambers, Fehlan, *et al*, and confirmed again by Thomas and Krassa, in 1971, with data collected by the OGO-5 satellite.

Furthermore, Blum and Fahr, in the 1970s, determined the presence of abundant *Lyman-Alpha* (neutral Hydrogen) radiation that reaches our planet, most of it coming from a Right Ascension of about 17^h 46^m (± 270 ecliptic degrees along Earth’s elliptical path) and a declination of -28.56 degrees (2022 data). These are the astronomical coordinates of a point in space that lies between the *Serpens* and the *Ophiuchus* constellations —the Serpent and the Serpent-Master— a little above the *Scorpio* and *Sagittarius* constellations, the direction in which we find the center of our Galaxy.

By the way, this radiation was the first clue I found, back in the mid-1990s, that suggested that one thing happened on one side of the Earth’s orbit (at ± 270 ecliptic degrees) and that something different occurred at the diametrically opposite orbital point (at ± 90 degrees). This is how Exonica’s Omega (♁) and Alpha (♋) Points were born.

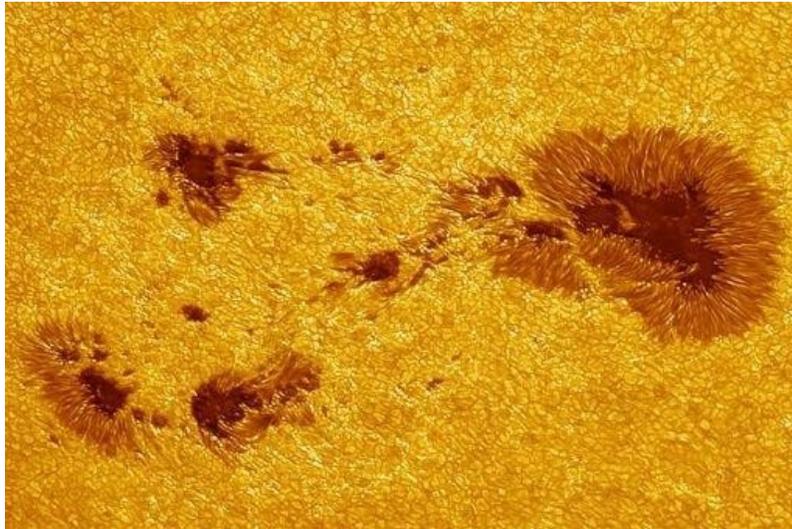


Sunspots

*The Sun, the bonfire of affection and life,
irrigates our pleased Earth with ardent love.*

Arthur Rimbaud (1854 - 1891)

French poet.



The influence produced by the Sunspot Cycle (Exonica's Helios Cycle) fills the entire Solar System, modifying the action of all the lesser Cycles it encloses. The following paragraphs describe some of the effects caused by the Helios Cycle.

~ According to the French *Astronomical Bulletin*, "the grapes harvested during periods of maximum solar activity are truly excellent." This, of course, reflects on the quality of the wines and champagnes produced from one year to another.

~ It has also been determined that during the years of Solar Maximum (when the Helios Factor was close to the Omega Point of its Cycle), the concentric rings formed in the wood of the trunks of coniferous trees (pines and firs) were wider, proving that trees produce more wood during these periods. We know this thanks to Chronodendrology.

~ The population of wild animals grows and so does the amount of icebergs floating in the oceans. It's also a time when the outbreak of mosquitoes bearing Malaria, Dengue, Zika, Chikungunya, etc., climaxes (e.g., from 2013 to 2015). Other pests, such as flies, cockroaches, lice, ticks, mice, and rats likewise grow in numbers and aggressiveness.

~ When the Sunspot Cycle is in its ascending (waxing) phase (during the AlphaAction phase of the Helios Cycle), there's an upsurge of certain types of accidents, especially those caused by an overload of the nervous system. The strong solar storms of this time also can boost general nervousness and agitation, which can drive some people to extreme anxiety, violence, or even suicide. Likewise, widespread public distress causes more disturbances of

Exonica

an economical, political, and/or social basis. Under these solar conditions, the work or study environment becomes unbearable to many people. There are definitely more emotional crisis at both ends of the Helios Cycle, thus, more patients are interned in psychiatric wards either due to over-excitement and hysteria (during the ascending/waxing phase of the Cycle, specially when its focal point/Factor is close to its Omega Point), or because more people suffer from depression or serious melancholia (during the descending/waning phase, when the Helios Factor is near the Alpha Point of the Cycle).



~ Illnesses of epidemic or pandemic type, such as polio, cholera, typhus, diphtheria, smallpox, meningitis, coronavirus, and so forth, also rise and fall in step with the Helios Cycle, according to investigations realized by Bortel, De Rudder, and Chizjevsky.

~ Throughout the ascending/waxing phase of the Sunspot Cycle, there are also more heart attacks, *angina pectoris*, eclampsias (intense cramps suffered during childbirth), and violent pulmonary embolisms. Conversely, during the descending/waning phase, there were surprisingly fewer cases of these anomalies. These ailments are now considered to be *heliotropic* illnesses, which means that they vary according to the intensity of the Sun's energy output.

~ Even the composition of our blood changes as the Sunspot Cycle progresses. This causes a variation of the blood flocculation (coagulation), as per investigations of Dr. Maki Takata, in 1951. In years of maximum solar activity, average leukocyte count decreased 1.5 to 1.67 times that in the low solar activity phase, and blood formula shifted toward lymphocytosis. Blood sedimentation rate also varies with the Sunspot Cycle. Since this rate parallels the amount of albumin and gamma globulin, resistance to infection may also correlate with solar cycles

Exonica

- ~ Statistics prove that there's also an increase of mortal aneurysm occurrences during the fierce electromagnetic storms that regularly occur on the Sun. There are also more gout and rheumatism attacks, as well as more neuralgia spells and headaches.
- ~ When the number of Sunspots increases, children become more restless, excitable, and irritable, thus disciplinary action in schools also rises (according to Abbott Moreaux, 1930).
- ~ The number of hospitalizations for depressions was correlated to the Wolf number (sunspot number), and the correlation revealed that the higher the Wolf number, the lesser the frequency of depression (MINSAL Chile).
- ~ As the Sunspot Cycle progresses toward its maximum, the strong electromagnetic and ionic concentration that impregnates our atmosphere many times overtaxes animal "radars" and causes their disorientation. This frequently produces a deviation from their normal migratory routes—a phenomenon that often leads them to their death. This can be seen when schools of dolphins, whales, orcas, and other cetaceans change their normal course and become stranded in shallow waters. Something similar happens to wild geese, sidetracking them into desert wastelands where they can't survive.
- ~ It has been reported by the US Federal Reserve Bank of Atlanta, Georgia, that high geomagnetic activity has a negative, statistically and economically significant effect on the following week's stock returns for all US stock market indexes. If you participate in stock market operations, take advantage of this information.
- ~ A connection has been found between the US gross domestic product, the Dow Jones Industrial Average, and the number of sunspots and a majority (80%) of the most significant historical events from 1749 to 1926 occurred during solar maxima, which correlates with the highest periods of geomagnetic activity.

It has been proven that the solar wind practically doubles its energy output every time the Sun's rotation causes one of the larger Sunspot clusters (see image above) enter its *geoeffective* zone, producing intense electromagnetic disturbances in the Earth's Biosphere. This happens because these spots are actually openings in the ultra-hot corona, which are produced by the colossal jet streams of plasma that are projected from the Sun outward, toward the interplanetary space that surrounds it.

The following is a small list of corporal functions that have been found to be affected by the environmental variation of electromagnetic and ionic concentration caused by the Sun:

- | | | |
|---------------------|--------------------------------|-------------------------------------|
| ~ Body temperature | ~ Drug, alcohol, and junk food | ~ Emotional reactions and attitudes |
| ~ Blood composition | cravings | ~ Acupuncture results |
| ~ Hormone levels | ~ Reactions to antibiotics and | ~ Immune System effectivity |
| | anesthetics | |

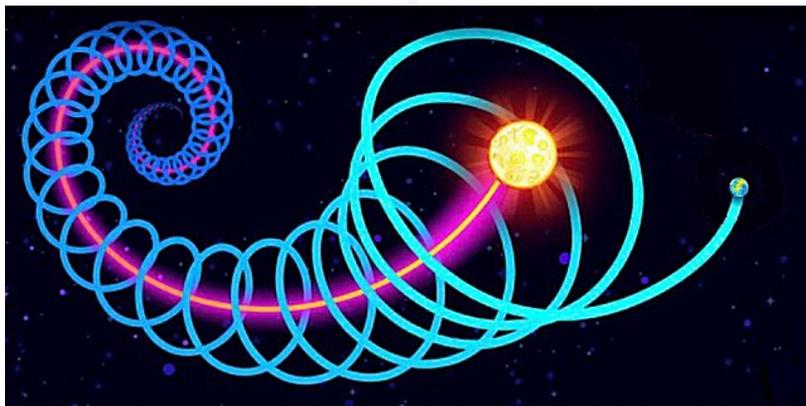
Helical Solar System

*Science consists of errors,
which, at the same time, are the steps toward the truth.*

Julius Verne (1828 - 1905)
French futuristic writer.

While our planetary system is indeed *heliocentric* (the planets rotate around the Sun), the graphical representation of this movement has been quite imprecise. Our Solar System is not a flat disc that moves around the center of the Galaxy. The Sun is more like a forward-moving comet, with its planets revolving around it in the same plane (the Ecliptic).

Below is an illustration that shows how the Sun and the Earth really move in space. Notice how the Sun's advance around the Galactic center is actually a spiral (the orange line), as explained in the *Helios* chapter. At the same time, the Earth coils around the Sun's trajectory, also in a corkscrew fashion (the blue-green line), while they both travel around the Galaxy. All the other planets move like the Earth does, but at different distances from the Sun.



The graphical representation found in most grade school, high school, university, and scientific textbooks shows the above layout as if it were seen head-on, as if the Sun were moving directly toward the observer. Only from this particular angle does the Solar System look like the classic flat disk of concentric circles usually shown.

When we picture our planetary system moving this way around the center of the Galaxy is when we can understand the periodic fluctuations of Exonica's Helios Cycle. This is the new design of the Solar System that'll be taken into consideration by future generations.

To see an animation of the Helical Solar System, please click/tap either of the following links:

[Video 1](#) - [Video 2](#)

The Wright Brothers

*The exhilaration of flying is too keen, the pleasure too great,
for it to be neglected as a sport*

Orville Wright (1871- 1948)

American inventor and aviation pioneer.



The Helios Cycle that began on September of 1901 (Sunspot Cycle N° 14), climaxed in January of 1907, and concluded in August of 1913 had a fascinating effect on two of the most important persons of North American history: Orville and Wilbur Wright, better known as the Wright brothers.

Let us once again recall that every Exonical Cycle has four stages, or Quadrants: *Air*, which is a time to design, plan, and implement the essential infrastructure of our projects; *Water*, a period to actually start building and giving tangible form to our objectives; *Earth*, a time to improve, give the best possible use, and profit from what has been made or done before; and *Fire*, an interval to evaluate the effectiveness, judge the progress, and re-orient projects (if need be), according to higher standards.

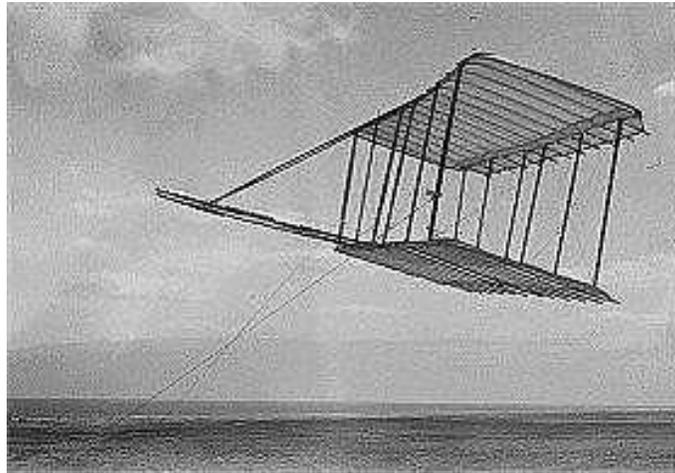
The 1901 - 1913 Helios Cycle had the following Quadrant timetable: *Air*, from September/1901 to February/1905; *Water*, from February/1905 to January/1907; *Earth*, from January/1907 to March/1909; and *Fire Quadrant*, from March/1909 to August/1913. With this in mind, let's see what history tells us about the Wright brother's saga.

In 1899 (during the *Fire Quadrant* of the previous Helios Cycle), two bicycle manufacturers, Orville and Wilbur Wright, built a biplane kite with a five-foot wingspan to test the yet shaky idea that upheld the notion that "heavier-than-air" devices could fly. And thus, they began their initial *evaluation* of the rudimentary concepts of flying, causing them to discard what was impractical and retain what was valid (exactly what should be done within the Fire Quadrant).

In 1901, now within the *Air Quadrant* of the new Helios Cycle, they proceeded to design a new aircraft and to look for a place where the winds were strong and constant enough for them to fly it as a research kite. They chose the sand dunes of Kitty Hawk, North Carolina, U.S.A.

During their first unmanned kite flights, they carefully measured the forces of lift, drag, and air speed, with the help of a hand-help anemometer. The meticulous calibrations of this instrument, along with the precise angle measurements of the ropes that tethered their kite, eventually enabled them to make important corrections to the limited aerodynamic data available in those days.

The collection of new information invalidated much of the data supplied by other hang-glider pioneers, of which the most distinguished was the German engineer, Otto Lilienthal (killed in 1896, when a gust of wind caused his craft to plunge to the ground). Nevertheless, it was the data gathered by the Wright brothers themselves that set the primordial stage for the many tests they would perform during the years 1900 and 1901.



By the end of 1901, based on the new information they had accumulated, Orville and Wilbur designed and built a new, larger glider. But the craft's instability made them redesign and rebuild it many times.

Once they went back home, to Akron, Ohio, they devised more than 60 different models of aerodynamic wings, each one to test various cambers, shapes, aspect ratios, and thicknesses, in single-wing and biplane mode (see former image). The prototypes were tested in a small wind tunnel of their own making. All this provided first-hand factual information that allowed them to design a much more stable aircraft.

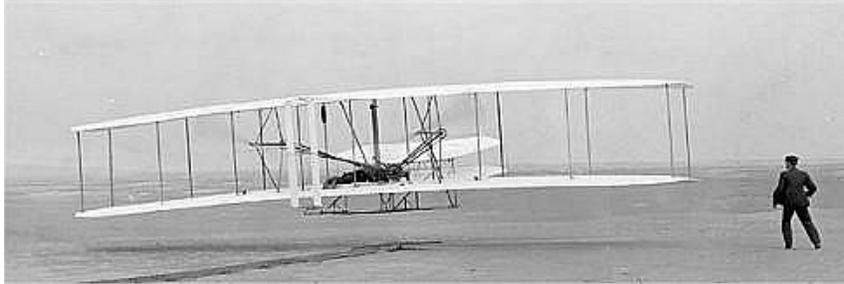
In 1902, still within the Helios Cycle's *Air Quadrant*, now working with their own data, they built a still larger version of their glider, a manned model that was a success from the very beginning. With this craft, the Wright brothers soon broke all the existing records of endurance and flatness of glide path of the time. And still, they continued to *plan, design, and adjust* the basic outline of their aircraft (just as the frequencies of this Quadrant inspired them to).

It was during 1903 that they designed their *Flyer*, an aircraft similar to their 1902 model but larger, for it was to carry a power plant along with the pilot. As they couldn't find a suitable engine, they proceeded to build their own: a 200-pound motor (together with its fuel tank and cooling system), which had an output of around 13 HP. They even designed and produced the world's first twin propeller arrangement: a slow-turning (380 rpm) "push-prop" system, of counter-rotating blades, driven by (what else?) bicycle chains!

Curiously, after 1903, the Wright brothers stopped being the keen analytical investigators they had been up to then, to become laborious and untiring builders. They never recovered their early scientific or innovative capabilities. Notice that the Helios Factor of that date was slowly moving from the *Air Quadrant* (which stimulates man's designing and planning capacities) to the *Water Quadrant* (which awakens his building faculties).

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In the following years, they built a new version of their *Flyer*, as well as a new 16 HP engine. Soon after carefully re-evaluating the design of their aircraft, they moved its center of gravity, making it much more controllable in the air. All this happened while the Helios Factor of that date was crossing the Cortical alpha Covibra of its Cycle, which greatly enhanced their intellectual skills.



The new 1905 version was similar to their former flying machines, but now it included small vertical panels to help reduce the craft's tendency to sideslip during turns. Other changes in its design gave it even more stability and maneuverability. This version was truly the culmination of their efforts. It was the world's first practical airplane, ready to be placed on the market.

Their aircraft had repeatedly and successfully flown long before other "heavier-than-air" machines had even left the ground. Please notice that the Helios Factor was then within the Material alpha Covibra of its Cycle (moving toward the end of the *Water Quadrant*), the moment of maximum impact of new creations in the physical world.

From 1906 to 1908, the Wright brothers looked for markets in which to offer their remarkable flying machine. They also developed and built a new, more powerful engine (30 HP). In 1908, while the Helios Factor was well inside the *Earth Quadrant* of its Cycle, they installed their new motor in the 1905 version of the *Flyer*, and made the world's first flight with two people aboard. These could now sit on the lower wing, instead of having to lay prone on it. Remember that the Earth Quadrant harbors the energy-forces that stimulate the final development and improvement of what has been formerly made or done.

The Wright brothers never progressed beyond their 1905 model, although they went on to their well-known triumphs in France and Washington. By the year 1910, with the Helios Factor now in its *Fire Quadrant*, their competitors had caught up with them, and by 1912 they were left behind by the aeronautical revolution they themselves had started.

This interesting and true episode, along with the many others that history has to offer, documents and demonstrates the effect that the Helios Cycle had (and still has) on mankind's progress.

The Ideal Occupation

All things will be produced in superior quantity and quality, and with greater ease, when each man works at a single occupation, in accordance with his natural gifts.

Plato (ca 428 - 347 BCE)
Greek philosopher.



In most western hemisphere societies, teenagers are required to choose a career or life occupation while they're still quite young. In many cases, this selection has to be made while they're still in High School, because the next level of their education depends on this choice. This means that 14 to 16 year old youngsters are being asked to make one of the most important decisions of their lives!

I know there are certain psycho-technical tests that could help them make their choice, and that many times parents would like to see their offspring follow their footsteps. Along with this, we must include the pressure applied by grandparents, uncles, and in-laws, as well as that of well-meaning teachers, friends, and other relatives. Add to this what the future trends of a given country's labor market *seem* like they are going to be. Indeed, there are many elements to evaluate before making this vital decision!

Owed to what's at stake —no less than the future of our beloved children— the emotional pressure behind a career choice is very high. Truly, we'd have to be some kind of fortune-teller to come up with the occupation that's best suited for each of them.

The Exonical algorithms can help them (you) with this selection. Much testing has confirmed that the subject matter, aspect, or field indicated by an individual's **Ideal Occupation (IO)** provides useful information concerning a person's basic occupation. With the information provided by Exonica, a person can choose with more ease and precision the field or topic they should take on to subsist in a productive, profitable, and comfortable way. If you're an unsure student or concerned parent, [click/tap here](#) to use Exonica's app to get free information about this issue.

Once the IO has been established, a youngster can aim his effort toward the proper studies, those that'll train him to work in the appropriate field. The IO app provides crucial advice that can set a person on the right track, so that, once they conclude their training, they can incorporate themselves successfully into the work force of their society.

Keep in mind that if the profession or occupation is not chosen in accordance with a student's *inborn attributes*, once they graduate (if they graduate at all), they'll just become one of the many thousands of mediocre and unsatisfied workers that the world has to deal with. This means that the student's time and effort, as well as the sacrifices made by their parents, will all have been in vain.

Whereas, if the young person focuses on a profession or occupation that matches their *true abilities*, once they graduate they'll surely find an excellent job and do very well in life.

Axis Mundi

Know thyself
Ancient Greek Proverb.



The dense concentration of particles (dust, plasma, and gas molecules) that lies between the Galactic core and the Earth absorbs most of the light waves emitted by this nucleus. This is why the immense central formation of the Galaxy has been and will remain difficult to be observed by the naked eye. However, if our eyes could see radio, x-ray, infrared, and/or ultraviolet waves directly, then, when we looked toward the center of the Galaxy, we'd see a formation so big and brilliant that it would outshine our Sun.

The existence of an “energy center” of greater power and splendor than our Sun has been intuitively sensed by the great mystics of many ancient civilizations. Still, this “divine power,” like a colossal, invisible bonfire, infinitely greater and more terrible than our visible Sun, in those times, had persistently remained hidden from their sight.

For many ancient societies, the visible Sun was but a secondary formation created by a much larger central power —the legendary *Black Sun*— that revealed “the beginning and the end of life” (the Alpha and the Omega). Its existence was only known by the patriarchs of the great mystical schools, the high priests of occultism, and the great Oriental Magi of yesteryear.

The Maya Indians of Central America gave much importance to the two celestial points where the starry band that marks the equatorial plane of our Galaxy —the Milky Way— crosses the Ecliptic (which in a former chapter was named the SSEP, the Solar System Equatorial Plane). One of these points lies between the constellations of *Sagittarius* and *Scorpio* and the other is between the *Gemini* and *Cancer* constellations. Curiously, the first point mentioned is where we find the center of the

Galaxy, toward the Omega Point of the Solar System's Transvibrational Axis, and the second one, the Alpha Point, as you already know, lies toward the Galaxy's outer rim. But, how could the primitive Maya know this?

Crosses

For the Maya, the Milky Way was the "World Tree," the *Wakah Chan*, their Primordial *Ceiba Tree*, as they called it. Its graphical representation was a vertical beam crossed by a wiggly, two-headed serpent-like line. The beam symbolized the Milky Way and the wavy line represented the sinuous path followed by the Sun and the planets in their yearly parade in front of the Zodiacal constellations. The figure thus produced looked a lot like a Christian cross. This was the cross that time and again the Spanish monks and *conquistadores* found in the Mayan temples. These simple-minded friars couldn't understand how the New World "heathen savages" worshiped the Catholic cross before their arrival. Still less did they understand the meaning the Maya gave to their own "cross."

The Maya astronomer-priests placed the roots of the *Wakah Chan*, that is, the most material part of their "World Tree," at the center of the Galaxy, toward the Omega end of the Solar System's Transvibrational Axis. In that same area of the sky, they located *Xibalbá*, the Realm of the Demons and of everything that awakened man's most visceral instincts and primitive emotions.



Whereas, the top of the "Tree" was situated toward the Alpha end of the same Transvibrational Axis, toward the outer rim of the Galaxy. For the Maya, this was the "Dwelling of the Good Gods," that is, the realm of influences that activated man's purest, more spiritual functions.

Four of the brightest stars of the northern hemisphere mark the ends of a great celestial cross that was deeply revered by the Maya (left image). These were: POLLUX (the left arm of the cross, in the *Gemini* constellation), ALDEBARAN (the right arm, in *Taurus*), CAPELLA (the top of the vertical beam, in *Auriga*), and SIRIUS (the lower end, in *Canis Major*). The vertical beam of the cross ran nearly parallel to the Milky Way (the tenuous sharply inclined line) and the horizontal crosspiece was almost in line with the Ecliptic (the slanted green horizontal line). For this culture, the "World of Mankind" lay in the intermediate zone, at the crossing of both lines, that is, midway between the roots and the top of their "Tree of Life."

It's my firm conviction, as I imply throughout this work, that many ancient astronomer-priests the world over were individuals of great intuitive sensitivity, persons who in some unknown way could *sense* (more than see or calculate) the cyclic oscillation of our planet within the Solar System's Transvibrational field, and that, furthermore, they could *feel* the effect that the yearly "Terra Cycle" had on their daily lives. At the time, their wise counsel was carefully followed by emperors, kings, and other leaders of their respective societies.

Surely, the astronomer-priest's problems began when he had to explain his insight to persons of a more mundane mentality, for how could he describe his imagery without the astronomical and astrophysical equipment and knowledge we have today? In only one way: by the use of metaphors, allegories, and

parables, which, in spite of their vivid descriptions, haplessly, could and too many times were misunderstood.

Consider the difficulties that the Greek thinker Anaximander of Samos (610 - 547 BCE) might have had to transmit his notion of “a gigantic circular furnace, hidden from our sight by a dense curtain of visible stars.” Who would have thought that he was referring to the nucleus of our Galaxy? With the limitations that come from (a) the fact that we cannot directly see the great energy complex located at the center of the Galaxy, (b) the geocentric panorama of the heavens that overwhelms the senses, and (c) the thousand-and-one superstitions, dogmas, and prohibitions that reigned in those days (many still do), it’s a miracle that even the notion of a influence has survived throughout the ages.

In present times, the location of the Galactic center comes from careful observations made with modern high-precision instruments. Especially with those capable of examining and recording the radio, infrared, x-ray, and other electromagnetic (non-photonic) wavelengths emitted by the Galactic nucleus.

With these precise measurements, modern man has been able to determine that the exact position of our Galaxy’s center lies at a point of the Earth’s southern hemisphere sky, in an area surrounded by the *Scorpio*, *Ophiuchus*, *Serpens Cauda*, and *Sagittarius* constellations.

Gods and Divinities

Looking at all this from another viewpoint, we find that the formal religions of all times tacitly agree, now and erstwhile, that “Divine Law” rules the entire cosmos. And that this ultimate Godly Power is expressed through many and diverse “lesser divinities” (sons, daughters, muses, jinn, noumena, angels, disciples, daemons, or elemental forces, among others), each acting from a certain “level” of the Celestial Kingdom.

According to those religions, there’s always a great and mighty “Absolute Ruler” whose standing is that of “King of kings” (*Rex Regnum*), Great Father, Supreme Grandfather, or the “Power behind all power,” because He governs over everything that exists.

This “August Ruler” has been represented in many ways. For example, for the ancient Greeks, it was the great *Zeus*, for the Romans, it was the all-powerful *Jupiter*, for the ancient and modern Arabs, it was and still is the eminent *Allah*. The Aztec Amerindians knew him as the supreme *Ometéotl* and for the Peruvian Incas, he was (is) the sovereign *Viracocha*. For the ancient Assyrians, he was the royal *Assur*, and for yesteryear’s Persians, the followers of Zarathustra (*Zoroshtr*), he was the mighty *Ahura Mazda*, to mention but a few.

In Greek tradition, the myth of Creation that prevailed in antiquity was the one stated by Hesiod (VIII century BCE) in his scholarly work “Theogony.” In it he explains that out of Supreme *Chaos*, immense, static, and silent, came forth *Eros*, the primordial impulse that set everything in motion, along with *Gaia*, the space-time (material) expression of all things.

In those days, the word *chaos* did not mean “disorder,” as it implies today. Instead, it referred to “a great open space or an eternal void,” which had no distinct features or elements. Neither did the name *Gaia* refer to the goddess of the Earth nor to “terrine substance.” To those ancestral Greeks, Gaia was their version of the Cretan *Rea*, the Great Goddess, Mother of “everything that had a definite form,” which included, obviously, all earthly matter and everything it formed.



The original *Eros* represented the all-mighty force of Creation, an entity much more important than all the other deities, for these were but spin-offs of this immense Central Power.

As time went by, the primordial force represented by *Eros* was belittled and profaned —mostly owed to private interests of the power-circles that manipulated formal religion— until he was slowly changed into the mischievous, winged childlike figure, *Cupid*, whose arrows today only awaken

romantic love.

So then, according to Hesiod, out of *Chaos* came *Eros* and *Gaia*, and from their interaction *Ouranos* was procreated, a name that only many centuries later would be used to identify Uranus, the first trans-Saturn planet discovered. But, at the time, *Ouranos* represented “the great crown of stars that covered it all” —the Milky Way itself.

The Greeks of Antiquity

For the Greeks of former times, there were two groups of entities that prevailed over all the other mythological beings. The first were the *Gods of the Olympus*, whose key members were the seven visible celestial bodies: the first five planets (Mercury, Venus, Mars, Jupiter, and Saturn), plus the Moon and the Sun. The second group involved the powerful *Titans*, gigantic entities who each ruled over a particular “celestial realm”: the constellations. They were twelve in all: six male (emitting, expressive, and “outward-bound”) and six female (receptive, impressive, and directed “inward”).



For most of the Aegean world of that time, the fate of the entire creation depended on the outcome of the battles that were continuously fought between the Gods and the Titans. If you stretch your imagination a little, you’ll see that the “celestial realms” of the Titans are the ontological domains that *Exonica* calls “Covibrals”: six activated by AlphaAction and six stimulated by OmegaAction.

Örlog and Wyrð

We must realize that everything is connected to everything else.

Leonardo Da Vinci (1452 - 1519)
Italian polymath of the Renaissance.



The purpose of this chapter is to show you that Exonica's central message has been taken into consideration for a very long time and by many different civilizations. Let's see how the North European cultures dealt with it.

Örlog and **Wyrð** are two Scandinavian (Old Norse) words that have been used for ages to speak about the basic structure of the Universe, the process of continuous change, and a person's fate.

The meaning of both words has been distorted and has traded places many times, which has disoriented many people. So, instead of addressing those misleading opinions, and possibly confusing you too, I'll define them from Exonica's viewpoint.

The term Örlog has usually been used to mean "eternal, primal law" (Icelandic-English Dictionary). It comes from the Old Norse words *ór* "out of, from" and *lög* "law." The full meaning is: "that which comes from the law," in this case, the law of the Universe. Another related word is *lagr*, meaning "layer or stratum."

On the other hand, the term *Wyrð* comes from Old English and Germanic words that are akin to: "to come to pass, to take place, to become, or fate." Wyrð, in short, is the result of how an individual chooses to willfully adapt their actions (or not) to the ongoing forces of Örlog. These are the decisions that, step by step, day by day, give form to a person's fate (Wyrð).

In former chapters I explained that Exonica's Transvibra is the essential energy structure of the Universe, which gives form to a series or "staircase" of vibrations of different frequencies that are grouped into Covibrals (into vibratory *lagrs*, layers, or strata).

The Norse Örlog is equivalent to the Hindu (Vedic) *R̥ta*, inasmuch as they both refer to the impersonal and highly organized forces, which eternally cause everything in the universe.

There is also a likeness between Nordic Wyrð and Oriental Karma, as they both refer to the good or bad consequences of acting in harmony (or not) with the conditions set forth by Örlog or *R̥ta*, a behavior that the Hindu call *Dharma*.

Hence, comparing the ancient Scandinavian Örlog and Hindu Ṛta with the modern Exonical exocausal web, we find that *they're similar* for they all describe the action of the natural, relentless, and non-conscious forces of the Universe, as related to us.

The energy settings of Örlog cannot be artificially stopped or modified, but a person's Wyrð *can be changed* depending on the way a person takes into consideration and adapts (or not) their lives to the unchangeable and unavoidable influences of Örlog.

In other words, Wyrð is the continuous working out of the "Law of Cause and Effect" *on a personal level*, according to how each of us takes into consideration (or not) the ever-changing forces of the Universe, and molds the use of their inborn attributes accordingly. Like I said, Wyrð is not unalterably fixed, like Örlog is, for a person can build and move about within the "web" of their Wyrð. Our will cannot change Örlog, but it can and does determine our Wyrð.

Put differently, each individual has their own Wyrð, which represents their *personal destiny*, and is shaped by their choices and actions within the energy framework of Örlog.

Let's see a figurative example. A hurricane is caused by Örlog, that is, by uncontrollable natural forces. The Wyrð of a person caught by this tempest is produced by the way he or she deals with its onrush. The person's present and future destiny depends on how they respond to the storm's action.

As I said before, our Essence always acts in perfect accordance with Örlog / Ṛta / the exocausal web, while our Persona begets its Wyrð or Karma (destiny), as it faces and deals with the situations produced by the prevailing exocauses.

The Exonical theory sustains that if we know the conditions activated by the ongoing exocauses (Örlog), we can adapt our thoughts and actions to these influences, and thus benefit from them by producing good Karma or fate (Wyrð) in our lives.

Wu Wei

*Astronomy has revealed the great truth that the whole Universe
is bound together by one all-pervading influence.*

William Leitch (1814 - 1864)

Scottish astronomer, naturalist, and mathematician.



Chinese *Taoism* is both a school of philosophical thought and a religion. It began in the 4th century BCE and states that Tao is “the source/cause of everything and the primordial principle underlying life.” Its cosmological notions define a system that shows us how to keep human behavior in harmony with the cycles of Nature.

Surprisingly, both the Scandinavian *Örlog* (see former chapter) and the Oriental *Tao* sustain that they deal with “the primal laws and workings of the Universe.” And that to become aware of and move in step with the conditions produced by these essential laws, will bring an individual well-being and success in life.

The Chinese **Wu Wei** method refers to acquiring a state of being in which our actions are effortlessly in sync with the ebb and flow of the primordial cycles of the cosmos. In other words, it’s the practice of taking no action that is not in accordance with the natural forces of the Universe. It’s a kind of “moving along with the (natural) flow” that is characterized by the great ease with which, without even trying, we’re able to respond efficiently to whatever situation arises.

All things in the Universe—including the human being—have, in accordance with the process (Tao), their own natural course, which, if unimpeded, leads to good health, happiness, and success.

However, human beings—owed to their rational mind, culture, and government—often interfere with the natural flow of their Essence, substituting its effectiveness and spontaneity with the willful purposes of their Persona.

Chinese cosmologies present a vision of a dynamic universe that is incessantly being generated. While the course of this action cannot be fully anticipated, it emerges and operates according to a continuous process. Human beings, however, try to impose their own will on it. Many times they create rituals designed to control human life, as well as form governments that channel people’s energy and resources toward their own particular ends. Such actions distance the people from the natural generative process of which they are a part. Instead, humans should attune themselves to the constant transformations of the Way (Tao) - **Matt Stefon**, *Home Philosophy & Religious Philosophical Issues*

Exonica

Wu Wei entails that we allow our Inner Self (our Essence), which is permanently in sync with the ways of the Universe (Tao and the exocausal web), to work out our future circumstances and activities as our inborn aptitudes require and the prevailing exocauses bring about.

For individuals, it suggests cultivating inner peace, aligning oneself with our true nature, and acting authentically without artificial effort.

Being still requires courage and confidence, believing that there is a place for us in this big, seemingly chaotic and dangerous Universe, and that we have a deep-rooted Essence that will help us find and assume it in a favorable way.

The indiscriminate pursuit of our desires usually clashes with natural Tao. This produces a discrepancy between what a person wants and what is in harmony with Tao. This imbalance is very unfavorable for the individual and their projects. Unfortunately, this is what our modern western society teaches us to be.

Acting in accordance with Wu Wei can be considered a skill that can be learned and an instrument of self-control. Our Persona has to be taught to willingly and serenely accept the way things really work, to then properly integrate ourselves with this natural process.

Unknowingly, we become slaves of our desires, convincing ourselves that the next triumph we achieve will be the one that finally changes our lives. Taoists address this problem with Wu Wei because they know that by moving in step with Tao (the workings of the exocauses), first to attain inner peace, to then get what is wanted with more ease.

Wu Wei encourages us not to try to impose our personal viewpoint of how things should be in our lives. Instead, we ought to let things unfold as they should according to the prevailing natural order (in harmony with the current conditions / exocauses), free from anxieties and untimely desires.



Desana Petroglyph

Credit: Gipri archives, Bogota, Colombia.

New-World Aboriginal Philosophy

*Here's to the crazy ones, the misfits,
the rebels, the troublemakers,
the round pegs in the square holes ...
they're the ones who see things differently*

Steve Jobs (1955 - 2011)

American business magnate, industrial designer,
media proprietor, and investor.

And how can we not be marveled by the lucidness of the message given to us by the **Desana** (Tukano), a North Colombian and North-Western Brazilian native tribe. Let's take a moment to enjoy their fresh, unclouded wisdom.

For these jungle dwellers, the most important element of their Universe is the Sun. They see the Sun as an immense seminal flow that fertilizes all levels of Creation, including the Biosphere where they live—their beloved Amazonian jungle.

Surprisingly, they also have words for such profound notions as “universal law” and “biocosmic energy,” *Tularí Bogá*, which is equivalent to the terms *Örlog* (Scandinavian) and *Rta* (Hindu).

For hundreds of years, this remote tribal group has believed that Creation consists of four fundamental elements: air, water, land (earth), and energy (fire), surprisingly similar to the astrophysical notions that I've explained in several parts of this book.

Furthermore, they believe that “the yellow rays, together with the orange, blue, and white ones” emitted by the Sun indicate the different intensities of the “fertilizing energy” that comes from the Supreme Creator (*Pagë Abé*), who generates the Sun we all see in the sky. Please notice that they're referring to the different wavelengths of energy radiated by the Sun, but as their language has no specialized words for these vibrations, they describe them as “colors.”

From their standpoint, “Our Earthly environment is like a large cobweb. It is transparent, and the Sun shines through it. The threads of this web form the rules that men should live by, for they are guided by these threads in order to live well.” How about that... a ‘primitive’ jungle-dweller's vista of the exocausal energy-forces!

Their Supreme Divinity is called *Go'á-Mëe*, whose etymological roots come from *go'á*, bone, and *mëe*, the power to produce something. In their uncomplicated logic, bone constitutes the skeleton that gives support to man, and thus, by analogy, it holds up their society. This is why Divinity is the “bone” that by its strength and ability to be a pillar—an *Axis Mundi*—that gives stability to the entire structure of the Universe. At the same time, the Desana compare this bone with a tube, which they call *ve'e go'á*.

The word *ve'e* means tubular cane, like the one used to make a flute or an arrow. For them, this tubular item connects the “Divine Realm” with the lower levels of the scale, all of which are considered to be consecutive receptacles, one within the other (like the Russian “Matryoshka” dolls). It’s through this “tube” that the “bone” (the Divinity) makes contact with man, awakening in him the divine inspiration.

According to the elders of the tribe, the energy flow that comes from the Milky Way (*mirúnye bogá*) is to be considered “the Primordial Cause of all creation, transformation, and exchange of energy.” And, as thus, this energy enters a gigantic closed circuit, activating all aspects of Creation. They imagine this circuit to have a fixed amount of energy, constantly circulating from God down to man and his environment, from plants to animals, from animals to man, and from man back to God.

This produces a symbiosis between nature and human society: some of the energy provides for their earthly requirements and another part nourishes their spiritual needs. Their beliefs state that, as the available amount of energy circulating in the Biosphere is fixed, man must take only what is strictly necessary. He may “borrow” part of the energy that gives form to his environment (fauna, flora, and topography), using it to prolong his own existence and then, in some magical way, he must give it back to God through his actions in life.

New-World aboriginal philosophy, as you can judge for yourself, somewhat concurs with what our modern Cosmological theories affirm, as these also sustain the idea of a cosmos that is *continuously regenerating itself*.

But, to our indigenous brothers, “space” has never been static, barren, and dead, as some theories of our modern science uphold. For them, space is a vibrant and dynamic presence, as alive as time itself. They consider it to be a vast and eternal ambiance where everything is constantly being created and re-created by the magnanimous forces of the Universe.

Their message to us is that if we learn to integrate ourselves with the existing forces (just like the Exonical ideology upholds), we’ll be able to live a happy and productive life. How very right our jungle brethren are!

(Credit: many explanations were taken from Gerardo Reichel-Dolmatoff’s book, “Amazonian Cosmos.”)



Take a break! Read a (very) [short story](#) about how Yara, a young native girl of the remote Desana tribe, stirred up the interest of modern day scientists. It’s free, in PDF format. Just click/tap on the link and enjoy! Tip: have your browser read it to you. Close the browser’s tab to return here.

Your Exonical Profile (XPro) and Artificial Intelligence (AI)

Keep your eyes on the stars, and your feet on the ground.
Theodore Roosevelt



To make the most of and profit from the information given in your Exonical Profile (Xpro), you can use free and readily available Artificial Intelligence (AI) apps found on the Internet. I suggest that you use ChatGPT, Google’s *Gemini*, DeepSeek, Grok, or any other one. The following is an example of what you could do.

My son’s XPro, regarding his Life Purpose, said:

“To assume your Life Purpose, your chief goals should be to discover and bring forth, to pioneer and herald new ideas, commodities, services, and wares.” This means that the most important objective of his life should be closely related to their inception, initial planning, foremost implementation, and inaugural start-up.

It also stated, “Your inner blueprint shows that your creativity flows best from the overall plan —the basic idea&— to the details and parts that comprise it, from a generic or universal design toward the details and particularities that constitute it, and from an event’s cause to the effects it produces. In other words, your Life Purpose is to bring forth new ideas and creations that satisfy specific needs (beginning with your own).

All your other Attributes and Qualities are geared to sustain this major goal. This will become more evident after your 40th birthday.

BEING MORE SPECIFIC...

Your long-range goals should be related to the origination of new ideologies, theories, and concepts, as well as to the release of original opinions, notions, meanings, and information.

Take into consideration projects in which you have to write, speak, or otherwise communicate new and original ideas.

Give thought to ventures that are based on incipient knowledge and budding theories, as well as to the work that stems from rational investigations and up-to-date fact-findings.

In short, your Life Purpose is to get involved with new projects in which you're the one that supplies the conceptual knowledge and the intellectual skill needed to get things going."

I then fed all of the former into Gemini AI and asked it:

"How can he (my son) best use the formerly described attribute?"

It told him:

"Here's how you can best use your attributes to fulfill your life purpose of bringing forth new ideas and creations:

Focus on Big-Picture Innovation:

- **Originality is Key:** Your strength lies in generating entirely new ideas, not just improvements on existing ones. Brainstorm freely, explore unconventional approaches, and don't be afraid to challenge the status quo.
- **Conceptual Frameworks:** You excel at creating the overall plan, the "big picture" for your ideas. Develop strong foundational concepts and frameworks before diving into details.
- **Cause-and-Effect Thinking:** Consider the potential impact of your ideas. Analyze how your creations will address specific needs and solve problems.

Express Yourself Through Communication:

- **Writing and Speaking:** Utilize your ability to articulate ideas clearly. Write books, articles, or create presentations to share your vision.
- **New Knowledge and Theories:** Seek out cutting-edge research and emerging fields. You thrive in environments that embrace the unknown.
- **Conceptual Leadership:** Take on projects where you can provide the intellectual foundation and guide others towards innovative solutions.

Finding the Right Path:

- **Consider Careers:** Explore fields like research, development, entrepreneurship, or consultancy. Look for roles where you can originate new ideas and influence strategies.
- **Personal Projects:** Don't limit yourself to professional settings. Pursue side projects that spark your creativity and allow you to experiment with new concepts.
- **Lifelong Learning:** Continuously educate yourself. Stay updated on the latest advancements in your field to fuel your innovative thinking.

Remember:

- Your true purpose may take time to fully crystallize. Be patient and trust your process.

- Collaboration can be powerful. Partner with others who can help you translate your ideas into reality.
- Embrace challenges. Obstacles can often lead to unexpected breakthroughs.

By focusing on your strengths and channeling your creative energy, you can make a significant contribution to the world through your innovative ideas and creations.”

As you can see, the AI answer enhanced and extended what the XPro originally provided. Take advantage of this marvelous free resource.

You could then ask, for example:

“In what specific fields could I best apply these attributes?”

I did just that. And the AI app answered:

“Here are some specific fields where you could apply your attributes for innovation and bringing forth new ideas:

Innovation-Driven Fields:

- **Technology & Engineering:** Be at the forefront of developing new technologies, software, or hardware solutions. Explore fields like artificial intelligence, robotics, biotechnology, or sustainable energy.
- **Design & User Experience (UX):** Revolutionize user experiences by creating intuitive interfaces, user-centered products, or innovative service designs.
- **Futurism & Foresight:** Research and analyze future trends, emerging technologies, and potential challenges. Help organizations develop proactive solutions for the future.
- **Social Entrepreneurship:** Develop new solutions to tackle social or environmental problems. Combine social good with innovative approaches in areas like education, healthcare, or community development.

Creative & Ideation-Focused Fields:

- **Marketing & Advertising:** Craft original marketing campaigns, develop disruptive advertising strategies, or create new forms of content marketing.
- **Game Design:** Conceptualize and design innovative games that push the boundaries of storytelling, mechanics, or player interaction.
- **Entertainment & Media:** Develop new and engaging stories, write groundbreaking scripts, or create unique film concepts. You could also explore the world of immersive media like VR/AR.
- **Architecture & Urban Design:** Design sustainable, innovative buildings or urban spaces that address future needs and enhance people’s lives.

Research & Knowledge-Based Fields:

- **Scientific Research:** Pursue cutting-edge research in areas that spark your curiosity. Contribute to new scientific understanding and discoveries.
- **Academia & Education:** Develop new educational methods or theories. You could also research and explore future models of education.
- **Think Tanks & Policy Development:** Contribute original ideas to solve complex societal problems, participate in policy development think tanks, or lead public discourse with new perspectives.

Remember: This is not an exhaustive list. Your specific interests and other skills will guide you towards the most fitting field.

Tip: Combine your passion with your innovation potential. Look for fields where your unique perspective on problems can lead to breakthrough solutions with a positive impact.”

The former example is but the ‘tip of the iceberg,’ but I think it conveys the idea nicely. You could dig deeper into a particular attribute, or move on to another one and do something similar, until you get a panoramic vista of the blueprint that delineates your inner and true make up.

Another Interesting Experiment



Here’s a sample of what you can get when AI is asked to infer the interaction of two persons, based on the contents of their respective XPros. In this case, the venture was based on a romantic or intimate reciprocation.

[Click/Tap here](#) to read online the outcome of this interesting experiment...

2) One more, this time one featuring the popular Lady Gaga. I assure you, you’ll be pleasantly surprised! [Click/Tap here](#).



The XPros's Present Uses

Up to now (2026), the XPros have been used in the following subjects:

- **Career Counseling & Professional Development:** The profile outlines ideal work environments, innate skills (e.g., improving existing systems, motivating others), and lucrative aptitudes. It can guide someone toward fulfilling roles like project manager, innovation consultant, emotional marketing strategist, or product designer.
- **Personal Growth & Self-Awareness:** Individuals can use the profile to better understand their behavioral tendencies, emotional triggers, and decision-making patterns. This self-knowledge can foster emotional intelligence and help them align their life with their natural strengths.
- **Team Building & Organizational Roles:** HR professionals or team leads can use such profiles to place individuals in roles where they'll thrive. For example, this person excels at refining and perfecting, not necessarily initiating—so they'd be ideal in quality assurance, operations, or product development roles.
- **Relationship Counseling & Compatibility:** The profile provides insight into how the individual relates to others—what kind of people they're drawn to, how they behave in partnerships, and their sexual and emotional tendencies. This can improve romantic and platonic relationships.
- **Leadership Development:** Understanding how a person makes decisions, handles conflict, and motivates others can help tailor leadership training. This individual, for instance, leads through insight and emotional influence, which suits transformational or servant leadership models.
- **Creative Block Remediation:** The profile identifies how the individual best accesses creativity (e.g., through emotional states, visualization of finished products). Artists, writers, or innovators can use this to design personalized creative routines that align with their innate imaginative processes.
- **Parenting & Child Development Guidance:** The section on early influences and susceptibility offers clues about how childhood environment shaped the individual. Parents can use this to better support their child's emerging psychographic tendencies with more tailored encouragement and emotional scaffolding.
- **Marketing & Consumer Behavior Analysis:** Brands and marketers can use psychographic profiles to craft messages that resonate deeply with specific audience segments. This individual responds to themes of authenticity, improvement, and emotional engagement—ideal for storytelling-driven campaigns.
- **Coaching & Mentoring Frameworks:** Life coaches and mentors can use the profile as a diagnostic tool to understand their client's intrinsic motivations, fears, and blind spots, allowing them to tailor coaching strategies that are more resonant and effective.

Each of the former applications, through the use of AI, have turned the Exographic Profile (XPro) from a static document into a dynamic tool for empowerment, strategy, and connection. They can all be activated through a single Exonical app —the EXPERT GUIDANCE.

Other new Exonical applications are:

The Exonical Counselor: A Blend of Exonical Algorithms and Savvy AI Evaluation Determine the Best Way to Use Your Inborn Attributes and Talents, in Accordance with the Prevailing Conditions of Any Day You Choose. Optionally, you can get Advice on Any Situation You Want to Resolve.

Relationships, by Exonica: An in-depth Evaluation of How Well 2 Persons would Get Along in a Relationship: as a romantic couple, just friends, parents & offsprings, siblings, business partners, employer/employee, etc. —you define. XPros are Generated by Proprietary Exonical Algorithms; the Relationship Evaluation is done by the AI Resource you Choose.

XPros, AI & Poetry: Generate a Unique Poem Based On a Person's Inborn Attributes, In Any Language You Choose. Customized by Occasion (Valentine's Day, Christmas, Anniversary, Birthday, etc.), type of Relationship (Friends, Spouse, Lover, Boss, etc.), Age, and Gender. XPros are Made by Proprietary Exonical Algorithms; Poems are Produced by the AI Resource you Select. Fascinating and Unrepeatable Results!

Digital Clones & Avatars: This is a new and fascinating use of the Exonica/AI duo. The app will produce an XPro that'll be used to transform an AI resource into a digital clone of anybody you want. It will ask the AI to adopt a person's innate attributes and tendencies, to actually *become* that person. This means you'll be able to ask the customized clone anything related to the person's area of expertise. For example, you could generate Albert Einstein's clone to have it explain how he got his Relativity theories, or how Elon Musk would tackle certain objective, or to have your boss' clone tell you how to ask for a raise! You can get a free, short [PDF ebook](#) that shows how Dr. Carl Jung's clone responded to a deep, meaningful Q&A quiz. Truly remarkable! Works with anybody, from the past or the present, still with us or passed on.

The XPros's Future Uses

Here are 10 more new, groundbreaking, original uses for these kind of XPros.

AI Training Data for Hyper-Personalized Digital Assistants: These profiles can be used to train AI models (like future versions of ChatGPT) to simulate human-like reasoning, emotional responses, and decision-making. This would enable the creation of digital twins or avatars that replicate an individual's psychographic fingerprint for legacy, therapy, or virtual interaction.

Precision Medicine & Mental Health Treatment Plans: Psychographic data can be integrated into medical diagnostics to tailor mental health treatments —matching therapy types (CBT, psychodynamic, etc.), medication classes, or even lifestyle interventions to the patient's innate emotional and cognitive wiring.

Predictive Behavioral Modeling for Security & Forensics: Law enforcement and intelligence agencies could use psychographic profiling to predict behavior patterns, assess threats, or understand

the psychological makeup of persons of interest —helping in negotiations, interrogations, or preventive interventions.

Customized Learning Pathways in Education: Schools and ed-tech platforms could use psychographic profiles to design curricula that align with a student’s natural attention focus, creative style, and motivational drivers —creating truly personalized education that maximizes engagement and retention.

Ethical AI Alignment & Value Modeling: As AI systems become more advanced, psychographic profiles can help encode human values, emotional nuance, and ethical reasoning into AI —ensuring that machines understand not just logic, but the emotional and moral weight of decisions.

Genetic-Psychographic Correlation Research: Researchers could cross-reference psychographic profiles with genomic data to explore correlations between personality traits, emotional tendencies, and genetic markers —potentially unlocking new frontiers in behavioral genetics and epigenetics.

Crisis Response & Disaster Psychology: In the aftermath of natural disasters or traumatic events, psychographic profiles could help first responders and mental health teams triage and tailor psychological first aid based on how different individuals are likely to process trauma and stress.

Immersive Storytelling & Entertainment Engineering: Film studios, game designers, and VR creators could use psychographic profiles to craft narratives and experiences that dynamically adapt to a user’s emotional triggers, attention patterns, and imaginative style —creating deeply immersive, psychologically resonant content.

Psychographic-Linked Investment Portfolios: Financial advisors could use profiles to match investors with companies, funds, or startups that align with their psychological makeup —e.g., a “Potential Catalyst” invests in innovation accelerators or companies focused on product refinement. This emotional alignment increases investor commitment and satisfaction, leading to higher retention and larger investments.

Luxury Concierge Services Based on Emotional Triggers: High-end concierge services could use psychographic data to curate experiences that resonate on a deeply personal level —not just “what” someone wants, but “why” they want it. For example, someone who thrives on “bringing out hidden beauty” might be offered exclusive access to restoration projects or private art restorations.

Executive Protection & Security Customization: Security firms could use psychographic profiles to tailor protection strategies for high-profile clients. Understanding how an individual reacts under stress, what triggers their fight-or-flight response, and how they process threats allows for proactive, psychologically attuned security protocols.

Personalized Litigation Strategy for High-Stakes Trials: Law firms could use psychographic profiles of judges, opposing counsel, or jurors to craft arguments and courtroom strategies that appeal to their cognitive and emotional biases. This goes beyond standard jury consulting into hyper-personalized psychological targeting.

Psychographic Matchmaking for Venture Capitalists & Founders: VC firms could use profiles to match investors with founders whose psychological styles align —e.g., a visionary founder paired with

a detail-oriented investor who excels at refining and perfecting. This increases trust, communication, and startup success rates.

Custom Sleep & Dream Enhancement Protocols: Wellness companies could design sleep environments, audio tracks, or dream incubation routines based on psychographic tendencies. Someone who “visualizes finished products” might benefit from guided imagery before sleep to enhance creative problem-solving.

Personalized Crisis Communication Plans for Brands: PR firms could develop crisis communication strategies tailored to the psychographic profile of a brand’s CEO or spokesperson. This ensures that public statements feel authentic and resonate emotionally with both the speaker and the audience.

Psychographic Profiling for Political Campaign Micro-Targeting 2.0: Beyond standard demographics, campaigns could use psychographic profiles to craft messages that speak directly to voters’ core motivations —e.g., appealing to those who value “improvement and maintenance” with messages about restoring infrastructure or protecting traditions.

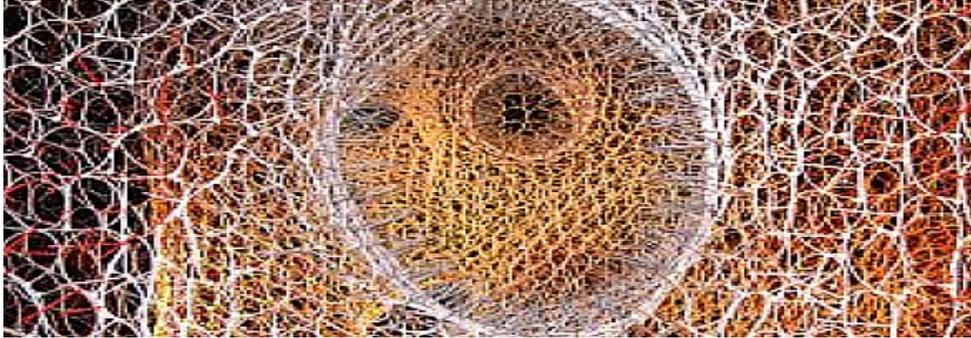
These uses move beyond generic personalization into deep psychological alignment —creating products, services, and experiences that feel almost precognitively tailored to the individual’s inner world.



Exonica and Other Protosciences

Keep your eyes on the stars, and your feet on the ground.

Theodore Roosevelt



Do not confuse the term ‘protoscience’ with ‘pseudoscience.’ Here’s the difference:

- **Protoscience** refers to a field that is in the early stages of development and lacks a present or formal scientific backup. It often includes theories or practices that are not yet fully tested or widely accepted by the scientific community, but may evolve into a legitimate science over time. Protoscience is an emerging field that may become a full-fledged science.
- **Pseudoscience**, on the other hand, refers to beliefs or practices that are presented as scientific but lack empirical evidence, have a high probability of being falsified, or don’t adhere to any scientific method. Pseudoscientific claims often resist scrutiny and are not open to revision. Pseudoscience is not science and will never be.

Morphogenetic Field / Memetics

According to Rupert Sheldrake, developmental biologist and biochemist, a Morphogenetic / Morphic Field is a non-physical energy field that holds the blueprints and patterns that guide the formation of all physical entities. It is a hyper-spatial reservoir that groups idea-forces that guide the formation and behavior of beings, things and the circumstances that interrelate them.

The structure of the Morphic Field underlies our physical Universe, making it the formative cause that leads primordial energy into becoming a material reality. This process is a continuous and presently ongoing operation, and not something that happened in the past, as the “Big Bang” theory would have us believe. The creation of matter took place in the past, is happening right now, and will keep on doing so in the future.

The Morphogenetic Field is made up of Morphic Units, each of which constitutes a “forming element” (i.e., a guide, mold, or pattern) that specializes in channeling the formless primary energy toward the creation of something, a certain type of object or entity, giving rise to the situations that interrelate them. The product thus generated can be something whose level of manifestation is either material, mental, or spiritual, depending on the vibratory stratum (Exonical Covibra) that receives the final expression of said formation.

Another protoscience that's being developed alongside Sheldrake's Morphic Field theory is Richard Dawkins', British evolutionary biologist, zoologist, science communicator, and author, Memetics (rhymes with 'genetics'). Memetics deals with the existence and handling of memes (rhymes with 'genes'). A meme is a formative cause, similar to a Morphic Unit. In other words, a Morphic Unit is equivalent to a meme.

A meme is a teleonomical directive, i.e., an immaterial entity or idea-force that strives to accomplish a particular goal. It's considered to be a cognitive structure or process, a "noumenon," that would seem to have a life of its own as it labors to attain its purpose.

In other words, it's believed to be an accretion of structured, although intangible, energy that tends to produce a particular action or to convey a given meaning. Memes originate from the "inside out," that is, from intangible primordial energy to palpable matter, from abstract to concrete, from essence to substance.

The Morphic Field has zones and structures that are more permeable than others, when it comes to offering resistance to the coming forth of a meme. This means that a given meme will "project itself" with more ease through certain individuals than through others, owed to the low resistance those offer to its expression. In other words, memes "well up" more easily through people who are compatible with their purpose.

The end product of each meme has a particular growth and development period. Once it has completed its formation and come forth through its original host, it can then surface with more ease through other congenial individuals. This is called Morphic Resonance. These other people many times are not connected with the original individual or with the meme's development. When this happens, it would seem that the replication in compatible individuals becomes each time easier and faster.

Take for example Exonica. The basic idea (meme) "welled up" in me around the beginning of the 1990s, but it took a long time to struggle through the conceptual obstacles, lack of existing information, and hindrances set forth by my own skepticism and disbelief, to give form, test, and prove its validity and effectiveness. All I can say is that the "Exonica meme," surely originated by my Essence, had a hard time coming forth into tangible reality, through the limitations of my Persona! I surmise that it'll still take some time to replicate itself in other individuals, but in due time, one person at a time, it'll reach "critical mass" and, perhaps, become viral, as they say in social media jargon. You're becoming one of them, considering that you've read up to here, right?

We could say that a given meme (such as an inspiration or an idea), at the right moment, will strive to come forth through people that have a similar XPro (i.e., those who have analogous attributes, talents, and qualities). This will also tend to happen in synchronicity with the Exonical conditions of a particular moment, in a spontaneous and impersonal way.

Taking into account what has been said up to here, if you have an original and innovative idea, goal, or purpose, no matter how much resistance you find to make it a reality, persist in your quest, with patience, determination, and love, and you'll see how your objective "blooms" in our everyday world, in the most convenient way, at the most appropriate time. Trust the help of your own Essence, the Avatar of our common Creator in your individuality. Take into account your own "Life Purpose."

Exonica

... radical ideas and advances come from on high ... they follow a scatter-gun approach when several people are simultaneously trying to establish the same goal.

Jack Hardy, Memetics.

For me, Exonica's Transvibra defines the vibratory make up of the Morphic Field. The Universal Covibra, that is, the most ideal and immaterial level of Creation, harbors the memes / Morphic Units that give form to everything found in the other five Covibrals, according to the tendency and type of purpose they're inclined to bring about. We should also notice that an individual's XPro indicates his or her "memetic permeability," together with the entelechy that drives this person's life-force (i.e., the individual's Life Purpose or Specific Function). Memes can replicate in other individuals, either because these persons mimic what the original host does or says, or because they're internally sympathetic with the meme's purpose.

It's also important to know that a meme / Morphic Unit will attract to itself whatever is necessary to realize its idea, objective, or situation. It is a relentless energy algorithm that won't desist until it has brought forth its goal.

Ready for another break? Read the story of **Eemo**, the adventure of the tenacious young noumenon who, with the help of Exir, his wise teacher, is learning to bring forth the grand purpose of his human host. [Click/Tap here](#) to display the free PDF-format eBook.



Epilogue

I thank you, my Lord, my Creator, for having allowed me to see the beauty of Your Creation, and I rejoice to have been an extension of Your hands.

See how I have finished the task that You have given me, for which I have used the talents that You have provided me with.

In these pages, I have announced to my fellow man the splendor of Your Work, as my limited soul has been able to appreciate it.

Herein, men have proof of Your Greatness.

Johannes Kepler (1571 - 1630)
Closing words of his book, *Cosmic Harmony*.



I have included in this book most of the theory that describes how several influences (exocauses) are produced and act upon us, as seen from the new perspective of Exonica.

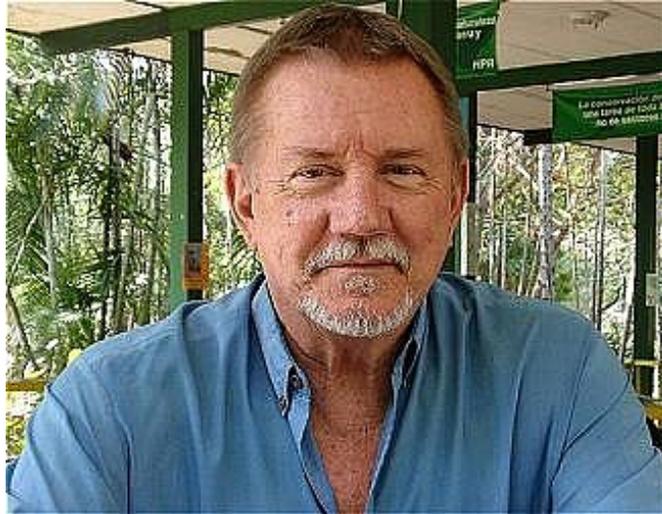
However, the adventure is just beginning, for although you've read most of the theoretical information, you still have to learn how to apply it in real life. I'm sure your Essence will help you achieve this, just as mine helped me write this book.

***Each and every one of us is useful and necessary,
as seen from the viewpoint of our common Creator.***

If this were not true, we wouldn't be here.

About the Author

Never take life too seriously. Nobody gets out alive anyway
Anonymous.



Allow me to tell you a little about myself and how the “Exonica Project” began.

Back in 1947, after the Second World War, when I was a three year-old toddler, my family (father, mother, and myself) left our natal Antwerp, Belgium, to begin a new life in the rich oil fields of Venezuela.

After five years of living near the *Shell* oil refinery, located on the sunny and arid Paraguaná Peninsula (Falcón State), right next to the Caribbean sea, my parents were ready for another change —and what a change it was to be!

In 1952, a new trip took us all the way to Glendale, Los Angeles, California. There, I learned English while studying in grade school, already too old to be part of the Baby Boomer generation. However, happy as I was to live in the U. S. of A., after another four years, in 1956, I was back in Caracas, Venezuela.

Consequently, I’m sort of a three-way “hybrid.” My family upbringing was definitely European. My pre-teen years were enjoyably influenced by the American way of life, at the beginning of the Rock ‘n Roll era (anybody remember?). And the rest of my life exposed me to the fast-paced Latin American culture. This gave me the order and discipline of a European, the modern vision and progressive imagination of an American, and the lively soul of a Latino.

In 1961, after getting my B. Sc. degree, I studied a couple of Architecture semesters, dropped out and gave Engineering a try. But, no, this wasn’t what I was looking for either.

I then signed up for a very exotic topic for those days (1965): Computer Science. Yes! I had finally found a subject matter that fascinated me!

After graduating, my first job in the dawning computer field, at the end of the 1960s, was with the “General Tire Company,” at their Caracas headquarters. My job was to help set up one of the very few privately owned *mainframe* computers of those days. At that time, a mainframe computer was about the size of four big washing machines, set side by side!

After three years of successful work, the job was done and, strange as it may seem, I quit that job to open a bookstore in one of the nicer areas of Caracas (Las Mercedes). I’m sad to say that this business never picked up and that after four years of hard work, I had to sell at a loss. Too bad that at the time I knew nothing about Exonical Cycles. Should I have known then what I know today, I’d never have tried to start a new venture during that part (the Fire Quadrant) of the Helios Cycle of those days.

In 1976 (at the very beginning of a new Helios Cycle) came the opportunity to again work with computers. This time it was in another sunny location: on the beautiful island of Aruba (Netherlands Antilles). This time the assignment was to set up the first high-rise hotel (400+ rooms) *mini-computer* system on the island. By then, computers had shrunk down to the size of a big icebox (or two). In the eight years that I worked there, I also installed the computer systems of the company’s Curacao and Margarita Island (Venezuela) sister hotels. By the time I had finished, I had taught some 600+ persons to do their job with the help of a computer. It was one of the happiest and most productive times of my life.

But that was also to come to an end. Back in Caracas, in 1986, I was again hired to set up the computer system of another large hotel complex (the 500+ room Eurobuilding), and once again trained some 300+ employees to do their work assisted by computers. I kept this job until 1990, when I resigned in order to solve an issue that had been gnawing at my insides for some time.

By then, I was 45 years old and considered to be one of the few experts in large Hotel Computer Systems in Latin America. Up to that point, I had worn many hats in life: I had worked as an English-language instructor, a construction site administrator, a technical art draftsman, a real estate salesman, a free-lance commercial artist, a car repair shop co-owner, an interior decorator, a bookstore owner and, of course, my work in the data-processing field. Whew! Except for this last line of work, I didn’t consider any of those other occupations as being my true vocation.

Along the way, I’d met people who had dedicated their lives to a given subject, developing themselves in a certain field of work, and constantly evolved in that direction. These lucky people, year in and year out, built a life, raised a family, and carved out a position around a particular occupation, all the while feeling great about it. Why hadn’t I been able to do the same thing? Although I had a beautiful family: loving wife and two quick-witted boys, and had reached a stable economic plateau, I felt that I still hadn’t found my true calling in life.

Indeed, 1990 proved to be a crucial year for me, for it was then when I decided to find my true bearings in life. But, where and how to begin? How do you just walk out on friends and associates in order to go on what seemed to be the proverbial “wild goose chase”? Was this a sensible thing to do? Was I being a victim of the infamous “Middle-Age Crisis”?

After several days of mental turmoil, I recalled that back in the 1970s, in my bookstore, I had done some Astrology work. At the time, all the calculations had to be done by hand, for not even the now ubiquitous electronic calculator had been invented. Anybody remember the slide-rule?

But I also remembered the many times when after long hours of meticulous work and in spite of having carefully followed the rules of conventional (Tropical) Astrology, the person being evaluated disproved the reading. So, after a while, I dropped the Astrology thing altogether —too much work and not enough agreeable results. Still, I thought back in 1990, could it be that after more than 15 years of being absent from this field, the followers of Astrology had ironed out its controversies?

Excitedly, I dug out my old Astrology books, got a few new ones, and began to re-examine the topic. Now, after many years of meticulous computer work, I had the disciplined mind of someone used to analyzing the diverse components of an abstract system —any kind of system.

I still remember that I first tried to position the (Tropical) Astrological Chart in accordance with the actual astronomical heavens. But, alas, Astrologers still hadn't reached a consensus on this issue (see the *Zodiac* chapter). But, then, if this basic issue, the correct placement of an Astrological Chart regarding the astronomical heavens, still hadn't been worked out, how was I to interpret the position of the Sun, the planets, and so forth? Without this basic information, to me, Astrology seemed to be going nowhere fast, for it lacked a stable point of reference and a firm rationale for using it.

Still, I asked myself, “and how come some Astrological interpretations were ‘right on the button’?”

This enigma, which grew as I continued to review an increasing list of astronomical and astrological inconsistencies, drew me in like a magnet. It soon became something I just *had* to solve. Weeks of investigation slowly became months and the months turned into years.

In my opinion, classical Astrology, be it Tropical, Sidereal, or any other kind, was just not surveying the heavens in a proper way. Incredible as it may sound, it was still mapping the firmament as was done in the distant past —the way that Aristotle or Claudius Ptolemy used to do it, in a geocentric manner!

Still, I was decided to get to the bottom of things on my own. Through classes given by the Venezuelan Navy, I learned Astrometry, the branch of Astronomy that deals with finding the exact position and motion of celestial bodies, in order to be able to locate them with the accuracy and control that I required. Also, the use of computerized Astronomy programs allowed me to do away with Astrology's antiquated geocentric Ephemeris tables. Yet, this wasn't enough.

I now wanted to know *why* and *how* a celestial body could influence us here on Earth. How could something so far away have an effect on us? And why was it supposed to produce a given influence when it was at a certain place in space and another when it was somewhere else? Did the so-called “Cosmic Influences” *really* exist?

After having studied enough Astrophysics, Cosmology, and Quantum Physics to feel my way around in these fields, I slowly began to unravel some of the workings of the highly organized and dynamic energy field we call Cosmos, most of which I have explained in this book. This knowledge was to become the backbone of Exonica.

Finally, after more than four years of full-time investigation, constant designing, coding, testing, and perfecting prototypes, I felt that the basic, bare-bones Exonical technique was ready to be used. I carefully designed a new chart to place on it the Exonical Factors: the Exonical Cyclegram (the “astral chart” previously used by Exonica). I then placed on it my own natal Factors, which were found by applying the new algorithms that I had developed.

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After cautiously interpreting each Factor's position... Bingo! In front of me I had the cause of the many job switchovers I'd gone through in my life. My Essence (Inner Self), covertly, had cleverly led me through the various occupations I had worked at, so that I could develop each of my inborn attributes and skills, while the time became ripe for me to take on my Life Purpose. How about that!

That first "Personal Profile," made in January of 1995, showed me that Computer Science was *not* the foremost purpose of my life, but that it was the main tool to accomplish my Ideal Occupation. Computers, after all, were *not* the central issue of my life, as I had formerly thought. They were the tools to be used to secure a profitable way of making a living (which actually happened), but *not* the main objective of my existence. They also helped me code and test the Exonical apps that I designed later on.

The interpretation of the most important Exonical Factor of my Cyclegram, my natal Helios Factor, in a nutshell, indicated that, in order to comply with my Life Purpose, I was to "plan, design, and implement the basic foundation or infrastructure" of something new (e.g., a system, a product, a service, an event, etc.). This part of the reading comes from the interpreting the Air Quadrant's influence. Notice that both Architecture and Engineering conform to this criterion.

Yet, digging a bit deeper, I found that, according to my natal Helios Factor ($\odot I^{\circ}U^{\rho} \blacktriangledown$, meaning "Helios in the Individual alpha Covibra, Universal Pental"), my Life Purpose also had to "help people discover and put to good use their true potential" (which, by the way, is what I intuitively did with the hotel's many workers). This second part comes from the analysis of the Individual alpha Covibrational effect ($I^{\circ} \alpha$).

Being even more precise, the former was to focus on "the timely conditions of the field that includes us all," that is, on the settings activated by the exocausas that prevailed on someone's birth date.

Notice that these three phrases put together and read sequentially—brace yourself—define Exonica!

Indeed, my XPro also helped me find and understand my other inborn attributes, aptitudes, and faculties. Although I had always suspected having most of them, all modesty aside, I never had them pointed out so clearly!

Today, in the year 2024, 30+ years after I began the "Exonica Project," I continue to further develop, hone, and make use of its advice. It's something I look into and adapt to every day, for I've noticed that when you move in step with the tendencies that come from the ongoing Exonical conditions (exocausas), your daily activities progress smoothly, very quickly, and effectively.

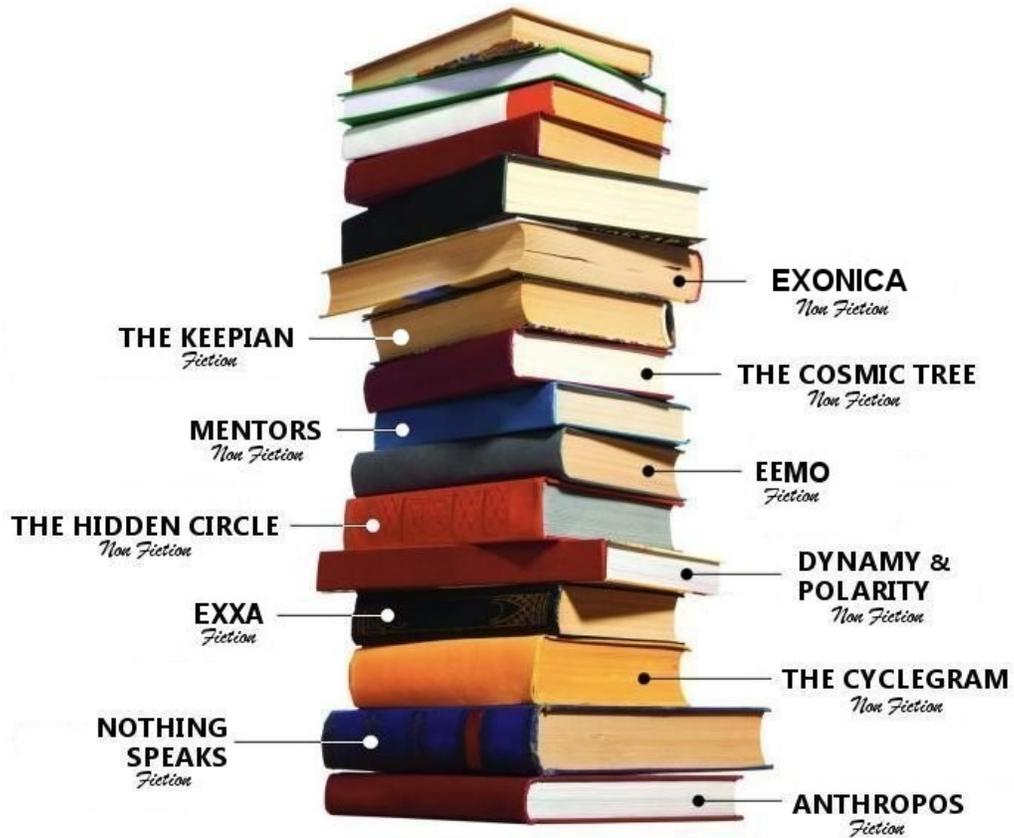
Isn't that what it's all about? To advance as required by our own evolution and to be as productive as possible. In short, to lead a better, healthier, and happier life.

Exonica can do the same for you.

I'd like to share with you one final piece of advice given to me by the wise *I Ching*:

Human life on Earth is conditioned and unfree. When man recognizes this limitation and makes himself dependent on the harmonious and beneficent forces of the cosmos, he achieves success. By cultivating in himself an attitude of compliance and voluntary dependence [on these forces], man acquires clarity and finds his place in the world - **Hexagram 30**, Clarity

Other Books by this Author



Contact: Exonicat@gmail.com

Exonica's Webpage: exonica.org

Glossary

ALCHEMY: from the Arabic term *Al-Kimiya*, derived from *Al:* the, and *Kimiya:* Chemistry.

ALPHA POINT: the most ethereal level of Transvibra. The most immaterial point of an Exonical Cycle.

ANISOTROPIC: that which has characteristics that change, according to the direction it is looked at.

ANTHROPOCENTRIC: the observation of reality, as seen from a human being's point of view.

APOGEE: point of the Moon's (or of an artificial satellite's) orbit that is farthest from the Earth.

ARCHETYPE: an original model on which something is patterned; the prototype; the ideal model; the paradigm.

ASTROMETRY: science that studies the layout, movement, and measures of heavenly bodies.

ASTRONOMICAL UNIT (AU): the average distance between the Sun and the Earth. This Unit spans some 94 million miles (about 150 million kilometers).

ASYNCHRONOUS: not occurring or existing at the same time, or not having the same period or phase.

BARYCENTER: the point of equilibrium within a dynamic system of forces.

BETA POINT: a mid-point of Transvibra, when moving from the Alpha to the Omega Point of an Exonical Cycle.

CHRONOBIOLOGY: the interdisciplinary science that studies the effect that the diverse cyclical astronomical and astrophysical events (exocauses) have on our integral being. For example, the recurring influence of the Sun, the Moon, and the planets, as well as the sporadic action of solar storms.

Covibra: the different vibratory regions, areas, ambiances, or ontological domains that man is able to differentiate within Transvibra. Each of Transvibra's six Covibrals comprises all that is structured by exons of similar energy properties (intensity, frequency, wavelength, and wave-amplitude). In other words, each Covibra consists of an energy aggregate of a certain type, each being a subdivision of the total vibratory reality that envelops us. Every Exonical Cycle has 6 Covibrals.

COSMOGONY: the Science that studies the creation of the Universe.

COSMOLOGY: the Science that studies the structure and the laws that explain the workings of the cosmos.

DELTA POINT: a mid-point of Transvibra, when moving from the Omega to the Alpha Point of an Exonical Cycle.

ECLIPTIC: (1) In space: the geometrical plane that contains the Earth, the Sun, and the orbit of our planet around it. (2) from a geocentric point of view: the imaginary line that both the Sun and the planets seem to follow during their yearly "movement" across the starry heavens.

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ELF WAVES: Extremely Long Frequency electromagnetic waves, from 0.1 to 60 Hz.

EPHEMERIS or EPHEMERIDES: A table that gives the coordinates of a celestial body's position, at a certain date. The data is usually geocentric.

ESSENCE: our Higher Mind or inner self, our Christ or Buddhist Consciousness, our Spirit. The most refined, powerful, and sublime part of our being. The impersonal processes that control all of our subconscious functions.

EXON: The basic unit of influence of an Exonical Cycle.

Exonica: the contemporary way of identifying, understanding, and making good use of the diverse influences generated by the astrophysical events (Exocauses) of our local cosmos.

Exonical CYCLE: The periodic recurrence of a given astrophysical event. The Transvibrational round traveled by an exon.

Exonical FACTOR: the focal point of an Exonical Cycle's action. It can be a planet, the Moon, or another locus.

EXOCAUSES: astrophysical events that influence our surrounding environment, as well as the Attributes and Tendencies of our integral being.

EXONET: the collection of all the exocauses that impact our planet, i.e., our environment & integral self.

GEOCENTRIC: the astronomical heavens as seen by an observer stationed on the Earth. To this viewer, all heavenly bodies seem to revolve around our planet, making him to (wrongly) believe that he is stationed at the center of the universe.

GRADAL: the sixth part of a Pentad. It's equivalent to 0.8333 angular degrees. There are 36 Gradals in each Covibra and 432 in every Exonical Cycle.

HELICAL or HELICOIDAL: a spiral trajectory, one that follows a corkscrew path.

HELIOCENTRIC: the heavens as seen by an observer located on the Sun. This viewer will see the true motion of the planets as they revolve around the Sun (and not around the Earth, as an earthbound — geocentric — observer is led to believe).

LIGHT-YEAR: a measure of distance and not of time. Light advances at the speed of 300 thousand kilometers per second, thus, in one year it'll have traveled around 9.460.800.000.000 kms. Light needs about 8.3 minutes to travel from the Sun to our planet.

NADIR: the spatial direction that lies directly under a given geographical locality, on the other side of the Earth. It's the opposite of a locality's Zenith.

ONTOLOGY: the metaphysical study of the nature of being and of existence.

OMEGA POINT: the most physical, corporeal, or material vibratory strata of an Exonical Cycle.

PARSEC: a unit used to measure interstellar space. One parsec (pc) is equivalent to 3.26 light-years. One kiloparsec (kpc) adds up to 3260 light-years. See the definition of light-year.

PENTAL: the sixth part of a Covibra. It's equivalent to 5 angular degrees. There are 6 Pentals in each Covibra.

PERIGEE: point of the Moon's (or an artificial satellite's) orbit that is closest to the Earth.

PERSONA: also called our Ego, Conscious Self, or Willful Mind, consists of the ensemble of learned concepts, coached behavior, and acquired tastes that come from our upbringing, education, and life experiences.

SERVO: a gene assembly or set that acts like a semi-autonomous "administrator" that's capable of managing an assortment of specialized functions on its own. In Exonica, it's the "manager" of a given Covibra, subjected to the control of our Essence and perhaps, indirectly, of our Persona.

SPACE WEATHER: according to the SOHO (Solar & Heliospheric Observatory) team, it's "the aggregate of conditions found on the Sun and in the solar wind that moves from it toward the planets of the Solar System. This influences the Earth's magnetosphere, ionosphere, and thermosphere, and can affect the performance and reliability of space-borne and ground-based technological systems, as well as human life or health. SOHO is a cooperative effort of the European Space Agency (ESA) and the US National Aeronautics & Space Administration (NASA).

SYMBIOSIS: the relationship between two (or more) interdependent entities. Both interchange some kind of help and mutually benefit from it.

TAOISM: a Chinese religion inspired by the teachings of Lao-Tzu (*circa* VI BCE).

TELEOLOGICAL: a series of human-willed causes that strive to bring forth a certain goal.

TELEONOMICAL: a series of natural, objective causes that strive to bring forth a certain goal.

THEOGONY: the origin and the genealogy of the gods.

TRANSDUCE: the conversion of energy from one type of manifestation into another, without losing the interrelation held by its original components.

Transvibra: the entire spectrum of energies that man can relate to, be it in a conscious or reflex way. The compendium of vibrations organized according to their intrinsic characteristics. It's a graded series of energies that constitute both our tangible and our non-palpable reality. All these energies are present in the same time/space ambiance. It's an energy field that has one vibratory side within substance and the other side contained in essence.

Transvibrational AXIS: the imaginary line that joins the Alpha and Omega Points of an Exonical Cycle.

VIBRO-PULSATION: a primordial expression of energy that has both wave and particle qualities, depending on the moment of its existence that it's being observed. It's analogous to Max Planck's "quanta," although the Exonical exons are not limited to the physical realm, for they exist on all Transvibrational levels of reality.

ZENITH: a point in the heavens that is directly above a geographical locality.

ZODIAC: a possible derivation from the Greek term *zōidiakos*, which means "figure" or "entity"; or from *zoé diagô*, other Greek terms that mean "that which directs life." Another hypothesis is that the

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word comes from Sanskrit *Kya-Devas*, or *Kaya-Devas*: “the Path of the Angels.” It’s formed by the 12 constellations that lie along the Ecliptic.

* * * * *



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